

PPE Donning/Doffing Steps Checklist for Airborne Precautions

***Note** gowns should be fluid resistant if expected or potential for working with/being exposed to body fluids. If exposure to bodily fluids from splashes or copious drainage is a high potential, shoe covers are also to be used.

DONNING WITH N95:

- Perform Hand Hygiene (HH), then proceed with donning prior to entering patient room.
 - *If using shoe covers, put on now. Shoelaces should be tucked into shoe covers.
- GOWN- gown should fully cover torso from neck to knees, arms to wrists and wrap around back.
 - Should be tied in the back of neck and waist. Some will have “loop” to put your head through vs. a tie. Some may also have thumb holes that should be used to keep sleeve down.
- N95 mask- you need to be fit tested in the past year. Select your size.
 - Hold mask with outside touching palm of hands with nose piece towards fingertips and head straps hanging freely below hand.
 - Position the mask below chin with nose piece up.
 - While holding mask in place pull top strap overhead and place high on back of head Secure.
 - Pull bottom strap over your head and rest below ears, and at back of your neck. Straps should be beneath your hair.
 - Untwist straps and position so mask low on nose. Using both your hands (index and middle fingers) mold the mask to your nose by pushing down and outward

- over the nosepiece and moving your fingertips down along the outside of both sides of the nosepiece.
- Do a fit check by placing both hands over the mask and exhaling sharply. If air leaks repeat adjusting the nosepiece to fit as instructed in previous step and adjust head straps. Repeat fit check. If air leak still present, you can NOT enter room. Air leak must be done with EACH donning of mask.
- Perform HH
 - Don Goggles or face shield. Adjust to fit so not loose.
 - Don Gloves- select correct size and extend them to cover wrist of gown.
 - Make sure PPE fits comfortably so you won't be needing to adjust when in room with patient.
 - Keep hands away from face.
 - Limit surfaces touching.
 - Change gloves immediately if see gloves are torn or heavily soiled. Perform HH after doffing, before donning a clean pair.

DOFFING WITH N95:

Removing PPE in a specific order prevents contamination from the PPE to its lowest level.

*Remove PPE at door, noting to make sure and remove N95 after leaving the patient room and after closing the door or remove all PPE in ante room.

- If **shoe covers** used- remove now
 - Remove gown and gloves. Front of gown and sleeves and outside of gloves are considered contaminated. If your hands get contaminated during remove, perform HH immediately.
 - Grasp the gown in the front and pull away from your body, fold or rolling the gown inside-out into a bundle.
 - As you remove the gown peel off the gloves as well, only touching the inside of the gown and gloves with your bare hands.
 - Place gown and gloves into a waste receptacle.
- NOTE: Some facilities will require you to keep gloves on and perform HH at this time, with gloves on. Another method is to have two pairs of gloves on, one under the gown and the other over the gown sleeves. The first pair would be donned before the gown and remain on after removing the gown/(2nd) glove together technique. This pair of gloves would be removed after the N95 mask is doffed.**

- Remove goggles/face shield without touching the fronts. Remember the outside is contaminated so if hands get contaminated, immediately perform HH.
 - Remove face protection from the back by lifting band and holding out by strap or grabbing sides and pulling forward away from face.
 - Drop in receptacle or if reusable, in designated receptacle for reprocessing.
- Remove N95-**Do not touch the** front of mask.
 - Pull bottom strap overhead, continuing to hold strap and then using other hand to remove top strap overhead, continuing to hold strap. If your hands get contaminated, stop and perform HH. Prevent the bands from “snapping”
 - discard in waste receptacle OUTSIDE of room once door closed, if do not have ante room.
- Perform HH

Note: **Head covers** are optional. Head covers should be donned after the N95 mask, doffing it after the goggles are removed.

DONNING WITH A PAPR (Powered Air-purifying Respirator)- Same processes/rationale as with N95 for gown/gloves, face protection.

Best to do with a buddy.

- Perform HH
- *If using **shoe covers**, put on now. Shoelaces should be tucked into shoe covers.
- Don PAPR
 - Check to see that battery is charged.
 - Attach power pack to the power hose, then turn power pack on to make sure air flow is present.
 - Attach breathing tube to blower unit securely.
 - Attach other end of breathing tube to the hood.
 - Attach power pack to the waist securely, with assistance of buddy if present, and put on headcover, ensuring all hair is covered and headcover is secured.
- Perform HH
- Don Gown
- Don Gloves

DOFFING WITH A PAPR – Same processes/rationale as with N95 for gown/gloves, face protection

- *If **shoe covers** used- remove now
- Removes gown and gloves
- HH and new gloves
- Remove PAPR
 - Buddy will hold power pack behind you while head piece is removed.
 - Then the hood is disconnected and disposed of.
 - Rest of pack is put in decontamination bin for reprocessing.
- Remove gloves and do HH
- ***Buddy needs to perform HH too!**

02/20/2020