# Application for a §1915(c) Home and Community-Based Services Waiver

### PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a state to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waivers target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the state, service delivery system structure, state goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

# Request for a Renewal to a §1915(c) Home and Community-Based Services Waiver

### 1. Major Changes

Describe any significant changes to the approved waiver that are being made in this renewal application:

change age from through 15 to through 17.

change Department of Human Services to Department of Health and Human Services

add services of Community Connector/Remote Monitor Service

Increase number of slots by 195

add rural differential rates to the service management service.

update/ change background check process - as a result of the COVID-19 public health emergency (Apdx K) is not using enhanced funding as only a process change.

# Application for a §1915(c) Home and Community-Based Services Waiver

# 1. Request Information (1 of 3)

- **A.** The **State** of **North Dakota** requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- **B. Program Title** (optional this title will be used to locate this waiver in the finder):

Autism Spectrum Disorder (ASD) Birth through Seventeen

C. Type of Request: renewal

**Requested Approval Period:** (For new waivers requesting five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)

O 3 years • 5 years

Waiver Number: ND.0842.R03.00 Draft ID: ND.012.03.00

**D.** Type of Waiver (select only one):

Regular Waiver

E. Proposed Effective Date: (mm/dd/yy)

11/01/23

**Approved Effective Date: 11/01/23** 

#### **PRA Disclosure Statement**

The purpose of this application is for states to request a Medicaid Section 1915(c) home and community-based services (HCBS) waiver. Section 1915(c) of the Social Security Act authorizes the Secretary of Health and Human Services to waive certain specific Medicaid statutory requirements so that a state may voluntarily offer HCBS to state-specified target group(s) of Medicaid beneficiaries who need a level of institutional care that is provided under the Medicaid state plan. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0449 (Expires: December 31, 2023). The time required to complete this information collection is estimated to average 160 hours per response for a new waiver application and 75 hours per response for a renewal application, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

### 1. Request Information (2 of 3)

Hospital
Select applicable level of care
O Hospital as defined in 42 CFR §440.10  If applicable, specify whether the state additionally limits the waiver to subcategories of the hospital leve care:
O Inpatient psychiatric facility for individuals age 21 and under as provided in 42 CFR §440.160
Nursing Facility
Select applicable level of care
O Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155
If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing faci of care:
O Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 §440.140
Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFF $\$440.150$ )
If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of
The State additionally limits the waiver to individuals, birth through 17, with a diagnosis of autism spectrum disorder (ASD).

Select or	ne: applicable
_	plicable
Che	eck the applicable authority or authorities:
	Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I
	Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or previously approved:
	Specify the §1915(b) authorities under which this program operates (check each that applies):  [ §1915(b)(1) (mandated enrollment to managed care)
	\$1915(b)(2) (central broker)
	\$1915(b)(3) (employ cost savings to furnish additional services)
	\$1915(b)(4) (selective contracting/limit number of providers)
	A program operated under §1932(a) of the Act.  Specify the nature of the state plan benefit and indicate whether the state plan amendment has been submitted or previously approved:
Г	1
	A program authorized under §1915(i) of the Act.  A program authorized under §1915(j) of the Act.
	A program authorized under §1915(j) of the Act.  Specify the program:
Check if	igiblity for Medicaid and Medicare.  f applicable:  s waiver provides services for individuals who are eligible for both Medicare and Medicaid.
	iver Description
	<b>Description.</b> <i>In one page or less</i> , briefly describe the purpose of the waiver, including its goals, objectives, tructure (e.g., the roles of state, local and other entities), and service delivery methods.

05/21/2024

The North Dakota Autism Spectrum Disorder (ASD) birth through Seventeen (age 17) waiver provides service options for individuals living with a primary caregiver. The goal of the waiver is to support the primary caregiver in maximizing the child's development and preventing out of home placements.

The objectives include:

- 1. Service Management (SM) to assist in the implementation of the participant service plan,
- 2. to provide respite care to support families,
- 3. assistive technology/ Community Connector, to support identified individuals' independence and
- 4. Remote monitor service to provide the ability to GPS track/find individuals who wander but are in need of adult supervision at all times, assist primary caregiver in location of individual through GPS tracking device located on missing individual.

The Service Manager (SM) assists in gaining access to needed medical, social, educational, and other resources and supports. Families have the option to self-direct or choose provider directed respite supports, vendors supply assistive technology, and social engagement activities. Families choosing self-directed respite have a Fiscal Agency to assist them with the process.

Participant Directed services are reimbursed at the usual and customary rate up to the individual budget limit. Payment rates are noted on the participant authorization that the SM reviews with the family prior to each authorization period. All services are authorized by an individual authorization completed quarterly.

The Department of Health & Human Services- Medical Services-oversees the process from application to delivery of service and payment.

# 3. Components of the Waiver Request

The waiver application consists of the following components. Note: Item 3-E must be completed.

- **A.** Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- **B. Participant Access and Eligibility. Appendix B** specifies the target group(s) of individuals who are served in this waiver, the number of participants that the state expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C. Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D. Participant-Centered Service Planning and Delivery. Appendix D** specifies the procedures and methods that the state uses to develop, implement and monitor the participant-centered service plan (of care).
- **E. Participant-Direction of Services.** When the state provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):
  - ullet Yes. This waiver provides participant direction opportunities. Appendix E is required.
  - O No. This waiver does not provide participant direction opportunities. Appendix E is not required.
- **F. Participant Rights. Appendix F** specifies how the state informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G. Participant Safeguards. Appendix G** describes the safeguards that the state has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the state makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the state's demonstration that the waiver is cost-neutral.

### 4. Waiver(s) Requested

<b>A. Comparability.</b> The state requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to
provide the services specified in <b>Appendix C</b> that are not otherwise available under the approved Medicaid state plan to
individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in
Appendix B.
<b>B. Income and Resources for the Medically Needy.</b> Indicate whether the state requests a waiver of §1902(a)(10)(C)(i)(III)
of the Act in order to use institutional income and resource rules for the medically needy (select one):
O Not Applicable
$\circ_{N_0}$
• Yes
C. Statewideness. Indicate whether the state requests a waiver of the statewideness requirements in §1902(a)(1) of the Act
(select one):
<b>●</b> No
$\circ_{\mathrm{Yes}}$
If yes, specify the waiver of statewideness that is requested (check each that applies):
Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this waiver
only to individuals who reside in the following geographic areas or political subdivisions of the state.
Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by
geographic area:
Limited Implementation of Porticipant Direction A various of states vidences is requested in order to make
Limited Implementation of Participant-Direction. A waiver of statewideness is requested in order to make participant-direction of services as specified in Appendix E available only to individuals who reside in the
following geographic areas or political subdivisions of the state. Participants who reside in these areas may elect
to direct their services as provided by the state or receive comparable services through the service delivery
methods that are in effect elsewhere in the state.
Specify the areas of the state affected by this waiver and, as applicable, the phase-in schedule of the waiver by
geographic area:
goog, apine area.

# 5. Assurances

In accordance with 42 CFR §441.302, the state provides the following assurances to CMS:

- **A. Health & Welfare:** The state assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in Appendix C, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any state licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The state assures that these requirements are met on the date that the services are furnished; and,
  - **3.** Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable state standards for board and care facilities as specified in **Appendix C**.
- **B. Financial Accountability.** The state assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.

- **C. Evaluation of Need:** The state assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in **Appendix B**.
- **D.** Choice of Alternatives: The state assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - 2. Given the choice of either institutional or home and community-based waiver services. Appendix B specifies the procedures that the state employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- **E.** Average Per Capita Expenditures: The state assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid state plan for the level(s) of care specified for this waiver had the waiver not been granted. Costneutrality is demonstrated in **Appendix J**.
- **F. Actual Total Expenditures:** The state assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the state's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The state assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The state assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid state plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The state assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- **J. Services for Individuals with Chronic Mental Illness.** The state assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.140; or (3) age 21 and under and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

## 6. Additional Requirements

Note: Item 6-I must be completed.

- **A. Service Plan**. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including state plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B. Inpatients**. In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are inpatients of a hospital, nursing facility or ICF/IID.

- **C. Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the state that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- **D.** Access to Services. The state does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E. Free Choice of Provider**. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the state has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The state provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the state's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- **H. Quality Improvement**. The state operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the state assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The state further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the state will implement the Quality Improvement Strategy specified in **Appendix H**.
- **I. Public Input.** Describe how the state secures public input into the development of the waiver:

On May 23, 2023, the Medicaid Medical Advisory Committee members and DHS Tribal Consultation Members were notified of the State Medicaid Agency's intent to renew the ASD waiver to include increasing the age to through 17, adding tutoring, social engagement activities and option for GPS tracking. LINK:

https://www.hhs.nd.gov/events/meeting-notice-medicaid-medical-advisory-council-may-23-2023, The intent of submitting the waiver renewal was also discussed during the Feb 14th meeting and the August 31 meeting with the Tribal Consultation group was updated on the progress of the waiver.

A formal letter informing Tribal Chairperson of the ASD renewal was sent on July 1, 2023.

https://www.hhs.nd.gov/sites/www/files/documents/1915(c)-north-dakota-medicaid-autism-spectrum-disorder-waiver.pdf Notice of department seeking public comment was published on July 1, 2023, (https://www.hhs.nd.gov/events/public-notice-comment-accepted-medicaid-autism-spectrum-disorder-waiver) This was also shared on the Departments web pages Autism ND: Department of Health & Human Services: State of North Dakota,

Medicaid Waivers: Medical Services: Services: Department of Human Services: State of North Dakota (nd.gov) Advocacy groups and ASD Task Force were emailed the notice and asked to share. Multiple news medias also published the request for public comment.

the public comment period was from July 1, 2023, to 5:00 pm central time on July 30, 2023.

The news announced the public comment period for the wavier and that comments were being requested and the news also posted the web page and phone numbers for the public to reply to and review the waiver in full.

The Department received 4 written comments on the waiver, and all were in favor of the renewal and additions.

- J. Notice to Tribal Governments. The state assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The state assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 -August 8, 2003). Appendix B describes how the state assures meaningful access to waiver services by Limited English Proficient persons.

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Contact Person(s)	
A. The Medicaid agency	representative with whom CMS should communicate regarding the waiver is:
Last Name:	
First Name:	Barchenger
First Name.	Katherine
Title:	
A	Children's Waiver Administrator
Agency:	ND Department of Health & Human Services - Medical Services
Address:	
4.11	600 E. Boulevard Ave.
Address 2:	Dept. 325
City:	
St. t.	Bismarck
State: Zip:	North Dakota
Σπ <b>р.</b>	58505
Phone:	
	(701) 328-4630 Ext: TTY
Fax:	
T u.A.	(701) 328-1544
E-mail:	
	kbarchenger@nd.gov
	operating agency representative with whom CMS should communicate regarding the waiver is:
Last Name:	Barchenger
First Name:	
	Katherine

Title:	
	Children's Waiver Administrator
Agency:	
12911071	ND Department of Health & Human Services - Medical Services
4.11	1
Address:	C00 Γ. D. J J. A
	600 E. Boulevard Ave.
Address 2:	
	Dept. 325
City:	
	Bismarck
State:	North Dakota
Zip:	
	58505
Phone:	
	(701) 328-4630 Ext: TTY
	(701) 320-4030 Ext. — 111
T	
Fax:	(701) 229 1544
	(701) 328-1544
E-mail:	
	kbarchenger@nd.gov
Q Authorizing Cignot	
8. Authorizing Signat	uite
Security Act. The state assure certification requirements) ar if applicable, from the operat Medicaid agency to CMS in a Upon approval by CMS, the services to the specified target	Appendices A through J, constitutes the state's request for a waiver under §1915(c) of the Social as that all materials referenced in this waiver application (including standards, licensure and a readily available in print or electronic form upon request to CMS through the Medicaid agency or, sing agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the he form of waiver amendments. Waiver application serves as the state's authority to provide home and community-based waiver at groups. The state attests that it will abide by all provisions of the approved waiver and will wer in accordance with the assurances specified in Section 5 and the additional requirements specified
Signature: K <sub>2</sub>	thy Barchenger
- <u>K</u> a	my Barenenger
g.	. M. P. M. D. M.
Sta	te Medicaid Director or Designee
a	
Submission Date: Jan	1 24, 2024
	te: The Signature and Submission Date fields will be automatically completed when the State
Me	dicaid Director submits the application.
Last Name:	
Ba	rchenger
Einst Name.	
First Name:	thouise
Ka	therine
Title:	
Sta	te Autism Coordinator
Agency:	

Application for 1915(	c) HCBS Waiver: ND.0842.R03.00 - Nov 01, 2023 Page 10 of 149
	ND Department of Health & Human Services- Medical Services
Address:	
	600 E Boulevard Ave Dept 325
Address 2:	
C''	
City:	Bismarck
State:	North Dakota
Zip:	
-	58505
Phone:	
Pnone:	(701) 328-4630 Ext: TTY
	2
Fax:	
	(701) 328-1544
E-mail:	
Attachments	kbarchenger@nd.gov
Attachment #1: Transi	tion Plan
Check the box next to ar	y of the following changes from the current approved waiver. Check all boxes that apply.
Replacing an appr	oved waiver with this waiver.
Combining waiver	rs.
Splitting one waive	er into two waivers.
☐ Eliminating a serv	ice.
	ing an individual cost limit pertaining to eligibility.
	ing limits to a service or a set of services, as specified in Appendix C.
	uplicated count of participants (Factor C).
	creasing, a limitation on the number of participants served at any point in time.
0 .	es that could result in some participants losing eligibility or being transferred to another waiver nother Medicaid authority.
	ges that could result in reduced services to participants.
Specify the transition pla	an for the waiver:

### Attachment #2: Home and Community-Based Settings Waiver Transition Plan

Specify the state's process to bring this waiver into compliance with federal home and community-based (HCB) settings requirements at 42 CFR 441.301(c)(4)-(5), and associated CMS guidance.

Consult with CMS for instructions before completing this item. This field describes the status of a transition process at the point in time of submission. Relevant information in the planning phase will differ from information required to describe attainment of milestones.

To the extent that the state has submitted a statewide HCB settings transition plan to CMS, the description in this field may reference that statewide plan. The narrative in this field must include enough information to demonstrate that this waiver complies with federal HCB settings requirements, including the compliance and transition requirements at 42 CFR 441.301(c)(6), and that this submission is consistent with the portions of the statewide HCB settings transition plan that are germane to this waiver. Quote or summarize germane portions of the statewide HCB settings transition plan as required.

Note that Appendix C-5 <u>HCB Settings</u> describes settings that do not require transition; the settings listed there meet federal HCB setting requirements as of the date of submission. Do not duplicate that information here.

Update this field and Appendix C-5 when submitting a renewal or amendment to this waiver for other purposes. It is not necessary for the state to amend the waiver solely for the purpose of updating this field and Appendix C-5. At the end of the state's HCB settings transition process for this waiver, when all waiver settings meet federal HCB setting requirements, enter "Completed" in this field, and include in Section C-5 the information on all HCB settings in the waiver.

North Dakota assures that the setting transition plan included in this waiver renewal will be subject to any provisions or requirements included in the State's approved Statewide Transition Plan. North Dakota will implement any required changes upon approval of the Statewide Transition Plan and will make conforming changes to its waiver when it submits the next amendment or renewal.

# **Additional Needed Information (Optional)**

Provide additional needed information for the waiver (optional):

The North Dakota Department of Health & Human Services acknowledges that there are legal and stakeholder partnerships with the Indian Tribes in North Dakota. These partnerships have grown throughout the years and will continue to be an integral part of implementing the revisions set forth by the American Recovery & Reinvestment Act (ARRA) and the Patient Protection and Affordable Care Act (ACA).

It is the intent of the North Dakota Department of Health & Human Services to consult on a regular basis with the Indian Tribes established in North Dakota on matters relating to Medicaid and Children's Health Insurance Program (CHIP) eligibility and services, which are likely to have a direct impact on the Indian population. This consultation process will ensure that Tribal governments are included in the decision-making process when changes in the Medicaid and CHIP programs will affect items such as cost or reductions and additions to the program. The North Dakota Department of Health & Human Services shall engage Tribal consultation with a State Plan Amendment, waiver proposal or amendment, or demonstration project proposal when any of these items will likely have a direct impact on the North Dakota Tribes and/or their Tribal members.

#### Direct Impact:

Direct impact is defined as a proposed change that is expected to affect Indian Tribes, Indian Health Services (IHS) and/or Native Americans through: a decrease or increase in services; a change in provider qualifications; a change in service eligibility requirements; a change in the compliance cost for IHS or Tribal health programs; or a change in reimbursement rate or methodology.

#### Consultation:

When it is determined that a proposal or change would have a direct impact on North Dakota Tribes, Indian Health Services or American Indians, the North Dakota Department of Health & Human Services will issue written correspondence via standard mail and email to Tribal Chairs, Tribal Healthcare Directors, the Executive Director of the Indian Affairs Commission, Indian Health Services Representatives and the Executive Director of the Great Plains Tribal Chairmen's Health Board. In addition to the written correspondence, the Department may use one or more of the following methods to provide notice or request input from the North Dakota Indian Tribes and IHS.

- a. Indian Affairs Commission Meetings
- b. Interim Tribal and State Relations Committee Meetings
- c. Medicaid Medical Advisory Committee Meetings
- d. Independent Tribal Council Meetings

### Ongoing Correspondence:

- A web link will be located on the North Dakota Department of Health & Human Services website specific to the North Dakota Tribes. Information contained on this link will include notices described below, proposed and final State Plan amendments, frequently asked questions and other applicable documents.
- A specific contact at the North Dakota Department of Health & Human Services Medical Services Division, in addition to the Medicaid Director, will be assigned for all ongoing Tribal needs. This contact information will be disseminated in the continuing correspondence with the North Dakota Tribes.

Content of the written correspondence will include:

- Purpose of the proposal/change
- Effective date of change
- Anticipated impact on Tribal population and programs
- Location, Date and Time of Face to Face Consultation OR If Consultation is by Written Correspondence, the Method for providing comments and a timeframe for responses. Responses to written correspondence are due to the Department 30 days after receipt of the written notice.

### Meeting Requests:

In the event that written correspondence is not sufficient due to the extent of discussion needed by either party, The North Dakota Department of Health & Human Services, the North Dakota Tribes, or Indian Health Services can request a face-to-face meeting within 30 days of the written correspondence, by written notice, to the other parties.

## **Appendix A: Waiver Administration and Operation**

- 1. State Line of Authority for Waiver Operation. Specify the state line of authority for the operation of the waiver (*select one*):
  - The waiver is operated by the state Medicaid agency.

Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):

	The Medical Assistance Unit.
	Specify the unit name:
	Medical Services Section
	(Do not complete item A-2)
	Another division/unit within the state Medicaid agency that is separate from the Medical Assistance Unit.
	Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.
	(Complete item A-2-a).
$\circ_{\mathbf{T}}$	he waiver is operated by a separate agency of the state that is not a division/unit of the Medicaid agency.
S	pecify the division/unit name:
Appendix 2. Overs	a accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency greement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. (Complete item A-2-b).  A: Waiver Administration and Operation  ight of Performance.  Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:  As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.
b	Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:  As indicated in section 1 of this appendix, the waiver is not operated by a separate agency of the State. Thus this section does not need to be completed.

**3. Use of Contracted Entities.** Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):

•	Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).  Specify the types of contracted entities and briefly describe the functions that they perform. <i>Complete Items A-5 and A-6.</i> :
	A contract with a Fiscal Agent to support self-directed activity of respite through the ASD waiver is in place. Fiscal agent currently completed tax papers and payroll and ensure EVV is completed with Self-directed respite employees.
0	No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).
Append	ix A: Waiver Administration and Operation
	e of Local/Regional Non-State Entities. Indicate whether local or regional non-state entities perform waiver rational and administrative functions and, if so, specify the type of entity ( <i>Select One</i> ):
•	Not applicable
0	<b>Applicable</b> - Local/regional non-state agencies perform waiver operational and administrative functions. Check each that applies:
	Local/Regional non-state public agencies perform waiver operational and administrative functions at the local or regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.
	Specify the nature of these agencies and complete items A-5 and A-6:
	Local/Regional non-governmental non-state entities conduct waiver operational and administrative functions at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The contract(s) under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
	Specify the nature of these entities and complete items A-5 and A-6:
Append	ix A: Waiver Administration and Operation
state	sponsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the e agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in ducting waiver operational and administrative functions:
	e ND Department of Health & Human Services (Department), Medical Service section, will assist in the monitoring of Fiscal Agent contract per Department contract oversight protocol.
Append	ix A: Waiver Administration and Operation

**6. Assessment Methods and Frequency.** Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in

accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional non-state entities is assessed:

Fiscal Agent activities are continually monitored by families, Service Managers, and the state through on-line individual balance sheet reports and data within the MMIS billing system. Feedback is solicited from families working with the Fiscal Agent to measure satisfaction with the current contractor. The Department of Health & Human Services also monitors monthly contract billings.

The Fiscal Agent contract is monitored by calls/emails with the Autism Services Program Administrator, monthly reports are available online to the service managers and families.

The contract is monitored at least every 6 months following the Department of Health & Human Services contract oversight procedures.

The family's satisfaction with the contractor is addressed at each participant's service plan meeting, which is reviewed quarterly.

# Appendix A: Waiver Administration and Operation

**7. Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. *Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.* 

Function	Medicaid Agency	Contracted Entity
Participant waiver enrollment	×	
Waiver enrollment managed against approved limits	X	
Waiver expenditures managed against approved levels	×	×
Level of care evaluation	X	
Review of Participant service plans	X	
Prior authorization of waiver services	X	
Utilization management	X	
Qualified provider enrollment	X	
Execution of Medicaid provider agreements	X	X
Establishment of a statewide rate methodology	X	
Rules, policies, procedures and information development governing the waiver program	X	
Quality assurance and quality improvement activities	X	×

# Appendix A: Waiver Administration and Operation

**Quality Improvement: Administrative Authority of the Single State Medicaid Agency** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

#### i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. As necessary and applicable, performance measures should focus on:

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of self-directed services, correctly paid by the fiscal agent, that are authorized on the participant's authorization. N: The number of self-directed services, correctly paid by the fiscal agent, that are authorized on the participant's authorization. D: All self-directed services paid by the fiscal agent.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Report from fiscal agent

Report irom risear agent			
Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):	
State Medicaid Agency	□ Weekly	⊠ 100% Review	
Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =	
Other Specify:	☐ Annually	Stratified Describe Group:	

	Continu Ongoing	ously and	Other Specify:	
	Other Specify:			
Data Aggregation and Analys Responsible Party for data a and analysis (check each that	ggregation		data aggregation and seach that applies):	nd
<b>☒</b> State Medicaid Agency		□ Weekly		
Operating Agency		☐ Monthly		
☐ Sub-State Entity		Quarterl	y	
Other Specify:		⊠ Annually		
		Continuo	ously and Ongoing	
		Other Specify:		
f applicable, in the textbox belo State to discover/identify proble				

# b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

Upon discovery the fiscal agent contacts the service manager for any services not on authorization. The services manager works with the family to resolve the issue. Issues and solutions are documented in web-based data system by the service manager. Services manager communicates resolution to the fiscal agent.

The service managers are responsible for addressing individual problems; if resolution cannot be found, the service manager contacts the state autism coordinator for resolution. The state maintains documentation that tracks training, policy changes, recouped funds and terminations.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
<b>☒</b> State Medicaid Agency	Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	<b>⊠</b> Quarterly	
Other Specify:	☐ Annually	
	☐ Continuously and Ongoing	
	Other Specify:	
methods for discovery and remediation related to the assoperational.	y Improvement Strategy in place, provide timelines to design surance of Administrative Authority that are currently non-ninistrative Authority, the specific timeline for implementing	
identified strategies, and the parties responsible for	, ,	

# **Appendix B: Participant Access and Eligibility**

## **B-1: Specification of the Waiver Target Group(s)**

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the state limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

				Maximum Age	
Target Group	Included	Target SubGroup	Minimum Age	Maximum Age	No Maximum Age
				Limit	Limit
Aged or Disal	oled, or Both - Gene	eral			
		Aged			
		Disabled (Physical)			
		Disabled (Other)			
Aged or Disal	oled, or Both - Spec	ific Recognized Subgroups			
		Brain Injury			
		HIV/AIDS			
		Medically Fragile			
		Technology Dependent			
Intellectual D	isability or Develop	mental Disability, or Both			
	X	Autism	0	17	
		Developmental Disability			
		Intellectual Disability			
Mental Illness	3				
		Mental Illness			
		Serious Emotional Disturbance			

**b.** Additional Criteria. The state further specifies its target group(s) as follows:

The state limits this waiver to individuals on the Autism Spectrum Disorder, under the age of 18. The state further limits this waiver to families agreeing to self-direct.

- **c. Transition of Individuals Affected by Maximum Age Limitation.** When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (*select one*):
  - O Not applicable. There is no maximum age limit
  - The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.

Specify:

Families are made aware of the maximum age limit and duration upon enrollment. The service manager coordinates with the Part B of (IDEA) Individuals with Disabilities Education Act to facilitate their participation in school and by the participant's eighteenth birthday makes the family aware of other support options including the traditional DD waiver, state plan services to include the 1915i services, Buy-In Program, CHIP, and other possible supports available within their communities. One year prior to the child aging off of waiver, their participant service plan contains a transition of outcomes and activities.

# **Appendix B: Participant Access and Eligibility**

### **B-2: Individual Cost Limit** (1 of 2)

**a. Individual Cost Limit.** The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual (*select one*). Please note that a state

-	y have only ONE individual cost limit for the purposes of determining eligibility for the waiver:	
•	No Cost Limit. The state does not apply an individual cost limit. Do not complete Item B-2-b or item B-2-c.	
0	<b>Cost Limit in Excess of Institutional Costs.</b> The state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the state <i>Complete Items B-2-b and B-2-c</i> .	te.
	The limit specified by the state is (select one)	
	O A level higher than 100% of the institutional average.	
	Specify the percentage:	
	O Other	
	Specify:	
0	<b>Institutional Cost Limit.</b> Pursuant to 42 CFR 441.301(a)(3), the state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. <i>Complete Items B-2-b and B-2-c</i> .	se
0		
	individual when the state reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the state that is less than the cost of a level of care specified for the waiver.	
	Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c.	r
	The cost limit specified by the state is (select one):	
	O The following dollar amount:	
	Specify dollar amount:	
	The dollar amount (select one)	
	O Is adjusted each year that the waiver is in effect by applying the following formula:	
	Specify the formula:	
	O May be adjusted during the period the waiver is in effect. The state will submit a waiver amendment to CMS to adjust the dollar amount.	

 $\ensuremath{\,^{\bigcirc}}$  The following percentage that is less than 100% of the institutional average:

Specify percent:

05/21/2024

# **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (1 of 4)

**a.** Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The state will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the costneutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	<b>Unduplicated Number of Participants</b>
Year 1	

Waiver Year	Unduplicated Number of Participants		
	345		
Year 2	345		
Year 3	345		
Year 4	345		
Year 5	345		

- **b.** Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the state may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the state limits the number of participants in this way: (select one)
  - The state does not limit the number of participants that it serves at any point in time during a waiver year.
  - O The state limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: R-3-h

14	DIE: B-3-0
Waiver Year	Maximum Number of Participants Served At Any Point During the Year
Year 1	
Year 2	
Year 3	
Year 4	
Year 5	

# **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (2 of 4)

- **c. Reserved Waiver Capacity.** The state may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (*select one*):
  - Not applicable. The state does not reserve capacity.
  - O The state reserves capacity for the following purpose(s).

# **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (3 of 4)

- **d. Scheduled Phase-In or Phase-Out.** Within a waiver year, the state may make the number of participants who are served subject to a phase-in or phase-out schedule (*select one*):
  - The waiver is not subject to a phase-in or a phase-out schedule.
  - O The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in

	the waiver.
e. Allocat	ion of Waiver Capacity.
Select o	one:
(	Waiver capacity is allocated/managed on a statewide basis.
•	○ Waiver capacity is allocated to local/regional non-state entities.
an	ecify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity d how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among cal/regional non-state entities:
f. Selection waiver:	on of Entrants to the Waiver. Specify the policies that apply to the selection of individuals for entrance to the
	ne waiver cap is reached, the eligible families are enrolled on a first-come, first-served basis. When the cap is d, a waiting list is established based on time of waiver slot request.
Appendix 1	B: Participant Access and Eligibility
I	3-3: Number of Individuals Served - Attachment #1 (4 of 4)
Answers provi	ided in Appendix B-3-d indicate that you do not need to complete this section.
	B: Participant Access and Eligibility
I	3-4: Eligibility Groups Served in the Waiver
a. 1.	State Classification. The state is a (select one):
	O §1634 State
	O SSI Criteria State
	● 209(b) State
	Miller Trust State.  Indicate whether the state is a Miller Trust State (select one):  No  No
	$\circ_{\mathrm{Yes}}$
the follo	<b>aid Eligibility Groups Served in the Waiver.</b> Individuals who receive services under this waiver are eligible under owing eligibility groups contained in the state plan. The state applies all applicable federal financial participation under the plan. <i>Check all that apply</i> :
Eligibil §435.21	ity Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR 17)
	ow income families with children as provided in §1931 of the Act
$oxed{ imes}_{\mathbf{Ag}}$	ged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
	ptional state supplement recipients
$\square$ OI	otional categorically needy aged and/or disabled individuals who have income at:

	Select one:
	O 100% of the Federal poverty level (FPL)
	○ % of FPL, which is lower than 100% of FPL.
	Specify percentage:
	Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in $\$1902(a)(10)(A)(ii)(XIII))$ of the Act)
	Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in $\$1902(a)(10)(A)(ii)(XV)$ of the Act)
	Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in $\S1902(a)(10)(A)(ii)(XVI)$ of the Act)
	Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in $\$1902(e)(3)$ of the Act)
X	Medically needy in 209(b) States (42 CFR §435.330)
	Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)
	Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the state plan that may receive services under this waiver)
	Specify:
Cma	cial home and community-based waiver group under 42 CFR §435.217) Note: When the special home and
-	umunity-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be completed
0	No. The state does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. Appendix B-5 is not submitted.
•	Yes. The state furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217.
	Select one and complete Appendix B-5.
	• All individuals in the special home and community-based waiver group under 42 CFR §435.217
	Only the following groups of individuals in the special home and community-based waiver group under 42 CFR §435.217
	Check each that applies:
	☐ A special income level equal to:
	Select one:
	O 300% of the SSI Federal Benefit Rate (FBR)
	O A percentage of FBR, which is lower than 300% (42 CFR §435.236)
	Specify percentage:
	O A dollar amount which is lower than 300%.
	Specify dollar amount:
	Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI program (42 CFR §435.121)

Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group.

In the case of a participant with a community spouse, the state elects to (select one):

- Use spousal post-eligibility rules under \$1924 of the Act. (Complete Item B-5-c (209b State) and Item B-5-d)
- O Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (209b State) (Complete Item B-5-c (209b State). Do not complete Item B-5-d)
- O Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The state uses regular posteligibility rules for individuals with a community spouse.

(Complete Item B-5-c (209b State). Do not complete Item B-5-d)

# **Appendix B: Participant Access and Eligibility**

# B-5: Post-Eligibility Treatment of Income (2 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

b. Regular Post-Eligibility Treatment of Income: SSI State.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

## **Appendix B: Participant Access and Eligibility**

# B-5: Post-Eligibility Treatment of Income (3 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

### c. Regular Post-Eligibility Treatment of Income: 209(B) State.

The state uses more restrictive eligibility requirements than SSI and uses the post-eligibility rules at 42 CFR 435.735 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following amounts and expenses from the waiver participant's income:

The	following standard included under the state plan
(sele	ect one):
0	The following standard under 42 CFR §435.121
	Specify:
0	Optional state supplement standard
•	Medically needy income standard
0	The special income level for institutionalized persons
	(select one):
	O 300% of the SSI Federal Benefit Rate (FBR)
	O A percentage of the FBR, which is less than 300%
	Specify percentage:
	O A dollar amount which is less than 300%.
	Specify dollar amount:
0	A percentage of the Federal poverty level
	Specify percentage:
0	Other standard included under the state Plan
	Specify:

_	The following formula is used to determine the needs allowance:
	Specify:
^	
O	Other
	Specify:
Allo	owance for the spouse only (select one):
<ul><li>O</li></ul>	Not Applicable  The state provides an allowance for a spouse who does not meet the definition of a community spous §1924 of the Act. Describe the circumstances under which this allowance is provided:
	Specify:
	Specify the amount of the allowance (select one):
	Specify the amount of the allowance (select one):  O The following standard under 42 CFR §435.121
	O The following standard under 42 CFR §435.121
	O The following standard under 42 CFR §435.121  Specify:
	O The following standard under 42 CFR §435.121  Specify: O Optional state supplement standard
	O The following standard under 42 CFR §435.121  Specify:
	O The following standard under 42 CFR §435.121  Specify: Optional state supplement standard Medically needy income standard
	O The following standard under 42 CFR §435.121  Specify:  O Optional state supplement standard O Medically needy income standard O The following dollar amount:
	O The following standard under 42 CFR §435.121  Specify:  O Optional state supplement standard O Medically needy income standard O The following dollar amount:  Specify dollar amount:  If this amount changes, this item will be revised.
	O The following standard under 42 CFR §435.121  Specify:  Optional state supplement standard  Medically needy income standard  The following dollar amount:  Specify dollar amount:  If this amount changes, this item will be revised.  The amount is determined using the following formula:
	O The following standard under 42 CFR §435.121  Specify:  Optional state supplement standard  Medically needy income standard  The following dollar amount:  Specify dollar amount:  If this amount changes, this item will be revised.  The amount is determined using the following formula:

- O Not Applicable (see instructions) Note: If the state protects the maximum amount for the waiver participant, not applicable must be selected.
- The state does not establish reasonable limits.
- O The state establishes the following reasonable limits

Specify:

# **Appendix B: Participant Access and Eligibility**

# B-5: Post-Eligibility Treatment of Income (4 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

#### d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

i. Allowance for the personal needs of the waiver participant
(select one):
O SSI standard
Optional state supplement standard
Medically needy income standard
O The special income level for institutionalized persons
O A percentage of the Federal poverty level
Specify percentage:
O The following dollar amount:
Specify dollar amount: If this amount changes, this item will be revised
O The following formula is used to determine the needs allowance:
Specify formula:
Other
Specify:
ii. If the allowance for the personal needs of a waiver participant with a community spouse is different from
the amount used for the individual's maintenance allowance under 42 CFR §435.726 or 42 CFR §435.735,
explain why this amount is reasonable to meet the individual's maintenance needs in the community.
Select one:
Allowance is the same
Allowance is different.
Explanation of difference:
iii. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified
in 42 CFR \$435.726:
a. Health insurance premiums, deductibles and co-insurance charges
b. Necessary medical or remedial care expenses recognized under state law but not covered under the state's
Medicaid plan, subject to reasonable limits that the state may establish on the amounts of these expenses.
Select one:
O Not Applicable (see instructions) Notes 15 the state protects the service and the service state of the service s
O Not Applicable (see instructions) Note: If the state protects the maximum amount for the waiver participant, not applicable must be selected.
• The state does not establish reasonable limits.
The state does not establish reasonable limits.

 $\circ$  The state uses the same reasonable limits as are used for regular (non-spousal) post-eligibility.

# **Appendix B: Participant Access and Eligibility**

B-5: Post-Eligibility Treatment of Income (5 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

e. Regular Post-Eligibility Treatment of Income: SSI State or §1634 State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

# **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income** (6 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

f. Regular Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.

Answers provided in Appendix B-5-a indicate the selections in B-5-c also apply to B-5-f.

### **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income** (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-5-a indicate the selections in B-5-d also apply to B-5-g.

### **Appendix B: Participant Access and Eligibility**

# B-6: Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the state provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

- a. Reasonable Indication of Need for Services. In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, and (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the state's policies concerning the reasonable indication of the need for services:
  - i. Minimum number of services.

The minimum number of waiver services (one or more) that an individual must require in order to be determined to need waiver services is:

- ii. Frequency of services. The state requires (select one):
  - O The provision of waiver services at least monthly
  - Monthly monitoring of the individual when services are furnished on a less than monthly basis

Specify:

If the state also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:

b. Responsibility for Performing Evaluations and Reevaluations. Level of care evaluations and reevaluations are performed (select one):
Directly by the Medicaid agency
By the operating agency specified in Appendix A
By a government agency under contract with the Medicaid agency.
Specify the entity:

a waiver service must occur at least on a quarterly basis, reflected on the quarterly authorization.

**c. Qualifications of Individuals Performing Initial Evaluation:** Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

The diagnosis of Autism Spectrum Disorder will be evaluated and determined by any of the following a psychiatrist or psychologist, physician, nurse practitioners, clinical nurse specialist, licensed independent clinical social worker, or licensed professional clinical counselor.

The minimum qualifications for the State Autism Coordinator are Bachelor Degree in Human Service area, 4 years of experience with autism, public speaking, consensus building, and autism certificate preferred.

d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the state's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

The child diagnosed with autism spectrum disorder using the most current DSM criteria must have significant deficits in adaptive behaviors based on Vineland 3 Survey Interview domain scores, or deficits in adaptive behaviors coupled with maladaptive behaviors. This criteria is further defined as follows: a total score on any two elements of the Adaptive Areas(Communication, Daily Living Skills, Socialization, Motor Skills)of two standard deviations below the mean of 100 (i.e. 70 or below) plus an Adaptive Behavior Composite score of 70 or less.

Scores above 70 that fall within the confidence interval of the Vineland 3, based on the developmental age of the child, will not preclude a child's eligibility for the waiver. For example, a child diagnosed with ASD with a score of 74 for the Communication Domain, coupled with an Adaptive Behavior Composite score of 72, and the confidence interval is 5 points for the child's developmental age would be considered eligible for the Waiver.

A Maladaptive Behavior Index Score between 21 and 24 indicates the presence of significant behavioral challenges. Children with a Maladaptive Behavior Index Score in this range are considered eligible for the waiver, if the child also has Vineland 3 Domain scores for two of the three adaptive behavior domains (Communication, Daily Living Skills, Socialization, Motor Skills) of 85 or less. Scores falling within the range of the test confidence interval for the child's developmental age in this case will also qualify a child as eligible for the waiver.

- **e. Level of Care Instrument(s).** Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (*select one*):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the state Plan.
  - O A different instrument is used to determine the level of care for the waiver than for institutional care under the state plan.

Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.

f. Process for Level of Care Evaluation/Reevaluation: Per 42 CFR §441.303(c)(1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the

The initial step in the level of care process is to establish if the waiver applicant has a qualifying diagnosis of ASD and the child has significantly delayed adaptive functioning in activities in daily living, socialization, motor skills or communication as described in Appendix B-6-d. Alternatively, children with a qualifying diagnosis of ASD and moderate delays in adaptive behavior functioning coupled with a clinically significant maladaptive behavior index scores will generally qualify for autism waiver services as described in Appendix B-6-d.

The process for the LOC would be as follows:

evaluation process, describe the differences:

1)Any of the following disciplines psychiatrist, psychologist, physician, nurse practitioners, clinical nurse specialist, licensed independent clinical social worker, or licensed professional clinical counselor will complete an initial evaluation / determination of autism spectrum disorder. The written evaluation provides a breakdown of the child's deficits. The evaluation will addresses questions that are included in ND questionnaire provided to parents.

2)written evaluation will be presented to the State Autism Coordinator to incorporate into the Level of Care determination,

3)department will mail the parent/ caregiver Vineland 3 questionnaire to parent/ caregiver to complete. For renewals the Vineland 3 questionnaire is mailed out the month before renewal,

4)Parent/Caregiver will complete the questionnaire and send back the questionnaire to the department. During initial completion of the questionnaire the State Autism Coordinator is available to assist the family in completing the questionnaire. At renewal if need the service manager would assist the family in completion of the questionnaire.

5)Department (State Autism Coordinator) will review the written evaluation obtained from any of the following psychiatrist, psychologist, physician, nurse practitioners, clinical nurse specialist, licensed independent clinical social worker, or licensed professional clinical counselor and the parent caregiver answers in the questionnaire. The scores of each question are entered into Pearson web-based scoring tool and scores are calculated by Pearson, within the domains of Communication/ daily living skill/ socialization and Motor skills. The Program Administrator enters the circled answers from the parental booklet manually (the booklet is scanned into participants file and maintained three years past the end of participant enrollment in the waiver) into the correct section of the web page and submitted to Pearson to be reviewed and scored. Parents receive a letter that is generated from Pearson explaining the personal results.

6)Department (State Autism Coordinator) reviews scores and compares outcomes to the evaluation findings and makes determination as to if the scores fall within the states determined eligibility criteria – to be eligible for the waiver slot, 7)This process would be completed at initial and there after Vineland 3 questionnaire would be completed annually with

g.	. Reevaluation Schedule. Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are
	conducted no less frequently than annually according to the following schedule (select one):

$\circ$	every	three	months
---------	-------	-------	--------

determined eligibility range and the initial evaluation.

O Every six months

Every twelve months

Other schedule

S	Specify the other schedule:
-	ifications of Individuals Who Perform Reevaluations. Specify the qualifications of individuals who perform
	luations (select one): The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
	The qualifications are different.
S	Specify the qualifications:
Г	
L	

**i. Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c)(4), specify the procedures that the state employs to ensure timely reevaluations of level of care (*specify*):

State Autism Coordinator is responsible to ensure Level of Care is completed within a timely manner. The dates of the completed Level of Care are entered into a secured excel spreadsheet by the Human Service Program Specialist that is reviewed monthly by Program Manager to determine which packets are to be sent out the first week of the month before level of care is required. If packet is not returned within two weeks a follow-up phone call is made by the Human Service Program Specialist to inquire if family received packet and if there are any issues with completing it.

**j. Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the state assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Documentation of the Level of Care Evaluations/Re-evaluations is maintained electronically within Medical Services for each individual. The MMIS system also maintains a record/history of level of care eligibility span. Pearson web-based program houses the full results of the Vineland 3 questionnaire with a computer-generated letter to parents explaining the results, which is shared with family.

Participants file is maintained for a minimum of three years after closure.

### **Appendix B: Evaluation/Reevaluation of Level of Care**

# **Quality Improvement: Level of Care**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Level of Care Assurance/Sub-assurances

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

### i. Sub-Assurances:

a. Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

**Performance Measures** 

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of new waiver applicants who had an initial Level of Care. N; Number of new waiver applicants who had an initial Level of Care. D: All new applicants.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Query of data from web based computer system database.

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):			
<b>X</b> State Medicaid Agency	□ Weekly			
Operating Agency	☐ Monthly			
☐ Sub-State Entity	Quarterly			
Other Specify:	⊠ Annually			
	☐ Continuously and Ongoing			
	Other Specify:			

b. Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to

analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of LoC determinations being completed by using the approved form and using LoC criteria accurately. N: Number of LoC determinations being completed by using the approved form and using LoC criteria accurately. D: Total number of LoC's completed.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	⊠ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t		
State Medicaid Agency	☐ Weekly	⊠ 100% Review	
Operating Agency	☐ Monthly	y Less than 100% Review	
☐ Sub-State Entity	⊠ Quarterly		Representative Sample Confidence Interval =
Other Specify:	☐ Annually		Stratified Describe Group:
	Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Analysis:			
Responsible Party for data aggregation and analysis (a that applies):	aggregation and analysis (check each analysis (check each that applies)		
X State Medicaid Agenc	ncy Weekly		
Operating Agency	☐ Monthly		,
Sub-State Entity	Quarterly		ly
Other Specify:	★ Annually		y

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
	☐ Continuously and Ongoing	
	Other Specify:	
	cessary additional information on the strategies emphe waiver program, including frequency and parties	
regarding responsible parties and GENERAL methods used by the state to document these it.  Patterns of errors are analyzed quarterly to determ state autism services office addresses individual a various methods which may include but are not lithe contract. Documentation is maintained by the any denied LOC and these denials are reviewed we Care and Children's Services to determine if the disolutions.	ual problems as they are discovered. Include informations for problem correction. In addition, provide in the ems.  In a distinct providing one in the problems are resolved in the systemic issues. Individual problems are resolved intended to providing one-on-one technical assistance. State that describes the remediation efforts. Data is with the State Autism Coordinator and the Director of the emial represents a systemic problem that require more intended in the problem.	ssues. The d through or amending recorded on of Managed
Remediation Data Aggregation Remediation-related Data Aggregation and An	1	1
<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis	
l	(check each that applies):	
<b>区</b> State Medicaid Agency	Weekly	
State Medicaid Agency  Operating Agency		
	Weekly	
Operating Agency	☐ Weekly ☐ Monthly	

Other Specify:

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Level of Care that are currently non-operational.

•	ът
•	No

0	Ve

Please provide a detailed strategy for assuring Level of Care, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

# **Appendix B: Participant Access and Eligibility**

# **B-7: Freedom of Choice**

**Freedom of Choice.** As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

- i. informed of any feasible alternatives under the waiver; and
- ii. given the choice of either institutional or home and community-based services.
- **a. Procedures.** Specify the state's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Participants eligible for the waiver are provided with a choice of institutional or HCBS services, feasible alternatives under available waivers are explained by the Service Managers and a description of roles and responsibilities regarding Self Directing are provided to the participant and legal guardian. The participant and legal representative(s) choice is documented on the Participant Service Plan. This information is provided at the time of waiver eligibility determination and annually thereafter. Family is also given a "Your Rights and Responsibility" brochure with the Level of Care results yearly that explains their rights.

**b. Maintenance of Forms.** Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

The signed participant plan of care is maintained in the identified child's file within the autism drive within Medical Services - following the Department's retention policy.

# **Appendix B: Participant Access and Eligibility**

# **B-8:** Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the state uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

The services of an interpreter are arranged when a participant and/or their legal guardian is unable to independently communicate with the state autism services unit. The North Dakota Department of Human Services has a Limited English Proficiency Implementation Plan to assist staff in communicating with all participants.

When a consumer and/or their legally responsible caregiver are unable to independently communicate with the Central Office Administrator or their case manager, the services of an interpreter will be arranged. Written material may also be modified for non-English speaking consumers. The interpreter is used to translate the questions of the application that the state office reads. This is followed by the state office writing the answers the interpreter translates back to the state office. Time is also taken to ensure the family and or child understands the program and what will happen next. The Interpreter will also be used to inform the family of the determination and used by the case manager while development of plan. The agency providing the waiver service would then be required to provide this service to family while providing services.

# **Appendix C: Participant Services**

# C-1: Summary of Services Covered (1 of 2)

The department's web site also provides information in 15 different languages.

**a. Waiver Services Summary.** List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Service Type	Service	
Statutory Service	Respite	
Statutory Service	Service Management	
Other Service	Assistive Technology	
Other Service	Community Connector	
Other Service	Remote Monitoring Service	

# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:	
Statutory Service	
Service:	
Respite	
Alternate Service Title (if any):	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
09 Caregiver Support	09012 respite, in-home
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:

Legally Responsible Person

X Relative

**Provider Specifications:** 

Legal Guardian

Provider Category	Provider Type Title
Individual	Individual
Agency	Agency

# **Appendix C: Participant Services** C-1/C-3: Provider Specifications for Service **Service Type: Statutory Service** Service Name: Respite **Provider Category:** Individual **Provider Type:** Individual **Provider Qualifications** License (specify): **Certificate** (*specify*): Other Standard (specify): Providers of services must be over the age of 18, cannot live in the participant's home, must complete

mandated reporter training through the state of North Dakota, and must pass background check requirements as identified by the state. Providers of services must also meet the criteria identified in the participant's service plan. Provider is required to meet the requirements of the state's Electronic Visit Verification (EVV) policy. An employee who is providing self-directed respite must submit a background check application to the fiscal agent but will be allowed to start providing service BEFORE receiving the results of the background check. In the event there is a hit on the employee's background check, the results will go to the employer of record and that employee must stop working immediately.

# **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

Fiscal Agent and Service Manager

**Frequency of Verification:** 

Annually

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Agency	
Provider Qualifications	
License (specify):	
Certificate (specify):	
Other Standard (specify):	
Providers of services must be over the age of 18.	, cannot live in the participant's home, must complete
_	round check requirements as identified by the state.
	identified in the participant's service plan. Provider is
required to meet the requirements of the state's E	Electronic Visit Verification (EVV) policy.
Verification of Provider Qualifications	
Entity Responsible for Verification:	
Autism Services Unit / hiring agency	
Frequency of Verification:	,
A	
Anniialiv	
Annually  Appendix C: Participant Services	
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specification agency or the operating agency (if applications) applications. Statutory Service  ervice: Case Management	pecification are readily available to CMS upon request thro
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specification agency or the operating agency (if applications are made agency or the operating agency (if applications are specifications). Statutory Service  ervice: Case Management	pecification are readily available to CMS upon request thro
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specification agency or the operating agency (if applications applications are made agency or the operating agency (if applications are the specifications). Statutory Service	pecification are readily available to CMS upon request thro
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specific Medicaid agency or the operating agency (if applications applications)  ervice Type:  Statutory Service  ervice:  Case Management  Alternate Service Title (if any):  Service Management	pecification are readily available to CMS upon request thro
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specification and policies referenced in the specific device Type:  Statutory Service  ervice:  Case Management  Alternate Service Title (if any):	pecification are readily available to CMS upon request thro
Appendix C: Participant Services  C-1/C-3: Service Specification  tate laws, regulations and policies referenced in the specification and policies referenced in the specific Medicaid agency or the operating agency (if applications applications are made agency or the operating agency (if applications are made agency or the operating agency or the operating agency (if applications are made agency or the operating agency or the operating agency or the operating agency (if applications are made agency or the operating agency or the operating agency or the operat	pecification are readily available to CMS upon request throeable).
tate laws, regulations and policies referenced in the speed Medicaid agency or the operating agency (if applications and policies referenced in the speed Medicaid agency or the operating agency (if applications agency (if applications agency (if applications) agency (if	pecification are readily available to CMS upon request throrable).  Sub-Category 1:

Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiv	er that replaces an existing waiver. Select one:
O Service is included in approved waiver. There	is no change in service specifications.
Service is included in approved waiver. The se	ervice specifications have been modified.
O Service is not included in the approved waiver	·.

# **Service Definition** (Scope):

This service would assist the individual /family by providing information, referral, and support to them. Case management services would provide a variety of activities such as intake, case planning, on-going monitoring, and review of supports and services to promote quality and outcomes, and planning for and implementing changes in supports and services and right of appeal. This service would assure that support for individual/family requests fall within the scope of programs, while promoting reasonable health and safety. Case management services would assist in the coordination of identifying multiple services both formal and informal, along with obtaining/applying for identified services. This service would ensure goals and needs are being met by meeting with the individual/family at least quarterly to review case plan and assure supports are successful in reaching the goals of the family. Case management service would ensure the review of rights are signed to include the assurance of family being informed of their rights and to document the choice of services for individuals requesting a HCBS waiver verses Institutional care. Case management services would meet face to face with individual/family at least twice a year and phone contact or telehealth these visits would include 1) review of progress 2) satisfaction with services, 3) identify barriers and 4) discuss an action plan to resolve outstanding issues. Case management services may consist of phone calls or accompanying consumer to supports agency assisting with completing paperwork and any other assistance identified in case plan. Case management service would be able to assist in crisis intervention services to include emergency planning. Case management would also provide emotional support and assistance to problem solving as needed. Case Management could also assist / participate in individual educational planning (IEP) process. Case Management would support/ educate families on the Self-Directed Supports program.

Maximum hours of service to be 16 hours per month per child with prior approval exception up to 24 hours per month, based on participant behavioral needs. The SM is responsible for in depth monitoring that will consist of a face-to-face visit, at a minimum of two per year within quarters that are not side by side. (i.e., 1st and 3rd quarter not 1st and 2nd quarter of the year), with the waiver participant and a contact with the family every 90 days, to review quality and satisfaction with services, to assure services are delivered as required and remain appropriate for the individual.

SMs willing to travel at least 21 miles (round trip) to provide effective service management to authorized members in rural areas will be reimbursed at the RD rate. SMs are not paid for the time they drive to and from the member's home/community. It can only be authorized for clients living in rural or frontier areas who are receiving services under Medicaid ASD waiver.

Provider must use a HIPAA compliant service delivery method and HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of telehealth technology by their chosen provider. Telehealth is not a system to provide surveillance or for staff convenience. SM develops a plan to address health, safety, and behavioral needs while virtual supports are utilized so appropriate assistance can be provided. If a participant requires hands-on assistance, then telehealth delivery of service will not be used.

When Remote Monitoring GPS tracking device is determined a need the Service Manager will remind the parents and team - privacy of the individual MUST be respected at all times, such as in the bathroom or while bathing.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Maximum hours of service to be 16 hours per month per child with prior approval exception up to 24 hours per month, based on participant behavioral needs. SMs may not be compensated for the time they drive to and from the member's home/community. The RD rate may only be used for the time spent providing service in member's home/community. North Dakota's RD rate for SM is authorized by the Administrator of waiver and is determined by mileage from the agency office to the member's community. It can only be authorized for clients living in rural or frontier areas who are receiving services under Medicaid ASD waiver. The SM is responsible for in depth monitoring that will consist of a face-to-face visit, at a minimum of two per year within quarters that are not side by side. (i.e., 1st and 3rd quarter not 1st and 2nd quarter of the year), with the waiver participant and a contact with the family every 90 days, to review quality and satisfaction with services, to assure services are delivered as required and remain appropriate for the individual.

The purpose of the RD rate is to create greater access to Service Management (SM) for clients who reside in rural areas of North Dakota by offering a higher rate to agencies providing ASD Service management and are willing to travel to provide service. SMs willing to travel at least 21 miles (round trip) to provide effective service management to authorized members in rural areas will be reimbursed at a higher rate. SMs are not paid for the time they drive to and from the member's home/community. The RD rate may only be used for the time spent providing service in member's home/community. North Dakota's Rural Differential (RD) rate for Service Management is authorized by the Administrator of waiver, rate is determined by milage from agency office to member's community (confirmed by google maps). It can only be authorized for clients living in rural or frontier areas who are receiving services under Medicaid ASD waiver.

When activities related to the assessment of level of care and service plan development are furnished as waiver case management activities, payment for such services may not be made until the individually is enrolled in the waiver.

Telehealth will be allowed for Service Management, but waiver will continue to require 2 home visit to meet Health, Safety and Welfare of child. Telehealth must follow and meet all criteria of the Medicaid telehealth policy found in the provider manual., meeting HIPAA requirements and assurance of service is not permitted within the bathroom or bedrooms of the household. Telehealth supports reinforce community integration by encouraging the participant to engage in community life as independently as possible and to be able to safely engage in activities in his or her home or in the community without relying on the physical presence of staff to accomplish those activities.

Service Delivery Method (check each that applies):
☐ Participant-directed as specified in Appendix E  ☐ Provider managed
<b>Specify whether the service may be provided by</b> (check each that applies):
Legally Responsible Person Relative Legal Guardian Provider Specifications:
Provider Category Provider Type Title Individual Individual or agency
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Statutory Service Service Name: Service Management
Provider Category:

Individual Provider Type:

Certificate (specify):  Other Standard (specify):  Service Managers must complete mandated reporter training through the state of ND and have a bachelor's degree in social work, psychology, occupational therapy, physical therapy, child developme and family science, communication disorders (includes audiology or speech pathology), special education, sociology, elementary education, or equivalent and two years of experience working with children with autism or related conditions, or  A master's degree in counseling or psychology or a doctorate in medicine will also meet requirements  And a certification or other national or state designation of expertise in Autism is required and if all other qualifications above are met, each service manager provided by the contracted agency will have obtained a certification within the first two years of providing services.  Or  Five year's experience working with children with conditions on the autism spectrum or related conditions and/or their families, if all other qualifications are met above.  And a certification or other national or state designation of expertise in autism is required and if all oth qualifications above are met, each service manager provided by the contracted agency will have obtained a certification prior to first contract renewal.  If the individual has the qualifications within their license or degree to provide services independent of an agency we would accept them as a provider if they meet all listed requirements.  Tection of Provider Qualifications  Entity Responsible for Verification:  Autism Services Unit  Frequency of Verification:	vidual or v <b>ider Ou</b>	alifications
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# **Appendix C: Participant Services**

# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

# **Service Type:**

Other Service	
As provided in 42 CFR §440.180(b)(9), the State requests the	e authority to provide the following additional service not
specified in statute.	
Service Title:	
Assistive Technology	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14031 equipment and technology
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
	1 П
Complete this part for a renewal application or a new waive	er that replaces an existing waiver. Select one:
Service is included in approved waiver. There is	is no change in service specifications.
O Service is included in approved waiver. The ser	rvice specifications have been modified.
O Service is not included in the approved waiver.	

#### **Service Definition** (*Scope*):

An item, piece of equipment, or product system, whether acquired commercially, modified, or customized, as specified in the Participant Service Plan that is used to increase, maintain, or improve functional capabilities of participants. Assistive technology service means a service that directly assists a participant in the selection, acquisition, or use of an assistive technology device. A recommendation from an appropriate professional of how the assistive technology will assist the individual in dealing with their autism spectrum disorder, is required. Assistive Technology includes:

- a) The written evaluation of the assistive technology needs of a participant, including a functional evaluation of the impact of the provision of appropriate assistive technology and appropriate services to the participant in the customary environment of the participant;
- b) Services consisting of purchasing, leasing, or otherwise providing for the acquisition of assistive technology devices for the participant to include sensory items.
- c) Services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing assistive technology devices;
- d) Training or technical assistance for the participant, or, where appropriate, the family members, or authorized representatives of the participant; and
- e) Training or technical assistance for professionals or other individuals who provide services to, employ, or are otherwise substantially involved in the major life functions of the participant.
- f) Must be consistent with the participant's Participant Service Plan.
- g) A fee as a periodic service fee (e.g., monthly) for ongoing support services and/or rental associated with devices, controls, or appliances, specified in the individual support plan, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live.
- h) Extended warranties

Items available under the participant's private health insurance are excluded. Cost of the evaluation is not covered within this service.
Up to \$5,000 per participant for the duration of the waiver is the limit for Assistive Technology unless an exception is granted by state autism coordinator as preventing imminent institutionalization.
Items reimbursed with Waiver funds do not include any assistive technology furnished by the school program for both home and school use or by the Medicaid State Plan and exclude those items that are not of direct remedial benefit to the participant. All items shall meet applicable manufacture standards of design and proper installation.
Items shall be specific to a participant's individual needs, documented in the participant's service plan, and not be approved to benefit the public at large, staff, significant others, or family members.
Remote Monitor Service is not covered through Assistive Technology Service.
Service Delivery Method (check each that applies):
Participant-directed as specified in Appendix E  Provider managed
Specify whether the service may be provided by (check each that applies):
☐ Legally Responsible Person
Relative
Legal Guardian Provider Specifications:
- -
Provider Category Provider Type Title
Agency Vender or non-agency / individual vender
Appendix C: Participant Services
C-1/C-3: Provider Specifications for Service
Service Type: Other Service
Service Name: Assistive Technology
Provider Category:  Agency
Provider Type:
Vender or non-agency / individual vender
Provider Qualifications
License (specify):
Certificate (specify):
Other Standard (specify):

Families and their service managers identify appropriate assistive technology within the participant's service plan. An authorization is developed by the Service manager - signed by the legal decision maker, and service manager. Letter of recommendation is attached to authorization and sent to the State Autism Coordinator for approval. Once authorization is approved - The legal decision maker will obtain the assistive technology supplies from a vendor with the assistance of the autism unit staff. The purchase must be the item approved in the Participant Service Plan and be within approved amount.

Service Managers and the Autism Services Unit	t
Frequency of Verification:	
Annually	
Appendix C: Participant Services	
C-1/C-3: Service Specification	n
pecified in statute. Service Title: Community Connector	nests the authority to provide the following additional service no
ICBS Taxonomy:  Category 1:	Sub-Category 1:
09 Caregiver Support	09011 respite, out-of-home
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

O Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

#### **Service Definition** (Scope):

Supports the abilities and skills necessary to enable the individual to access typical activities and functions of community life such as those chosen by the general population. Community Connector provides a wide variety of opportunities to facilitate and build relationships and natural supports in the community while utilizing the community as a learning environment to provide services and supports as identified in the participant's service plan. These activities are conducted in a variety of settings in which participants interact with non-disabled individuals (other than those individuals who are providing services to the participant). These types of services may include socialization, adaptive skills, and personnel to accompany and support the individual in community settings, resources necessary for participation in activities and supplies related to skill acquisition, retention, or improvement. Community Connector is provided on a one-to-one basis as a learning environment to provide instruction when identified in the Service Plan.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The cost of admission to professional or minor league sporting events, movies, theater, concert tickets or any activity that is entertainment in nature or any food or drink items are specifically excluded under the waiver and shall not be reimbursed.

Service Delivery Met	t <b>hod</b> (check each that applies):	
_	-directed as specified in Append	ix E
Specify whether the s	service may be provided by (che	ck each that applies):
Legally Res Relative Legal Guar Provider Specificatio		
<b>Provider Category</b>	Provider Type Title	
Agency	Program Approved Service Agency	
C-1/C	articipant Services C-3: Provider Specification	ons for Service
Service Type: C Service Name: 0	Other Service Community Connector	
Provider Category: Agency Provider Type:		
Program Approved S	ervice Agency	
Provider Qualification License (specify)		
Certificate (spec	cify):	

Program Approval	
Other Standard (specify):	,
Direct Care Staff: Be at least 18 years of age, have the a required forms and reports, and follow verbal and writte services in accordance with a Service Plan. Have compl guidelines. Have necessary ability to perform the requir needed to effectively interact with persons with autism.	en instructions. Have the ability to provide eted minimum training based on State training
Entity Responsible for Verification:	
Service Managers and the Autism Services Unit	
Frequency of Verification:	
annually	
ppendix C: Participant Services	
C-1/C-3: Service Specification	
Medicaid agency or the operating agency (if applicable).	tion are readily available to CMS upon request through
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Medicaid agency or the operating agency (if applicable).  rvice Type: ther Service provided in 42 CFR §440.180(b)(9), the State requests the ecified in statute.  rvice Title: emote Monitoring Service  CBS Taxonomy:  Category 1:	authority to provide the following additional service no Sub-Category 1:
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Medicaid agency or the operating agency (if applicable).  rvice Type: ther Service provided in 42 CFR §440.180(b)(9), the State requests the ecified in statute.  rvice Title:  emote Monitoring Service  Category 1:  10 Other Mental Health and Behavioral Services  Category 2:	authority to provide the following additional service not sub-Category 1:  10030 crisis intervention  Sub-Category 2:

 $\circ$  Service is included in approved waiver. There is no change in service specifications.

- O Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

#### **Service Definition** (*Scope*):

Remote monitoring GPS tracking device will assist primary caregiver in locating participants when behaviors trigger wandering. This device is an GPS monitoring device designed to provide safety and assist in finding vulnerable individuals. Primary Caregiver is responsible for usage of and have knowledge in how to work the device and associated applications related to the device.

The service will allow participant to experience more independence in their daily schedule, increase inclusion with peers, and protection during times of negative behaviors through quicker assistance in location of participant resulting in positive outcome of safety, protection and decreasing hospitalizations and institutional care due to wandering behaviors Device can be placed on the individual in a location that may be secured by the parent/guardian and either out of sight or visible depending on the individual's needs as outlined in the plan of care. When in the community settings, primary caregiver will have the ability to locate individual when wandering behaviors occur and reduce reliance on paid staff supervision or assistance."

Plan of care must state need for remote monitoring due to wandering history or risk prior to the utilization of the service, must have a plan in place of when to use monitor and what steps are being utilized to decrease wandering behaviors. The Person-Centered Plan of Care is where it will state the history of wandering and the steps that have been taken in the past to prevent these behaviors.

Primary caregiver will have ultimate authority on when device is needed for participant and who needs to be aware of the monitor being used. Service Plan will also have written back-up plan due to failure of equipment. The state will have a statement within policy stating that "privacy of the individual MUST be respected at all times" in addition the device can be attached on the inside of clothing or in a pocket so only who the family informs will know the device is being used. It is the parents'/guardians' responsibility to ensure child's privacy.

The informed consent will be obtained from the parent when they sign the Person-Centered Plan of Care where it will state the child has a history of wandering and the steps that have been taken in the past to prevent this behavior. The second consent for the service will come on the authorization requesting the purchasing of service and device. Once the device is delivered the parents/guardians will have the ability to attach or remove the device as they see the need – no one else will have access to the placement or removal of the device and the tracking app is on the parent's/guardian's phone so they will only be able to turn on the location indicator when needed.

The device comes with instructions on removal and a help line the family can reach out to at any time if they have any questions.

Remote Monitoring Service includes:

- A) The purchase of devices.
- B) The purchase of subscription to remote monitoring system. To include startup cost and monthly subscription.
- C) Services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing GPS remote devices.
- D) A fee as a periodic service fee (e.g., monthly) for ongoing support services and/or rental associated with devices, controls, or appliances, specified in the individual support plan, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live. The device does not pinpoint an exact location where the child is but gives a location such as within the school or at identified therapy building not if sitting at desk or in the bathroom.

The device is a non-removable device that is attached to the clothing (where placed is up to the parents) and is only removed when device is released using a dedicated key.

This service will be reviewed quarterly by the families Person Centered team – team will discuss if plan is working to address the concern or wandering and if there is a noted decrease in behavior. This will be documented on the plan.

Team will discuss with family how they are utilizing the device and how often it is being used and any difficulties with device during team meetings. If family is not utilizing the device after a period, then the service will be discontinued.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

This service is not covered through Assistive Technology Service.

Participant must have a history of wandering prior to approval of service. This service/device must be listed on the plan of care.

Service Delivery Method (check each that applies):
Participant-directed as specified in Appendix E
Provider managed
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person
Relative
Legal Guardian
Provider Specifications:
Provider Category Provider Type Title
Agency vendor provider
Annondia C. Porticinant Sarvices
Appendix C: Participant Services  C-1/C-3: Provider Specifications for Service
C-1/C-3: Frovider Specifications for Service
Service Type: Other Service
Service Name: Remote Monitoring Service
Provider Category: Agency
Provider Type:
vendor provider
Provider Qualifications License (specify):
License (spectyy).
Certificate (specify):
Other Standard (specify):
Families and their service managers identify appropriate need for GPS device within the participant's service plan to include history of behaviors that would indicate a need for GPS tracking device. An authorization is developed by the Service manager - signed by the legal decision maker, and service manager. Once authorization is approved - The legal decision maker will obtain the assistive technology supplies from a vendor with the assistance of the autism unit staff. The purchase must be the item approved in the Participant Service Plan and be within approved amount.
Verification of Provider Qualifications Entity Responsible for Verification:
Service Managers and the Autism Services Unit
Frequency of Verification:
annually and every 6 months.

# **Appendix C: Participant Services**

C-1: Summary of Services Covered (2 of 2)

b. Provision of Case Management Services to Waiver Participants. Indicate how case management is furnished to waive participants (select one):	r
O Not applicable - Case management is not furnished as a distinct activity to waiver participants.	
• Applicable - Case management is furnished as a distinct activity to waiver participants. Check each that applies:	
As a waiver service defined in Appendix C-3. Do not complete item C-1-c.	
As a Medicaid state plan service under §1915(i) of the Act (HCBS as a State Plan Option). Complete item C-1-c.	
As a Medicaid state plan service under §1915(g)(1) of the Act (Targeted Case Management). Complete ite C-1-c.	m
☐ As an administrative activity. Complete item C-1-c.	
As a primary care case management system service under a concurrent managed care authority. Comple item C-1-c.	te
c. Delivery of Case Management Services. Specify the entity or entities that conduct case management functions on behal of waiver participants:	f
Appendix C: Participant Services	
C-2: General Service Specifications (1 of 3)	
a. Criminal History and/or Background Investigations. Specify the state's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):	
O No. Criminal history and/or background investigations are not required.	

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

• Yes. Criminal history and/or background investigations are required.

Criminal background checks must be conducted on all prospective contractors who may have access to individuals served. When prospective employees have lived in North Dakota for less than five consecutive years, a national criminal record check is obtained. When prospective employees have lived in the state for more than five years, only a state criminal record check is required.

Employees hired by families for Respite care have background checks completed by the Fiscal Agent. An employee who is providing self-directed respite must submit a background check application to the fiscal agent but will be allowed to start providing service BEFORE receiving the results of the background check. In the event there is a hit on the employee's background check, the results will go to the employer of record and that employee must stop working immediately.

For agency staff the background check of staff must be submitted to MMIS upon enrollment and reenrollment. This documentation is also required to be provided upon audit of service.

Upon annual application for contract renewal, the agency submits a listing of each current employee with any new criminal convictions, the date of conviction, and the nature of the offence. If the offence is a direct bearing offence, the appropriate contract or family is notified by the State Autism Coordinator that the employee cannot provide services to the participant.

An employee who is providing self-directed respite must submit a background check application to the fiscal agent but will be allowed to start providing service BEFORE receiving the results of the background check. In the event there is a hit on the employee's background check, the results will go to the employer of record and that employee must stop working immediately.

- **b. Abuse Registry Screening.** Specify whether the state requires the screening of individuals who provide waiver services through a state-maintained abuse registry (select one):
  - O No. The state does not conduct abuse registry screening.
  - Yes. The state maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

Autism Services policy also requires that providers conduct a check of the Child Abuse and Neglect Registry for each employee hired. The Child Abuse and Neglect Registry is maintained by the ND Department of Human Services Children and Family Services Division. An abuse registry is not maintained specifically for providers of waiver services. Abuse Registry checks are required for any individual that is working directly with family – service manager, respite workers (both self-directed and agency). This process is included in the good to go background checks completed by the fiscal agent and within the hiring process within agencies.

# **Appendix C: Participant Services**

C-2: General Service Specifications (2 of 3)

Note: Required information from this page is contained in response to C-5.

**Appendix C: Participant Services** 

C-2: General Service Specifications (3 of 3)

d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under state law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the state, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. Select one:

•	No. The state does not make payment to legally responsible individuals for furnishing personal care or similar services.				
0	Yes. The state makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.				
	Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) state policies that specify the circumstances when payment may be authorized for the provision of <i>extraordinary care</i> by a legally responsible individual and how the state ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. <i>Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the state policies specified here.</i>				
	Self-directed				
	☐ Agency-operated				
state	ner State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify e policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above policies addressed in Item C-2-d. <i>Select one</i> :				
0	The state does not make payment to relatives/legal guardians for furnishing waiver services.				
	relative/guardian is qualified to furnish services.				
	Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.				
	Relatives who are not legal guardians, over the age of 18 and not living in the same home, as the eligible consumer may be paid for providing waiver services if they meet all other requirements. The state only will pay a relative if they are over the age of 18 and not living in the home. The state does not pay legal guardians for completion of services.				
	State does not pay legal guardians so there is no circumstance or method for determination. For relative – Respite - within the enrollment process with the fiscal agent they would provide proof of residence and proof of age. If agency is hiring the provider, then it would be their responsibility to ensure the provider is not living within the home and is over the age of 18.				
	The controls in place are: the completed authorization that reflects the services listed on the Participant Care Plan are signed by the parent/ legal guardian this is then entered into MMIS by the Human Service Program Specialist – the claim will match up against the participant Medicaid enrollment followed by the service auth if units are over they will not pay and if procedure code is not listed it will not pay.				
0	Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-1/C-3.				
	Specify the controls that are employed to ensure that payments are made only for services rendered.				
0	Other policy.				
	Specify:				

**f. Open Enrollment of Providers.** Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

Anyone who meets the requirements identified in the Participant Service Plan and provider qualifications listed by service may be hired by the family. Providers have access to enrollment process on line and there is a link to the enrollment from the autism web page, or the can contact the autism service and we will assist them through the process. http://www.nd.gov/dhs/info/mmis.html. This information is also listed on the web page: http://www.nd.gov/dhs/info/mmis.html. There are no timeframes for provider enrollment – the state will work with provider throughout the process and approval is based on how soon the provider completes the paperwork and submits followed by verifications.

# **Appendix C: Participant Services**

# **Quality Improvement: Qualified Providers**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

#### i. Sub-Assurances:

a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

# **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

# **Performance Measure:**

# % of providers that initially meet required licensure/certification standards and adhere to other standards prior to furnishing waiver services.N# of providers that initially meet required licensure/certification standards and adhere to other standards prior to furnishing waiver services.Dprovider applicants who are required to meet licensure/certification standards and adhere to other standards

Data Source (Select one):

Other

If 'Other' is selected, specify:

**Provider Data Base** 

data collection/generation (check each that applies):	collection/generation (check each that applies):		(check each that applies):
State Medicaid Agency  Weekly			⊠ 100% Review
Operating Agency	☐ Monthly		Less than 100% Review
☐ Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually		Stratified Describe Group:
	⊠ Continu Ongoin		Other Specify:
	Other Specify:		
Data Aggregation and Analysis:  Responsible Party for data  aggregation and analysis (check each that applies):			data aggregation and k each that applies):
State Medicaid Agency		□ Weekly	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		Quarter	ly
Other Specify:		Annually	

Responsible Party for data aggregation and analysis (that applies):			f data aggregation and ek each that applies):
		□ Continu	ously and Ongoing
		Other Specify:	
adhere to other standards providers that continually	prior to furnis meet the requ ng waiver ser	shing waiver s ired lic./cert. vices. D:total	standards and adhere to other number of existing providers
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify	:		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =
Other Specify:	⊠ Annual	ly	Stratified Describe Group:
	Continu Ongoin	ously and	Other Specify:

Other	
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
<b>☒</b> State Medicaid Agency	□ Weekly
Operating Agency	Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	★ Annually
	☐ Continuously and Ongoing
	Other Specify:

b. Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

## **Performance Measure:**

Number and percent of all new non-licensed/non-certified providers that adhere to waiver requirements. N: All new non-licensed/non-certified providers that adhere to waiver requirements. D: All new non-licensed/non-certified providers.

**Data Source** (Select one): **Other** If 'Other' is selected, specify: **Report from Fiscal Agent** 

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:  Semi-annually (every 6 months)	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly

that

Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):
Other Specify:		⊠ Annuall	y
		□ Continu	ously and Ongoing
		Other Specify:	
_	umber of exis ents. D: Total	ting non-licen	ified providers that adhere to sed/non-certified providers th isting non-licensed/non-
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthly	y	Less than 100% Review
Sub-State Entity	□ Quarter	rly	Representative Sample Confidence Interval =
Other Specify:	<b>⊠</b> Annually		Stratified Describe Group:

	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):
<b>☒</b> State Medicaid Agency	y	□ Weekly	
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify:		⊠ Annually	y
		Continue	ously and Ongoing
		Other Specify:	

c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

## **Performance Measure:**

Number and percent of provider agencies, whose staff complete state required training in accordance with state requirement and the approved waiver. N: Number of provider agencies, whose staff complete state required training in accordance with state requirement and the approved waiver. D: All provider agencies.

Data Source (Select one):

**Provider performance monitoring** 

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		⊠ 100% Review	
Operating Agency	☐ Monthl	y	Less than 100% Review	
☐ Sub-State Entity	⊠ Quarter	rly	Representative Sample Confidence Interval =	
Other Specify:	☐ Annually		Stratified Describe Group:	
	Continu Ongoin	ously and	Other Specify:	
	Other Specify:			
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (that applies):	1		data aggregation and k each that applies):	
X State Medicaid Agenc	ey .	□ Weekly		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	⊠ Quarterly	
Other Specify:	Annually	
	☐ Continuously and Ongoing	
	Other Specify:	

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

It is the responsibility of State staff to address individual problems which are resolved through various methods which may include but are not limited to providing one-on-one technical assistance or amending the contract. Documentation is maintained by the State that describes the remediation efforts. The care plan is viewed by the Central Office Administrator and any additional training is reviewed to ensure completion and not a need for more holistic solutions. Identified areas of need are then discussed with Central Office Administrator and Director of Managed Care and Children's Services to determine if the individual problem represents a systemic problem that requires more holistic solutions.

Program logs are completed by case managers and provide an update of the progress being made towards goals stated within the care plan. These logs include updates/ completion dates/ any contacts made to family or providers. This is the document that holds the progress of the team. An example would be if a goal or task within the care plan states the respite staff would have CPR training then the program log would have the progress history of getting this completed. The date the staff received CPR training, how this was verified or if the CPR training were postponed the reason why would be stated and the plan to complete the task of having Respite staff CPR trained. These logs are held within individual case files by the case manager and sent to the department monthly.

## ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>☒</b> State Medicaid Agency	□ Weekly
Operating Agency	Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	☐ Annually
	<b>区ontinuously and Ongoing</b>
	Other Specify:
methods for discovery and remediation related to the assu $\begin{tabular}{c} \bullet \\ No \\ O \\ Yes \end{tabular}$	Improvement Strategy in place, provide timelines to design rance of Qualified Providers that are currently non-operational. Tied Providers, the specific timeline for implementing identified in.
pendix C: Participant Services	
C-3: Waiver Services Specifications on C-3 'Service Specifications' is incorporated into Section C	C-1 'Waiver Services.'

Section C-3 'S

# **Appendix C: Participant Services**

# C-4: Additional Limits on Amount of Waiver Services

- a. Additional Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (select one).
  - Not applicable- The state does not impose a limit on the amount of waiver services except as provided in Appendix
  - O **Applicable** The state imposes additional limits on the amount of waiver services.

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; (f) how participants are notified of the

Limit(s) on Set(s) of Services. There is a limit on the maximum dollar amount of waiver services that is authorized for one or more sets of services offered under the waiver.  Furnish the information specified above.
Prospective Individual Budget Amount. There is a limit on the maximum dollar amount of waiver servauthorized for each specific participant.  Furnish the information specified above.
<b>Budget Limits by Level of Support.</b> Based on an assessment process and/or other factors, participants a assigned to funding levels that are limits on the maximum dollar amount of waiver services. Furnish the information specified above.
Other Type of Limit. The state employs another type of limit.  Describe the limit and furnish the information specified above.

# Appendix C: Participant Services

# C-5: Home and Community-Based Settings

Explain how residential and non-residential settings in this waiver comply with federal HCB Settings requirements at 42 CFR 441.301(c)(4)-(5) and associated CMS guidance. Include:

- 1. Description of the settings and how they meet federal HCB Settings requirements, at the time of submission and in the future.
- **2.** Description of the means by which the state Medicaid agency ascertains that all waiver settings meet federal HCB Setting requirements, at the time of this submission and ongoing.

Note instructions at Module 1, Attachment #2, <u>HCB Settings Waiver Transition Plan</u> for description of settings that do not meet requirements at the time of submission. Do not duplicate that information here.

The settings will be presumed to fully comply with all of the HCB Settings regulatory requirements. Service Mangers will assure the setting is meeting the HCB Setting requirements during the home visits that are conducted twice a year, and document this on the plan of care.

Assistive Technology -Equipment and supplies to help people live more independently within their private home.

Respite Short-term relief provided to full-time caregivers. - Respite is limited to 20, 40 or 60 hours per month based on the level of support. Provided within the private home of individual with EVV requirements.

Service Management - An individualized process that assesses a participant's needs, explores service options, determines eligibility, and provides a link between community resources and qualified service provider with the goal of remaining within their private home.

Community Connector – provided in the community to provide a short break for the legal caregiver to maintain the individual within their personal home.

Remote Monitor Service – The device is placed on the participant – The device can be covered or within sight per choice and comfort of the participant.

Ongoing monitoring of services is provided through Participant service plan stating location of service and participant choice of service/ location.

# **Appendix D: Participant-Centered Planning and Service Delivery**

# D-1: Service Plan Development (1 of 8)

State Participant-Centered Service Plan Title	State 1	Partici	pant-C	entered	<b>Service</b>	Plan	<b>Title</b>
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Participant	Service Plan
_	<b>Donsibility for Service Plan Development.</b> Per 42 CFR §441.301(b)(2), specify who is responsible for the lopment of the service plan and the qualifications of these individuals ( <i>select each that applies</i> ):
	Registered nurse, licensed to practice in the state
	Licensed practical or vocational nurse, acting within the scope of practice under state law
	Licensed physician (M.D. or D.O)
X	Case Manager (qualifications specified in Appendix C-1/C-3)
	Case Manager (qualifications not specified in Appendix C-1/C-3).  Specify qualifications:
	Social Worker Specify qualifications:
	Other Specify the individuals and their qualifications:

# Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (2 of 8)

b. Service Plan Development Safeguards. Select one:

- O Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.
- Entities and/or individuals that have responsibility for service plan development may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. *Specify:* 

Currently the agencies that provide service management services may also provide agency respite service to the identified participant. Currently the state of North Dakota has eight agencies providing Autism Service Management - these service managers have at a minimum a four year degree, two years experience working with children with an autism or related conditions and a certification/designation of expertise in Autism. Due to the geographic landscape of the state the only willing and qualified providers of Autism Case Management are the same entities that also provide respite services.

The agency that is providing this service also provide the service of agency respite, the service manager is not allowed to provide respite services. families are informed of their options to self direct or utilize an agency respite. The additional dispute resolution can be found on the brochure families receive yearly during the Level of Care process, families are also given the Protection and Advocacy contact information.

(If you are receiving service of Service Management AND Respite by the same agency and you are uncomfortable reporting any problems/ concerns to your Service Manager, the State Autism office is available to you at 1/800-755-2604 or 1-701-328-4630 to assist you in addressing your problems/ concerns.

You also have the option of contacting Protection & Advocacy to assist you at 800-472-2670)

Upon a participant being found eligible for the waiver, the legal decision maker is informed of the two options of respite available (self-directed or agency) to them, and of the choice to have a agency respite providing service management as their provider of respite, or they can choose another provider for the respite. This discussion is completed by the State Autism Coordinator, initially, and addressed annually while completing the participant plan of care. Families receive a brochure on their Freedom of Choice and Rights within the program (families must sign off that they receive this brochure at the annual Participant Service Plan meeting.)

The legal decision maker always has a choice of who will provide Service Management and/or respite and are also give information on who they can talk to if they do not feel comfortable talking to their service manager about their concerns.

All Participant Service Plans/ authorizations of service are sent to the State Autism Coordinator to authorize and enter into MMIS for payment. A plan is not considered approved until it is authorized by the State Autism Coordinator. All PSP must be sent to the state for final approval. Service manager and legal guardian must sign the plan. the state reviews the plan and ensure the authorization reflect the needs of the waiver service.

The plan must be signed by the legal decision maker, service manager and anyone else that is present at the meeting. the authorization of services is also signed by the legal decision maker and service manager along with the State Autism Coordinator to be determine approved. Authorizations are completed four time a year. The services must be listed on the PSP that is sent into the state for approval. Authorizations are reviewed quarterly by legal decision maker and service manager to ensure they meet the needs of the participant and that the service is rendered and meeting the need stated on the participants service plans.

Plans are fully reviewed at a minimum of twice a year with service management annual and then at 6 months. Auths are completed every three months to ensure the authorized service is meeting the need listed on plan. If service is not then plan is updated per requirement if service is not meeting need the plan must be reviewed.

The safeguards in place are upon acceptance into the program the family talks with the State Program Administrator about the provider options for Service Management and what services are available through the waiver. Family is also given a brochure that explains their rights to choose providers and to change providers, this brochure is given to families initially and then annually at time of Level of Care renewal. The PSP also has the participant mark off they have chosen the listed providers and are aware they can change things by contacting their Service Manager.

Within this brochure are the steps participants can take to resolve disputes from talking with their service manager to contacting the state office to reaching out to Protection and Advocacy for assistance. Also within the PSP the participant marks they are aware they can appeal and the address of where to appeal is stated. On the authorization the process for appeal is listed.

Rights brochure states one of the responsibilities of the Service Manager provider is to not allow the service manager to complete any other service for the Participant. Providers are also reminded about this by the State during training.

# Appendix D: Participant-Centered Planning and Service Delivery

# D-1: Service Plan Development (3 of 8)

**c. Supporting the Participant in Service Plan Development.** Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

The SM informs the participant and family of their involvement in the development of the Participant Service Plan, and their right to choose who can be involved in the assessment and program plan development. The participant and their family also are given the opportunity to choose the time and location of meetings, and the makeup of team membership. The participant receives a brochure that explains each of the waiver services. also, a Rights and Responsibility brochure that explains what to expect to include how to request a fair hearing.

# **Appendix D: Participant-Centered Planning and Service Delivery**

# D-1: Service Plan Development (4 of 8)

d. Service Plan Development Process. In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

The Vineland 3 is completed before the time of assessment to help identify the individual's specific areas of strengths and needs. The Service Manager (SM) initiates the Participant Service Plan development at the time of enrollment with the family. A Risk Assessment within the Participant Service Plan is also completed with the family to identify potential risks to the individual and how the risks are currently being addressed. The SM assists the family in identifying outcomes (what is important to the individual, what it is they want and why) and also informs the family of Medicaid funded services that may assist them in achieving their identified outcomes and assist in the referral and access to services. The SM explains and provides written information to the family regarding institutional vs. home and community based services; waiver options; and roles and responsibilities of self-directing supports. The SM documents the individual's identified outcomes and requested services in the Participant Service Plan. The Participant Service Plan also includes other services, including the amount and frequency, and other supports the individual is currently receiving, regardless of funding source. The family is given their choice of waiver services. If the individual is denied a choice of HCBS services, the family/legal guardian is informed of their opportunity to request a Fair Hearing.

A Participant Service Plan is developed before waiver services are authorized and at least annually thereafter (year minus one day). The Participant Service Plan is developed to identify the needs of the participant and to devise ways to meet those needs. The team includes the family, family members, friends or advocates chosen by the participant, and SM. Staff members who work most closely with the participant providing direct support and care and know the participant best may also be invited to participate. The planning meetings are scheduled at times and locations convenient to the participant/participant's family. The Participant Service Plan is finalized by the SM and when approved by the family, distributed to team members. The SM completes the preauthorization of home and community-based services, parents sign (electronic signatures are acceptable), this is approved by the State Autism Coordinator prior to being entered in the MMIS payment system for billing purposes, this process is completed four times per year at a minimum. The following rights are printed on the Participant Service Plan and the signature/initials where indicated by the legal decision maker, on the Participant Service Plan indicates that they have an understanding of the following: a) received a copy of their rights and understand them; b) been informed of their right to request a change of SM; c) been informed of Protection and Advocacy Services; d) been informed of their right to select institutional services or waiver services (if the ICF/IID level of care is met); e) been informed of their right to a choice of service provider(s); f) received information regarding their right to appeal; g) are in agreement with the services listed on the Participant Service Plan; h) understand that for services requiring Title XIX funding, they must maintain Medicaid eligibility or private pay for those services.

The SM is responsible for in depth monitoring that will consist of two face-to-face home visits per year with the waiver participant and contact with the family every 90 days (the two-home visit are part of these contacts) to review quality and satisfaction with services, to assure services are delivered as required and remain appropriate for the individual. In depth monitoring by the SM also includes review of individual records, provider progress notes regarding significant events contained in the monthly update, review of incident reports from the quarter and verification that recommendations generated to prevent reoccurrence were implemented and effective. The SM shares the results and findings of the monitoring with the family and service provider(s). Identified areas of concern are addressed in the Participant Service Plan developed by the team.

The Participant Service Plan is updated at least annually (one year minus one day). The SM submits this information to the State Autism Coordinator who is responsible for final review and completed the ICF/IID Level of Care screen that is entered into the Medicaid payment system.

Electronic signatures are accepted on the plan and authorizations.

In addition, the Participant Service Plan is reviewed at least quarterly and updated if progress has not been made, towards measurable outcomes. The Participant Service Plan is also reviewed and updated when there is a significant change in the participant's needs due to change in the health or mental status of the participant; as goals and objectives are realized, or when a participant services change. The family and any team member can request a team meeting for Participant Service Plan revisions.

Prior to each annual plan, the SM reviews the rights information with the family, which includes their right to choose among and between waiver services, qualified providers and their right to appeal if they are denied the choice of services or provider.

**e. Risk Assessment and Mitigation.** Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

The SM completes the risk assessment with the family at the time completion of Participant Service Plan. Mitigation strategies are incorporated for each identified risk into the plan. The risk assessment is updated at least annually or whenever the status of the participant warrants a change in the plan to assure that all risks are identified and mitigation strategies are developed, documented, and implemented. The family is involved the plan development process and will have the opportunity to approve the plan, including risk prevention and mitigation activities prior to implementation of the plan. The risk assessment addresses the need to develop an effective, individualized back up plan to be incorporated into the Participant Service Plan.

Backup plans are such things as who to contact if parents are unavailable, how to handle certain behaviors, what are the best ways to calm the participant.

Back up plans that are part of the Participant Service Plan are reviewed annually to ensure continued effectiveness and to determine if identified individuals are still appropriate to respond when and if needed. If backup plan is utilized the participants team will review how it was used and if it was effective. If it is determined to not be effective team will develop a more effective plan at that time.

## **Appendix D: Participant-Centered Planning and Service Delivery**

# D-1: Service Plan Development (6 of 8)

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

The SM shares information regarding local staff recruitment options and material specifically developed for self-directed supports. Participants and their legal decision makers are given a list of qualified providers of waivered services upon waiver enrollment and prior to their Participant Service Plan, as well as on an as needed basis. SMs assist the participant, and their legal decision makers, in meeting with providers selected by the participant and their legal decision makers.

### **Appendix D: Participant-Centered Planning and Service Delivery**

#### D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

All Participant Service Plan are submitted along with the service authorizations to the State Autism Coordinator for signature and approval by the service manager.

The State Autism Coordinator serves as a representative of the Medicaid agency, as they are an employee of the Department of Health & Human Services.

### **Appendix D: Participant-Centered Planning and Service Delivery**

# **D-1: Service Plan Development (8 of 8)**

**h. Service Plan Review and Update.** The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review and update of the service plan:

• Every three months or more frequently when necessary
O Every six months or more frequently when necessary
O Every twelve months or more frequently when necessary
Other schedule
Specify the other schedule:
. Maintenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following (check each that applies):  Medicaid agency  Medicaid agency
Operating agency
☐ Case manager
□ Other
Specify:

# Appendix D: Participant-Centered Planning and Service Delivery

# **D-2: Service Plan Implementation and Monitoring**

**a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The SM is responsible for monitoring the implementation of the Participant Service Plan and the health and welfare of the participant. The participant's family and SM prepare a Participant Service Plan describing the way in which services will be carried out. The family is responsible to oversee the day-to-day implementation of the Participant Service Plan, and access to non-waiver services including health services.

The team reviews the Participant Service Plan quarterly. The SM is responsible for in depth monitoring that will consist of a face-to-face visit, at a minimum of two per year within quarters that are not side by side. (i.e., 1st and 3rd quarter not 1st and 2nd quarter of the year), with the waiver participant and a contact with the family every 90 days, to review quality and satisfaction with services, to assure services are delivered as required and remain appropriate for the individual. In depth monitoring by the SM will also include of review of individual records, provider progress notes regarding significant events contained in the monthly update, review of incident reports from the quarter and verification that recommendations generated to prevent reoccurrence were implemented and effective. The SM will share the results and findings of the monitoring bi-annually with the family and service provider(s) at the time of the Participant Service Plan review visit. Identified areas of concern will be addressed in an action plan developed within the Participant Service Plan by the service providers and SM. Back up plans that are part of the Participant Service Plan are reviewed annually to ensure continued effectiveness and to determine if identified individuals are still appropriate to respond when and if needed. If backup plan is utilized the participants team will review how it was used and if it was effective. If it is determined to not be effective team will develop a more effective plan at that time.

The Participant Service Plans are updated at least annually (one year minus one day). In addition, the plan will be reviewed at least quarterly and updated if progress has not been made, towards measurable outcomes. The Participant Service Plan reviews and updates when there is a significant change in the individual's needs due to change in the health or mental status of the individual; as goals and objectives are realized, or when an individual is moved from one setting to another or to another service. The family and any team member can request a team meeting for Participant Service Plan revisions. All services involved with the participant are listed on the Participant Service Plan for formal and informal, participants team reviews all service to ensure they are meeting the need of the individual and adjust or change services if not meeting the needs of the individual. SM can to assist family in identifying options to address identified needs to include health services.

Prior to each annual Participant Service Plan, the SM will review the rights information with the family, which includes their right to choose among and between waiver services, qualified providers and their right to appeal if they are denied the choice of services or provider.

#### b. Monitoring Safeguards. Select one:

- Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
- O Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:* 

-			

### **Appendix D: Participant-Centered Planning and Service Delivery**

**Quality Improvement: Service Plan** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Service Plan Assurance/Sub-assurances

The state demonstrates it has designed and implemented an effective system for reviewing the adequacy of service plans for waiver participants.

#### i. Sub-Assurances:

a. Sub-assurance: Service plans address all participants assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

# and % of Participant Service Plans that include strategies to address needs including health / safety risk factors and mitigate risks identified through the assessment process. N: Total number of participant service plans that include strategies to address needs including health /safety risk factors and mitigate risks identified through the assessment process. D: Total number of plans reviewed.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Secure electronic data system

**Responsible Party for** Frequency of data Sampling Approach data collection/generation (check each that applies): collection/generation (check each that applies): (check each that applies): X ☐ Weekly **⊠** 100% Review **State Medicaid** Agency Less than 100% **□** Operating Agency Review ☐ Sub-State Entity ☐ Representative ☐ Ouarterly Sample Confidence Interval = Other Annually ☐ Stratified Specify: Describe Group: **S** Continuously and ☐ Other **Ongoing** Specify:

	Other Specify	:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (	1	Frequency o analysis(chec		_
that applies):  State Medicaid Agence		□ Weekly		, applies).
Operating Agency		☐ Monthly	y	
☐ Sub-State Entity		Quarter	·ly	
Other Specify:		⊠ Annuall	Jy	
		Continuously and Ongoing		
		Other Specify:		
Performance Measure: Number and % of Participa Participant Service Plans a			- ·	O
Data Source (Select one): Other If 'Other' is selected, specify: Secure electronic data system				
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/get (check each i	eneration		g Approach ch that applies):
State Medicaid Agency	□ Weekly		× 100%	% Review

☐ Operating Agency	☐ Monthl	y	Less than 100% Review		
□ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	Annual	ly	Stratified Describe Group:		
	Continuously and Ongoing		Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:					
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):		
<b>X</b> State Medicaid Agenc	y	□ Weekly			
Operating Agency		☐ Monthly	,		
☐ Sub-State Entity		Quarter	ly		
Other Specify:		⊠ Annuall	y		
		Continu	ously and Ongoing		
		Other Specify:			

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):

b. Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participants needs.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of Participant Service Plans that are updated annually or reviewed/updated based on a participant's changing needs. N:Number of PSP's updated annually or reviewed / updated based on a participant's changing needs D: Total number of PSPs.

**Data Source** (Select one): **Other** 

If 'Other' is selected, specify:

Secure electronic data system

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	☐ Weekly	⊠ 100% Review

Operating Agency	☐ Monthl	y	Less than 100% Review		
□ Sub-State Entity	□ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	☐ Annually		Stratified Describe Group:		
	⊠ Continu Ongoin	ously and	Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each analysis(check each that applies):					
that applies):		J(			
State Medicaid Agenc	y	□ Weekly			
Operating Agency		☐ Monthly	,		
☐ Sub-State Entity		Quarter	ly		
Other Specify:		⊠ Annuall	y		
		Continu	ously and Ongoing		
		Other Specify:			

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):

d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

# and % of waiver participants receiving waiver services as specified on the service plan to include type, scope, amount, duration and frequency as verified by claims data review. N:number of waiver participants receiving waiver services as specified on the service plan to include type, scope, amount, duration and frequency as verified by claims data review. D:total number of waiver participants.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Secure Electronic Data base- claims reports

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	X 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other	⊠ Annually	☐ Stratified

Specify:

Describe Group:

	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	1		data aggregation and k each that applies):
<b>☒</b> State Medicaid Agenc	y	□ Weekly	
☐ Operating Agency ☐ Sub-State Entity		☐ Monthly	
Other Specify:		Annually	
		Continu	ously and Ongoing
		Other Specify:	

e. Sub-assurance: Participants are afforded choice: Between/among waiver services and providers.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to

analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of participants given a choice of waiver services and providers. N: total number of waiver participants given a choice of waiver services and providers. D: total number of waiver participants.

**Data Source** (Select one): **Record reviews, off-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

	Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
	<b>IX</b> State Medicaid Agency	□ Weekly	
	Operating Agency	☐ Monthly	
	☐ Sub-State Entity	Quarterly	
	Other Specify:	★ Annually	
		☐ Continuously and Ongoing	
		Other Specify:	
b. Methods for i. Descri	o discover/identify problems/issues within the control of the cont	essary additional information on the strategies of the waiver program, including frequency and partial problems as they are discovered. Include infoods for problem correction. In addition, providences.	ties responsible.
	ervice manager is responsible to address unmass the requirements set forth by the State.	nitigated needs and assure that the participant se	rvice plan
the se imple	rvice manager, discussion with the participan	ce manager, the state autism coordinator includent's legal guardian(s), a record review of program and consumer satisfaction. Participant services	m
	diation Data Aggregation diation-related Data Aggregation and Ana	lysis (including trend identification)	
	sponsible Party(check each that applies):	Frequency of data aggregation and analysic (check each that applies):	S
$\boxtimes$	State Medicaid Agency	□ Weekly	
	Operating Agency	Monthly	
	Sub-State Entity	Quarterly	
	Other	⊠ Annually	

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
Specify:	
	☐ Continuously and Ongoing
	Other Specify:
methods for discovery and remediation related to the assur $igodots_{No}$ $igodots_{Yes}$	e Plans, the specific timeline for implementing identified

# **Appendix E: Participant Direction of Services**

**Applicability** (from Application Section 3, Components of the Waiver Request):

- Yes. This waiver provides participant direction opportunities. Complete the remainder of the Appendix.
- O **No. This waiver does not provide participant direction opportunities.** Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

**Indicate whether Independence Plus designation is requested** (select one):

- O Yes. The state requests that this waiver be considered for Independence Plus designation.
- No. Independence Plus designation is not requested.

#### **Appendix E: Participant Direction of Services**

E-1: Overview (1 of 13)

**a. Description of Participant Direction.** In no more than two pages, provide an overview of the opportunities for participant direction in the waiver, including: (a) the nature of the opportunities afforded to participants; (b) how participants may take advantage of these opportunities; (c) the entities that support individuals who direct their services and the supports that they provide; and, (d) other relevant information about the waiver's approach to participant direction.

Self-directing opportunities are available in Respite and Assistive Technology, tutoring and social activities. Participants determine the vendors/providers from whom they purchase services and supports. Participants have the opportunity to determine their priorities within the waiver budget limitations. SMs and the Fiscal Agent staff support participants as they self-direct. Information regarding risk and responsibility involved in self- direction, recommendations and considerations when selecting a vendor is provided in writing for participants and the material is reviewed with them. Guidance regarding key decisions and assistance in prioritizing needs is also offered.

The support provided by SM is the explanation of service and assistance with enrollment into the Fiscal agent if needed. Possibly the assistance of problem solving if error consistently occurs, and participant and family are having difficulty. Also, if need be, SM can be a mediator between Participant and fiscal agent.

Fiscal Agent assists family in understanding enrollment, payroll requirements and balances to include disputes.

# **Appendix E: Participant Direction of Services**

**E-1: Overview** (2 of 13)

- **b. Participant Direction Opportunities.** Specify the participant direction opportunities that are available in the waiver. *Select one*:
  - O Participant: Employer Authority. As specified in *Appendix E-2, Item a*, the participant (or the participant's representative) has decision-making authority over workers who provide waiver services. The participant may function as the common law employer or the co-employer of workers. Supports and protections are available for participants who exercise this authority.
  - O **Participant: Budget Authority.** As specified in *Appendix E-2, Item b*, the participant (or the participant's representative) has decision-making authority over a budget for waiver services. Supports and protections are available for participants who have authority over a budget.
  - **® Both Authorities.** The waiver provides for both participant direction opportunities as specified in *Appendix E-2*. Supports and protections are available for participants who exercise these authorities.
- c. Availability of Participant Direction by Type of Living Arrangement. Check each that applies:

<u> </u>	Participant direction opportunities are available to participants who live in their own private residence or the home of a family member.
	Participant direction opportunities are available to individuals who reside in other living arrangements where services (regardless of funding source) are furnished to fewer than four persons unrelated to the proprietor.
	The participant direction opportunities are available to persons in the following other living arrangements
	Specify these living arrangements:

# **Appendix E: Participant Direction of Services**

**E-1:** Overview (3 of 13)

...

- **d. Election of Participant Direction.** Election of participant direction is subject to the following policy (select one):
  - O Waiver is designed to support only individuals who want to direct their services.
  - O The waiver is designed to afford every participant (or the participant's representative) the opportunity to elect to direct waiver services. Alternate service delivery methods are available for participants who decide not to direct their services.
  - The waiver is designed to offer participants (or their representatives) the opportunity to direct some or

all of their services, subject to the following criteria specified by the state. Alternate service delivery methods are available for participants who decide not to direct their services or do not meet the criteria.

Specify the criteria

Self-directed services consist of respite and assistive technology, Community Connector. Assistive Technology and Community Connector will solely be participant directed and Respite can be either participant or provider directed.

# **Appendix E: Participant Direction of Services**

**E-1: Overview** (4 of 13)

**e. Information Furnished to Participant.** Specify: (a) the information about participant direction opportunities (e.g., the benefits of participant direction, participant responsibilities, and potential liabilities) that is provided to the participant (or the participant's representative) to inform decision-making concerning the election of participant direction; (b) the entity or entities responsible for furnishing this information; and, (c) how and when this information is provided on a timely basis.

Participants considering Participant Directed Services, upon enrollment and annually, SMs review written information with families regarding:

- a. Describes benefits and potential liabilities associated with participant direction of services;
- b. Responsibilities of participants;
- c. Support available through SMs and the Fiscal Agent;
- d. Component of a Participant Service Plan and their responsibility in its development;
- e. Information available on the Fiscal Agent's website.

### **Appendix E: Participant Direction of Services**

**E-1: Overview (5 of 13)** 

_	ant Direction by a Representative. Specify the state's policy concerning the direction of waiver services by a ative (select one):
С	The state does not provide for the direction of waiver services by a representative.
•	The state provides for the direction of waiver services by representatives.
Spe	cify the representatives who may direct waiver services: (check each that applies):
X	Waiver services may be directed by a legal representative of the participant.
	Waiver services may be directed by a non-legal representative freely chosen by an adult participant. Specify the policies that apply regarding the direction of waiver services by participant-appointed representatives, including safeguards to ensure that the representative functions in the best interest of the participant:

# **Appendix E: Participant Direction of Services**

**E-1: Overview (6 of 13)** 

**g. Participant-Directed Services.** Specify the participant direction opportunity (or opportunities) available for each waiver service that is specified as participant-directed in Appendix C-1/C-3.

Waiver Service	Employer Authority	<b>Budget Authority</b>
<b>Community Connector</b>		X
Assistive Technology		X
Respite	X	

# **Appendix E: Participant Direction of Services**

E-1: Overview (7 of 13)

- h. Financial Management Services. Except in certain circumstances, financial management services are mandatory and integral to participant direction. A governmental entity and/or another third-party entity must perform necessary financial transactions on behalf of the waiver participant. *Select one*:
  - **O** Yes. Financial Management Services are furnished through a third party entity. (Complete item E-1-i).

Specify whether governmental and/or private entities furnish these services. Check each that applies:

- **⊠** Governmental entities
- **Private entities**
- O No. Financial Management Services are not furnished. Standard Medicaid payment mechanisms are used. *Do not complete Item E-1-i.*

### **Appendix E: Participant Direction of Services**

**E-1: Overview (8 of 13)** 

- **i. Provision of Financial Management Services.** Financial management services (FMS) may be furnished as a waiver service or as an administrative activity. *Select one*:
  - $^{ extsf{O}}$  FMS are covered as the waiver service specified in Appendix C-1/C-3

The waiver service entitled:

• FMS are provided as an administrative activity.

#### Provide the following information

i. Types of Entities: Specify the types of entities that furnish FMS and the method of procuring these services:

Contract entity.

The procuring of the FMS is determined with in the DD Division with input for the Autism waiver. This process complies with 45 CFR 74.

ii. Payment for FMS. Specify how FMS entities are compensated for the administrative activities that they perform:

Monthly fee for service.

FMS rates are based on the average usage from DD Service, Medically Fragile and Autism waiver. The Rate is relative to the service costs.

iii. Scope of FMS. Specify the scope of the supports that FMS entities provide (check each that applies):

Supports furnished when the participant is the employer of direct support workers:
Supports furnished when the participant is the employer of direct support workers.
X Assist participant in verifying support worker citizenship status
<b>区ollect and process timesheets of support workers</b>
Process payroll, withholding, filing and payment of applicable federal, state and local employment
related taxes and insurance
Other
— Other
Specify:
Provides background checks of Respite staff, and independent tutor.
Supports furnished when the participant exercises budget authority:
Maintain a separate account for each participant's participant-directed budget
X Track and report participant funds, disbursements and the balance of participant funds
Process and pay invoices for goods and services approved in the service plan
Provide participant with periodic reports of expenditures and the status of the participant-directed
budget
<b>X</b> Other services and supports
Specify:
specify.
Maintain a secure FTP that allows SMs & the Autism Services Unit to track participant's budget and
expenditures.
Additional functions/activities:
Execute and hold Medicaid provider agreements as authorized under a written agreement with the Medicaid agency
Receive and disburse funds for the payment of participant-directed services under an agreement with the Medicaid agency or operating agency
Provide other entities specified by the state with periodic reports of expenditures and the status of
the participant-directed budget
Other
Specify:

**iv. Oversight of FMS Entities.** Specify the methods that are employed to: (a) monitor and assess the performance of FMS entities, including ensuring the integrity of the financial transactions that they perform; (b) the entity (or entities) responsible for this monitoring; and, (c) how frequently performance is assessed.

The performance of the Fiscal Agent is reviewed by the SM with the family during the quarterly meeting. Any concerns are documented in the web-based database that is forwarded to the Autism Services Unit, if the issue cannot be resolved by the SM and family.

The Autism Services Unit has frequent (at least every quarter) conference calls with the Fiscal Agent to review issues identified. The authorization process prevents over payment to the Fiscal Agent as the MMIS payment system has edits that prohibits payments in excess of authorized budget limits. The Autism Services Unit monitors monthly budget program spend down reports generated through MMIS payment system and monthly contract billings for Fiscal Agent services. As outlined in the contract with the Department, the Fiscal Agent has an independent audit conduct and shares the results.

### **Appendix E: Participant Direction of Services**

#### E-1: Overview (9 of 13)

- **j. Information and Assistance in Support of Participant Direction.** In addition to financial management services, participant direction is facilitated when information and assistance are available to support participants in managing their services. These supports may be furnished by one or more entities, provided that there is no duplication. Specify the payment authority (or authorities) under which these supports are furnished and, where required, provide the additional information requested (*check each that applies*):
  - Case Management Activity. Information and assistance in support of participant direction are furnished as an element of Medicaid case management services.

Specify in detail the information and assistance that are furnished through case management for each participant direction opportunity under the waiver:

Service Managers meet with the participants and their legal guardians to review the information regarding the roles, risks, and responsibilities involved with self-directing supports. The SMs connect with the fiscal agent, provide skills needed to self-direct, assist them in locating sources of waiver goods and services and developing budget management skills.

### **□** Waiver Service Coverage.

Information and assistance in support of

participant direction are provided through the following waiver service coverage(s) specified in Appendix C-1/C-3 (check each that applies):

Participant-Directed Waiver Service	Information and Assistance Provided through this Waiver Service Coverage
Community Connector	
Assistive Technology	
Remote Monitoring Service	
Respite	
Service Management	

Administrative Activity. Information and assistance in support of participant direction are furnished as an administrative activity.

Specify (a) the types of entities that furnish these supports; (b) how the supports are procured and compensated; (c) describe in detail the supports that are furnished for each participant direction opportunity under the waiver; (d) the methods and frequency of assessing the performance of the entities that furnish these supports; and, (e) the entity or entities responsible for assessing performance:

### **Appendix E: Participant Direction of Services**

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E-1: Overview (10 of 13)

- k. Independent Advocacy (select one).
  - O No. Arrangements have not been made for independent advocacy.
  - Yes. Independent advocacy is available to participants who direct their services.

Describe the nature of this independent advocacy and how participants may access this advocacy:

Participants are informed of availability of representation from the ND Protection and Advocacy Project (P & A). If requested, the SM assists the participants in accessing services with the P & A. P & A does not furnish other direct services or perform waiver functions.

Advocacy services

P&A employs Disability Advocates across the State to represent eligible individuals with disabilities whose rights have been violated or who are being unlawfully denied access to services. The Advocate may use various methods in representing an individual including writing letters on behalf of the person, making telephone and personal contacts, participating in team meetings with school personnel or other service providers, filing a formal complaint or grievance, and assisting with communications between the individual and his/her attorney. Website: http://www.ndpanda.org/services/

# **Appendix E: Participant Direction of Services**

E-1: Overview (11 of 13)

**l. Voluntary Termination of Participant Direction.** Describe how the state accommodates a participant who voluntarily terminates participant direction in order to receive services through an alternate service delivery method, including how the state assures continuity of services and participant health and welfare during the transition from participant direction:

The SM reviews with the participant's legal decision makers the ramifications of voluntary termination. Other support options including Medicaid State Plan services and other provider-directed waiver options are explored. The SM assists the family in transition activities to assure no breaks in service. Waiver services continue during the transition period.

### **Appendix E: Participant Direction of Services**

E-1: Overview (12 of 13)

**m. Involuntary Termination of Participant Direction.** Specify the circumstances when the state will involuntarily terminate the use of participant direction and require the participant to receive provider-managed services instead, including how continuity of services and participant health and welfare is assured during the transition.

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If the roles and responsibilities identified in the Participant Service Plan are not carried out and it is directly impacting the health and safety of the participant, the SM notifies the family/legal guardian that the participant-directing services are being terminated and review their right to appeal the termination of services offered through this waiver. Other support options including Medicaid State Plan services and other provider-directed waiver services are explored. The SM assists the participant in transition activities assuring that there is no gap in services.

The Participant Agreement and the Budget Authorization for self-directed services describes circumstances under which the service is terminated. Services will continue during the transition unless there are situations that immediately impact the health and safety of the individual.

Services may be involuntarily terminated if the parent or legal guardian were unable to self-direct services which resulted in a situation that jeopardized the child's health and welfare, Medicaid fraud, the participant is no longer eligible for Medicaid, or ineligible for ICF/IID level of care.

If termination is based on Health and Welfare of the participant, then the SM is also required by law to notify Social Services of the possible danger to participant. And an independent investigation will be conducted by social services.

Any involuntary terminations must be staffed and approved by the state administration.

### **Appendix E: Participant Direction of Services**

### **E-1: Overview (13 of 13)**

n. Goals for Participant Direction. In the following table, provide the state's goals for each year that the waiver is in effect for the unduplicated number of waiver participants who are expected to elect each applicable participant direction opportunity. Annually, the state will report to CMS the number of participants who elect to direct their waiver services.

**Budget Authority Only or Budget Authority in Combination Employer Authority Only** with Employer Authority Waiver **Number of Participants Number of Participants** Year Year 1 345 Year 2 345 Year 3 345 345 Year 4 Year 5 345

Table E-1-n

# **Appendix E: Participant Direction of Services**

# E-2: Opportunities for Participant Direction (1 of 6)

- a. Participant Employer Authority Complete when the waiver offers the employer authority opportunity as indicated in Item E-1-b:
  - i. Participant Employer Status. Specify the participant's employer status under the waiver. Select one or both:

Participant/Co-Employer. The participant (or the participant's representative) functions as the co-employer
(managing employer) of workers who provide waiver services. An agency is the common law employer of
participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports
are available to assist the participant in conducting employer-related functions.

Specify the types of agencies (a.k.a., agencies with choice) that serve as co-employers of participant-selected staff:

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	articipant Decision Making Authority. When the participant has budget authority, indicate the decision-making
au	thority that the participant may exercise over the budget. Select one or more:
	Reallocate funds among services included in the budget
>	Determine the amount paid for services within the state's established limits
D	Substitute service providers
>	Schedule the provision of services
	Specify additional service provider qualifications consistent with the qualifications specified in Appendix C-1/C-3
2	Specify how services are provided, consistent with the service specifications contained in Appendix C-1/C-3
>	Identify service providers and refer for provider enrollment
>	Authorize payment for waiver goods and services
>	Review and approve provider invoices for services rendered
	Other
	Specify:

b. Participant - Budget Authority Complete when the waiver offers the budget authority opportunity as indicated in Item E-

# E-2: Opportunities for Participant-Direction (3 of 6)

b. Participant - Budget Authority

ii. Participant-Directed Budget Describe in detail the method(s) that are used to establish the amount of the participant-directed budget for waiver goods and services over which the participant has authority, including how the method makes use of reliable cost estimating information and is applied consistently to each participant. Information about these method(s) must be made publicly available.

After the participant's team meets, the SM develops the individualized budget. The budget is based on the specific support needs of the participant, generic and informal resources available, and risk of unwanted out-of-home placement. Individualized budgets identify the funds that are available for each budget line item. The amount authorized for other self-directed supports are negotiated based on anticipated costs. The employer signs all individualized authorizations to indicate their approval and acknowledge their right to appeal. All individualized authorizations are also reviewed by the State Autism Coordinator and must be approved before services can begin. All authorizations are reviewed after the quarter to audit the authorization back to the actual amount of funds utilized. This information is then considered as the next authorization is developed. Information about these methods is published in policy that is available on the Autism web page within the Department of Health & Human Services

# **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (4 of 6)

b. Participant - Budget Authority

**iii. Informing Participant of Budget Amount.** Describe how the state informs each participant of the amount of the participant-directed budget and the procedures by which the participant may request an adjustment in the budget amount.

The employer signs all individualized authorizations to indicate their approval of the projected budget and acknowledge their right to appeal.

The employer is informed of the opportunity to request a Fair Hearing when a request for a budget adjustment is denied or the amount of the budget is reduced through the Budget Authorization form. The employer signs this form before services can begin.

### **Appendix E: Participant Direction of Services**

### E-2: Opportunities for Participant-Direction (5 of 6)

- b. Participant Budget Authority
  - iv. Participant Exercise of Budget Flexibility. Select one:
    - Modifications to the participant directed budget must be preceded by a change in the service plan.
    - O The participant has the authority to modify the services included in the participant directed budget without prior approval.

Specify how changes in the participant-directed budget are documented, including updating the service plan. When prior review of changes is required in certain circumstances, describe the circumstances and specify the entity that reviews the proposed change:

# **Appendix E: Participant Direction of Services**

### E-2: Opportunities for Participant-Direction (6 of 6)

- b. Participant Budget Authority
  - **v. Expenditure Safeguards.** Describe the safeguards that have been established for the timely prevention of the premature depletion of the participant-directed budget or to address potential service delivery problems that may be associated with budget underutilization and the entity (or entities) responsible for implementing these safeguards:

The Fiscal Agent develops an on-line budget balance sheet that indicates total budget, percentage of expenditures and remaining funds. This information is available to the SMs. The employer receive the same information as payments are made or on a monthly basis if requested. Employers may also call the Fiscal Agent for updated information.

The fiscal agent can only release funds that are stated on the authorization.

Fiscal agent provides statements to participants – if trend occur of participant being short funds two months in a row an email is sent to SM to assist family is relooking at their needs stated on the PSP.

Participants are sent monthly statements from the fiscal agent with balance and spending stated on it. SM can review this information with family to ensure needs are being addressed.

If monthly statements show underutilization of service, Service Manager has a conversation with family as to what the barriers are to utilizing the service. If service is not meeting the need of the individual, then team is reconvened and alternative services or adjustments to the initial service are reviewed to potentially meet the need identified on the Plan of Care.

### **Appendix F: Participant Rights**

## Appendix F-1: Opportunity to Request a Fair Hearing

The state provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The state provides notice of action as required in 42 CFR §431.210.

**Procedures for Offering Opportunity to Request a Fair Hearing.** Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The participant's family is given notice of their right to a Fair Hearing if they are not given the choice of Home and Community Based Services as an alternative to institutional care, are denied the service(s) of their choice, or the providers(s) of their choice; or whose services are denied, suspended, reduced or terminated. Each service authorization signed by family contains written notice of the grievance procedures and the right to request a fair hearing, to whom they must address the request, and that services may continue during the process if they request a hearing before the date of action. Notification of Rights at a minimum are provided to each waiver recipient by the SM at enrollment, prior to annual Participant Service Plan review, and whenever a recipient registers a concern regarding services.

The legal decision maker may contact the SM or Program Administrator for instructions on how to request a fair hearing. The legal decision maker must request a hearing within 30 days of the date of the written notice. Hearing requests must be forwarded to Appeals Supervisor, ND Department of Human Services. The legal decision maker may represent the participant at the hearing or they may have an attorney, relative, friend or any other person to assist them. If the legal decision maker requests a hearing before the date of action, ND DHS will not terminate or reduce services until a decision is rendered after the hearing or the legal decision maker withdraws the request for a hearing, if the legal decision maker fails to appear at a hearing, or it is decided that the only issue in the appeal is one of federal or state law/policy. The legal decision maker is advised, however, that if the hearing decision by DHS is not in their favor, the total additional amount paid with Medicaid funds on their behalf may be considered an overpayment subject to recovery.

The individual authorizations provide quarterly notice of rights to appeal adverse actions regarding reduction, denial, or termination of services. Families must sign and return the authorization on a quarterly basis prior to services being initiated for that quarter. The SMs mail the authorization to families and are available to assist the family with questions concerning exercising their rights.

The Program Administrator keeps copies of correspondence regarding Notice of Adverse Actions, signed Participant Service Plans and Authorizations at the state office.

Parents and legal decision makers are informed annually or whenever a service is changed of their right to appeal.

# **Appendix F: Participant-Rights**

# **Appendix F-2: Additional Dispute Resolution Process**

- **a. Availability of Additional Dispute Resolution Process.** Indicate whether the state operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:* 
  - O No. This Appendix does not apply
  - Yes. The state operates an additional dispute resolution process
- **b. Description of Additional Dispute Resolution Process.** Describe the additional dispute resolution process, including: (a) the state agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The ND Department of Health & Human Services assures that a family/legal guardian, who is dissatisfied with any decision or action, may request an informal conference in an attempt to resolve the issue. The request for formal conference must be submitted per appeal policy. The use of informal conference will not preclude or delay the family/legal guardian's right to a fair hearing.

The request for an informal conference must be submitted to the State Autism Coordinator within 10 days after the written notice of the determination. The State Autism coordinator shall, within 5 working days of an oral or written request, for an informal conference convene a conference with the aggrieved party. Within 5 additional working days after the informal conference, the State Autism Coordinator will issue a written decision. The SM will provide assistance to the grieved family/legal guardian with submitting an informal appeal and to describe the process of appeal.

Families are informed the formal and informal process can occur at the same time but are not required to complete both processes, in additions families are informed they are not required to have an informal conference to be eligible for a formal appeal.

# **Appendix F: Participant-Rights**

# Appendix F-3: State Grievance/Complaint System

a. Operation of Grievance/Complaint System. Select one:

- No. This Appendix does not apply
   Yes. The state operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- **b. Operational Responsibility.** Specify the state agency that is responsible for the operation of the grievance/complaint system:
- **c. Description of System.** Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

# **Appendix G: Participant Safeguards**

#### **Appendix G-1: Response to Critical Events or Incidents**

- **a. Critical Event or Incident Reporting and Management Process.** Indicate whether the state operates Critical Event or Incident Reporting and Management Process that enables the state to collect information on sentinel events occurring in the waiver program. *Select one:* 
  - **O** Yes. The state operates a Critical Event or Incident Reporting and Management Process (complete Items b through e)
  - No. This Appendix does not apply (do not complete Items b through e)

    If the state does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the state uses to elicit information on the health and welfare of individuals served through the program.

**b. State Critical Event or Incident Reporting Requirements.** Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the state requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The definitions for abuse neglect and exploitation and the role of the P & A project are defined in NDCC 25-01.3. Definitions for child abuse and neglect for individuals under the age of 18 and the role of child protective services are contained in NDCC 50-25.1.

For provider managed services the provider will complete a State Form Number 960 to report the alleged abuse or neglect or exploitation of a child to Children and Family Services. The reporter must notify the State Autism Coordinator.

#### Mandated Reporters

The Child Abuse, Neglect and Exploitation Law identifies people mandated to report suspicions of abuse, neglect and exploitation. This list includes any physician, nurse, dentist, optometrist, dental hygienist, medical examiner or coroner, any other medical or mental health professional, religious practitioner of healing arts, school teacher or administrator, school counselor, addiction counselor, Social Worker, child care worker, foster parent, police or law enforcement officer, Juvenile Court personnel, Probation Officer, Division of Juvenile Services employee, or member of the clergy having knowledge of or reasonable cause to suspect that a child is abuse, neglect and exploitation, or has died as a result, shall report the circumstances to the Department if the knowledge or suspicion is derived from information received by that person in that person's official or professional capacity. A member of the clergy, however, is not required to report such circumstances if the knowledge or suspicion is derived from information received in the capacity of spiritual adviser. Any person having reasonable cause to suspect that a child is abuse, neglect and exploitation may report the circumstances to the department.

In order to fall under the mandate and intent of this law, it is not necessary that the child be physically (in the literal sense) before the reporter. Any mandated reporters named in NDCC Section 50-25.1-03, who would have knowledge of or reasonable cause to suspect child abuse or neglect as a result of information provided to them, would be required to report that belief, notwithstanding the fact that the child was not physically present before them. If the information provided to that individual in his or her professional capacity was sufficient to form the basis of a reasonable suspicion that child abuse, neglect and exploitation had occurred, then that individual would be responsible for reporting that information as required by statute.

Mandated reported are required to report any health welfare safety of participant within 24 hours of becoming aware of issue. The reporter or anyone who has knowledge of child in danger can either call social services and make a verbal report or by going online and completing a report on the web or manually by completion of SFN 960 or just by using a piece of paper and sending it to the social services. Service Managers that are made aware of any other incidents of unauthorized use of restraint, seclusion, and restrictive interventions, criminal victimization or activity involving law enforcement, death, financial exploitation, or medication errors are also reportable using a SFN 960 form to be investigated for safety of child.

To notify state administration office the SM completes a secure email with date of report and brief description of incident. State Administrator follows up with social services on results.

c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

SMs provide families with written information regarding their rights (NDCC 25-01.2) and definitions of abuse and neglect and exploitation. The information will be presented at a level consistant with the family's level of understanding and will include contact information to make a report. This information will be provided to families with enrollment into the program and then annually when completing level of care reenrollment process. Brochure created by social services on abuse, neglect and exploitation provided.

**d. Responsibility for Review of and Response to Critical Events or Incidents.** Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

For individuals, birth through seventeen, suspected abuse and neglect is reported to Child Protective Services (CPS) who is responsible for assessment/investigation and follow up relative to the report. Reports should be made to the county social service office where the child is currently physically present.

For individuals age birth through seventeen, for provider managed services, providers must report to CPS as well as P & A within eight hours of the serious event or ANE occurring or as soon as known.

When a report involving an individual, ages birth through seventeen, is made to Child Protective Services the CPS worker must begin an assessment within 24 to 72 hours. The timeline will depend upon the nature and seriousness of the report as defined in protocol. The CPS worker is required to make a face-to-face contact with the child within 24 hours, 3 days or 14 days which is dependent upon the nature and seriousness of the report.

The written assessment/investigation with accompanying documentation must be completed and submitted to the regional child protection supervisor within 62 days unless an extension is requested and approved by the regional child protection supervisor.

The CPS worker must conduct a face-to-face meeting with the child (subject of the report) within the 62 days of the assessment period.

The Child Protection Social Worker completing the assessment of a report of suspected child abuse or neglect shall provide notification of the case decision to, the subject of the report. When the case decision is "Services Required", the notification to the subject shall be made face-to-face. If a face-to-face notification cannot be done, the reason needs to be documented. When the case decision is "No Services Required, the notification may be made either face-to-face or by telephone. Written notice of the case decision is also made to the subject of the report and to the parent(s) of the child(ren). Out of respect for the families involved in the assessments process, the report needs to be completed as soon as possible and notification be made to families of the decision. There is not a specific time frame established for this notification. For incidents that do not meet child protective services criteria, the report would be referred to P & A or Law enforcement may also be a referral depending upon the concerns reported.

The Child Protective Services within the Department of Human Services and its authorized agents (county social services offices) receive all reports of abuse, neglect or exploitation of a child. An assigned case worker will then review any and all material pertaining to the report along with personal interviews with identified individuals having any information regarding reported concerns. This information is given to an intra-disciplinary team of professionals who review and determine whether a child has been abused or neglects according to definition in state law and whether additional services are needed. The whole process is required to begin within 24 hours of receiving the initial report as per outlined in the established guidelines. The Central Office Administrator will follow-up with Child Protective Services concerning status of the child and resolution of investigation regarding all incidents reported under this section.

#### Reporters

The reporter brings the concerns of child abuse and neglect to the attention of the CPS agency. The primary responsibility of the reporter is to provide information regarding the alleged child victim(s), the person named as responsible for the child's health and welfare, and the incident(s), which caused a suspicion of child abuse and neglect. Reporters are required to provide written reports within forty-eight hours if so requested. A written report must contain information specifically sought by the department if the reporter possesses or has reasonable access to that information. In addition, the reporter should be available to the CPS Social Worker for any further questions about the report.

The state SFN 960 report form is only one-way reports can be made, reports can also be accomplished by email, fax, phone call, concerns written in any form will be addressed through intake with the child protection units within each

The state follows the NDCC 50-25 for determining substantiated abuse and neglect or exploitation. The decision

Once a Standard Assessment is completed, Child Protection Services and the local protection team decide whether the facts gathered during the assessment meet the definitions of child abuse or neglect contained in state law.

state. Individual can notify the state office of concerns, and these would then be forwarded to the appropriate county.

Two decisions are possible. The Department of Human Services will decide that either services are required, or services are not required.

•"Services Required"—this means that enough evidence was found in the assessment to meet the legal definitions of

abuse or neglect. This decision will be referred to the court for review and potential legal action.

•"No Services Required"—this means that the facts in the assessment did not meet the legal standards of abuse or neglect. The family may be offered the opportunity to volunteer for services.

When an Alternative Response Assessment is completed on behalf of a substance exposed newborn, a child abuse and neglect determination is not made; rather, services are put in place during the assessment, in addition to the development of a support system around the infant and family. as per ND Child Protection Services Manual 640-37 The Plan of Safe Care shall be monitored through a minimum of:

- Following hospital discharge, weekly contacts, every other week must be face to face, with the parents/caregivers and the infant. (AR Assessments only)
- Any other children in the home must be assessed for safety throughout the assessment.
- At least one face-to-face, or via electronic means, visit with each participant who agrees to act as a resource for emergency care of the infant in the Plan of Safe Care. (AR Assessments only)
- Contacts (email, text, etc.) with each participant who is an informal support at least every other week. (AR Assessments only)
- Contacts with service providers or follow up contacts with Safety Support persons and other informal supports can be made by phone, email, in writing, text message, etc. to verify follow through with the plan.
- Mandatory contact with service providers before the case is closed.

Document monitoring the Plans of Safe Care in the FRAME case activity log using the selection, "Monitor Plan of Safe Care".

All assessments with a Plan of Safe Care must include monitoring documentation.

Plans of Safe Care must be monitored for a minimum of 30 days prior to closing the assessment.

**e. Responsibility for Oversight of Critical Incidents and Events.** Identify the state agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

All reports and findings submitted to the state office of Medical Services Division - Autism Unit for serious events and all other incidents reported as abuse, neglect and exploitation are entered into a data base maintained by Medical Services Division - Autism Unit. Data will include information regarding children birth through seventeen years of age from Child Protective Services.

The provider completes an incident report that is forwarded to the state office along with a copy of the abuse and neglect report if appropriate. The information is entered into a spreadsheet to include date / name and event and if a 960 report was filed (abuse and neglect) state office quarterly reaches out to the department of Children and Family Services that oversees 960 reports and inquires if any waiver children have had reports and what the outcome is. If there are substantiated report, then the department reaches out to the assigned county social services and informs them of waiver involvement and their option to join the team – Medicaid department autism services provides the Service Managers name and contact information to be of assistance in coordination of service to prevent re-occurrence.

Frequency is quarterly checks for reports and as reports are sent. This will be added to waiver.

Medicaid agency does not conduct their own independent investigation but does assist with the Child Protection Service investigation of any critical incidents on a waiver participant.

State Autism Coordinator or designee reaches out to CPS office every quarter to ensure all reports on waiver children have been communicated and that participants team has been a part of the investigation if appropriate. In protocol steps it is stated that information will be entered on the spreadsheet within three (3) days of receiving the information. State Autism Coordinator reviews reports as they are received and compares them to past reports to identify trends, to discern trends and identify system remediation and findings are reported and discussed with the Director of Managed Care and Children's Services resulting in changes to policy and procedures. Assigned Case Manager will review individual reports/address reports and needs through the quality enhancement review process quarterly.

Children and Family Services unit oversees the state data on abuse and neglect reports -to ensure policy, law and administrative codes are being followed for timeframe, communication to participants and trends. State Autism Coordinator reviews quarterly report on if reports were filed on waiver participants and if there are trends, concerns or need for training on preventions – training may occur individually or across all providers. For individual concerns of reports the waiver team is informed of concerns and need to address to prevent further reports. These reports are also reviewed when looking at additional service through the waiver.

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Appendix G-2: Safeguards Concerning Restraints and	Restrictive Interventions (1 of

- **a. Use of Restraints.** (Select one): (For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)
  - The state does not permit or prohibits the use of restraints

3)

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:

Services within this waiver may not be used to implement discipline techniques or behavioral intervention strategies that are not age appropriate or that may place a participant at risk of abuse, neglect or harm such as corporal punishment, physical or prone restraint, etc. All training, tasks and programs that will be carried out by employees employed through self-directed supports must be identified in the Service Plan. This waiver will not authorize funds to implement inappropriate methods.

When challenging behaviors are identified, the SM will request a team meeting to address the issues identified. Families and employees will receive information defining restraints, restrictive interventions, and seclusion and their responsibility to report all known incidents of unauthorized restraint, restrictive interventions, and seclusion to Child Protective Services. For provider managed services the employee will report within twenty-four hours, or as soon as becoming aware of the situation, to CPS and the Program Administrator.

The state autism services maintain a data base regarding unauthorized use of restraints and restrictive interventions. The data is reviewed at least quarterly.

- O The use of restraints is permitted during the course of the delivery of waiver services. Complete Items G-2-a-i and G-2-a-ii.
  - i. Safeguards Concerning the Use of Restraints. Specify the safeguards that the state has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
     ii. State Oversight Responsibility. Specify the state agency (or agencies) responsible for overseeing the use of restraints and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

### **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (2 of 3)

- **b.** Use of Restrictive Interventions. (Select one):
  - The state does not permit or prohibits the use of restrictive interventions

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and

how this oversight is conducted and its frequency:

Services within this waiver may not be used to implement discipline techniques or behavioral intervention strategies that are not age appropriate or that may place a participant at risk of abuse, neglect or harm such as corporal punishment, physical or prone restraint, etc. All training, tasks and programs that will be carried out by employees employed through self-directed supports must be identified in the Service Plan. This waiver will not authorize funds to implement inappropriate methods.

When challenging behaviors are identified, the SM requests a team meeting to address the issues identified.

Families and employees will receive information defining restraints, restrictive interventions, and seclusion and their responsibility to report all known incidents of unauthorized restraint, restrictive interventions, and seclusion to Child Protective Services. For provider managed services the employee will report within twenty-four hours, or as soon as becoming aware of the situation, to CPS and the Program Administrator.

The state autism services maintains a data base regarding unauthorized use of restraints and restrictive interventions. The data is reviewed at least quarterly.

- O The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
  - i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the state has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.
     ii. State Oversight Responsibility. Specify the state agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (3 of 3)** 

- **c.** Use of Seclusion. (Select one): (This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)
  - The state does not permit or prohibits the use of seclusion

Specify the state agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

Services within this waiver may not be used to implement discipline techniques or behavioral intervention strategies that are not age appropriate or that may place a participant at risk of abuse, neglect or harm such as corporal punishment, physical or prone restraint, etc. All training, tasks and programs that will be carried out by employees employed through self-directed supports must be identified in the Service Plan. This waiver will not authorize funds to implement inappropriate methods.

When challenging behaviors are identified, the SM requests a team meeting to address the concerns.

Families and employees will receive information defining restraints, restrictive interventions and seclusion and their responsibility to report all known incidents of unauthorized restraint, restrictive interventions, and seclusion to Child Protective Services. For provider managed services the employee will report within twenty-four hours, or as soon as becoming aware of the situation, to CPS and the Program Administrator.

The state autism services maintain a data base regarding unauthorized use of restraints and restrictive interventions. The data is reviewed at least quarterly.

- O The use of seclusion is permitted during the course of the delivery of waiver services. Complete Items G-2-c-i and G-2-c-ii.
  - i. Safeguards Concerning the Use of Seclusion. Specify the safeguards that the state has established concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
    ii. State Oversight Responsibility. Specify the state agency (or agencies) responsible for overseeing the use of seclusion and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

# **Appendix G: Participant Safeguards**

# **Appendix G-3: Medication Management and Administration** (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

- a. Applicability. Select one:
  - No. This Appendix is not applicable (do not complete the remaining items)
  - O Yes. This Appendix applies (complete the remaining items)
- b. Medication Management and Follow-Up

i.	<b>Responsibility.</b> Specify the entity (or entities) that have ongoing responsibility for monitoring participant
	medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the state uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practice (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the state agency (or agencies) that is responsible for follow-up and oversight.
Appendix G: Participant Safeguards
Appendix G-3: Medication Management and Administration (2 of 2)
c. Medication Administration by Waiver Providers
Answers provided in G-3-a indicate you do not need to complete this section
i. Provider Administration of Medications. Select one:
O Not applicable. (do not complete the remaining items)
O Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
<b>ii. State Policy.</b> Summarize the state policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
iii. Medication Error Reporting. Select one of the following:
O Providers that are responsible for medication administration are required to both record and report medication errors to a state agency (or agencies).  Complete the following three items:
(a) Specify state agency (or agencies) to which errors are reported:
(b) Specify the types of medication errors that providers are required to <i>record</i> :
(c) Specify the types of medication errors that providers must <i>report</i> to the state:

	Specify the types of medication errors that providers are required to record:			
iv. S	tate Oversight Responsibility. Specify the state agency (or agencies) responsible for monitoring the pa			
	State Oversight Responsibility. Specify the state agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is pe			
C				
C	f waiver providers in the administration of medications to waiver participants and how monitoring is pe			
C	f waiver providers in the administration of medications to waiver participants and how monitoring is p			

# **Appendix G: Participant Safeguards**

**Quality Improvement: Health and Welfare** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Health and Welfare

The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. (For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")

#### i. Sub-Assurances:

a. Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. (Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

The number and percent of participants who have a signed Individual Rights and Service Plan (IRSP), stating they have been informed of their rights including Abuse & Neglect and reporting procedures. N: The number of participant's who have a signed IRSP, stating they have been informed of their rights, including A & N and reporting procedures. D: Total Number of IRSPs.

**Data Source** (Select one):

Other

If 'Other' is selected, specify:

Secure Electronic database

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies)		Sampling Approach (check each that applies):			
State Medicaid Agency	☐ Weekly		⊠ 100% Review			
Operating Agency	☐ Monthly	y	Less than 100% Review			
☐ Sub-State Entity	☐ Quarter	·ly	Representative Sample Confidence Interval =			
Other Specify:	□ Annual	l <b>y</b>	Stratified Describe Group:			
	Continuously and Ongoing		Other Specify:			
	Other Specify:					
Data Aggregation and Analysis:						
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):			
State Medicaid Agenc	y	□ Weekly				
Operating Agency		Monthly				
Sub-State Entity		☐ Quarter	ly			
Other Specify:		⊠ Annually				

Responsible Party for data aggregation and analysis ( that applies):		_ ·	f data aggregation and  kk each that applies):
		□ Continu	ously and Ongoing
		Other Specify:	
Performance Measure: #&% of reports where abu substantiated, where follow Nnumber of reports where substantiated,where follow number of reports where a	v-up is comple abuse,neglect -up is comple	eted on recomi t,exploitation, ted on recomm	m. for service providers. unexplained death are n. for service providers,DTotal
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify	:		
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):
<b>IX</b> State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quartei	rly	Representative Sample Confidence Interval =
Other Specify:	⊠ Annual	ly	Stratified Describe Group:
	Continu Ongoin	ously and	Other Specify:

	Other Specify:		
Data Aggregation and Anal			
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):
<b>IX</b> State Medicaid Agency	y	□ <sub>Weekly</sub>	
Operating Agency		☐ Monthly	7
☐ Sub-State Entity		Quarter	ly
Other Specify:		⊠ Annuall	y
		Continu	ously and Ongoing
		Other Specify:	

b. Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and % of critical incidents where root cause was identified. N: Number of critical incidents where root cause was identified. D: total number of critical incidents.

**Data Source** (Select one): **Record reviews, on-site**If 'Other' is selected, specify:

if Other is selected, specify			
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthly	y	Less than 100% Review
☐ Sub-State Entity	⊠ Quartei	·ly	Representative Sample Confidence Interval =
Other Specify:	□ Annuall	l <b>y</b>	Stratified Describe Group:
	□ Continu Ongoin	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Ana	lysis:		
Responsible Party for data aggregation and analysis (atthat applies):	ı		data aggregation and k each that applies):
X State Medicaid Agenc	ey	□ Weekly	

Responsible Party for data aggregation and analysis (atthat applies):		·	data aggregation and k each that applies):
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify:		⊠ Annuall	y
		Continu	ously and Ongoing
		Other Specify:	
Number and % of critical is implemented. N: number of implemented D: total number of implemen	f critical incid per of critical	lent trends wh	ere systemic intervention was
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge	neration	Sampling Approach (check each that applies):
<b>区</b> State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	Monthly	y	Less than 100% Review
☐ Sub-State Entity	□ Quarter	cly	Representative Sample Confidence Interval =
Other Specify:	⊠ Annual	ly	Stratified Describe Group:

	☐ Continu Ongoin	ously and	Othe	er Specify:
	Other Specify:			
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	<u> </u>	Frequency of analysis(chec		_
<b>☒</b> State Medicaid Agenc	y	☐ Weekly		
Operating Agency		☐ Monthly	,	
Sub-State Entity		□ Quarter	ly	
Other Specify:		⊠ Annuall	y	
		Continu	ously and	Ongoing
		Other Specify:		

c. Sub-assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.

## **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the

method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of reported complaints regarding restraints and seclusion that were substantiated through investigation, where follow-up is completed as required. N: Number of reported complaints regarding restraints and seclusion that were substantiated through investigation, where follow-up is completed as required. D: Total number of substantiated restraint and seclusion complaints reported.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	<b>⊠</b> Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

Responsible Party for data aggregation and analysis (a that applies):		_ ·	f data aggregation and k each that applies):
<b>⊠</b> State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	7
Sub-State Entity		☐ Quarter	ly
Other Specify:		⊠ Annuall	y
		☐ Continu	ously and Ongoing
		Other Specify:	
Number of unauthorized reinvestigation, where follow-	stigation, whe estrictive inter- up is completerventions the treports	ere follow-up in the second in	s completed as required. N: were substantiated through
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge	neration	Sampling Approach (check each that applies):
X State Medicaid Agency	□ Weekly		⊠ 100% Review
Operating Agency	☐ Monthl	y	Less than 100% Review
□ Sub-State Entity	Quarter	rly	Representative Sample Confidence Interval =

Other

 $\square$  Stratified

Describe Group:

	⊠ Continu Ongoin	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	ı		data aggregation and k each that applies):
<b>☒</b> State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify:		⊠ Annually	y
		Continue	ously and Ongoing
		Other Specify:	

☐ Annually

**Performance Measure:** 

Number and Percent of providers with training requirements on the use of alternative measures in lieu of restrictive interventions, including restraints and seclusion. N: Number of providers with training requirements on the use of alternative measures in lieu of restrictive interventions, including restraints and seclusion. D: Total number of Providers.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly		⊠ 100% Review		
Operating Agency	☐ Monthly	y	Less than 100% Review		
☐ Sub-State Entity	□ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	Annually		Stratified Describe Group:		
	☐ Continu Ongoin	ously and	Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:					
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):		
State Medicaid Agency		☐ Weekly			
Operating Agency		Monthly	,		
☐ Sub-State Entity		Quarter	ly		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
Other Specify:	<b>⋈</b> Annually
	☐ Continuously and Ongoing
	Other Specify:

**d.** S se standards based

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percent of participants who have a yearly EPSDT screening, completed by either their primary care provider or Health Tracks. N: Number of participants who have a yearly EPSDT screening, completed by either their primary care provider or Health Tracks D: total number of waiver participants.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
Sub-State Entity	Quarterly	Representative

			Confidence Interval =
Other Specify:	Annual	ly	Stratified Describe Group:
	Continu Ongoin	ously and g	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	1		data aggregation and k each that applies):
X State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		Quarter	ly
Other Specify:		⊠ <sub>Annually</sub>	y
		Continue	ously and Ongoing
		Other Specify:	

ii. If applicable, in the textbox below provide any State to discover/identify problems/issues with	y necessary additional information on the strate hin the waiver program, including frequency an	
i. Describe the States method for addressing ind regarding responsible parties and GENERAL the methods used by the state to document the	lividual problems as they are discovered. Includ methods for problem correction. In addition, pr	
cannot be resolved, the SM informs the Autis Advocacy Project to address review of incide policies and procedures.  The state will address trends on this PM throutaining to SM if trends are identified.	ementation of recommendations to prevent reoc sm Services Unit. Quarterly meetings with the P ent report trends, and training activities, inciden- ugh partnership with Protection and Advocacy I	Protection and t report system
ii. Remediation Data Aggregation Remediation-related Data Aggregation and	l Analysis (including trend identification)	
Responsible Party(check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
<b>区</b> State Medicaid Agency	□ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	☐ Quarterly	
Other Specify:	⊠ Annually	
	<b>区ontinuously and Ongoing</b>	
	Other Specify:	
c. Timelines  When the State does not have all elements of the Quamethods for discovery and remediation related to the  No  Yes  Please provide a detailed strategy for assuring H strategies, and the parties responsible for its open	assurance of Health and Welfare that are current dealth and Welfare, the specific timeline for imp	ntly non-operational.

## **Appendix H: Quality Improvement Strategy (1 of 3)**

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the state has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the state specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

Quality Improvement is a critical operational feature that an organization employs to continually determine whether it
operates in accordance with the approved design of its program, meets statutory and regulatory assurances and
requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the state is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

#### **Quality Improvement Strategy: Minimum Components**

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances; and
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances.

In Appendix H of the application, a state describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the state's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the state plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid state plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the state must be able to stratify information that is related to each approved waiver program. Unless the state has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the state must stratify information that is related to each approved waiver program, i.e., employ a representative sample for each waiver.

## **Appendix H: Quality Improvement Strategy (2 of 3)**

## **H-1: Systems Improvement**

### a. System Improvements

**i.** Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The Autism Services Unit is responsible for evaluating the effectiveness and outcomes of the discovery, remediation, and quality improvement plans. The Unit prioritizes its remediation efforts to address any problems that involve client care or health and welfare issues first. The Unit keeps track of its quality improvement efforts by maintaining databases and statistics that include applicable timeframes for completion. The Unit uses this information to make necessary changes to improve quality.

When predetermined performance measures are not met or problems (that are not directly related to participant care or health, welfare, and safety issues) are identified, the Unit develops a plan of action. The action plan is documented and may include providing information to service managers and updating policy/protocol as needed. If the problem involves client care, health, welfare, and safety issues the problem is addressed immediately. Policy is updated as appropriate.

#### ii. System Improvement Activities

Responsible Party(check each that applies):	Frequency of Monitoring and Analysis(check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	<b>⊠</b> Quarterly
Quality Improvement Committee	☐ Annually
Other Specify:	Other Specify:

## b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the state's targeted standards for systems improvement.

The effectiveness of system design changes is evident through ongoing monitoring activities using the established performance measures.

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

Based on the review of the Quality Management System, the Autism Services Unit reviews the following on an annual basis:

- (1) Information Technology needs
- (2) Verify quality of data
- (3) Verify quality of data analysis
- (4) Identify strategy gaps
- (5) Review Workflow Process
- (6) Review the Sampling Methodology for appropriateness

Following review of the above items, necessary adjustments are made to the Quality Improvement Strategy.

in the last 12 months (Select one):	ti(
${\sf O}_{{ m N}_{ m 0}}$	
• Yes (Complete item H.2b)	
o. Specify the type of survey tool the state uses:	
O HCBS CAHPS Survey:	
O NCI Survey:	
O NCI AD Survey:	
• Other (Please provide a description of the survey tool used):	
questionnaire mailed to families enrolled in the waiver with focus on experience of care.	

## Appendix I: Financial Accountability

## I-1: Financial Integrity and Accountability

Financial Integrity. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

All self-directed service payments for respite are made through a contracted Fiscal Agent. The Fiscal Agent disburses payments for services authorized on the Participant's Service Plan. The Fiscal Agent maintains records of all payments and account credits which are available on-line to individuals receiving services, the SM, and to the Medicaid agency. If families request, a copy of the balance sheet report is mailed to them monthly or as requested, this can also be accessed online. Families are made aware of how they can access information through the initial sign-up packet which the SM reviews with the family. The SM reviews actual usage of supports quarterly and updates the individual authorization to reflect actual amount of contract used. The Fiscal Agent bills through the ND MMIS payment system, by participant, monthly for the expenses paid on behalf of each participant. The authorization process prevents over billing by the fiscal agent as the MMIS payment system has edits that prohibit payments more than authorized budget limits. The Fiscal Agent codes each payment according to the type of benefit paid and annually produces a report with total payments for each code. The contract with the Fiscal Agent requires an annual independent audit. The MMIS payment system, authorizations and Fiscal Agents fees will be compared every six months by the HCBS Unit to identify and address any discrepancies. The autism services unit staff monitors monthly budget program spend down reports generated through MMIS payment system and monthly contract billings for fiscal agent services.

All self-directed service payments for assistive technology are made within the Medical Service -Autism Unit with the departments fiscal division providing oversight. After the authorization is signed/approved by the State Autism Coordinator it is given to the HSP Specialist (to include the waiver request form that itemizes the assistive tech).

The HSP Specialist – purchases the identified item approved and has it delivered to the participant's home. Payments are made by use of p-card or check requested from the fiscal division. End of each month the p-card would be balanced and reviewed / approved by the fiscal division. HSP Specialist also conducts desk audits of provider—the scope is 100% of all providers to be audited to ensure appropriate and correct billing is occurring. Files audited will include care plans, authorizations, service management logs claims and outcomes to include EVV data. Providers receive a written review of the audit with correction actions include and dates of when corrections must be completed. Audits of Service Management and Agency Respite are completed the same to include EVV requirement within the audit review. — Tutoring, Alternative Respite and Remote Monitor Service are audited by reconciliation of p-card with is also reviewed by the fiscal units monthly. If inappropriate claims are identified, then claims in MMIS are adjusted to reflect the recoupment and reports are corrected. HSP Specialist works closely with the provider by providing written explanation of findings and corrections and is available for teachable moments to prevent errors to continue.

The HSP Specialist has access to the Program Integrity unit to assist with audits on an as need bases and attend quarterly meeting to discuss progress of audits and if need for assistance.

Fiscal Division reports expenditures to CMS on monthly report. State Autism Coordinator attends monthly meeting to review EVV aggregator data and monitor errors and trends.

The State agency responsible for conducting the state's financial audit is the Office of the State Auditor. An audit of the State of North Dakota Comprehensive Annual Financial Report is conducted annually by the State Auditor's Office. This audit involves examining, on a test basis, evidence supporting the revenues, expenditures, and disclosures in the financial statements, assessing the accounting principles used and evaluating the overall financial statement presentation.

An agency audit of the Department of Human Services is performed every two years. This audit is a result of the statutory responsibility of the State Auditor to audit each state agency once every two years and is a report on internal control, on compliance with State and Federal laws, and on efficiency and effectiveness of agency operations.

The State Auditor's Office is also responsible for performing the Single Audit, which is a report on compliance with requirements applicable to each major program and on internal control over compliance, in accordance with the Single Audit Act Amendments of 1996 and OMB Circular A-133. The Single Audit is also conducted once every two years. The state does not require providers to secure an independent audit of their financial statements. the verification of all the providers qualifications is completed within the MMIS system and oversight completed by the provider enrollment division of Medicaid.

When inappropriate claims are identified and needing to be recouped/removed from claims. The HSP Specialist will issue an adjustment within the MMIS system and funds will be recouped from future payment made to fiscal agent. Inappropriate claims are recouped from the provider by the fiscal agent in partnership with the state. The recoupments of FFP is correct and reported within the next 64 report filed by the state. There are no claims from the providers within MMIS, all payments to providers are done by the fiscal agent followed by fiscal agent creating a claim in MMIS.

# Appendix I: Financial Accountability

# Quality Improvement: Financial Accountability

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

The State must demonstrate that it has designed and implemented an adequate system for ensuring financial accountability of the waiver program. (For waiver actions submitted before June 1, 2014, this assurance read "State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.")

#### i. Sub-Assurances:

a. Sub-assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered.

(Performance measures in this sub-assurance include all Appendix I performance measures for waiver actions submitted before June 1, 2014.)

#### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### Performance Measure:

Number and percent of the ASD Waiver claims paid out at the authorized amount. N: Number and percent of the ASD Waiver claims paid out at the authorized amount. D: Total number of claims.

Data Source (Select one):
Other
If 'Other' is selected, specify:
Medicaid payment system

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	⊠ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:

	⊠ Continu Ongoin	uously and g	Other Specify:	
	Other Specify:			
Data Aggregation and Analy Responsible Party for data o		Frequency of	f data aggregation and	
and analysis (check each the	at applies):	analysis(chec	k each that applies):	
State Medicaid Agency	,	☐ Weekly		
Operating Agency		☐ Monthly	,	
Specify:		× Annuall	y	
		Continu	ously and Ongoing	
		Other Specify:		
Performance Measure: Number and % of fiscal ages methodology in the approved agent payment rates that are waiver or subsequent amend Data Source (Select one): Other If 'Other' is selected, specify: Fiscal agent report/MMIS r	d waiver or su e consistent wi Iment. D: tota	bsequent amen ith the rate me	ndment. N: number of fisco thodology in the approved	
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge		Sampling Approach(check each that applies):	

State Medicaid Agency	☐ Weekly		⊠ 100% Review		
Operating Agency	☐ Monthly		Less than 100% Review		
□ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	Annually		Stratified Describe Group:		
	⊠ Continu Ongoinş		Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:					
Responsible Party for data a and analysis (check each the			data aggregation and k each that applies):		
State Medicaid Agency	,	□ Weekly			
Operating Agency		☐ Monthly			
☐ Sub-State Entity		☐ Quarterly			
Other Specify:		⊠ Annually	y		
	_	Continue	ously and Ongoing		
		Other			

Frequency of data aggregation and analysis(check each that applies):
Specify:

b. Sub-assurance: The state provides evidence that rates remain consistent with the approved rate methodology throughout the five year waiver cycle.

#### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### Performance Measure:

Number and % of payment rates that are consistent with the rate methodology in the approved waiver. N: number of payment rates that are consistent with the rate methodology in the approved waiver. D: total number of payment rates.

Data Source (Select one): Record reviews, on-site

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	🗵 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	⊠ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:

	<b>U</b> Other Specify:			
Data Aggregation and Analy Responsible Party for data o	aggregation		data aggregation and	
and analysis (check each the  State Medicaid Agency		Weekly	k each that applies):	
Operating Agency		☐ Monthly		
☐ Sub-State Entity		⊠ Quarterl	'y	
Other Specify:		☐ Annuall	y	
		☐ Continu	ously and Ongoing	
		Other Specify:		
able, in the textbox below prodiescover/identify problems/is				

 $\square$  Other

Specify:

☐ Continuously and

## b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information  $regarding\ responsible\ parties\ and\ GENERAL\ methods\ for\ problem\ correction.\ In\ addition,\ provide\ information\ on$ the methods used by the state to document these items.

The claims processing unit reviews all suspended claims and advises the provider if the claim is not properly coded. The provider will receive a remittance advice with a code indicating the cause of the suspension. The provider and the autism services unit work together to correct the billing error.

Errors in payments for participants' claims are directed to designated contacts of the Fiscal Agent or to the SM. Issues are logged by the SM and discussed as needed with the Autism Services Unit staff. If there are unresolved issues, Autism Services Unit staff meet with Fiscal Agent management to resolve the specific issues and devise procedures to avoid further errors. Those meetings occur as needed.

#### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>区</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	
	⊠ Continuously and Ongoing
	Other Specify:
relines	
en the State does not have all elements of the Quality I	improvement Strategy in place, provide timelines to design trance of Financial Accountability that are currently non-
No	
Yes Please provide a detailed strategy for assuring Finar identified strategies, and the parties responsible for it	ncial Accountability, the specific timeline for implementing its operation.

# Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (1 of 3)

a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

Service Management and Agency Respite Care are provider managed services in the Autism Waiver. The service delivery is based on a fee for service model, which reimburses for the delivery of the services and related administrative costs.

The purpose of the RD rate is to create greater access to Rural Differential (RD) rate for Service Management (SM) for clients who reside in rural areas of North Dakota by will offering a higher rate to agencies providing Autism Spectrum Disorder (ASD) Service management and who are willing to travel to authorized members to provide the service. The rate is determined by mileage from the agency office to the members.

Base rate within the service managers community is at \$21.49. Rate was set to be the same rate as Targeted case management current rate as the state determined these were like services and should have same rate.

Tier 1 is paid if the Service Manager travels 21-50 miles round trip at a rate of \$23.60.

Tier 2 is paid if the Service Manager travels 51-70 miles round trip at a rate of \$25.06.

*Tier 3 is paid if the Service Manager travels 70+ miles round trip at a rate of \$26.18.* 

Milage will be figured from where service managers base office is located at. The HSP Specialist will verify milage by use of Google Earth on the authorization that is returned to the provider for billing once approved.

Remote Monitor Service/ Community Connector service rate determination is set by the provider of service. it is assumed the rates will be consistent across the state as providers are offering the services statewide. The state did not see change in rates based on geographic location of individual being served on the Voucher program.

Entity responsible for setting payment rates is the Medicaid Fiscal department with assistance from autism unit. Assistive technology rate was based off the average expenditure from 2022-2023 fiscal year and the number of participants using the service. Remote Monitor Service/ Community Connector services are based off the actual costs from the Autism Voucher Program that was state funded and will be ending on December 31, 2023.

Self-Directed respite rates are set using a rate calculator provided by the fiscal agent to determine rate plus taxes. Rate cannot exceed max rate stated in waiver but can be less if desired. Agency rate is higher than self-directed based on additional administrative cost needs of agencies providing this service.

The determination of rates increase will be determined by legislation increases and as the department looks to provide feedback on rate fee schedules.

Rates are reviewed every two years while building departments budget request for legislation review, fiscal reviews actual costs and trends with the State Autism Coordinator to determine is appropriate rates or if increase are needed due to economy changes being seen at the time. The 2023 legislation awarded providers a 3% increase for the two-year budget, it was determined this was a realistic increase for remain years of waiver budget building.

Rates are the same across all providers statewide.

Rates and expenditures are shared quarterly and posted online. Legislation ended the Autism Task Force as of July 1, 2023 - Rate and expenditures will continue to be posted online quarterly. Public comments on these are accepted and reviewed at any time.

State requested public comment for rates within the waiver results can be found within Main 6-I. State is open to accepting public comment at any time throughout the year.

State complies with 42 CFR 447.205

The participant receives a copy of the authorization quarterly that include the rates being paid for their services.

Rates are found currently within the posted waiver on the Autism Web page. State is working on posting separately within the autism web page.

The state reviews rates every two years while building budget requests to be presented to legislation every session (last session ended on April 30, 2023). The State also accepts public comment concerning rates at any time but specifically request public comment during waiver renewals and amendments. Please refer to Main 6-I for last public comment information.

b. Flow of Billings. Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the state's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

The waiver services are delivered, then the provider bills ND MMIS electronically, the claims are reviewed and analyzed, claims are then paid if accurate or suspended until corrections are submitted.

Participant directed Respite care is assisted by a fiscal agent, so parent submitted timesheets with verified hours - Fiscal agent pays participants staff based off agreed rate and authorization provided and then bills MMIS – this claim bumps up against Service Authorization within system if within approved limits pays.

Assistive technology the participant and team determine a need and acquire a letter of recommendation from a professional of parent's choice. Need is identified on PSP, and that this need can be addressed by the purchase of assistive tech. PSP and letter of recommendation is sent to state administration and item is reviewed to fall within the scope of Assistive technology. If approved, then Human Service Program Specialist assist the participant and family if purchasing the item by uses of P-card or state issued check and item is sent directly to participant's home. This same payment process will be used for Community Connector Services and Remote Monitor Service, authorization will be submitted, and Human Service Program Specialist will assist family in purchasing of service. These services will not be subject to EVV as they will not be providing personal cares within the home.

If payment request is for Respite Services, then EVV becomes part of the checks to ensure service is rendered and the six EVV components were verified. The Self-Directed Respite claim requests from Veridian for MMIS payment will be verified through Sandata's aggregator before going to MMIS for payment. Agency Respite is also run through Sandata's aggregator before MMIS payments.

penaix 1: .	r inanciai Accountabiitiy
I-2	2: Rates, Billing and Claims (2 of 3)
c. Certifyinş	g Public Expenditures (select one):
•	No. state or local government agencies do not certify expenditures for waiver services.
0	Yes. state or local government agencies directly expend funds for part or all of the cost of waiver services and certify their state government expenditures (CPE) in lieu of billing that amount to Medicaid.
Sele	ct at least one:
	Certified Public Expenditures (CPE) of State Public Agencies.
	Specify: (a) the state government agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the state verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b).(Indicate source of revenue for CPEs in Item I-4-a.)
	Certified Public Expenditures (CPE) of Local Government Agencies.
	Specify: (a) the local government agencies that incur certified public expenditures for waiver services; (b) how i
	is assured that the CPE is based on total computable costs for waiver services; and, (c) how the state verifies

that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR

## Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (3 of 3)

*§433.51(b).* (*Indicate source of revenue for CPEs in Item I-4-b.*)

d. Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:

Annual Level of Care (LOC) are completed as a prerequisite for waiver service eligibility (see Level of Care Determination Assurances above). After the determination of the LOC the participant is assigned to a provider of their choice - The Level of Care determinations are entered into an MMIS payment system file. Only one code can be entered per individual assuring that services cannot be duplicated. The Individual Rights and Service Plan information authorizing a waiver service is entered into the MMIS system which includes the service authorized, dates for which authorized, provider number and Medicaid number and rate and frequency. Numerous edits assure that claims are paid properly. In order for a claim to be paid for waiver services, the system 1) determines the individual is currently eligible for MA, 2) the person has a current level of care screening and code for autism waiver services, 3) the service is currently authorized by autism service staff, 4) the billed rate is correct for that individual, provider, or program, 5) units billed are within authorized amounts, 6) units billed are within maximum allowable, 7) there are no competing claims for the same service and time period. If any of the above are absent from the system or conflict, the claim will suspend or be denied. The claims reviewer receives a report of suspended claims and the reason for suspension. The claim for respite services will deny if the claim does not meet EVV 6-point requirements. All claims that are submitted must be listed on the Service Authorization (SA) within MMIS and the claim will deny for any deviation from the SA. If during an audit it is determined there was an error the amount will be recouped from a future payment and the MMIS system will automatically make the adjustments to be reported on the 64 reports.

For Self-Directed Supports, Service Managers complete an individualized authorization document. This is forwarded to the state autism coordinator for review and approval. With final state office approval, the authorized amount and dates of service, the rate, and authorized provider are entered into that data system.

Additional checks are in place to assure services are received as billed. At least every 90 days the SM meets with the participant's legal guardian ensure the Participant Service plan is appropriate and no changes are required. Included in that review is whether or not the service has been provided and the individual's satisfaction with it.

In the budget determination process, an authorization document is developed listing the amount and type of service and the overall budget. When that document is approved by the Program Administrator, the information listed above is entered into the eligibility file which authorizes and limits billing by the Fiscal Agent. The authorization document is also then forwarded to the Fiscal Agent where payment limits are established in their payment systems. Requests for payment to the Fiscal Agent are checked against those records to determine if payment should be made. Payments by the Fiscal Agent are made at the direction of the family according to invoices for approved goods and services and timesheets for direct service providers.

If changes are needed to the budget or adjustments are needed within service categories in the approved budget, the Autism Unit staff updates the authorization. At the end of each quarter, a new service authorization developed. If payment request is for Respite Services, then EVV becomes part of the checks to ensure service is rendered and the six EVV components were verified. The Self-Directed Respite claim requests from Veridian for MMIS payment will be verified through Sandata's aggregator before going to MMIS for payment. Agency Respite is also run through Sandata's aggregator before MMIS payments.

e. Billing and Claims Record Maintenance Requirement. Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

# Appendix I: Financial Accountability

*I-3: Payment* (1 of 7)

- a. Method of payments -- MMIS (select one):
  - Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS).
  - O Payments for some, but not all, waiver services are made through an approved MMIS.

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such

	payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:
0	Payments for waiver services are not made through an approved MMIS.
	Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:
0	Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.
	Describe how payments are made to the managed care entity or entities:
Appendi.	x I: Financial Accountability
	I-3: Payment (2 of 7)
	ect payment. In addition to providing that the Medicaid agency makes payments directly to providers of waiver ices, payments for waiver services are made utilizing one or more of the following arrangements (select at least one):
	The Medicaid agency makes payments directly and does not use a fiscal agent (comprehensive or limited) or a managed care entity or entities.
×	The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid program.  The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent.
	Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medicaid agency oversees the operations of the limited fiscal agent:

c. Sup effic expe	plemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with iency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for enditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are e. Select one:  No. The state does not make supplemental or enhanced payments for waiver services.  Yes. The state makes supplemental or enhanced payments for waiver services.  Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the state to CMS. Upon request, the state will furnish CMS with detailed information about the total amount of supplemental or
c. Sup effic expe	plemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with iency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for enditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are see. Select one:  No. The state does not make supplemental or enhanced payments for waiver services.
c. Sup effic expe	plemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with iency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for enditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are le. Select one:
c. Sup effic expe	plemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with iency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for and inditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are
	<b>1-5:</b> Payment (3 of 7)
	•
oendi	x I: Financial Accountability
	Specify how providers are paid for the services (if any) not included in the state's contract with managed care entities.
	Providers are paid by a managed care entity or entities for services that are included in the state's contract with the entity.
	Monthly contract billings for Fiscal Agent services are reviewed to assure they are only billing for individuals approved to receive waiver services. MMIS data, authorizations and Fiscal Agents fees will be compared every 6 months.
	Quarterly, the SM reviews with the family the amount of services utilized and adjust the budget within the individualized authorization back to actual.
	The same Fiscal Agent assures that payments do not exceed the budget within the individualized authorization, develop and maintain employee files, pay the employees the families have hired, pay the vendors selected by the families, and withhold and report all required state and federal taxes and benefits.
c. Supple efficie experimade	individual budgets, and account balances. Quarterly reports of the Fiscal Agent are available to the Autism Services Unit and the Fiscal Agent annually provides detail for the 372 reports.
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	timesheets to the Fiscal Agent. The Fiscal Agent pays the respite worker, codes the claims as to specific type, and bills through the state claims payment system. On-line accounts are available for participants, the SM monitors

# Appendix I: Financial Accountability

*I-3: Payment* (4 of 7)

d. Payments to state or Local Government Providers. Specify whether state or local government providers receive payment for the provision of waiver services.

Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the state.

# g. Additional Payment Arrangements

<ul> <li>No. The state does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.</li> <li>Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).</li> </ul>
Specify the governmental agency (or agencies) to which reassignment may be made.
nized Health Care Delivery System. Select one:
No. The state does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.
O Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10.
Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:
racts with MCOs, PIHPs or PAHPs.
The state does not contract with MCOs, PIHPs or PAHPs for the provision of waiver services.
The state contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the state Medicaid agency.
Describe: (a) the MCOs and/or health plans that furnish services under the provisions of $\S1915(a)(1)$ ; (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d)

	health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.
	O This waiver is a part of a concurrent ?1115/?1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The ?1115 waiver specifies the types of health plans that are used and how payments to these plans are made.
	O If the state uses more than one of the above contract authorities for the delivery of waiver services, please select this option.
	In the textbox below, indicate the contract authorities. In addition, if the state contracts with MCOs, PIHPs, or PAHPs under the provisions of §1915(a)(1) of the Act to furnish waiver services: Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the state Medicaid agency. Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
Appendix	c I: Financial Accountability
a. State non-fe	I-4: Non-Federal Matching Funds (1 of 3)
a. State Innon-fe  A  If  en  A  C  S  th  (I)  C  Appendix	e Level Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the state source or sources of the federal share of computable waiver costs. Select at least one:
	Appropriation of State Tax Revenues to the State Medicaid agency  Appropriation of State Tax Revenues to a State Agency other than the Medicaid Agency.
	If the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the state entity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if the funds are directly expended by state agencies as CPEs, as indicated in Item I-2-c:
	Other State Level Source(s) of Funds.
	Specify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by state agencies as CPEs, as indicated in Item I-2-c:
Appendix	c I: Financial Accountability
	I-4: Non-Federal Matching Funds (2 of 3)

and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory

b. Local Government or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or

sources of the non-federal share of computable waiver costs that are not from state sources. Select One:

	Check each that applies:
c. Informake	☐ Appropriation of Local Government Revenues.
	Specify: (a) the local government entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:
	Other Local Government Level Source(s) of Funds.
	Specify: (a) the source of funds; (b) the local government entity or agency receiving funds; and, (c) the mechanism that is used to transfer the funds to the state Medicaid agency or fiscal agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:
ppendix	I: Financial Accountability
ppendix	I: Financial Accountability  I-4: Non-Federal Matching Funds (3 of 3)
<b>c. Infor</b> make	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that
<b>c. Infor</b> make or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes as; (b) provider-related donations; and/or, (c) federal funds. Select one:
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes as; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs  The following source(s) are used  Check each that applies:
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes as; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs. The following source(s) are used. Check each that applies:  Health care-related taxes or fees.
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes as; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs  The following source(s) are used  Check each that applies:  Health care-related taxes or fees  Provider-related donations
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes as; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs. The following source(s) are used. Check each that applies:  Health care-related taxes or fees.
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs  The following source(s) are used  Check each that applies:  Health care-related taxes or fees  Provider-related donations
c. Informake or fee	I-4: Non-Federal Matching Funds (3 of 3)  mation Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes is; (b) provider-related donations; and/or, (c) federal funds. Select one:  None of the specified sources of funds contribute to the non-federal share of computable waiver costs  The following source(s) are used  Check each that applies:  Health care-related taxes or fees  Provider-related donations  Federal funds

• No services under this waiver are furnished in residential settings other than the private residence of the

Application for 1915(c) HCBS Waiver: ND.0842.R03.00 - Nov 01, 2023 Page 140 of 149 individual. O As specified in Appendix C, the state furnishes waiver services in residential settings other than the personal home b. Method for Excluding the Cost of Room and Board Furnished in Residential Settings. The following describes the methodology that the state uses to exclude Medicaid payment for room and board in residential settings: Do not complete this item. Appendix I: Financial Accountability I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver. Select one: • No. The state does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant. O Yes. Per 42 CFR §441.310(a)(2)(ii), the state will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The state describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services. The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs: Appendix I: Financial Accountability I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5) a. Co-Payment Requirements. Specify whether the state imposes a co-payment or similar charge upon waiver participants for waiver services. These charges are calculated per service and have the effect of reducing the total computable claim for federal financial participation. Select one:

- No. The state does not impose a co-payment or similar charge upon participants for waiver services.
- Yes. The state imposes a co-payment or similar charge upon participants for one or more waiver services.
  - i. Co-Pay Arrangement.

Specify the types of co-pay arrangements that are imposed on waiver participants (check each that applies):

Charges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-7-a-iv):

$\square_I$	Nominal deductible
	Coinsurance
	Co-Payment

Application for 1915(c) HCBS Waiver: ND.0842.R03.00 - Nov 01, 2023 Page 141 of 149
$\square$ Other charge
Specify:
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of 5)
a. Co-Payment Requirements.
ii. Participants Subject to Co-pay Charges for Waiver Services.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)
a. Co-Payment Requirements.
iii. Amount of Co-Pay Charges for Waiver Services.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)
a. Co-Payment Requirements.
iv. Cumulative Maximum Charges.
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.
Appendix I: Financial Accountability
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)
b. Other State Requirement for Cost Sharing. Specify whether the state imposes a premium, enrollment fee or similar cost sharing on waiver participants. Select one:
No. The state does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.
O Yes. The state imposes a premium, enrollment fee or similar cost-sharing arrangement.
Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

# J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2-d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2-d have been completed.

Level(s) of Care: ICF/IID

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1	22242.93	10075.00	32317.93	203003.08	3968.57	206971.65	174653.72
2	22895.38	10377.25	33272.63	209093.18	4087.62	213180.80	179908.17
3	23570.24	10689.14	34259.38	215362.97	4210.25	219573.22	185313.84
4	24259.56	11009.81	35269.37	221826.95	4336.56	226163.51	190894.14
5	24980.14	11340.10	36320.24	228481.76	4466.66	232948.42	196628.18

# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (1 of 9)

a. Number Of Unduplicated Participants Served. Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Wainen Voor	Total Unduplicated Number of Participants	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/IID		
Waiver Year	(from Item B-3-a)			
Year I	345	345		
Year 2	345	345		
Year 3	345	345		
Year 4	345	345		
Year 5	345	345		

## Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (2 of 9)

b. Average Length of Stay. Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The 2020 accepted 372 report was used to report average length of stay instead of the 2021 372 report as the 2021 report had not been accepted, at time of public comment. The average length of stay reported was 270.

## Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (3 of 9)

c. Derivation of Estimates for Each Factor. Provide a narrative description for the derivation of the estimates of the following factors.

*i. Factor D Derivation.* The estimates of Factor D for each waiver year are located in Item J-2-d. The basis and methodology for these estimates is as follows:

Costs are based on actual utilization of services for the services of remote monitor service and Community Connector as paid through the state funded voucher program for the fiscal year 2022, and review of the CMS 372 report that has been approved (2020 and 2021), for the first year of the ASD waiver approved services of respite and assistive technology and it was also determined to update the cost of Service Management to be consistent with targeted case management within Medicaid as they are similar services.

Do to having a large waitlist it was determined the waiver would be maxed out of capacity of slots for a total of 345 users. This number to increase slots by 195 is based on the direction of updated legislation regarding waiver capacity.

Service Management costs were rebased to match the current 2022/2023 state payment of targeted case management. Utilization of RD usage was determined by review of location of both 2023 participants and waitlist locations listed.

Respite services usage was determined by actual reported usage percentages. Past usage showed agency respite being utilized by 44% and self-directed by 15% of the total participants. This was based on agency and self-directed usage during 2023 year of waiver. The rate was rebased to match the 1915i current cost.

Assistive technology was determined to be utilization of 19% per year of total participant. The total cost of \$5000.00 per lifetime of waiver participation remain above average cost therefore it was determined to remain appropriate. This determination is based off the 2020 and 2019 372 reports, average cost was \$514.94 for 2020 and \$422.23 for 2019.

The addition of Social Activities was based off the yearly cost and utilization of same services through the state funded ASD Voucher program for year July 2022 to June 2023.

Remote Monitoring Service cost are based off actual provider cost and utilization was based on usage from the state funded ASD Voucher program for year July 2022 to June 2023.

*ii.* Factor D' Derivation. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

D' is based off the last submitted 372 (2021) for this waiver with a 3 % increase for each year as per legislation increase to providers. This amount was determined to be true usage of Medicaid services. This does not include cost of prescribed drugs that are furnished to Medicare/Medicaid eligible individuals under Part D.

iii. Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

A state generated report is used to calculate the G factor. The report was generated to develop Departments purposed budget request for Legislation session starting in 2023. The G factor is based on the current average Medicaid costs for hospital, NF, or ICF/IID services for those individuals eligible for the HCBS waiver minus the average ICF/IID recipient liability. These amounts were increased by 3% each year of the renewal. As a result of legislation increases for provider cost the waiver years increased by projected 3 % rate increase.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

A state generated report is used to calculate the G' factor. The report was generated to develop Departments purposed budget request for Legislation session starting in 2023. The G' factor is the average cost of other Medicaid services that are not included in Factor G. For WY1-WY5 this figure was inflated by 3% based on anticipated legislatively approved increases. This figure does not include the cost of prescribed drugs furnished to dual eligible under Medicare Part D.

# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed

separately, or is a bundled service, each component of the service must be listed. Select "manage components" to add these components.

Waiver Services	
Respite	
Service Management	
Assistive Technology	
Community Connector	
Remote Monitoring Service	

# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (5 of 9)

### d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 1

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Respite Total:						1269196.80
Agency	1/4 hr	60	1920.00	7.70	887040.00	
Self-directed	1/4 hr.	32	1920.00	6.22	382156.80	
Service Management Total:						6137579.52
service management	1/4 hr	158	768.00	21.49	2607682.56	
service management rural differential 1	1/4 hr	79	768.00	23.60	1431859.20	
service management rural differential 2	1/4 hr	62	768.00	25.06	1193256.96	
service management rural differential 3	1/4 hr	45	768.00	26.18	904780.80	
Assistive Technology Total:						166080.00
Assistive Technology	item	96	2.00	865.00	166080.00	
Community Connector Total:						98900.00
Community Connector	activity	86	1.00	1150.00	98900.00	
Remote Monitoring Service Total:						2055.76
remote monitor					458.00	
GRAND TOTAL: 76738.  Total Estimated Unduplicated Participants:  Factor D (Divide total by number of participants): 222:  Average Length of Stay on the Waiver: 2						

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
starter kit (Device)	item	2	1.00	229.00		
monthly subscription	monthly	2	12.00	64.99	1559.76	
one time activation fee	item	2	1.00	19.00	38.00	
GRAND TOTAL: 7673812.  Total Estimated Unduplicated Participants: 3.  Factor D (Divide total by number of participants): 22242.						
Average Length of Stay on the Waiver: 27						270

# J-2: Derivation of Estimates (6 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost	
Respite Total:						1307366.40	
Agency	1/4 hr.	60	1920.00	7.93	913536.00		
Self-directed	1/4 hr.	32	1920.00	6.41	393830.40		
Service Management Total:						6321331.20	
service management	1/4 hr	158	768.00	22.13	2685342.72		
service management rural differential 1	1/4 hr	79	768.00	24.31	1474936.32		
service management rural differential 2	1/4 hr	62	768.00	25.81	1228968.96		
service management rural differential 3	1/4 hr	45	768.00	26.97	932083.20		
Assistive Technology Total:						166080.00	
Assistive Technology	item	96	2.00	865.00	166080.00		
Community Connector Total:						101867.00	
Community Connector	activity	86	1.00	1184.50	101867.00		
GRAND TOTAL: 7898906.24  Total Estimated Unduplicated Participants: 345  Factor D (Divide total by number of participants): 22895.38  Average Length of Stay on the Waiver: 270							

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Remote Monitoring Service Total:						2261.64
remote monitor starter kit (Device)	item	2	1.00	307.97	615.94	
monthly subscription	monthly	2	12.00	66.94	1606.56	
one time activation fee	item	2	1.00	19.57	39.14	
GRAND TOTAL: 7  Total Estimated Unduplicated Participants:  Factor D (Divide total by number of participants):  Average Length of Stay on the Waiver:						7898906.24 345 22895.38 270

# J-2: Derivation of Estimates (7 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Respite Total:						1346688.00
Agency	1/4 hr.	60	1920.00	8.17	941184.00	
Self-directed	1/4 hr.	32	1920.00	6.60	405504.00	
Service Management Total:						6511710.72
service management	1/4 hr	158	768.00	22.80	2766643.20	
service management rural differential 1	1/4 hr	79	768.00	25.04	1519226.88	
service management rural differential 2	1/4 hr	62	768.00	26.59	1266109.44	
service management rural differential 3	1/4 hr	45	768.00	27.77	959731.20	
Assistive Technology Total:						166080.00
Assistive Technology	item	96	2.00	865.00	166080.00	
Community Connector Total:						104923.44
	Factor D (Divide total	GRAND TOTAL: Unduplicated Participants: by number of participants): ength of Stay on the Waiver:				8131731.46 345 23570.24 270

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Community Connector	activity	86	1.00	1220.04	104923.44	
Remote Monitoring Service Total:						2329.30
remote monitor starter kit (Device)	item	2	1.00	317.21	634.42	
monthly subscription	monthly	2	12.00	68.94	1654.56	
one time activation fee	item	2	1.00	20.16	40.32	
				8131731.46 345 23570.24 270		

# J-2: Derivation of Estimates (8 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Respite Total:						1386624.00
Agency	1/4 hr.	60	1920.00	8.41	968832.00	
Self-directed	1/4 hr.	32	1920.00	6.80	417792.00	
Service Management Total:						6706375.68
service management	1/4 hr	158	768.00	23.48	2849157.12	
service management rural differential 1	1/4 hr	79	768.00	25.79	1564730.88	
service management rural differential 2	1/4 hr	62	768.00	27.38	1303726.08	
service management rural differential 3	1/4 hr	45	768.00	28.61	988761.60	
Assistive Technology Total:						166080.00
Assistive Technology	item				166080.00	
	Factor D (Divide total	GRAND TOTAL: Unduplicated Participants: by number of participants): ength of Stay on the Waiver:				8369549.70 345 24259.56 270

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
		96	2.00	865.00		
Community Connector Total:						108071.04
Community Connector	activity	86	1.00	1256.64	108071.04	
Remote Monitoring Service Total:						2398.98
remote monitor starter kit (Device)	item	2	1.00	326.73	653.46	
monthly subscription	monthly	2	12.00	71.00	1704.00	
one time activation fee	item	2	1.00	20.76	41.52	
	Factor D (Divide total	GRAND TOTAL: Unduplicated Participants: by number of participants): ength of Stay on the Waiver:				8369549.70 345 24259.56 270

# J-2: Derivation of Estimates (9 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Respite Total:						1427712.00
Agency	1/4 hr.	60	1920.00	8.66	997632.00	
Self-directed	1/4 hr.	32	1920.00	7.00	430080.00	
Service Management Total:						6910571.52
service management	1/4 hr	158	768.00	24.21	2937738.24	
service management rural differential 1	1/4 hr	79	768.00	26.56	1611448.32	
service management rural differential 2	1/4 hr	62	768.00	28.21	1343247.36	
service management rural differential 3	1/4 hr	45	768.00	29.46	1018137.60	
	Factor D (Divide total	GRAND TOTAL: Unduplicated Participants: by number of participants): ength of Stay on the Waiver:				8618147.70 345 24980.14 270

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Assistive Technology Total:						166080.00
Assistive Technology	item	96	2.00	865.00	166080.00	
Community Connector Total:						111313.24
Community Connector	activity	86	1.00	1294.34	111313.24	
Remote Monitoring Service Total:						2470.94
remote monitor starter kit (Device)	item	2	1.00	336.53	673.06	
monthly subscription	monthly	2	12.00	73.13	1755.12	
one time activation fee	item	2	1.00	21.38	42.76	
	Factor D (Divide total	GRAND TOTAL:  Unduplicated Participants: by number of participants): ength of Stay on the Waiver:				8618147.70 345 24980.14 270