

Money Follows the Person

November 7, 2023

Attendees: Kayla Trzpuć, Jake Reuter, Kate Rock, Gale Coleman, Karen Wolf, Twila Allee, Andrea Schlobohm, Brittni Auch, Jill Bergemann, Brittany Hanson, Karla Backman, Cody Kurtz, Danial Deis, Jeannie Krull, Karen Dunaway, Katie Schestler, Kristen Dvorak, Paul Kolstoe, Beth Stoley, Donene Feist, Sandi Erber, Juliann Horntvedt, Jamie, Heather Jenkins, Molly Anderson, Heather Lindsley, Merri Christlieb, Julie Moser, Kaitlyn Nieuwsma, Erica Reiner, Scott Burlingame, She'Maine Oden, Theres Simon, Zoeann Winkler, Veronica Zietz

Life Skills & DD Updates

Life Skills reported 52 individuals in ICF and will be closing their residential habilitation program after November 15th. November 2nd Life Skills moved 3 people into community living. Currently looking for 2 behavioral health analysts to work in the Grand Forks area. Crisis stabilization coordinator 30-80 cases for behavioral analyst depending on the area of the state. MFP has met with each DD region to explain MFP and ADRL services, which has increased referrals.

Brittni Auch provided an update on DD starting the guardianship establishment funds. The majority of individuals using this service is youth.

MFP Budget

Budget 2023 ask was 10.5 million dollars. 2024 no estimated budget required by CMS.

MFP supplement services budget was re-submitted July 2023 and currently waiting for CMS response on approval. Supplemental services have 5 buckets – Short term housing assistance, Food Security, Payment for activities prior to transition from an MFP qualified inpatient facility, Payment for securing a community-based home and other supplement services.

MFP Referrals

MFP Referrals for 2023 is 302 referrals with quarter two being the highest however, quarter four is typically high as well. 2023 2 children, 18 DD, 38 PD, 48 Elder, 106 total 868 total in the life of the MFP grant.

MFP Benchmarks

Benchmarks are on track to MFP meeting 130 transitions in 2023. 2024 benchmarks were discussed with setting benchmarks below.

Children -7
ID -23
PD- 50
Elder – 60
Total of 140

Top reason individuals leave is due to them wanting to close their case. 34% individuals finish the MFP service. 30% of all MFP cases come from Burleigh and Morton County region.

North Dakota MFP is one of six states assisting with MFP operational protocol pilot.

Regional training for SNF is scheduled for November 29, 2023, complete training on referrals, transition services, DOJ settlement agreement, options counseling visits to new and long-term resident, administrative level of care hold and discharge payment alert.

Basic Care

Basic Care Unit Nurse Administrator, Kathryn Good discussed how the unit has hired 3 case managers across the state. Case managers will complete a functional assessment. Individuals must be impaired in at 3 IADLs or one ADLS.

ADRL Service Updates

ADRL services hired a new ADRL Referral Specialized (Kate Rock) who started Monday, November 6, 2023. Due to the number of referrals, changes to eligibility have changed for ADRL.

New updates are as follows:

- Individual must be on Medicaid or Medicaid Expansion or below 138% of poverty, or receiving Medicaid or State funded services,
- one person per household per lifetime,
- household eligible for up to \$1,500 per transition/diversion
- Homeless/Homeless Shelter excluded from eligibility.
- Income reburied for housing facilitation.
- Purchase of entrapment devise not allowed. (If someone has communication or adaptive need, those will be approved)
- Purchases need to be directly related to transition/diversion.

2023 total referrals are currently at 659. Referrals for ADRL has doubled since the end of the second quarter.

- Quarter One - 134
- Quarter Two - 158
- Quarter Three- 238
- Quarter Four – 129

ADRL Transitions for 2023 is currently at 146.

ADRL Diversions for 2023 is currently at 81.

Majority of spending is for home furnishings. 31% of all referrals come for individuals who are Medicaid or Medicaid Expansion, 10% of referrals come from victims of domestic violence, 19% of referrals come from substance abuse treatment facilities.

Housing Updates

MFP provides 8 housing facilitators and 1 housing initiative coordinator. ADRL services provides 3 housing facilitators.

Nikki Adren (Housing Stability Program Director of Economic Assistance) spoke about how to better serve people experiencing homelessness by approaching it with a coaching model. The program is developed to help individuals take different steps such as completing different modules or meeting with housing counselor which will then have the program to help pay rent, at a 100%. Currently, the program does help with individuals if they don't have an income. The program does not have a waitlist with a 3-4 day wait time to process the individual's application.

MFP- Tribal Initiative

Turtle Mountain Band of Chippewa Indians has hired 4 QSPs and is in the process of hiring a RN.

Standing Rock Sioux Tribe is working on future strategies.

MHA Nation- Three Affiliate tribes has been working on pilot project in the south segment.

MFP-TI 5-State was able to present at HCBS conference on a panel in Baltimore, which had a lot of interest and a great attendance. Melissa has been able to build connection in Sisseton Wahpeton Oyate and are very excited to learn more about MFPTI in ND and MFP in SD and ND.

Committee Round Table

How do we get more stakeholder feedback? Self-advocacy groups by doing virtual calls. One of the CILs were open in doing peer to peer group of people who have been successful in transition with MFP.

What are some topics this group would like more discussion on? Trying to use rebalancing dollars for extensive home modifications.

Upcoming Stakeholder Meeting Dates

February 13, 2024

May 7, 2024

August 6, 2024

November 5, 2024