

NORTH
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**Autism Spectrum Disorders
Resource Booklet**



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Disclaimer

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child’s doctor or other health care providers.

What is an Autism Spectrum Disorder?

Autism spectrum disorder (ASD) is a group of developmental disabilities that can cause significant social, communication, and behavioral challenges.

“Autism spectrum disorder (ASD) is a complex developmental disability; signs typically appear during early childhood and affect a person’s ability to communicate and interact with others. ASD is defined by a certain set of behaviors and is a “spectrum condition” that affects individuals differently and to varying degrees. There is no known single cause of autism, but increased awareness and early diagnosis/intervention and access to appropriate services/supports lead to significantly improved outcomes. Some of the behaviors associated with autism include delayed learning of language; difficulty making eye contact or holding a conversation; difficulty with executive functioning, which relates to reasoning and planning; narrow, intense interests; poor motor skills and sensory sensitivities. Again, a person on the spectrum might follow many of these behaviors or just a few, or many others besides. The diagnosis of autism spectrum disorder is applied based on analysis of all behaviors and their severity.”

-The National Autism Society: autism-society.org/what-is/



Specialty Health Services

For nearly all children on the autism spectrum, evaluation by an experienced team of professionals is necessary for an accurate diagnosis and optimal treatment plan. Families are essential partners to the team, as they are the principle caregivers and center of strength and support for children.



Diagnostic Clinics

Altru's Pediatric Developmental Clinic

This clinic serves children considered to be at risk for developmental issues. Located in Altru's Main Clinic, the Pediatric Developmental Clinic integrates physical and occupational therapy screenings, as well as nutrition services with the child's physician appointment. Together, the team determines if the child has a need for additional services.

Grand Forks

1000 South Columbia Road
Grand Forks, N.D. 58201
Phone: 701-780-2477

altru.org/services/pediatrics/therapy

Anne Carlsen Center

The Anne Carlsen Center provides a thorough evaluation for families seeking to determine if their child meets criteria for ASD. The diagnostic team includes a pediatrician, behavior support coordinator, occupational therapist, and speech language pathologist. The evaluation is conducted in a clinical setting utilizing formal and informal assessment tools. Clinics are held twice monthly in Jamestown at the Anne Carlsen Center; each child is typically seen over the course of half of a day. Family members are present during the evaluation to answer questions and offer insight. Families meet with the team that same day to discuss results. For more information, visit annecarlsen.org.

Jamestown

701 3rd St. NW
Jamestown, N.D. 58402
Phone: 701-751-2315
Phone: 800-568-5175

Great Plains Interdisciplinary Autism Diagnostic Clinic (GPIC)

Special Health Services (SHS) supports autism clinics in Williston and Minot. The purpose of these clinics is to provide diagnostic services, including screening and follow-up services, to referred children following the best practice interdisciplinary model. Referrals most often are made by local providers, but can also be made by families. Children are screened at the clinic in an arena-style format. In this environment, the interdisciplinary team works in one room with the family present to perform screening and provide recommendations to the family. The sites for the ASD clinics are listed below:

Belcourt

Turtle Mountain Head Start
1010 Carole James Street
Belcourt, N.D. 58316
Phone: 701-858-3286

Williston

Northwest Human Service Center
316 2nd Ave. W.
Williston, N.D. 58801
Phone: 701-858-3286

Minot

Minot State University Campus
500 University Ave. W.
Minot, N.D. 58707
Phone: 701-858-3286

GPIC's Family Support Specialist
Phone: 701-858-3286

Neuropsychology Associates, P.A.

Neuropsychology Associates, P.A. provides comprehensive neuropsychological services across the lifespan including neuropsychological assessment of children, adolescents, and adults with a wide range of medical, developmental, cognitive, and behavioral disorders. For more information, visit neuropsychnd.com.

Fargo

1220 Main Ave., Suite 100
Fargo, N.D. 58103
Phone: 701-297-7588

Pediatric Therapy Partners Neurobehavioral Health

Pediatric Therapy Partners Neurobehavioral Health is a group of pediatric professionals specializing in neurobehavioral, mental health, occupational, physical and speech-language services from birth through adolescents. For more information, visit pediatrictherapypartners.com/neurobehavioral-health.

Fargo

3060 Frontier Way S.
Fargo, N.D. 58104
Phone: 701-232-2340 or 888-875-5262

Bismarck

4501 Coleman St. N., Suite 103
Bismarck, N.D. 58503
Phone: 701-751-6336 or 888-875-5262

Altru's Rehab Autism Diagnostic Clinic (Grand Forks)

This clinic is held several times per year and features a multidisciplinary team that eliminates the need for parents to attend multiple appointments on different days. Parents and providers who have concerns regarding a child's development have access to the screening clinic at no cost.

Altru's Rehab Autism Diagnostic Clinic
1300 Columbia Road S.
Grand Forks, N.D. 58201
Phone: 701-780-2481

Sanford Health's Pediatric Developmental Evaluation Clinic

This clinic is for any child (age 6 months and older) warranting a full developmental assessment. Each child is evaluated by a speech therapist, occupational therapist, pediatrician, psychologist, and dietician. Families are also seen by a medical social worker and a registered nurse. Diagnosis of an ASD facilitates at least one follow-up visit with the child and family. These visits are intended to monitor the child's progress and ensure that appropriate services are in place for the child and family.

Fargo

Sanford Health's Coordinated Treatment Center

Phone: 701-234-6600 or 800-828-2901

For more information about ASD clinics, review the following link: https://www.health.nd.gov/sites/www/files/documents/Files/HSC/SHS/SHS_Clinic_Directory.pdf?ver=2

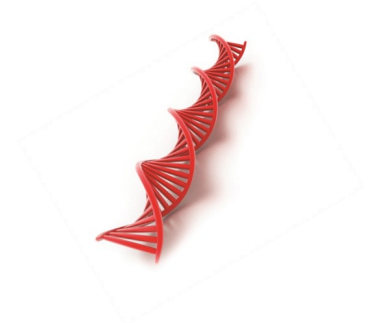


Genetic Services

Genetic testing is used to identify DNA changes associated with specific medical conditions. Genetic testing can help determine whether a person has a genetic disease, whether it has been inherited, and the chance for future children or other family members to have the same condition.

Sanford Children's Broadway Clinic

737 Broadway North
Fargo, N.D. 58102
Phone: 701-234-2362
sanfordhealth.org/medical-services/genetics



Sanford Health Genetic Counseling

222 North 7th St.
Bismarck, N.D. 58501
Phone: 701-323-8030

Women's Medical Center
414 North 7th St.
Bismarck, N.D. 58501
Phone: 701-323-5870

sanfordhealth.org/medical-services/genetics/genetic-counseling

InformedDNA Telephone Genetic Counseling

Phone: 800.975.4819
informeddna.com

MSSNG

MSSNG aims to sequence the complete genomes of 10,000 individuals affected by autism and their families. Autism Speaks is collaborating with Google to store sequenced data from MSSNG on the Google Cloud Platform, providing an open resource for scientists worldwide to access and share ASD research. MSSNG is a significant milestone in advancing genomic research of ASD and could lead to breakthroughs in causes, subtypes, and better diagnosis and treatment for the disorder. For more information, visit <https://research.mss.ng/>

Interventions for Autism Spectrum Disorders

There are a number of behavioral and educational interventions currently available for individuals with ASD. Not every treatment may be appropriate for every child.

One way to determine if a particular treatment may be effective is to evaluate the research. The Evidence-Based Practices (EBP) Report from The National Professional Development Center utilizes a Strength of Evidence classification system to demonstrate the EBP's confidence about the efficacy of a specific intervention. Ratings reflect the quality, quantity, and consistency of research findings. The EBP can be found online at autismpdc.fpg.unc.edu/node/21.

It is also important that you speak with your child's physician to discuss the different therapy options.

Websites for Evidence Based Interventions

Applied Behavior Analysis (ABA)

abaresources.com
bacb.com

Ohio Center for Autism and Low Incidence (OCALI)

OCALI serves families, educators, and professionals working with students with autism and low-incidence disabilities, including autism spectrum disorders, multiple disabilities, orthopedic impairments, other health impairments, and traumatic brain injuries. OCALI's mission is to build state and system-wide capacity to improve outcomes through leadership, training and professional development, technical assistance, collaboration, and technology. Visit ocali.org for more information.

Free training modules on various interventions are located at <https://autisminternetmodules.org>





The University of North Carolina TEACCH Autism Program

This university-based system of community regional centers offers a set of core services along with unique demonstration programs meeting the clinical, training, and research needs of individuals with ASD, their families, and professionals. The TEACCH Autism Program provides clinical services such as diagnostic evaluations, parent training and parent support groups, social play and recreation groups, individual counseling for higher-functioning clients, and supported employment.

In addition, TEACCH Autism Program conducts training nationally and internationally and provides consultation for teachers, residential care providers, and other professionals from a variety of disciplines. Learn more at teacch.com.

Many interventions exist for ASD; yet, scientific research has found only some of these interventions to be effective. The interventions that researchers have shown to be effective are called evidence-based practices (EBPs). One reason for using EBPs is because, by law, teaching practices must be based on evidence of effectiveness. Learn more at autismpdc.fpg.unc.edu/node/19.

Therapy Providers for Autism Spectrum Disorders (Physical Therapy, Occupational Therapy, and Speech)

Bismarck

CHI St. Alexius Pediatric Therapy
701-530-8200

Little Lights Pediatric Therapy
701-751-0410

The Kid's Therapy Center, LLC
701-751-0384

Pediatric Therapy Partners
888-875-5262 or 701-751-6336

Red Door Pediatric Therapy
701-222-3175

Sanford Health Pediatric Rehabilitation
701-323-6097

The Enrichment Garden, Inc.
701-258-1569

Poppy's Promise
701-204-7870

Dickinson

Rehab Visions
701.483.9400

Wonderment Therapies, PLLC
701-765-3064

Fargo

Beyond Boundaries Therapy Services
701-356-0062

Essentia Health Pediatric Therapy Services
701-364-3309

Great Kids Therapy
701-261-4643

North Dakota Autism Center, Inc.
701-277-8844

Pediatric Therapy Partners
888-875-5262 or 701-232-2340

Sanford Health
701-234-2000

Grand Forks

Altru Health System Pediatric Therapy Services
701-780-2477

Little Miracles, Inc.
701-772-3851

Harvey

Positive Progressions Therapy
701-324-4192

Hettinger

West River Health Services
701-567-4561

Jamestown

Anne Carlsen Center Outpatient Therapy Services
701-252-3850 or 800-568-5175

Jamestown Regional Medical Center
701-952-4800

Minot

Dakota Therapy Group

701-721-1200

Minot Center for Pediatric Therapy

701-837-9801

Prairie Grit Therapy

701-838-1080

Prairie Therapy

701-839-1311

Red Door Pediatric Therapy

701-222-3175

The Olive Branch

701-837-8283

Total Behavior Support

701-852-6154

Trinity Health

701-857-5286



Northwood

Northwood Deaconess Health Center

701-587-6060

Valley City

CHI Mercy Hospital

701-845-6400

Williston

CHI St. Alexis Health

701-774-7400

Chatter Pediatric Therapy

701-580-8788

**This is not an all-inclusive list reflective of all therapies available throughout the state. Additional resources may be available online.*

About Occupational Therapy

webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism
aota.org/about-occupational-therapy.aspx

About Speech Therapy

webmd.com/brain/autism/benefits-speech-therapy-autism
asha.org/Practice-Portal/Clinical-Topics/Autism/

State Programs and Services

Autism Waiver

This waiver provides services for young children who have a diagnosis of ASD. The waiver gives families access to an evaluation team that can validate their child's diagnosis and serve as a resource for the family's local service providers.

- Service Management
- Skills Training
- Program Design & Monitoring
- Respite Care
- Assistive Technology

ASD Services

Phone: 701-328-8912

nd.gov/dhs/autism/

Autism Voucher

The voucher program helps pay for assistive technology, training, and other approved support services that help meet the unique needs of children with ASD.

Vouchers are provided totaling up to \$12,500 per year, per qualifying child, to help eligible families with the cost of supporting a child with ASD.

Autism Spectrum Disorder Database

The Division of Special Health Services (SHS) within the ND Department of Health administers an Autism Spectrum Disorder Database that includes records of all reported cases of ASD in North Dakota.

Special Health Services

Phone: 701-328-2436

<https://www.health.nd.gov/asd>

Developmental Disabilities Division

The Developmental Disabilities Division within the ND Department of Human Services provides services to North Dakota citizens of all ages with developmental disabilities.

Developmental Disabilities Division

Phone: 800-755-8529

<https://www.nd.gov/dhs/services/disabilities/dd.html>

Intellectual Disabilities/Developmental Disabilities Waiver

This waiver assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. It serves individuals through the lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); In-Home Supports; Assistance with transportation costs, equipment, supplies, and environmental modifications; and Adult services such as day services, job coaching, and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers. Visit www.nd.gov/dhs/locations/regionalhsc/ for more information.

Health Tracks/EPSDT

Federal law requires state Medicaid programs to offer Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) to all Medicaid-eligible children under age 21. EPSDT is designed to ensure that children in low income families receive the health check-ups and treatments they need. The EPSDT benefit entitles eligible children and adolescents to all necessary screening, diagnostic, and treatment services.

Free preventive health-screening services are offered to children enrolled in Medicaid from birth to age 21.

Children may receive:

- Childhood immunizations
- Dental screening
- Developmental screening
- Hearing screening
- Lab tests
- Lead screening
- Mental health screening
- Other specialty care if needed
- Orthodontic treatment (braces for teeth)
- Physical examination including a health history
- Prescription drugs
- Vision care
- Vision screening

Simply contact your local Human Service Zone office or local public health unit. They will help schedule a Health Tracks appointment. For more information, call 1-800-755-2604.



Family Support Services

Anne Carlsen Center

The Anne Carlsen Center offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and support in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized support for individuals from birth to age 21. In addition, through their community-based services (i.e., in-home supports and community day support), Anne Carlsen accommodates individuals of all ages, including adults. For more information about services in the Dickinson location, call 701-934-1144 or visit: annecarlsen.org.

Bismarck (also covering Dickinson)

1929 N. Washington St., Suite G
Bismarck, N.D. 58501
701-751-3732
800-201-8672

Jamestown

701 3rd St. NW
Jamestown, N.D. 58402
701-252-3850
800-568-5175

Fargo

4152 30th Ave. S., Suite 102
Fargo, N.D. 58104
701-364-2663
800-201-8672

Minot

1408 20th Ave. SW, Ste. 7
Minot, N.D. 58701
701-858-0009

Grand Forks

2016 S. Washington St.
Grand Forks, N.D. 58201
701-757-4200
888-815-3770

Devils Lake

218 4th St. NW.
Devils Lake, N.D. 58301
701-662-6324

Bottineau

1 Winter Park Road
Bottineau, N.D. 58318
701-263-4556

Child Care Assistance Program

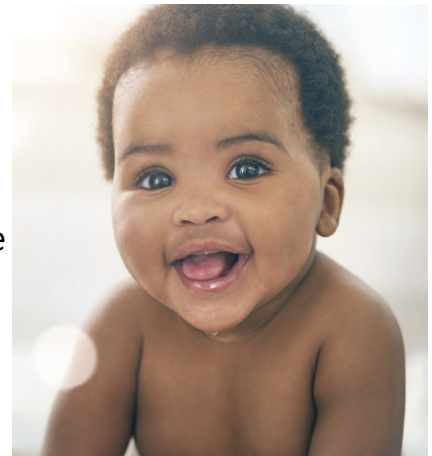
This program provides financial assistance to low-income families for child care costs.

North Dakota Department of Human Services
600 East Boulevard Ave., Dept. 325, Bismarck, N.D. 58505
Phone: 701-328-2332
Toll-Free: 800-855-2716
nd.gov/dhs/services/financialhelp/childcare.html

Child Care Aware

Child Care Aware provides assistance locating child care and other related services. Call Child Care Aware at 800.997.8515 or visit ndchildcare.org for more details.

Bismarck: 701-530-2525
Fargo: 701-476-6820
Grand Forks: 701-787-7755
Jamestown: 701-252-0350
Minot: 701-418-1430



Center for Parent Information and Resources (CPIR)

CPIR serves as a central resource of information and products to the community of Parent Training Information (PTI) Centers and the Community Parent Resource Centers (CPRC's), so that they can focus their efforts on serving families of children with disabilities. Visit parentcenterhub.org for more information.

Early Intervention (Infant Development)

This is a service designed to help families with children from birth to age three with disabilities and/or developmental delays. The goal of this program is to support the child and their family in gaining skills and fully participating in their natural environment. By partnering with families, ND Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of therapeutic professionals, as well as a Service Coordinator (DD Program Manager) and an experienced parent. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help or social emotional skills).
- Displays a 25 percent delay or more in any two areas of development.
- Has a diagnosis or disability that impairs typical development.
- Has a significant health condition that puts them at high risk for developmental delays.

Another component to ND Early Intervention is Right Track. Right Track provides a variety of services to families, which include developmental screenings, referrals to community resources, serving as a resource to parents, etc. To make a referral, or to learn more, call the Developmental Disabilities Services Division at 800-755-8529 or visit nd.gov/dhs/services/disabilities.

For other developmental disabilities, contact the Human Service Centers of North Dakota at one of these regional offices:

Bismarck

West Central Human Service Center
Phone: 701-328-8888 or 888-328-2662

Grand Forks

Northeast Human Service Center
Phone: 701-795-3000 or 888-256-6742

Devils Lake

Lake Region Human Service Center
Phone: 701-665-2200 or 888-607-8610

Jamestown

South Central Human Service Center
Phone: 701-253-6300 or 800-260-1310

Dickinson

Badlands Human Service Center
Phone: 701-227-7500 or 888-227-7525

Minot

North Central Human Service Center
Phone: 701-857-8500 or 888-470-6968

Fargo

Southeast Human Service Center
Phone: 701-298-4500 or 888-342-4900

Williston

Northwest Human Service Center
Phone: 701-774-4600 or 800-231-7724

Early Intervention Partners

Early Intervention Partners serves children from birth to three years of age. Families are taught to incorporate learning opportunities into their everyday routines. Families are assisted with finding the right supports and connections to make their child successful in life. For more information, visit pediatrictherapypartners.com/neurobehavioral-health.

Fargo

3060 Frontier Way S.
Fargo, N.D. 58104
Phone: 701-232-2340 or 888-875-5262

Family Voices of North Dakota

This is a health care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families. Contact 701-493-2634 or 888-522-9654, or visit fvnd.org/site for more details.

ND Federation of Families for Children's Mental Health

Federation of Families provides support and advocacy for children's mental health. Call 701-222-3310 or visit ndffcmh.org for more information.

Legal Services of North Dakota

Legal Services of ND provides legal assistance for a variety of matters to low income and elderly North Dakotans.

418 East Broadway, #7
Bismarck, N.D. 58501
Phone: 701-258-4270 or 800-634-5263
legalassist.org

National Alliance on Mental Illness North Dakota

This organization offers meetings and training opportunities throughout North Dakota that focus on education and support for consumers, families and friends.

2242 Springbrook Ct.
Grand Forks, N.D. 58201
Phone: 701-746-5380
<https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=ND>

North Dakota Autism Center, Inc. (NDAC)

The NDAC offers the Family Support Services (FSS) Program which offers support to people on the Developmental Disabilities Waiver of North Dakota. It is designed to provide support for family members who need to take time away from their responsibilities as a primary caregiver by assisting clients with activities of daily living and community support. This can take place while the primary caregiver is home, but unavailable to care for the person, or away from home.

647 13th Ave. E.
West Fargo, N.D. 58078
Phone: 701-277-8844
ndautismcenter.org

North Dakota Autism Connection

The ND Autism Connection is a Bismarck-based non-profit organization. Their mission is to provide a support network which unites families through education and awareness. ND Autism Connection is also the host of the Bismarck-Mandan Autism Walk.

PO Box 7418
Bismarck, N.D. 58507-7418
Phone: 701-425-6151



Pathfinder Services of North Dakota

Statewide parent training is offered and information provided to help families of children and youth with learning difficulties.

Town and Country Center
1015 S. Broadway, Suite 42
Minot, N.D. 58701
Phone: 701-837-7500 or 800-245-5840
pathfinder-nd.org

Protection and Advocacy Project (P&A)

P&A advocates for the legal rights of North Dakotans with disabilities.

400 East Broadway, Suite 409
Bismarck, N.D. 58501
Phone: 701-328-2950 or 800-472-2670
Fax: 701-328-3934
ndpanda.org

Red River Valley Aspergers-Autism Network

This group provides education, advocacy, and support for individuals with ASD and their families.

4152 30th Ave., Suite 102
Fargo, N.D. 58104
Phone: 701-566-1675
rrvan.net

Ronald McDonald House Charities

Temporary residence is provided near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation, but if that isn't possible, the stay is free.

Bismarck

609 North 7th St.
Bismarck, N.D. 58501
Phone: 701-258-8551
rmhcbismarck.org

Fargo

1330 18th Ave. S.
Fargo, N.D. 58103
Phone: 701-232-3980
rmhcfargo.org

Williston Autism Support Group

This is a parent-led support group for parents, foster parents, and caretakers of children anywhere on the spectrum. Call 701-609-2937 or 701-570-4647 for more details.

Military Resources

Medical

Tricare
Phone: 877-988-9378
tricare.mil

Exceptional Family Member Program

The Air Force's Exceptional Family Member Program (EFMP) is designed to provide support to military family members with special needs. EFMP is comprised of three components which work together to support military members and their families.

Minot Air Force Base

Phone: 701-723-5527

Grand Forks Air Force Base

Phone: 701-747-5591



Autism Care Today

This national organization's mission is to raise awareness and provide treatment services and support to families to help their children with ASD achieve their full potential. Visit act-today.org for more information.

Military OneSource

Military OneSource offers policy and programmatic information, helpful resources, products, articles and tips on numerous topics related to military life. Confidential services are available 24 hours a day by telephone and online. In addition to the website support, Military OneSource offers confidential call center and online support for consultations on a number of issues such as spouse education and career opportunities, issues specific to families with a member with special needs, health coaching, financial support, and resources.

Phone: 800-342-9647
militaryonesource.mil

Statewide Tribal Programs

Fort Berthold Indian Reservation - Three Affiliated Tribes

mhanation.com

- Elbowoods Memorial Health701-627-4750
- Community Health Representative
 - New Town701-627-4340
 - Mandaree701-421-4188
 - Parshall701-898-8532
 - Twin Buttes701-898-1273
 - White Shield701-743-4178

Standing Rock Indian Reservation

standingrock.org

- Public Health Service Hospital701-854-3831
- Community Health Representative
 - Fort Yates701-854-3856
 - Cannonball701-854-9926
- Tribal Health701-854-7206
- Early Childhood Tracking701-854-3678

Fort Totten Indian Reservation - Spirit Lake Nation

spiritlakenation.com

- Spirit Lake Health Center701-766-1600
- Tribal Health701-766-4236
- Community Health Representative701-766-4236
- Early Childhood Tracking701-766-1248

Trenton Indian Service Area

mytisa.org

- Trenton Community Clinic701-774-0461
- Community Health Representative Coordinator701-774-0303
- Tribal Health701-774-0461

Turtle Mountain Indian Reservation

tmchippewa.com

- Quentin Burdick Health Facility 701-477-6111 or 701-477-8429
- Community Health Representative701-477-5696
- Tribal Health701-477-6120

Information and Referral Services

Autism Services

Autism-specific services and supports are offered to children and their families while working collaboratively with providers and agencies across the state. Services include the Autism Voucher, Autism Spectrum Disorders Medicaid Waiver, and statewide training efforts.

North Dakota Department of Human Services
600 East Boulevard Ave., Dept. 325
Bismarck, N.D. 58505
Phone: 701-328-8912
nd.gov/dhs/autism

Behavioral Health Services

Behavioral Health Services provides leadership for the planning, development, and oversight of a system of care for children, adults, and families with severe emotional disorders, mental illness, and/or substance abuse issues.

North Dakota Department of Human Services
Behavioral Health Services
1237 West Divide Ave., Suite 1C
Bismarck, N.D. 58501
Phone: 701-328-8920
nd.gov/dhs/services/mentalhealth



Special Health Services (SHS)

The mission of the Division of Special Health Services is to promote a system of care and services that improves the health and well-being of individuals with special health care needs and their families. Cross-cutting implementation strategies at the heart of all SHS programs include:

- Care Coordination
- Collaboration
- Data-informed Decisions
- Information and Education

Programs and Services

Coordinated Services: Provides services and resources that support coordinated management of specific chronic health conditions.

Financial Coverage Program: Helps families pay for medical services for eligible children, youth, and young adults who require specialty care to diagnose and treat their chronic health conditions.

Newborn Screening and Follow-up Program: The goal of this program is to identify conditions at an early age when treatment and intervention can prevent health problems, support early development, and save lives.

Children with Special Health Care Needs System Enhancement: Improves health outcomes of Children with Special Health Care Needs (CSHCN) by advancing a quality, comprehensive system of care that promotes the healthy development and well-being of children and their families.

North Dakota Department of Health
State Capitol – Judicial Wing
600 East Boulevard Ave., Dept. 301
Bismarck, N.D. 58505
Phone: 701-328-2436
Toll-free: 800-755-2714
Relay TDD: 800-366-6888
<https://www.health.nd.gov/Youth/special-health-services>

Human Service Zones

Human Service Zones, formerly County Social Services, administer economic assistance and social service programs. To inquire about assistance, please contact your local Human Service Zone, or visit nd.gov/dhs/locations/

North Dakota Department of Public Instruction (DPI)

Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701-328-2277 or locate your local special education unit at dpi.state.nd.us.

Pediatricians and Family Doctors

All children benefit from a medical home. A medical home is not a building, but rather an approach to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family/patient to assure that the medical and non-medical needs of the child/youth are met. Through this partnership, medical providers can help families access and coordinate specialty care, educational services, out-of-home care, family support and other public and private community services that are important to the overall health of the child and family. Contact SHS at 701-328-2436 for a list of pediatric doctors who practice in North Dakota.

Public Health

Local public health units provide a variety of services such as immunizations, tobacco use prevention, high blood pressure screening, injury prevention screening, blood lead screening, Early and Periodic Screening Diagnosis & Treatment, home visits, high-risk infant follow-up, general child health services, community wellness programs, and school health screenings. Visit ndhealth.gov/localhd for details.

Transition to Independence Program

This program provides wraparound case management for transition aged youth/young adults at risk as they transition to adult services.

North Dakota Department of Human Services
600 East Boulevard Ave., Dept. 325
Bismarck, N.D. 58505
Phone: 701-328-2310

Vocational Rehabilitation

Vocational Rehabilitation assists individuals with disabilities to improve their employment opportunities and to assist businesses in finding solutions to their disability-related issues.

North Dakota Division of Vocational Rehabilitation
1237 West Divide Ave., Suite 1B
Bismarck, N.D. 58501
Phone: 701-328-8950, Toll-Free: 800-755-2745
E-mail: dhsvr@nd.gov
nd.gov/dhs/dvr

Workforce Innovation and Opportunity Act

This Act requires that the state Vocational Rehabilitation Program must provide employment related service earlier to students and youth with disabilities, starting at age 14. For more information, visit nd.gov/dhs/dvr/wioa/wioa.html.

E-mail: dhsvr@nd.gov
nd.gov/dhs/dvr



Inpatient and Residential Facilities

Anne Carlsen Center Jamestown

Anne Carlsen Center provides hospital-level care to a majority of the state's most medically-fragile children. To meet the needs of these individuals, the Center provides round-the-clock care. Keeping in line with the Center's overall goal of providing a holistic approach to an individual's personal, psychological, physical, and social well-being, the Center makes every effort to provide its residents opportunities for making connections and developing relationships with the Center's Jamestown Campus and the community.

701 3rd St. NW, PO Box 8000
Jamestown, N.D. 58402
Phone: 701-751-3732
annecarlsen.org/



Anne Carlsen
CENTER
Nurturing abilities. Changing lives.

Prairie St. John's

This is a fully-licensed and accredited inpatient facility offering services for children, adolescents, and adults to address mental health issues, substance use addiction, or co-occurring disorders.

510 4th St. S.
Fargo, N.D. 58103
Phone: 701-476-7200 877-333-9596
prairie-stjohns.com/



Dakota Girls and Boys Ranch

Dakota Girls and Boys Ranch provides a place to heal for children ages 10-18, who have psychiatric, behavioral, and trauma issues. Children who come to the Ranch have a structured and safe environment in which to live, learn, and heal. They also have 24-hour access to highly trained and qualified staff who provide structure, direction, and teaching of skills they need to lead productive and satisfying lives.

There are residential treatment facilities in Minot, Bismarck, and Fargo, and thrift stores in eight locations throughout the state. For more information call 1-800-344-0957 or visit dakotaranch.org.



Pride Manchester House

Pride Manchester House is a psychiatric residential treatment facility for children ages five to 13 years, who are residents of North Dakota and are diagnosed with an emotional disturbance. Lengths of stay vary according to the needs of the child.

1200 Missouri Ave.

Bismarck, N.D. 58504

Phone: 701-258-7838

<https://www.prideinc.org/sub-nav/programs-and-services/pride-manchester/>

REM

1820 Walnut Street East Suite 1

Devils Lake, ND 58301

701-665-3044

817 Hill Avenue

Grafton, ND 58237

701-352-3336

1403 S. Washington Street Suite A&B

Grand Forks, ND 58201

1905 2nd Street SE Suite 1A

Minot, ND 5871

701-839-6630

Behavioral and Psychiatric Care

Anne Carlsen Center

Consultative services and clinical oversight support are available through Behavior Support Coordinators, Board Certified Behavior Analysts (BCBAs), or Licensed Clinical Psychologists. Consultations and direct support services are designed to meet each individual's unique behavioral health needs and are focused on reducing challenging behaviors.

701 3rd St. NW, PO Box 8000
Jamestown, N.D. 58402
Phone: 701-252-3850 or 800-568-5175
annecarlsen.org



Child and Family Therapy Associates

Child and Family Therapy Associates provide evaluation and psychotherapy to preschool, school-aged, teens, and college students and their families. The providers specialize in working with young to older aged adults, couples and families.

1121 Westrac Drive S., Suite 204
Fargo, N.D. 58103
Phone: 701-893-3419



Family Institute, PC.

The Family Institute provides psychological care and counseling to children, adults, and families in northeastern North Dakota and northwestern Minnesota areas.

Fargo
4955 17th Ave. S., Suite 122
Fargo, N.D. 58103
Phone: 701-282-8510
familyinstitutepc.com

Grand Forks
2100 S. Columbia Road, Suite 202
Grand Forks, N.D. 58201
Phone: 701-772-1588

North Dakota Autism Center, Inc.

The North Dakota Autism Center is dedicated to helping people and families affected by ASD and other developmental disabilities through excellent care, therapy, advocacy and support. They provide services to West Fargo, Fargo, Moorhead and the surrounding area.

647 13th Ave. E.
West Fargo, N.D. 58078
Phone: 701-277-8844
ndaautismcenter.org



Wonderment Therapies PLLC

Specializes in autism services in the home and community settings as well as pre-schools, daycares, and schools. Provides occupational therapy, physical therapy, speech therapy services, and applied behavior analysis services.

PO Box 3201
Dickinson, ND 58601
Phone: 701-765-3064
<https://wondermenttherapies.com/>

Pediatric Partners Neurobehavioral Health

Pediatric Partners Neurobehavioral Health provides neuropsychology assessment, mental health counseling, occupational and speech therapy services from birth through adolescents. For more information, visit pediatrictherapypartners.com/neurobehavioral-health.

Fargo

3060 Frontier Way S.
Fargo, N.D. 58104
Phone: 701-232-2340 888-875-5262

Bismarck

4501 Coleman St. N., Suite 103
Bismarck, N.D. 58503
Phone: 701-751-6336

St. Sophie's Psychiatric Care

A group of professionals dedicated to providing comprehensive mental health services for individuals of all ages.

3201 33rd St. S.
Fargo, N.D. 58104
Phone: 701-365-4488
st-sophies.com



Saint Sophie's
Psychiatric Center



Organizations Statewide

Anne Carlsen Center – Autism Services Program

Anne Carlsen Center’s mission is to make the world a more inclusive place where independence is a gift to all. Autism-related service, training and supports are provided to individuals and their families across the state of North Dakota. Highly trained professionals utilize evidence-based methods to maximize skill development and all are tailored to meet the needs and goals of each person and family.

1929 North Kavaney Drive
Bismarck, N.D. 58501
Phone: 701-751-3732
annecarlsen.org



Autism Society

The purpose of the Autism Society is to increase public awareness; advocate for appropriate services; and provide information regarding treatment, education, research, and advocacy.

Phone: 800-328-8476 (800-3AUTISM)
autism-society.org
<https://source.autism-society.org/autismsource/>



Autism Speaks

Autism Speaks provides funding for research into the causes, prevention, treatments and a cure for autism; aims to increase awareness of autism spectrum disorders; and advocates for the needs of individuals with autism and their families.

Phone: 888-288-4762 (888-AUTISM2)
autismspeaks.org



Catholic Charities of North Dakota

Catholic Charities builds and strengthens the lives of individuals, couples, and families across the state of North Dakota through therapy. It has programs for children, families, and adults with intellectual disabilities, and others in need, serving Catholics and non-Catholics alike.

5201 Bishops Blvd., Suite B
Fargo, N.D. 58104
Phone: 701-235-4457, Ext 404
Fax: 701-356-7993
catholiccharitiesnd.org



Community Living Services, Inc.

Community Living Services, Inc. works to improve the quality of life for individuals with disabilities through the provision of support services, which assist people in living and working independently in the community.

1001 28th St. S.
Fargo, N.D. 58103
Phone: 701-232-3133
communitylivingservices.org



Community Options, Inc.

Community Options exists to help people live individually and be active in their community by providing residential, day, in-home, and family support services.

4909 Shelburne St.
Bismarck, N.D. 58503
Phone: 701-223-2417
communityoptionsnd.com



Development Homes, Inc.

Development Homes is committed to the provision of quality community-based support services to persons with disabilities, which will enable them to maximize their individual potential and fulfill their personal dreams.

3880 South Columbia Road
Grand Forks, N.D. 58201
Phone: 701-335-4000
developmenthomes.org/welcome.html



Fraser, Ltd.'s Valley Hope Counseling

Valley Hope Counseling provides confidential therapy services in a comfortable atmosphere for children, teens, and adults.

2902 University Drive S.
Fargo, N.D. 58103
Phone: 701-232-3301
Email: fraser@fraserltd.org
<https://fraserltd.org/services/valley-hope-counseling/>



Heart of Behavior

Heart of Behavior offers evidence-based behavior methods to improve the behavioral health of children, families, and the community to live a healthier happier life. Heart of Behavior provides individual services for all children to nurture their specific behavior needs that are inhibiting them from being successful at home, school and/or in the community. Services are for all children including those with: ADD, ADHD, ASD, ODD, Down syndrome, anxiety, social/emotional disorders, challenging behaviors, and children who have no clinical diagnosis.

Serving North Dakota & Western Minnesota
Fargo, N.D. 58102
Phone: 701-404-7811
Email: info@heartofbehavior.com
heartofbehavior.com



Lutheran Social Services of North Dakota

Former Lutheran Social Services of North Dakota programs have transitioned to other entities. Follow this link to learn more:
lss-nd.org



National Autism Association of Central North Dakota

The purpose of this organization is to create direct-assistance programs for families affected by autism; and to provide autism research funding, ongoing advocacy, support and education.

Phone: 877-622-2884 (877-NAA-AUTISM)
nationalautismassociation.org



Easter Seals Goodwill ND, Inc.

Easter Seals Goodwill services include, but are not limited to, respite, or relief care; personal care services and domestic homemaker services; equipment loan; advocacy for individuals with disabilities; and information and referral. Visit esgwnd.org for more information.

Dickinson
2125 Sims St., PO Box 361
Dickinson, N.D. 58602
Phone: 866-895-1587

Fargo
3333 7th Ave. N.
Fargo, N.D. 58102
Phone: 866-895-1588

Grand Forks

3651 South Washington St.
Grand Forks, N.D. 58201
Phone: 866-876-1015

Jamestown

402 14th Ave. NE #1
Jamestown, N.D. 58401
Phone: 701-251-1446 or 866-897-6004

Mandan

211 Collins Ave., PO Box 1206
Mandan, N.D. 58554
Phone: 701-663-6828 or 800-247-0698

Minot

800 12th Ave. SW
Minot, N.D. 58701
Phone: 866.895.1589



North Dakota Assistive

Services include information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input. Visit ndassistive.org for more information.

Mandan

2401 46th Ave. SE, Suite 203
Mandan, N.D. 58554
Phone: 701-258-4728 or 888-540-4728

Fargo

3240 15th St. S., Suite B
Fargo, N.D. 58104
Phone: 701-365-4728 or 800-895-4728

ND Chapter - March of Dimes Birth Defects Foundation

March of Dimes fights for the health of all moms and babies by supporting research lead programs and providing education and advocacy so that every baby can have the best possible start.

1712 Main Ave., Suite 101
Fargo, N.D. 58103
Phone: 701-235-5530
marchofdimes.org/northdakota



ND Center for Persons with Disabilities

NDCPD provides service, education, and research which empowers communities to welcome, value and support the well-being and quality of life for people of all ages and abilities.

Minot State University
500 University Ave. W.
Minot, N.D. 58707
Phone: 800-233-1737
ndcpd.org



Shriners Hospitals for Children—Twin Cities

Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Shriners Hospital for Children –Twin Cities

Phone: 612-596-6100

Patient referral line: 800-237-5055

www.shrinershospitalsforchildren.org/Locations/TwinCities



Shriners Hospitals
for Children™

The Arc of North Dakota

The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

Bismarck

The Arc of Bismarck
1500 E. Capitol, Suite 203
Bismarck, N.D. 58501
Phone: 701-222-1854
thearcofbismarck.org

Grand Forks

The Arc, Upper Valley, Inc.
2500 DeMers Ave.
Grand Forks, N.D. 58201
Phone: 701-772-6191
thearcuppervalley.org

Dickinson

The Arc of Dickinson, Inc.
653 19th St. W
Dickinson, N.D. 58601
Phone: 701-483-4272
arcdickinson.org

Valley City

The Arc of Barnes County
141 2nd St. NE
Valley City, N.D. 58072
Phone: 701-845-4189

Fargo

The Arc of Cass County
215 North University Drive
Fargo, N.D. 58102
Phone: 701-293-8191
arccassnd.org

Bowman

Little Missouri Arc
403 2nd Ave. SE
Bowman, N.D. 58623
Phone: 701-523-3330



*For people with intellectual
and developmental disabilities*

Libraries

FirstLink of North Dakota

Phone: 701-235-7335 or 2-1-1

Textline: Text your zip code to 898211

Youth Line: text ND4ME to 898211

<https://myfirstlink.org/>

North Dakota Center for Persons with Disabilities

500 University Ave. W, Minot, N.D. 58707

Phone: 701-858-3580 or toll-free 800-233-1737

ndcpd.org/

North Dakota State Library

604 East Boulevard Ave., Bismarck, N.D. 58505

Phone: 701-328-4622 or toll-free 800-472-2104

library.nd.gov

Pathfinder Services of North Dakota Library

Phone: 701-837-7500 or toll-free 800-245-5840

pathfinder-nd.org *Click on Resources link on top right of page

Prevention Resource and Media Center

Topics in mental health, substance abuse, aging and disabilities.

1237 W Divide Ave., Suite 1D, Bismarck, N.D. 58501



Education

Early Childhood/School-Age Services

AuSome Kids Day Program

The AuSome Kids Day Program is a center-based childcare program licensed by the North Dakota Department of Human Services for preschool and school-aged children that focuses on the unique needs of children with ASD and other developmental disabilities or challenging behaviors. The ND Child Care Assistance Program and the ND Autism Voucher helps income-eligible families pay for childcare while they work or attend school/training.

North Dakota Autism Center, Inc.
647 13th Ave. E.
West Fargo, N.D. 58078
Phone: 701-277-8844
ndautismcenter.org



Little Miracles

A locally owned and operated center dedicated to quality child care and pediatric therapy services. For more information visit littlemiraclesinc.com.

Child Care Center
2200 Library Circle
Grand Forks, N.D. 58201
Phone: 701-757-2155

Pediatric Therapy Clinic
2951 South 34th St.
Grand Forks, N.D. 58201
Phone: 701-772-3851

The Enrichment Garden

The Enrichment Garden is a licensed childcare and therapy center that strives to foster enrichment of each child's communicative, social, sensory, motor, educational, and emotional development.

1911 North 11th St.
Bismarck, N.D. 58501
Phone: 701-258-1569
theenrichmentgardennd.com



**The
Enrichment
Garden**

Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages three and four. Some communities offer a program specifically for families with children younger than three and pregnant women. A variety of services are provided through Head Start programs including health, education, parent involvement, family literacy, social services and services for children with disabilities.

Head Start State Collaboration Office

Phone: 701-328-1640

<https://www.nd.gov/dpi/education-programs/early-childhood-education/head-start>

School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the North Dakota Department of Health at 701-328-2436 or more details.

Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child's learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the North Dakota Department of Public Instruction at 701-328-2277 or your local special education unit. Visit nd.gov/dpi for more information.

Pathfinder Services of ND

Pathfinder Services of North Dakota provides statewide parent training and information to help families of children and youth with learning difficulties.

1015 S. Broadway, Suite 42

Minot, N.D. 58701

Phone: 701-837-7500 or 800-245-5840

pathfinder-nd.org

A link to free ASD training modules for educators can be found at:

txautism.net/resources.

Transition-Age/Adult Vocational Services

Regional Center for Independent Living (RCIL)

RCIL provide services that help young people with disabilities with the transition from home and school to the work place and independent living. Visit rcil.org for more information.

Dakota Center for Independent Living

3111 East Broadway Ave.
Bismarck, N.D. 58501
Phone: 701-222-3636 or 800-489-5013
ndautismcenter.org

Independence, Inc.

2000 E. Burdick Expressway
Minot, N.D. 58701
Phone: 701-839-4724 or 800-377-5114

Freedom Resource Center

2701 9th Ave. S., Suite H
Fargo, N.D. 58103
Phone: 701-478-0459 or 800-450-0459

Dakota Center For Independent Living

26 First St. E
Dickinson, N.D. 58601
Phone: 701-483-4363

HAV-IT

HAV-IT provides supportive services to people with intellectual disabilities. Contact 701-324-4636 or visit hav-it.org for more details.

ND Division of Vocational Rehabilitation

Vocational Rehabilitation assists individuals with disabilities to improve their employment opportunities and assists businesses in solving disability-related issues.

1237 West Divide Ave., Suite 1B
Bismarck, N.D. 58501
Phone: 701-328-8950
nd.gov/dhs/dvr

Mind Shift

Mind Shift harnesses the special characteristics and talents of people with ASD and uses them as a competitive advantage, and as a means to help people with ASD secure meaningful employment.

403 Center Ave., Suite 702
Moorhead, M.N. 56560
Phone: 866-884-7144
Email: info@mindshift.works
mindshift.works



Health Care Coverage Options

Medical Coverage

Medicaid provides comprehensive medical, dental and vision coverage to North Dakota children and adults through a variety of coverage programs and waivers.

600 East Boulevard Ave., Dept. 325
Bismarck, N.D. 58505
Phone: 701-328-7068 or 800-755-2604
Email: dhsmed@nd.gov
nd.gov/dhs/services/medicalserv/medicaid

Children with Disabilities Medicaid Coverage

This program allows qualifying children with disabilities to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local Human Service Zone office.

Children and Family Coverage

Coverage is available to children younger than 21, pregnant women, and adult caretakers of deprived children. Most receive full coverage; however, some with higher income may be required to pay for a portion of their care. Apply at your local Human Service Zone office.

Children's Hospice Services Waiver

The Children's Hospice Waiver provides support to families so they can care for their children (from birth through age 21) in their homes as long as possible, avoiding lengthy stays and delaying or avoiding institutional care. The child must have a diagnosis and not be expected to live longer than one year. The program also allows families to access treatments that focus on curative and comfort care for their children.

Phone: 701-328-4630

Children with Medically Fragile Needs Medicaid Waiver

This Medicaid Waiver is designed to assist qualifying medically fragile children between ages three and 18 years. The child must be living at home, be Medicaid eligible, be able to meet Level of Care criteria for a nursing home, and meet criteria based on the Level of Need.

Phone: 701-328-4630

Home and Community-Based Services Waiver

Alternative services are provided for individuals with disabilities who are at least 18 years of age and individuals older than 65 who are eligible for the Medicaid Program and have medical needs that would qualify them to enter a nursing facility. The waiver allows North Dakota to pay for services needed for these individuals to remain in their own homes or community settings. Recipients may be required to pay for a portion of their care based on income. Apply at your local Human Service Zone office.

Medicaid Expansion Provides Coverage

Coverage is available to individuals under age 65 with household income up to 138 percent of the Federal Poverty Level (FPL). Individuals eligible for Medicare or Supplemental Security Income (SSI) are not eligible for coverage under Medicaid Expansion. Visit nd.gov/dhs/eligibility for more information.

Intellectual Disabilities/Developmental Disabilities Waiver

This waiver assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. This serves individuals through their lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); In-Home Supports; Assistance with cost of equipment, supplies, and environmental modifications; and Adult Services such as day services, job coaching, and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers found online at nd.gov/dhs/locations/regionalhsc.

Workers with Disabilities Medicaid Coverage

This coverage allows some individuals with disabilities who want to work, or who are already working and want to increase their earnings, to do so without fear of losing their Medicaid coverage. It allows qualifying individuals to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local Human Service Zone office.

Healthy Steps

This is a benefit program for eligible North Dakota children up to age 19 who do not have a source of health care coverage. The program offers comprehensive medical, dental and vision coverage.

Phone: 877-KIDS-NOW or 877-543-7669

Special Health Services Financial Coverage Program

Helps families pay for medical services for eligible children, youth, and young adults who require specialty care to diagnose and treat their chronic health conditions.

Phone: 800-755-2714 or 701-328-2436

<https://www.health.nd.gov/youth/special-health-services/SHS-Financial-Coverage->

Health Insurance Marketplace (HIM)

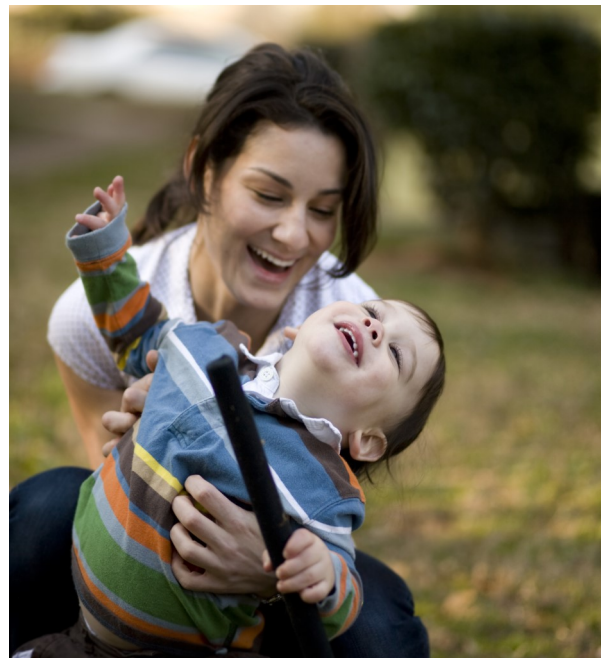
The Health Insurance Marketplace enables individuals to find quality health coverage. It can help if you or your child(ren) don't have coverage now, or if you have it but want to look at other options. It is designed to provide coverage that meets your needs, fits your budget, as well as options for qualifying for free or low-cost coverage through Medicaid or Healthy Steps/Children's Health Insurance Program (CHIP).

Phone: 800-318-2596
[healthcare.gov](https://www.healthcare.gov)

Comprehensive Health Association of North Dakota (CHAND)

CHAND provides comprehensive health insurance to residents of North Dakota who have been denied health insurance or are considered high risk.

Phone: 844-363-8457
[chand.org](https://www.chand.org)



Student Health Plans

These plans are available for purchase by students who don't have health insurance through a parent's health insurance policy or who have limited coverage due to network service areas. Student plans are sold by an insurer that has contracted with a college to offer coverage to its students. In general, these plans have more limited benefits and more exclusions than traditional health insurance plans. Contact an insurance agent to inquire about student health plans.

[healthcare.gov/young-adults/college-students/](https://www.healthcare.gov/young-adults/college-students/)

Vision Coverage

InfantSEE®

This is a public health program designed to ensure early detection of eye conditions in babies. Member optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage.

Phone: 888-396-3937

infantsee.org

New Eyes for the Needy

New prescription eyeglasses are available through a voucher program for children and adults in the U.S. who cannot afford glasses on their own.

Phone: 973-376-4903

new-eyes.org

Vision USA

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

Phone: 701-258-6766

www.ndeyecare.com

VSP Sight for Students

VSP is a charity that provides free vision exams and glasses to low-income, uninsured children.

Phone: 888-290-4964

sightforstudents.org



Prescription Coverage

Prescription Connection

This is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

Phone: 888-575-6611 or 701-328-2440
rxconnectnd.org

ND Prescription Drug Repository Program

The repository collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients. Visit nodakpharmacy.com for more information.

NeedyMeds

NeedyMeds offers a database of medications that can be obtained free or at low cost by uninsured, low-income patients, usually through manufacturer programs.

Phone: 800-503-6897
needymeds.org

Partnership for Prescription Assistance

A single point of access is available to more than 475 public and private patient assistance programs. It is funded by pharmaceutical companies.

Phone: 888-477-2669
<https://medicineassistancetool.org/>

RX Assist

RX Assist provides consumer information, resources, news and a directory of patient assistance programs that offer affordable or free medications.

Email: info@rxassist.org
rxassist.org

Dental Coverage

Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

Bridging the Dental Gap

This is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.

Phone: 701-221-0518
dentalgap.org

Family Healthcare Center Dental Clinic

This is a federally qualified community health center serving low-income and uninsured individuals within the Fargo/Red River Valley Region.

Phone: 701-271-3344
famhealthcare.org

Northland Community Health Center Dental Clinic

This clinic is part of a federally qualified community health center serving low-income, uninsured, and insured individuals of all ages in central North Dakota.

Phone: 701-255-4242
northlandchc.org

Red River Valley Dental Access Project

This project serves low-income, uninsured, and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.

Phone: 218-790-7790
rrdentalaccess.com

Valley Community Health Center Dental Clinic

This is a federally qualified health center that serves low-income, uninsured, and insured individuals of all ages in the Northern Red River Valley.

Phone: 701-757-2100
<https://spectrahealth.org/about/>

North Dakota Donated Dental Services

This is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly, or medically compromised individuals who cannot afford necessary treatment nor get public aid.

Phone: 866-201-5906
dentallifeline.org/north-dakota

Jerene's Wish

Jerene's Wish is a program that provides orthodontic treatment at minimal costs to eligible children. For more information, contact Warford Orthodontics.

Phone: 701-255-1311

E-mail: info@warfordorthodontics.com
jereneswish.com

Smiles Change Lives

This program promotes and provides access to essential orthodontic treatment for children from low-income families.

Phone: 888-900-3554

smileschangelives.org

The Ronald McDonald Care Mobile

This is a mobile dental clinic on wheels that delivers urgently needed dental care to underserved children from birth through age 21 in their own neighborhoods in the western half of North Dakota. The Ronald McDonald Care Mobile treats children who do not have a regular dentist and who have not seen a dentist within the past two years.

Phone: 701-258-8551

rmhcbismarck.org/caremobile



Health Care Programs

Shriners Hospitals for Children

Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Phone: 800-237-5055
shrinershospitalsforchildren.org

Community Health Centers (CHC)

CHC's serve all patients regardless of their ability to pay for services. CHC's are located in Beulah, Bismarck, Bowbells, Center, Fargo, Grafton, Grand Forks, Hazen, Killdeer, Larimore, McClusky, Minot, Northwood, Rolette, Rolla, Turtle Lake, and West Fargo.

Phone: 701-221-9824

North Dakota Association for the Disabled (NDAD)

NDAD may provide help with fundraising or some financial assistance for individuals with disabilities.

Phone: 800-532-6323
ndad.org

United Health Care Children's Foundation

This foundation supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by an available commercial health benefit plan. The Foundation provides financial assistance toward the family's share of the cost of medical services.

Phone: 855-698-4223
uhccf.org

Indian Health Service (IHS)

IHS provides health services to American Indians and Alaskan Natives who belong to federally recognized tribes. The IHS administers health services through IHS facilities, through tribally-operated facilities and by contracting for health services. Visit ihs.gov for more information.

Service Organizations such as the Elks, Kiwanis, Sertoma, Lions and Quota may offer assistance with medical-related expenses. Check the local phone book for contact numbers.

This is not an all-inclusive list of health care coverage options.

Websites

Condition-Specific Websites

American Academy of Pediatrics Resources on Autism

Go to aap.org and then search "autism"

Anne Carlsen Center

annecarlsen.org

Autism 101 for EMS Providers

papremisealert.com

Autism Intervention Research Network on Physical Health

airnetwork.org

Autistic Self Advocacy Network

<https://autisticadvocacy.org/>

Autism Link

autismlink.com

Autism Now

autismnow.org

Autism Research Institute

autism.com

Autism Society of America

autism-society.org

Autism Speaks

autismspeaks.org

Autism Today

autismtoday.com

Autism Web

autismweb2.com

C.A.R.D.

centerforautism.com

CDC

<https://www.cdc.gov/ncbddd/autism/index.html>

Health & Human Services

<https://www.hhs.gov/programs/topic-sites/autism/index.html>

National Autism Association

nationalautismassociation.org

North Dakota Autism Center

ndautismcenter.org

Ohio Center for Autism and Low Incidence

ocali.org

Red River Valley Asperger Network

rrvan.net

Additional Websites for Families of Children with Special Health Care Needs

American Academy of Pediatrics
aap.org

Bright Futures
brightfutures.org

CDC Learn the Signs Act Early
<https://www.cdc.gov/ncbddd/actearly/index.html>

CDC Parent Information
cdc.gov/parents

Dr. Greene's House Calls
drgreene.com

Early Intervention
nd.gov/dhs/services/disabilities/earlyintervention

Family Village
thevillagefamily.org

Gillette Children's Specialty Healthcare
gillettechildrens.org

Got Transition
gottransition.org

Healthy Children
healthychildren.org

Institute for Child Health Policy (ICHP)
ichp.ufl.edu

Mayo Health Clinic
mayoclinic.org

Medical Home Portal
medicalhomeportal.org

National Center for Medical Home Implementation
medicalhomeinfo.aap.org

National Organization for Rare Disorders (NORD)
rarediseases.org

ParentsPlace
parentsplace.jfcs.org

Social Security Administration
ssa.gov

Starlight/Starbright Children's Foundation
starlight.org

University of Minnesota Masonic Children's Hospital
mhealth.org/childrens

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Fax: 701-328-1645
E-mail: dohschsadm@nd.gov
<https://www.health.nd.gov/Youth/special-health-services>

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