

North Dakota Health and Human Services

Rural Health Transformation Plan (RHTP)

Total Budget Requested: \$1,000,000,000

Purpose: North Dakota's rural health system is under threat from workforce shortages, financially fragile facilities, widening outcome gaps for Tribal and frontier communities, and fragmented data and technology that block innovation. Our RHTP is a five-year, statewide roadmap to strengthen and stabilize rural workforce, bring high quality health care closer to home, connect tech, data and confronts immediate threats to rural health while building lasting sustainability.

Goals	Outcomes
Rebuild and retain a rural health workforce	• Increase Rural Provider Retention • Expand Remote Monitoring and AI-Assisted Care • Reduce Health Professional Shortages
Prevent chronic disease, restore health, and reduce cost	• Increase Activity and Reduce Obesity • Reduce Chronic Disease • Prevent Suicide
Bring high-quality care closer to home	• Increase Telehealth and Remote Monitoring Use • Improve Care Coordination • Improve Timeliness of Care
Gain efficiency with modern tech and data	• Increase Transparency and Modernize and Cross-Link Data • Create Savings from Cooperative Purchasing • Expand Remote Monitoring and AI-Assisted Care

How North Dakota will use the funds

1. **Strengthen and Stabilize Rural Health Workforce** (\$162.4M) – Train and retain a high-skilled workforce through new residencies, grow-your-own workforce pipelines, recruitment and retention grants, and training to develop the existing workforce to work at the top of their license.
2. **Make North Dakota Healthy Again** (\$85.9M) – Launch Eat Well ND and ND Moves Together to put evidence-based practices in nutrition, physical activity and behavioral health at the center of everyday life. Sustain progress through multipayer focus on innovative care models and payment mechanisms.
3. **Bring High-Quality Health Care Closer to Home** (\$583.8M) – Transform care models with new tech tools to reduce reliance on physical workforce and foster efficiency by deploying telehealth hubs, mobile clinics, remote patient monitoring, while aligning to new care coordination models and focusing on sustainability through revenue diversification and right-sizing care delivery.
4. **Connect Tech, Data and Providers for a Stronger ND** (\$168.0M) – Cut costs by modernizing tech infrastructure and bringing providers together to support shared infrastructure and improved data sharing.

North Dakota is taking bold steps to restore health, opportunity, and dignity to our prairies. North Dakota's RHTP delivers practical investments that honor local and tribal values, protect rural independence, and get America back to what matters: healthy people, prosperous communities, and common-sense service delivery.