

Prevent Child Abuse North Dakota

North Dakota Maternal, Infant and Early Childhood Home Visiting (MIECHV)

Sandra Tibke, Executive Director

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Maternal, Infant and Early Childhood Home Visiting

- <u>Federally funded</u>. One grantee per state.
 Prevent Child Abuse ND (PCAND) funded in 2012
- ND MIECHV targets at-risk pregnant women and atrisk families with children 0-3
- States must demonstrate improvement in <u>six</u> national benchmark areas:
- 1. Maternal and newborn health
- 2. Child injuries, child maltreatment and emergency depart visits
- 3. Crime and domestic violence
- 4. Family economic self-sufficiency
- 5. School readiness and achievement
- 6. Coordinated services, referrals



Families volunteer to participate and receive two visits per month from a home visitor who

- Supports pre-natal health, breastfeeding and safe sleep practices
- Conducts informal parenting lessons from a nationally recognized curriculum
- Encourages <u>pregnant mothers to get timely health checks</u> and encourages parents to maintain current well-child checks and immunizations
- Helps parents develop <u>strong bonds</u> with their infants and toddlers while supporting positive and playful learning through parent-child interactions
- Screens parents and children to <u>identify potential risk factors</u> (e.g., child development delays, caregiver depression, domestic violence)
- Connects parents to community services

PCAND works with Spirit Lake Nation and Turtle Mountain Tribe of Chippewa Indians to deliver home visiting services.

The tribes hire and manage staff, provide all direct services and build community connections.

PCAND monitors service quality, provides technical assistance and collects/reports data to HRSA/ACF.

Turtle Mountain Staff



Spirit Lake and Turtle Mountain home visiting programs serve 180 families.



Agencies in ND providing home visiting services using non-Federal funds

Head Start
Fargo Cass Public Health
Lutheran Social Services of ND
Turtle Mountain, Spirit Lake and Mandan, Hidatsa and Arikara Nations
United Tribes Technical College

Connecticut Home Visiting Program Study

Preventing child maltreatment: Examination of an established statewide home-visiting program

Page 477 "A recent meta-analysis showed programs' implementation factors, including training, supervision, and monitoring of fidelity, had a significant effect on child maltreatment outcomes."

Page 483 "In summary, this study demonstrated a significant decrease in substantiations of child maltreatment for families in a scaled-up, statewide home-visiting program."

Research by Chaiyachati, Gaither, Hughes, Foley-Schain, and Leventhal Child Abuse & Neglect, the International Journal 2018

MIECHV Innovation Project - 2017

- Federal funding available to MIECHV grantees
- Issue—home visiting services address challenges families currently face but do not address deeper issues of childhood trauma
- Purpose: <u>empower families/communities to be self-healing and trauma-informed</u> by <u>expanding knowledge of trauma concepts</u> based in neuroscience, epigenetics, adverse childhood experiences, and resiliency (NEAR)

MIECHV Innovation Project - 2017 Expanding Knowledge of Trauma Concepts:

- <u>Educate MIECHV home visitors</u> to skillfully engage in conversation with parents about how their childhood adversity has affected them
- <u>Disseminate training resources about trauma</u>, including the experience and impacts of historical trauma
- Convene community and state leaders to co-create ACE-informed policy and program improvements
- Promote trauma-informed systems (community, tribal and state)

How the ND MIECHV Innovation Project can make Inclusive Neuroscience Trustworthiness · Parental resilience · Improved maternal Home leadership and child health Epigenetics · Choice Social connections · Iterative learning Reduced child · Adverse childhood Empowerment · Concrete support Visiting abuse and neglect experiences (ACEs) Emerging · Collaboration and · Knowledge of even more capabilities Improved school • Resilience communication parenting and effective readiness NEAR-informed child development Safety · Reduced intimate engagement Social-emotional for · Peer support partner violence • Right-fit solutions competence of Cultural issues families for available children Improved family economic selfresources Identifying sufficiency Nurture · Home visiting that culturally hope/efficacy Improved is relationship competent coordination and based, builds on approaches family strengths, referrals for · State systems that community follows evidencesupport self-· Building trust and based model resources and healing skills in data and supports research

Master trainers disseminate ACEs information and related scientific findings to communities/state

PCAND holds the three-year license for use of the ACE Interface materials. Distribution of these materials will be guided by the North Dakota ACE Interface Master Trainers--over thirty people representing twenty-six organizations throughout the state.



Trauma Training Modules in Development

Training modules will serve as the framework for a trauma related curriculum available for use in state and tribal systems. The modules, driven by a development team, include both tribal and state stakeholders.

State System Modules

- Introduction to Trauma and Trauma Related Concepts
- Overview of Racial and Ethnic Bias

Turtle Mountain Modules

- Introduction to Trauma and Historical Trauma
- Tribal Community Culture

Spirit Lake Modules

- Introduction to Trauma and Historical Trauma
- Tribal Community Culture

PCAND Innovation Project partners; Sub-recipients of grant funding include Spirt Lake Nation and Turtle Mountain Band of Chippewa Indians. They work to:

Generate culturally appropriate community engagement to empower community self-healing

Conduct on-going evaluation and adjust programming as needed

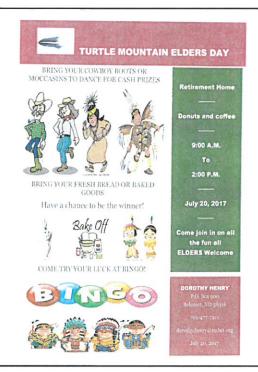
Site Level Efforts Planned and Conducted by Spirit Lake Nation

- Ace community presentations
- Parenting camp
- Positive Indian parenting classes
- Group prenatal
- · Breastfeeding support group
- Listening events



Site Level Efforts Planned and Conducted by Turtle Mountain

- Youth Summit
- · Healthy Relationship Training
- Color Run 2018
- Elders Day 2018
- Community Housing Site games
- Positive Indian Parenting



PCAND contracts with NDSU Department of Public Health to conduct an on-going empowerment evaluation of all Innovation Activities

NDSU DEPARTMENT OF PUBLIC HEALTH



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Sandra Tibke, Executive Director sandrat@pcand.org or 701-223-9052

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