

Know your options for care. Choose what's right for you.



Knowing your options can make a world of difference as you make decisions about your care. Aging and Disability Resource Link staff are here to assist individuals, families, professionals and caregivers.

We help you find in-home and community services and supports to maintain or improve your quality of life.

- ☑ *In-home services*
- ☑ *Community services*
- ☑ *Caregiver support*
- ☑ *Providers, services & facilities*



Free and confidential

Toll Free: **1-855-462-5465** | **ND 711** (TTY)

Email: **carechoice@nd.gov**

Website: **carechoice.nd.assistguide.net**