# **Application for a §1915(c) Home and Community-Based Services Waiver**

# PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a state to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waivers target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the state, service delivery system structure, state goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

# Request for a Renewal to a §1915(c) Home and Community-Based Services Waiver

## 1. Major Changes

Describe any significant changes to the approved waiver that are being made in this renewal application:

Updated wording throughout to better align with current practices and policies.

In Appendix B – slots were increased by 150 each year of the waiver; For Emergency Slots: remove the requirement they must be moving from a State institution and expanded it to any institutional setting.

In Appendix C-

•Day Habilitation: Added language that retirement activities are allowable under this service.

•Day services (Day Habilitation, Individual Employment Support, Small Group Employment Support, and Prevocational Services): provided clarifying language in the limit section that an individual's total service hours authorized may not exceed 40 cumulative hours per week.

•Homemaker: added language that shopping is allowed as only task and updated limits.

•Individual Employment Support and Small Group Employment Support: added language that transportation from a participant's residence to their workplace may be included in the authorized service hours if personal, public, or generic transportation is not available.

•Residential Habilitation: added language that the residential habilitation provider is responsible for coordinating or providing transportation needs. Participant may be responsible for the costs.

•Adult Foster Care: added language that respite may be a component of this service.

•Environmental Modifications:

o Increase limit from \$20,000 to \$40,000 per waiver period (5 years).

o Added language that if a vehicle is purchased with adaptations (i.e. lift, ramp), reimbursement for those adaptations may be approved if itemized on the invoice.

•Equipment and Supplies: defined generic item(s) to align with current practices.

•In- Home Supports (IHS):

o Added that a participant can be authorized for both provider managed and self-directed but cannot be furnished or billed at the same time of day. The total authorized amounts are not transferable between the different service delivery methods (i.e., self-directed, provider managed).

o Updated language that will allow individuals who live in the same home as the participant to provide IHS services. This is limited to those that are not the primary caregiver, legal decision maker or legal guardian.t.

•Parenting Supports: Removed due to lack of utilization. Supports and goals that were previously provided by Parenting Supports may be encompassed within other waiver services or community services.

•Respite:

o New stand-alone service. No longer a component of In-Home Supports. Purpose is to give temporary relief to the primary caregiver.

o Limited to total of 600 hours per State Fiscal Year per participant.

o Participant can be authorized for both provider managed and self-directed at the same time. The total authorized amounts are not transferable between the different service delivery methods.

o Allow individuals who live in the same home as the participant to provide Respite services. This is limited to those that are not the primary caregiver, legal decision maker or legal guardian.

•Residential Habilitation, Independent Habilitation, In-Home Supports, and Respite: Participant receiving these services may continue to receive those supports while admitted to an acute care hospital setting to meet the needs of the participant that are not met through the provision of hospital services. This is not intended to substitute services that the hospital is obligated to provide under Federal or State law.

In Appendix F- language added to align with State Grievance policy In Appendix G- updated PMs G-6, G-7 and changed PM G-9. In Appendix I- updated rates and methodologies; updated PM I-1.

# Application for a §1915(c) Home and Community-Based Services Waiver

## **1. Request Information** (1 of 3)

- A. The State of North Dakota requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- **B. Program Title** (*optional this title will be used to locate this waiver in the finder*):

Traditional IID/DD Home and Community Based Services Waiver

**Requested Approval Period:** (For new waivers requesting five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)

O 3 years ● 5 years

Original Base Waiver Number: ND.0037 Draft ID: ND.007.09.00

**D. Type of Waiver** (select only one): Regular Waiver

	8			
E.	Proposed	<b>Effective Date:</b>	(mm/dd/yy)	

04/01/24

#### PRA Disclosure Statement

The purpose of this application is for states to request a Medicaid Section 1915(c) home and community-based services (HCBS) waiver. Section 1915(c) of the Social Security Act authorizes the Secretary of Health and Human Services to waive certain specific Medicaid statutory requirements so that a state may voluntarily offer HCBS to state-specified target group(s) of Medicaid beneficiaries who need a level of institutional care that is provided under the Medicaid state plan. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0449 (Expires: December 31, 2023). The time required to complete this information collection is estimated to average 160 hours per response for a new waiver application and 75 hours per response for a renewal application, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## 1. Request Information (2 of 3)

**F. Level(s) of Care**. This waiver is requested in order to provide home and community-based waiver services to individuals who, but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed under the approved Medicaid state plan (*check each that applies*):

## \_\_\_\_ Hospital

Select applicable level of care

## O Hospital as defined in 42 CFR §440.10

If applicable, specify whether the state additionally limits the waiver to subcategories of the hospital level of care:

O Inpatient psychiatric facility for individuals age 21 and under as provided in42 CFR §440.160

## □ Nursing Facility

Select applicable level of care

## O Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155

If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility level of care:

- Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140
- Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR §440.150)

If applicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care:

The State additionally limits the waiver to individuals with intellectual disabilities or individuals with related conditions (as defined in 42 CFR §435.1009) and cognitive impairment who meet the ICF/IID level of care (as defined in 42 CFR §440.150(a)(2)). Cognitive impairment means that a person performs significantly below appropriate age level in brain function (perception, attention, memory, motor, language, executive functioning), and the impairments are not severe enough to qualify as an intellectual disability.

## 1. Request Information (3 of 3)

**G. Concurrent Operation with Other Programs.** This waiver operates concurrently with another program (or programs) approved under the following authorities

Select one:

- Not applicable
- O Applicable

Check the applicable authority or authorities:

□ Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I

└── Waiver(s) authorized under §1915(b) of the Act.

Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or previously approved:

**Specify the §1915(b) authorities under which this program operates** (check each that applies):

§1915(b)(1) (mandated enrollment to managed care)

□ §1915(b)(2) (central broker)

\$1915(b)(3) (employ cost savings to furnish additional services)

□ §1915(b)(4) (selective contracting/limit number of providers)

## └ A program operated under §1932(a) of the Act.

Specify the nature of the state plan benefit and indicate whether the state plan amendment has been submitted or previously approved:

└ A program authorized under §1915(i) of the Act.

A program authorized under §1915(j) of the Act.

└ A program authorized under §1115 of the Act. Specify the program:

#### **H. Dual Eligiblity for Medicaid and Medicare.** Check if applicable:

# ☑ This waiver provides services for individuals who are eligible for both Medicare and Medicaid.

## 2. Brief Waiver Description

**Brief Waiver Description.** *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods.

North Dakota's Home and Community Based Waiver for Individuals with Intellectual Disabilities (IID) and related conditions provides an array of provider managed and participant directed services in order for individuals of all ages to have the opportunity to receive community alternatives to institutional placement. The State Medicaid agency, which is under the umbrella of the North Dakota Department of Health and Human Services, is responsible to administer the waiver.

Applicants may access waiver services at the eight regional human service centers located throughout the State. The DD Program unit at each human service center is responsible for the determination of eligibility, to assist participants in accessing waiver services and monitoring of services selected by the participant. The services are to provide support for conditions specifically related to IID/DD. Services and supports are provided by private non and for-profit providers licensed by the Developmental Disabilities (DD) Section; and qualified service providers who are independent contractors enrolled with Medical Services within the Department of Health and Human Services (Department). A fiscal agent assists participants and their families who wish to self-direct their services.

## **3.** Components of the Waiver Request

The waiver application consists of the following components. Note: Item 3-E must be completed.

- A. Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- **B.** Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the state expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C. Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D.** Participant-Centered Service Planning and Delivery. Appendix D specifies the procedures and methods that the state uses to develop, implement and monitor the participant-centered service plan (of care).
- **E. Participant-Direction of Services.** When the state provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):

• Yes. This waiver provides participant direction opportunities. Appendix E is required.

- O No. This waiver does not provide participant direction opportunities. Appendix E is not required.
- **F. Participant Rights. Appendix F** specifies how the state informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G.** Participant Safeguards. Appendix G describes the safeguards that the state has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the state makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the state's demonstration that the waiver is cost-neutral.

## 4. Waiver(s) Requested

- **A. Comparability.** The state requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in **Appendix C** that are not otherwise available under the approved Medicaid state plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in **Appendix B**.
- **B. Income and Resources for the Medically Needy.** Indicate whether the state requests a waiver of §1902(a)(10)(C)(i)(III) of the Act in order to use institutional income and resource rules for the medically needy *(select one)*:
  - O Not Applicable
  - $O_{N0}$
  - Yes
- **C. Statewideness.** Indicate whether the state requests a waiver of the statewideness requirements in §1902(a)(1) of the Act *(select one)*:

• <sub>N0</sub>

O<sub>Yes</sub>

If yes, specify the waiver of statewideness that is requested (check each that applies):

Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the state. Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:

Limited Implementation of Participant-Direction. A waiver of statewideness is requested in order to make *participant-direction of services* as specified in Appendix E available only to individuals who reside in the following geographic areas or political subdivisions of the state. Participants who reside in these areas may elect to direct their services as provided by the state or receive comparable services through the service delivery methods that are in effect elsewhere in the state.

Specify the areas of the state affected by this waiver and, as applicable, the phase-in schedule of the waiver by geographic area:

## 5. Assurances

In accordance with 42 CFR §441.302, the state provides the following assurances to CMS:

- A. Health & Welfare: The state assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in Appendix C, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any state licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The state assures that these requirements are met on the date that the services are furnished; and,
  - **3.** Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable state standards for board and care facilities as specified in **Appendix C**.
- **B. Financial Accountability.** The state assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.

- **C. Evaluation of Need:** The state assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care specified in **Appendix B**.
- **D.** Choice of Alternatives: The state assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in Appendix B, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - 2. Given the choice of either institutional or home and community-based waiver services. Appendix B specifies the procedures that the state employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- **E.** Average Per Capita Expenditures: The state assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid state plan for the level(s) of care specified for this waiver had the waiver not been granted. Cost-neutrality is demonstrated in Appendix J.
- **F. Actual Total Expenditures:** The state assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the state's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The state assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The state assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid state plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The state assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- **J. Services for Individuals with Chronic Mental Illness.** The state assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the state has not included the optional Medicaid benefit cited in 42 CFR §440.140; or (3) age 21 and under and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

## 6. Additional Requirements

#### Note: Item 6-I must be completed.

- A. Service Plan. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including state plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B. Inpatients.** In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are inpatients of a hospital, nursing facility or ICF/IID.

- **C. Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the state that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- **D.** Access to Services. The state does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E. Free Choice of Provider**. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the state has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The state provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the state's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- H. Quality Improvement. The state operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the state assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The state further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the state will implement the Quality Improvement Strategy specified in Appendix H.
- I. Public Input. Describe how the state secures public input into the development of the waiver:

Will be added after Public comment period has ended.

- **J. Notice to Tribal Governments**. The state assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The state assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 -August 8, 2003). Appendix B describes how the state assures meaningful access to waiver services by Limited English Proficient persons.

## 7. Contact Person(s)

A. The Medicaid agency representative with whom CMS should communicate regarding the waiver is:

Last Name:	
	Heidi
First Name:	
rirst ivame:	Zandar
	Zander
Title:	
	DD HCBS Waiver Administrator
Agency:	
	Developmental Disabilities Section
Address:	
	1237 West Divide Avenue, Suite 1A
Address 2:	
City:	
City.	Bismarck
	DISINALCK
State:	North Dakota
7:	
Zip:	
	58501-1208
Phone:	
	(701) 328-8945 Ext: TTY
Fax:	
Fax:	
	(701) 328-8969
E-mail:	
	hzander@nd.gov

**B.** If applicable, the state operating agency representative with whom CMS should communicate regarding the waiver is: Last Name:

First Name:	
Title:	
Agency:	
Address:	
Address 2:	
City:	
State:	North Dakota
Zip:	

Phone:	
Fax:	
E-mail:	

## 8. Authorizing Signature

This document, together with Appendices A through J, constitutes the state's request for a waiver under §1915(c) of the Social Security Act. The state assures that all materials referenced in this waiver application (including standards, licensure and certification requirements) are *readily* available in print or electronic form upon request to CMS through the Medicaid agency or, if applicable, from the operating agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the Medicaid agency to CMS in the form of waiver amendments.

Upon approval by CMS, the waiver application serves as the state's authority to provide home and community-based waiver services to the specified target groups. The state attests that it will abide by all provisions of the approved waiver and will continuously operate the waiver in accordance with the assurances specified in Section 5 and the additional requirements specified in Section 6 of the request.

Signature:	
	State Medicaid Director or Designee
Submission Date:	
	Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.
Last Name:	Aker
First Name:	Sarah
Title:	
Agency:	Medical Services Director
Address:	ND Department of Health and Human Services
Address 2:	Dept 235 600 E Boulevard Ave
City	
City:	Bismarck
State:	North Dakota
Zip:	58505

Phone:	(701) 200 1775				
Fax:	(701) 328-1665				
	(701) 328-1544	]			
E-mail:					
Attachments	saker@nd.gov				
Attachment #1: Transit Check the box next to an		ent approved waiver. Check all boxes that apply.			
	oved waiver with this waiver.				
□ Combining waivers.					
□ Splitting one waiver into two waivers.					
Eliminating a service.					
Adding or decreasing an individual cost limit pertaining to eligibility.					
□ Adding or decreasing limits to a service or a set of services, as specified in Appendix C.					
□ Reducing the unduplicated count of participants (Factor C).					
$\square$ Adding new, or decreasing, a limitation on the number of participants served at any point in time.					
Making any changes that could result in some participants losing eligibility or being transferred to another waiver under 1915(c) or another Medicaid authority.					
□ Making any changes that could result in reduced services to participants.					

Specify the transition plan for the waiver:

Removing Parenting Supports: Currently, the Traditional IID/DD waiver does not have any participants enrolled in the Parenting Support service. The last participant utilized services in November 2022. Over the last 5 years the utilization of the service has consistently decreased. Supports and goals that were previously developed within Parenting Supports may be encompassed in other waiver services or community services. No relocation plan is necessary due to no participants currently authorized for Parenting Support service.

#### Attachment #2: Home and Community-Based Settings Waiver Transition Plan

Specify the state's process to bring this waiver into compliance with federal home and community-based (HCB) settings requirements at 42 CFR 441.301(c)(4)-(5), and associated CMS guidance.

Consult with CMS for instructions before completing this item. This field describes the status of a transition process at the point in time of submission. Relevant information in the planning phase will differ from information required to describe attainment of milestones.

To the extent that the state has submitted a statewide HCB settings transition plan to CMS, the description in this field may reference that statewide plan. The narrative in this field must include enough information to demonstrate that this waiver complies with federal HCB settings requirements, including the compliance and transition requirements at 42 CFR 441.301(c)(6), and that this submission is consistent with the portions of the statewide HCB settings transition plan that are germane to this waiver. Quote or summarize germane portions of the statewide HCB settings transition plan as required.

Note that Appendix C-5 <u>HCB Settings</u> describes settings that do not require transition; the settings listed there meet federal HCB setting requirements as of the date of submission. Do not duplicate that information here.

Update this field and Appendix C-5 when submitting a renewal or amendment to this waiver for other purposes. It is not necessary for the state to amend the waiver solely for the purpose of updating this field and Appendix C-5. At the end of the state's HCB settings transition process for this waiver, when all waiver settings meet federal HCB setting requirements, enter "Completed" in this field, and include in Section C-5 the information on all HCB settings in the waiver.

Transition plan has been completed

## **Additional Needed Information (Optional)**

Provide additional needed information for the waiver (optional):

#### Tribal Information:

The North Dakota Department of Health and Human Services acknowledges that there are legal and stakeholder partnerships with the Indian Tribes in North Dakota. These partnerships have grown throughout the years and will continue to be an integral part of implementing the revisions set forth by the American Recovery & Reinvestment Act (ARRA) and the Patient Protection and Affordable Care Act (ACA).

It is the intent of the North Dakota Department of Health and Human Services to consult on a regular basis with the Indian Tribes established in North Dakota on matters relating to Medicaid and Children's Health Insurance Program (CHIP) eligibility and services, which are likely to have a direct impact on the Indian population. This consultation process will ensure that Tribal governments are included in the decision making process when changes in the Medicaid and CHIP programs will affect items such as cost or reductions and additions to the program. The North Dakota Department of Health and Human Services shall engage Tribal consultation with a State Plan Amendment, waiver proposal or amendment, or demonstration project proposal when any of these items will likely have a direct impact on the North Dakota Tribes and/or their Tribal members.

#### Direct Impact:

Direct impact is defined as a proposed change that is expected to affect Indian Tribes, Indian Health Services (IHS) and/or Native Americans through: a decrease or increase in services; a change in provider qualifications; a change in service eligibility requirements; a change in the compliance cost for IHS or Tribal health programs; or a change in reimbursement rate or methodology.

#### Consultation:

When it is determined that a proposal or change would have a direct impact on North Dakota Tribes, Indian Health Services or American Indians, the North Dakota Department of Health and Human Services will issue written correspondence via standard mail or email to Tribal Chairs, Tribal Healthcare Directors, the Executive Director of the Indian Affairs Commission, Indian Health Services Representatives and the Executive Director of the Great Plains Tribal Chairmen's Health Board. In addition to the written correspondence, the Department may use one or more of the following methods to provide notice or request input from the North Dakota Indian Tribes and IHS.

a. Indian Affairs Commission Meetings

- b. Interim Tribal and State Relations Committee Meetings
- c. Medicaid Medical Advisory Committee Meetings

d. Independent Tribal Council Meetings

#### Ongoing Correspondence:

• A web link will be located on the North Dakota Department of Health and Human Services website specific to the North Dakota Tribes. Information contained on this link will include: notices described below, proposed and final State Plan amendments, frequently asked questions and other applicable documents.

• A specific contact at the North Dakota Department of Health and Human Services Medical Services Division, in addition to the Medicaid Director, will be assigned for all ongoing Tribal needs. This contact information will be disseminated in the continuing correspondence with the North Dakota Tribes.

Content of the written correspondence will include:

- Purpose of the proposal/change
- Effective date of change
- · Anticipated impact on Tribal population and programs

• Location, Date and Time of Face to Face Consultation OR If Consultation is by Written Correspondence, the Method for providing comments and a timeframe for responses. Responses to written correspondence are due to the Department 30 days after receipt of the written notice.

#### Meeting Requests:

In the event that written correspondence is not sufficient due to the extent of discussion needed by either party, The North Dakota Department of Health and Human Services, the North Dakota Tribes, or Indian Health Services can request a face to face meeting within 30 days of the written correspondence, by written notice, to the other parties.

## **Appendix A: Waiver Administration and Operation**

**1. State Line of Authority for Waiver Operation.** Specify the state line of authority for the operation of the waiver (*select one*):

## • The waiver is operated by the state Medicaid agency.

Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):

## <sup>O</sup> The Medical Assistance Unit.

Specify the unit name:

(Do not complete item A-2)

# • Another division/unit within the state Medicaid agency that is separate from the Medical Assistance Unit.

Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.

Developmental Disabilities Division, Tina Bay, DD Director, 1237 West Divide Avenue, Suite 1A, Bismarck, ND 58501-1208, (701) 328-8966, tbay@nd.gov

(Complete item A-2-a).

# <sup>O</sup> The waiver is operated by a separate agency of the state that is not a division/unit of the Medicaid agency.

Specify the division/unit name:

In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. *(Complete item A-2-b).* 

## **Appendix A: Waiver Administration and Operation**

#### 2. Oversight of Performance.

a. Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:

The Medicaid agency retains ultimate authority and responsibility for the operation of the waiver program by exercising oversight over the performance of waiver functions by other State and local/regional non-state agencies (if appropriate) and contracted entities. The North Dakota Department of Health and Human Services is the single State Medicaid Agency which includes the DD Section and Medical Services Division. The DD Section, which is a section within the single Medicaid Agency, is responsible for the daily administration and supervision of the waiver, as well as issues, policies, rules and regulations related to the waiver. Oversight of waiver activities is assured through the Department's quarterly waiver coordination meetings which include representatives from Medical Services Division and units administering waivers.

 b. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:

As indicated in section 1 of this appendix, the waiver is not operated by a separate agency of the State. Thus this section does not need to be completed.

## **Appendix A: Waiver Administration and Operation**

- **3.** Use of Contracted Entities. Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):
  - Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).

Specify the types of contracted entities and briefly describe the functions that they perform. *Complete Items A-5 and A-6.:* 

Contract for Fiscal Agent services for waiver supports that are participant directed.

O No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).

## **Appendix A: Waiver Administration and Operation**

- **4. Role of Local/Regional Non-State Entities.** Indicate whether local or regional non-state entities perform waiver operational and administrative functions and, if so, specify the type of entity (*Select One*):
  - Not applicable
  - Applicable Local/regional non-state agencies perform waiver operational and administrative functions. Check each that applies:

Local/Regional non-state public agencies perform waiver operational and administrative functions at the local or regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.

Specify the nature of these agencies and complete items A-5 and A-6:

Local/Regional non-governmental non-state entities conduct waiver operational and administrative functions at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The **contract(s)** under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Specify the nature of these entities and complete items A-5 and A-6:

**Appendix A: Waiver Administration and Operation** 

5. Responsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the state agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in conducting waiver operational and administrative functions:

The DD Section is responsible for the assessment of performance of the fiscal agent and this is monitored through regular calls or contacts with the fiscal agent, regional staff, and families.

## **Appendix A: Waiver Administration and Operation**

6. Assessment Methods and Frequency. Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional non-state entities is assessed:

Fiscal Agent activities will be continually monitored by families and DD Program Managers (DDPMs). Feedback from DDPMs and families working with the Fiscal Agent will be used to measure satisfaction.

The DD Section monitors the Fiscal Agent by meeting quarterly to discuss any participant specific issues, vendor issues, contract concerns, FA functions, and performance.

**Appendix A: Waiver Administration and Operation** 

7. Distribution of Waiver Operational and Administrative Functions. In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. *Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.* 

Function	Medicaid Agency	<b>Contracted Entity</b>
Participant waiver enrollment	X	
Waiver enrollment managed against approved limits	$\mathbf{X}$	
Waiver expenditures managed against approved levels	X	X
Level of care evaluation	X	
Review of Participant service plans	X	
Prior authorization of waiver services	X	
Utilization management	X	
Qualified provider enrollment	X	
Execution of Medicaid provider agreements	X	
Establishment of a statewide rate methodology	X	
Rules, policies, procedures and information development governing the waiver program	X	
Quality assurance and quality improvement activities	X	

**Appendix A: Waiver Administration and Operation** 

Quality Improvement: Administrative Authority of the Single State Medicaid Agency

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

#### i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. As necessary and applicable, performance measures should focus on:

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

#### Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(A-1) Number and percent of self-directed services correctly paid by the Fiscal Agent that are authorized on the participant's authorization. N: Number of authorized services, correctly paid for by the Fiscal Agent that is on the Traditional waiver authorization self-directed supports. D: All self-directed services paid by the Fiscal Agent.

Data Source (Select one): Other If 'Other' is selected, specify: Report from Fiscal Agent

<b>Responsible Party for data</b> <b>collection/generation</b> (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	Annually	Stratified Describe Group:

Fiscal Agent		
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data aggregation</b> <b>and analysis</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
⊠ State Medicaid Agency	U Weekly
Operating Agency	<b>Monthly</b>
□ Sub-State Entity	Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

#### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The DD Section staff is responsible for addressing individual problems. Problems may be corrected by providing one on one or group training /education, clarifying/rewriting policy, recouping funds that were paid in error, or termination of provider status if necessary. The state maintains documentation that tracks training, policy changes, recouped funds and terminations.

(A-1) Upon discovery, Fiscal Agent contacts DDPM for any services not on the authorization. DDPM works with family to resolve the issue. Issue and solution are documented in web based management system by DDPM. DDPM communicates resolution to Fiscal Agent.

#### ii. Remediation Data Aggregation

#### Remediation-related Data Aggregation and Analysis (including trend identification)

<b>Responsible Party</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
⊠ State Medicaid Agency	
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	X Annually
	Continuously and Ongoing
	Other Specify:

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Administrative Authority that are currently non-operational.

## • No

#### O<sub>Yes</sub>

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

## **Appendix B: Participant Access and Eligibility**

# **B-1:** Specification of the Waiver Target Group(s)

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the state limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. *In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:* 

				Maxim	ximum Age	
Target Group	Included	Target SubGroup Minimum	Minimum Age	Maximum Age	No Maximum Age	
				Limit	Limit	
Aged or Disal	oled, or Both - Gen	eral		-		
		Aged				
		Disabled (Physical)				
		Disabled (Other)				
Aged or Disal	oled, or Both - Spec	ific Recognized Subgroups				
		Brain Injury				
		HIV/AIDS				
		Medically Fragile				
		Technology Dependent				
Intellectual D	isability or Develop	mental Disability, or Both		• •		
		Autism				
	X	Developmental Disability	0		X	
	X	Intellectual Disability	0		X	
Mental Illness						
		Mental Illness				
		Serious Emotional Disturbance				

## **b.** Additional Criteria. The state further specifies its target group(s) as follows:

The state additionally limits the waiver to individuals with intellectual disabilities or individuals with related conditions(as defined in 42 CFR §435.1009) and cognitive impairment who meet the ICF/IID level of care (as defined in 42 CFR §440.150(a)(2)). Cognitive impairment means that a person performs significantly below appropriate age level in brain function (perception, attention, memory, motor, language, executive functioning), and the impairments are not severe enough to qualify as an intellectual disability.

**c.** Transition of Individuals Affected by Maximum Age Limitation. When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (*select one*):

## • Not applicable. There is no maximum age limit

O The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.

Specify:

**Appendix B: Participant Access and Eligibility** 

**B-2: Individual Cost Limit (1 of 2)** 

**a. Individual Cost Limit.** The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual *(select one)*. Please note that a state

may have only ONE individual cost limit for the purposes of determining eligibility for the waiver:

- No Cost Limit. The state does not apply an individual cost limit. *Do not complete Item B-2-b or item B-2-c*.
- **Cost Limit in Excess of Institutional Costs.** The state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the state. *Complete Items B-2-b and B-2-c.*

The limit specified by the state is (select one)

# <sup>O</sup> A level higher than 100% of the institutional average.

Specify the percentage:

O Other

Specify:

- **Institutional Cost Limit.** Pursuant to 42 CFR 441.301(a)(3), the state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. *Complete Items B-2-b and B-2-c*.
- Cost Limit Lower Than Institutional Costs. The state refuses entrance to the waiver to any otherwise qualified individual when the state reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the state that is less than the cost of a level of care specified for the waiver.

Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c.

The cost limit specified by the state is (select one):

• The following dollar amount:

Specify dollar amount:

The dollar amount (select one)

• Is adjusted each year that the waiver is in effect by applying the following formula:

Specify the formula:

O May be adjusted during the period the waiver is in effect. The state will submit a waiver amendment to CMS to adjust the dollar amount.

<sup>O</sup> The following percentage that is less than 100% of the institutional average:

# O Other:

Specify:

**Appendix B: Participant Access and Eligibility** 

B-2: Individual Cost Limit (2 of 2)

## Answers provided in Appendix B-2-a indicate that you do not need to complete this section.

**b. Method of Implementation of the Individual Cost Limit.** When an individual cost limit is specified in Item B-2-a, specify the procedures that are followed to determine in advance of waiver entrance that the individual's health and welfare can be assured within the cost limit:

**c. Participant Safeguards.** When the state specifies an individual cost limit in Item B-2-a and there is a change in the participant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount that exceeds the cost limit in order to assure the participant's health and welfare, the state has established the following safeguards to avoid an adverse impact on the participant (*check each that applies*):

□ The participant is referred to another waiver that can accommodate the individual's needs.

Additional services in excess of the individual cost limit may be authorized.

Specify the procedures for authorizing additional services, including the amount that may be authorized:

Other safeguard(s)

Specify:

# **Appendix B: Participant Access and Eligibility**

**B-3: Number of Individuals Served** (1 of 4)

**a. Unduplicated Number of Participants.** The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The state will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the cost-neutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants
Year 1	

Waiver Year	Unduplicated Number of Participants
	6980
Year 2	7130
Year 3	7280
Year 4	7430
Year 5	7580

**b.** Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the state may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the state limits the number of participants in this way: *(select one)*:

• The state does not limit the number of participants that it serves at any point in time during a waiver year.

## <sup>O</sup> The state limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b		
Waiver Year	Maximum Number of Participants Served At Any Point During the Year	
Year 1		
Year 2		
Year 3		
Year 4		
Year 5		

**Appendix B: Participant Access and Eligibility** 

B-3: Number of Individuals Served (2 of 4)

**c. Reserved Waiver Capacity.** The state may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State *(select one)*:

○ Not applicable. The state does not reserve capacity.

## • The state reserves capacity for the following purpose(s).

Purpose(s) the state reserves capacity for:

Purposes	
Emergency	
Infant Development	
Transition from Supported Employment to Individual Employment Support services	

**Appendix B: Participant Access and Eligibility** 

**B-3:** Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Emergency

**Purpose** (describe):

The State reserves slots for emergency situations in which potentially eligible participants are in need of supports to ensure health and welfare.

A person is considered to have emergency needs when: The individual is at significant, imminent risk of serious harm because the primary caregiver(s)/support system is/are not able to provide the level of support necessary to meet the person's basic needs; and/or the individual requires protection from confirmed abuse, neglect, or exploitation; and/or an individual who is in need of transitioning from an institutional setting and their needs can also be met in a home and community based service situation; and whose needs can be addressed through licensed DD waiver services.

Reserved slots are managed through the DD Section.

### Describe how the amount of reserved capacity was determined:

Based on current enrollment in the program and past utilization.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved		
Year 1	15		
Year 2	15		
Year 3	15		
Year 4	15		
Year 5	15		

## **Appendix B: Participant Access and Eligibility**

B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Infant Development

**Purpose** (describe):

The State will reserve slots for children birth through two years of age to provide intervention in a timely manner for young children who will benefit from infant development services. The primary caregiver chooses which option best meets their family's needs.

#### Describe how the amount of reserved capacity was determined:

Based on current enrollment in the program and past utilization.

The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	Capacity Reserved	Capacity Reserved	
Year 1	170		
Year 2	170		
Year 3	170		
Year 4	170		
Year 5	170		

## **Appendix B: Participant Access and Eligibility**

B-3: Number of Individuals Served (2 of 4)

**Purpose** (provide a title or short description to use for lookup):

Transition from Supported Employment to Individual Employment Support services

**Purpose** (describe):

In order to assure individuals have access to the placement, training, stabilization phase of supported employment, slots are reserved. Vocational Rehabilitation will not provide supportive employment without prior assurance that funding is available for long term supported employment supports once placement, training and stabilization are complete. Some individuals may not be receiving a waiver service at the time of entrance to Supported Employment Program (SEP) and it can last up to 18 months before transition to Individual Employment Support Services. The reserve capacity assures continuity of SEP services long term for individuals who are not enrolled in the waiver at initiation of SEP.

Describe how the amount of reserved capacity was determined:

Based on current enrollment in the program and past utilization.

#### The capacity that the State reserves in each waiver year is specified in the following table:

Waiver Year	C	apacity Reserve	ed
Year 1		5	
Year 2		5	
Year 3		5	
Year 4		5	
Year 5		5	

**Appendix B: Participant Access and Eligibility** 

B-3: Number of Individuals Served (3 of 4)

**d.** Scheduled Phase-In or Phase-Out. Within a waiver year, the state may make the number of participants who are served subject to a phase-in or phase-out schedule *(select one)*:

- The waiver is not subject to a phase-in or a phase-out schedule.
- O The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.
- e. Allocation of Waiver Capacity.

Select one:

- Waiver capacity is allocated/managed on a statewide basis.
- <sup>O</sup> Waiver capacity is allocated to local/regional non-state entities.

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

**f. Selection of Entrants to the Waiver.** Specify the policies that apply to the selection of individuals for entrance to the waiver:

"Common slots" are slots, minus the reserved slot capacity. Common slots are available to eligible participants on a firstcome, first-served basis. Reserved slots are assigned, based on the categories defined in the waiver. When the waiver cap, including both common and reserved slots is reached, a waiting list will be maintained based on the date of request of service. If the reserved capacity for 'Emergency' has been exhausted, applicants whose situation meets the definition for 'Emergency' will be given priority when slots become available.

As long as common slots are available, participants have access to all waiver services that are based on their need. Once the common slots have been utilized, reserved slots are available (infant development, Individual Employment, Emergency). Applicants wishing to access the waiver at this point will need to meet one of those three categories and the regular eligibility criteria for the waiver. If applicant does not meet the reserved slot criteria, they will be placed on a wait list until common slots are available.

## **Appendix B: Participant Access and Eligibility**

B-3: Number of Individuals Served - Attachment #1 (4 of 4)

## Answers provided in Appendix B-3-d indicate that you do not need to complete this section.

#### **Appendix B: Participant Access and Eligibility**

**B-4: Eligibility Groups Served in the Waiver** 

- a. **1. State Classification.** The state is a *(select one)*:
  - §1634 State
  - O SSI Criteria State
  - 209(b) State

#### 2. Miller Trust State.

Indicate whether the state is a Miller Trust State (select one):

- No
- O<sub>Yes</sub>

the follow	<b>Eligibility Groups Served in the Waiver.</b> Individuals who receive services under this waiver are eligible under ing eligibility groups contained in the state plan. The state applies all applicable federal financial participation er the plan. <i>Check all that apply</i> :
Eligibility §435.217,	Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR
Low	income families with children as provided in §1931 of the Act
	recipients
🗙 Age	l, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
🗆 Opti	onal state supplement recipients
🗆 Opti	onal categorically needy aged and/or disabled individuals who have income at:
Selec	rt one:
0	100% of the Federal poverty level (FPL)
0	% of FPL, which is lower than 100% of FPL.
	Specify percentage:
	king individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in 2(a)(10)(A)(ii)(XIII)) of the Act)
	king individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in 2(a)(10)(A)(ii)(XV) of the Act)
	king individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage 1p as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)
	bled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility p as provided in §1902(e)(3) of the Act)
🗙 Med	ically needy in 209(b) States (42 CFR §435.330)
🗆 Med	ically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)
	er specified groups (include only statutory/regulatory reference to reflect the additional groups in the state that may receive services under this waiver)
Spec	ify:

**Special home and community-based waiver group under 42 CFR §435.217)** Note: When the special home and community-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be completed

- <sup>O</sup> No. The state does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. *Appendix B-5 is not submitted.*
- Yes. The state furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217.

Select one and complete Appendix B-5.

- All individuals in the special home and community-based waiver group under 42 CFR §435.217
- Only the following groups of individuals in the special home and community-based waiver group under 42 CFR §435.217

*Check each that applies:* 

Select one:
○ 300% of the SSI Federal Benefit Rate (FBR)
$^{igodoldoldoldoldoldoldoldoldoldoldoldoldol$
Specify percentage:
○ A dollar amount which is lower than 300%.
Specify dollar amount:
Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI program (42 CFR §435.121)
Medically needy without spend down in states which also provide Medicaid to recipients of SSI (42 CFR §435.320, §435.322 and §435.324)
] Medically needy without spend down in 209(b) States (42 CFR §435.330)
Aged and disabled individuals who have income at:
Select one:
○ 100% of FPL
○ % of FPL, which is lower than 100%.
Specify percentage amount:
Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the state plan that may receive services under this waiver)
Specify:

**Appendix B: Participant Access and Eligibility** 

**B-5: Post-Eligibility Treatment of Income (1 of 7)** 

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the state furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group.

**a.** Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR §435.217:

Note: For the period beginning January 1, 2014 and extending through September 30, 2019 (or other date as required by law), the following instructions are mandatory. The following box should be checked for all waivers that furnish waiver services to the 42 CFR §435.217 group effective at any point during this time period.

Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group. In the case of a participant with a community spouse, the state uses *spousal* post-eligibility rules under §1924 of the Act.

Complete Items B-5-e (if the selection for B-4-a-i is SSI State or §1634) or B-5-f (if the selection for B-4-a-i is 209b State) and Item B-5-g unless the state indicates that it also uses spousal post-eligibility rules for the time periods before January 1, 2014 or after September 30, 2019 (or other date as required by law).

Note: The following selections apply for the time periods before January 1, 2014 or after September 30, 2019 (or other date as required by law) (select one).

• Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group.

In the case of a participant with a community spouse, the state elects to (select one):

- Use spousal post-eligibility rules under §1924 of the Act. (Complete Item B-5-c (209b State) and Item B-5-d)
- O Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (209b State) (Complete Item B-5-c (209b State). Do not complete Item B-5-d)
- Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The state uses regular post-eligibility rules for individuals with a community spouse.
   (Complete Item B-5-c (209b State). Do not complete Item B-5-d)

**Appendix B: Participant Access and Eligibility** 

**B-5: Post-Eligibility Treatment of Income (2 of 7)** 

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

## b. Regular Post-Eligibility Treatment of Income: SSI State.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

## **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income (3 of 7)** 

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

#### c. Regular Post-Eligibility Treatment of Income: 209(B) State.

The state uses more restrictive eligibility requirements than SSI and uses the post-eligibility rules at 42 CFR 435.735 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following amounts and expenses from the waiver participant's income:

## i. Allowance for the needs of the waiver participant (select one):

## • The following standard included under the state plan

(select one):

## O The following standard under 42 CFR §435.121

Specify:

- Optional state supplement standard
- Medically needy income standard
- <sup>O</sup> The special income level for institutionalized persons

(select one):

○ 300% of the SSI Federal Benefit Rate (FBR)

	$^{igodoldsymbol{O}}$ A percentage of the FBR, which is less than 300%
	Specify percentage:
	• A dollar amount which is less than 300%.
	Specify dollar amount:
	○ A percentage of the Federal poverty level
	Specify percentage:
	O Other standard included under the state Plan
	Specify:
0	The following dollar amount
	Specify dollar amount: If this amount changes, this item will be revised.
0	The following formula is used to determine the needs allowance:
	Specify:
•	
0	Other
	Specify:
	owance for the spouse only (select one):
_	Not Applicable
0	The state provides an allowance for a spouse who does not meet the definition of a community spouse in §1924 of the Act. Describe the circumstances under which this allowance is provided:
	Specify:
	Specify the amount of the allowance (select one):
	○ The following standard under 42 CFR §435.121
	Specify:

- Optional state supplement standard
- O Medically needy income standard
- The following dollar amount:

Specify dollar amount: If this amount changes, this item will be revised.

<sup>O</sup> The amount is determined using the following formula:

Specify:

## iii. Allowance for the family (select one):

- Not Applicable (see instructions)
- O AFDC need standard
- O Medically needy income standard
- The following dollar amount:

Specify dollar amount: 500 The amount specified cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically needy income standard established under 42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.

<sup>O</sup> The amount is determined using the following formula:

Specify:

O Other Specify:

iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified

- in 42 §CFR 435.726:
  - a. Health insurance premiums, deductibles and co-insurance charges
  - b. Necessary medical or remedial care expenses recognized under state law but not covered under the state's Medicaid plan, subject to reasonable limits that the state may establish on the amounts of these expenses.

Select one:

- Not Applicable (see instructions)Note: If the state protects the maximum amount for the waiver participant, not applicable must be selected.
- The state does not establish reasonable limits.
- <sup>O</sup> The state establishes the following reasonable limits

Specify:

## **Appendix B: Participant Access and Eligibility**

# **B-5: Post-Eligibility Treatment of Income (4 of 7)**

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

#### d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

#### i. Allowance for the personal needs of the waiver participant

(select one):

- O SSI standard
- O Optional state supplement standard
- Medically needy income standard
- <sup>O</sup> The special income level for institutionalized persons
- <sup>O</sup> A percentage of the Federal poverty level

Specify percentage:

○ The following dollar amount:

Specify dollar amount: If this amount changes, this item will be revised

<sup>O</sup> The following formula is used to determine the needs allowance:

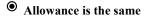
Specify formula:

O Other

Specify:

ii. If the allowance for the personal needs of a waiver participant with a community spouse is different from the amount used for the individual's maintenance allowance under 42 CFR §435.726 or 42 CFR §435.735, explain why this amount is reasonable to meet the individual's maintenance needs in the community.

Select one:



O Allowance is different.

Explanation of difference:

- iii. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.726:
  - a. Health insurance premiums, deductibles and co-insurance charges
  - b. Necessary medical or remedial care expenses recognized under state law but not covered under the state's Medicaid plan, subject to reasonable limits that the state may establish on the amounts of these expenses.

Select one:

- Not Applicable (see instructions)Note: If the state protects the maximum amount for the waiver participant, not applicable must be selected.
- The state does not establish reasonable limits.
- <sup>O</sup> The state uses the same reasonable limits as are used for regular (non-spousal) post-eligibility.

#### **Appendix B: Participant Access and Eligibility**

**B-5: Post-Eligibility Treatment of Income (5 of 7)** 

Note: The following selections apply for the five-year period beginning January 1, 2014.

#### e. Regular Post-Eligibility Treatment of Income: SSI State or §1634 State - 2014 through 2018.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

## **Appendix B: Participant Access and Eligibility**

**B-5:** Post-Eligibility Treatment of Income (6 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

#### f. Regular Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.

## Answers provided in Appendix B-5-a indicate the selections in B-5-c also apply to B-5-f.

### **Appendix B: Participant Access and Eligibility**

**B-5:** Post-Eligibility Treatment of Income (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

#### g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

#### Answers provided in Appendix B-5-a indicate the selections in B-5-d also apply to B-5-g.

**Appendix B: Participant Access and Eligibility** 

**B-6:** Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the state provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near 09/18/2023

future (one month or less), but for the availability of home and community-based waiver services.

a. Reasonable Indication of Need for Services. In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the state's policies concerning the reasonable indication of the need for services:

#### i. Minimum number of services.

The minimum number of waiver services (one or more) that an individual must require in order to be determined to need waiver services is:

- ii. Frequency of services. The state requires (select one):
  - <sup>O</sup> The provision of waiver services at least monthly
  - Monthly monitoring of the individual when services are furnished on a less than monthly basis

If the state also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:

Minimum frequency: Quarterly-intermittent services only

Individuals are screened to the ICF/IID level of care when it is expected that the person will need and receive a waiver service within 30 days. When a participant is only receiving an intermittent service, such as Environmental Modification, the service may not be delivered during a particular month. The DDPM will monitor the use of services as part of the quality enhancement review (QER).

If, based on the QER, the participant has not received a monthly service, the DDPM will initiate a monthly contact with the participant and\or legal decision maker to ensure health and safety, to determine if the service continues to be appropriate, and whether there continues to be a reasonable expectation that the service will be delivered monthly. If the participant is found not to be utilizing waiver services, a re-evaluation of level of care will be conducted to reassess the need for waiver services.

- **b.** Responsibility for Performing Evaluations and Reevaluations. Level of care evaluations and reevaluations are performed (*select one*):
  - Directly by the Medicaid agency
  - **O** By the operating agency specified in Appendix A
  - <sup>O</sup> By a government agency under contract with the Medicaid agency.

Specify the entity:

O Other

Specify:

**c.** Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

DDPMs will perform the initial evaluation of level of care for waiver applicants. The minimum qualifications for DDPMs require that they meet the criteria for Qualified Developmental Disabilities Professional (ODDP). This criteria is as follows: Definition: Individual who: 483.430(a)(1) Has at least one year of experience working directly with persons with an intellectual disability or other developmental disabilities; and (a)(2) Is one of the following: (a)(2)(i) A doctor of medicine osteopathy (a)(2)(ii) A registered nurse (a)(2)(iii) An individual who holds at least a bachelor's degree in a professional category specified in paragraph (b)(5) and who are licensed, certified, or registered as applicable, to provide professional services by the State in which he or she practices. Professional staff who do not fall under the jurisdiction of State licensure, certification or registration requirements must meet the following: 2 - 483.430(b)(5)(i) To be designated as an Occupational therapist must be eligible for certification as an occupational therapist by the American Occupational Therapy Association or another comparable body. 483.430 (b)(5)(iii) To be designated as a Physical therapist must be eligible For certification as a physical therapist by the American Physical Therapy Association or another comparable body. 483.430(b)(5)(v) To be designated as a psychologist must have at least a Master's degree in psychology from an accredited school. 483.430(b)(5)(vi) To be designated as a social worker, an individual must (A) Hold a graduate degree from a school of social work accredited or approved by the Council on Social Work Education or another comparable body; or (B) Hold a Bachelor of Social Work degree from a college or university accredited or approved by the Council on Social Work Education or another comparable body. 483.430(b) (5) (vii) To be designated as a speech-language pathologist or audiologist, an individual must (A) Be eligible for a Certificate of Clinical Competence in Speech-Language Pathology or Audiology granted by the American Speech-Language-Hearing Association or another comparable body; or (B) Meet the educational requirements for certification and be in the process or accumulating the supervised experience required for certification. 483.430(b)(5)(viii) To be designated as a professional recreation staff member an individual must have a bachelor's degree in recreation or in a specialty area such as art, dance, music or physical education. 483.430(b)(5)(ix) To be designated as a professional dietician, an individual must be eligible for registration by the American Dietetic Association. 483.430(b)(5)(x) To be designated as a human services professional an individual must have at least a bachelor's degree in a human service field (including but not limited to: sociology, special education, rehabilitation counseling, and psychology). "Human services field" includes all the professional disciplines stipulated in 483.430(a)(3)(i)(ii) and 483.430(b)(5)(i)-(ix) as well as any related academic disciplines associated with the study of: Human behavior (e.g., psychology, sociology, speech communication, gerontology etc.), human skill development (e.g., education, counseling, human development, humans and their cultural behavior (e.g., anthropology), or any other study of services related to basic human care needs (e.g. rehabilitation counseling), or the human condition (e.g., literature, the arts). 3 - An individual with a "Bachelor's degree in a human service field" means an individual who has received: at least a bachelor degree from a college or university (master and doctorate degree are also acceptable) and has received academic credit for a major or minor coursework concentration in a human services field, as defined above. Other A. Individuals who have a bachelor's degree; and B. Developmental Disabilities module certification; and C. One year experience working with individuals with developmental disabilities. d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the state's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

Individuals that may be eligible for ICF/IID level of care include individuals with a diagnosis of intellectual developmental disabilities as defined in ND Administrative Code or individuals with related conditions as defined in 42 CFR 435.1009 with accompanying cognitive impairment, and who are eligible for Medicaid. An evaluation instrument is used in North Dakota to determine whether an individual meets the minimum criteria for ICF/IID level of care. The evaluation instrument is a component of an automated system and is used to assess individual strengths and needs and to assist in the determination of eligibility as well as evaluation of level of care. The individual assessment describes the most current DSM diagnoses and the level of supports needed by an individual in the following areas: residential, day services, motor skills, independent living, social, cognitive, communication, adaptive skills, behavior, medical and legal. Once the evaluation is completed, an indicator is electronically derived from the scores that determine whether an individual meets the basic criteria for the ICF/IID level of care, if all other criteria are met. The HCBS indicator, in conjunction with the professional judgment of the DDPM, will serve as the basis as to whether the individual will be screened for waiver services.

If the HCBS indicator is "N" (no), the individual cannot be screened to the ICF/IID Level of Care. If the HCBS indicator is "Y" (yes), the individual may be screened, provided all other criteria are met. If the HCBS indicator is "P" (professional judgment), the DDPM applies professional judgment, utilizing the guidelines for ICF/IID Level of Care Screenings to determine if the individual can be screened.

- e. Level of Care Instrument(s). Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (select one):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the state Plan.
  - A different instrument is used to determine the level of care for the waiver than for institutional care under the state plan.

Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.

**f. Process for Level of Care Evaluation/Reevaluation:** Per 42 CFR §441.303(c)(1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the evaluation process, describe the differences:

The DDPM will utilize relevant assessments such as psychological, medical, educational and other information as part of the application and intake process. The DDPM will schedule an interview/visit with the individual and/or legal decision maker, to assess the individual's needs and desired outcomes. During the initial visit(s), the DDPM will complete the evaluation instrument. The evaluation results are entered into the web based management system to determine if the minimum criteria are met for level of care. If the finding is affirmative, the DDPM will complete the screening form to document the level of care for the MMIS payment system. If it is determined the individual does not meet the level of care, the individual and/or legal decision maker will be notified of their right to appeal the adverse decision.

The level of care criteria used for the re-evaluation is the same criteria applied for the initial level of care. The DDPM will complete the evaluation instrument based on the most current assessment information available and an interview with the individual and/or those who know the person best. The re-evaluation does not require an updated psychological assessment if the diagnosis has been confirmed, unless it is determined at the annual team meeting that a new assessment will be beneficial or is needed. The results are entered into the web based management system to determine if the minimum criteria are met for level of care and continued enrollment in waiver services. If the finding is affirmative and all other criteria are met, the DDPM will complete the screening form to document the level of care for the MMIS payment system. If it is determined the individual does not meet the level of care, the individual and/or legal decision maker will be notified of their right to appeal the adverse decision.

- **g. Reevaluation Schedule.** Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule *(select one)*:
  - O Every three months
  - O Every six months

• Every twelve months

O Other schedule

Specify the other schedule:

- **h.** Qualifications of Individuals Who Perform Reevaluations. Specify the qualifications of individuals who perform reevaluations *(select one)*:
  - The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
  - The qualifications are different. Specify the qualifications:
- **i. Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c)(4), specify the procedures that the state employs to ensure timely reevaluations of level of care *(specify):*

When the evaluation results are completed and activated, a system generated alert due date is calculated to plus one year minus one day to ensure that the re-evaluation of level of care is performed on a timely basis. In addition, when the screening form is completed and activated, a system generated alert is created with an alert due date equal to the active screening termination date or end date, minus two months to ensure that the re-evaluation of level of care is performed on a timely basis and entered into MMIS. The DDPM and their supervisors have the ability to review all alerts by manager assigned caseload, due date, type of alert, individual case.

**j.** Maintenance of Evaluation/Reevaluation Records. Per 42 CFR §441.303(c)(3), the state assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Documentation of the Level of Care Evaluations/Reevaluations is maintained electronically for each individual for a minimum of 3 years+ in the web based management system application.

**Appendix B: Evaluation/Reevaluation of Level of Care** 

**Quality Improvement: Level of Care** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Level of Care Assurance/Sub-assurances

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

i. Sub-Assurances:

**a.** Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

**Performance Measures** 

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

**Performance Measure:** 

(B-1) Number and percent of new waiver participants who had an initial LOC indicating need for ICF/IID LOC prior to receipt of services. N: Number of new waiver participants who had a LOC prior to receiving services. D: All new waiver participants.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

<b>Responsible Party for</b> data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
Sub-State Entity	Quarterly	Representative Sample Confidence Interval =
Other Specify:	□ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

	r

#### **Data Aggregation and Analysis:**

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	
<b>Operating Agency</b>	□ <sub>Monthly</sub>
□ Sub-State Entity	Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

# **b.** Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

c. Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to

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analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(B-2) Number and percent of waiver participants who have the required initial level of care determination accurately completed by a qualified evaluator. N: Waiver participants who have the required initial level of care determination accurately completed by a qualified evaluator. D: All new waiver participants reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review.

<b>Responsible Party for data collection/generation</b> (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
□ Sub-State Entity	Quarterly	■ Representative Sample Confidence Interval = 95% confidence interval, +/-5% margin of error
Specify:		Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:	
<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

The DD Section reviews patterns and trends of inaccurate evaluation instrument/LOC determinations that require a corrective action. The DD Section follows up, to ensure the corrective action is completed (addressed in B-2 below).

Patterns of errors will be analyzed to determine if they are the result of individual, region, or systemic issues. The Regional DD Program Administrators (DDPAs) will address individual issues and regional training needs. The DD Section is available to assist Regional DD Program Administrators, as well as addressing systemic issues.

#### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

It is the responsibility of the DDPM to address individual problems which are resolved through various methods which may include but are not limited to providing one-on-one technical assistance.

(B-1) When the DD Division is notified that a LOC is not completed either through case file reviews or denied or suspended claims, the DD Section will contact the DDPA for information or correction. The DDPA contacts the DDPM for information and to complete the LOC. The DD Section is then notified upon completion of the corrective action.

(B-2) From the integrity review, a list of inaccuracies is provided to each DDPA/DDPM. Patterns and trends of inaccurate evaluation instrument/LOC determinations require a corrective action. The DD Section follows up, to ensure corrective action is completed timely.

#### ii. Remediation Data Aggregation Remediation-related Data Aggregation and Analysis (including trend identification)

<b>Responsible Party</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> <i>(check each that applies):</i>
⊠ State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	X Annually
	Continuously and Ongoing
	Other Specify:

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Level of Care that are currently non-operational.

- No
- O<sub>Yes</sub>

Please provide a detailed strategy for assuring Level of Care, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

# **Appendix B: Participant Access and Eligibility**

# **B-7: Freedom of Choice**

*Freedom of Choice. As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:* 

- i. informed of any feasible alternatives under the waiver; and
- *ii. given the choice of either institutional or home and community-based services.*
- **a. Procedures.** Specify the state's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Individuals eligible for the waiver will be provided with a choice of institutional or HCBS services, feasible alternatives under available waivers will be explained by the DDPM and a description of services and list of all available DD Licensed Providers will be provided to the individual and/or legal representative. The individual choice will be documented on the Individual Service Plan (ISP). This information will be provided at the time of waiver eligibility determination and annually thereafter.

b. Maintenance of Forms. Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice

forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

The signed ISP is maintained in the participant's file in the web based management system for a minimum of three years.

# **Appendix B: Participant Access and Eligibility**

**B-8:** Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the state uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

The services of an interpreter will be arranged when a participant and/or their legally responsible caregiver is unable to independently communicate with the DD Section staff, DDPM/DDPA, or the Fiscal Agent. Written material may also be modified for non-English speaking participants. The North Dakota Department of Health and Human Services has a Limited English Proficiency Implementation Plan to assist staff in communicating with all participants.

#### **Appendix C: Participant Services**

C-1: Summary of Services Covered (1 of 2)

**a. Waiver Services Summary.** *List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:* 

Service Type	Service	
Statutory Service	Day Habilitation	П
Statutory Service	Homemaker	
Statutory Service	Independent Habilitation	
Statutory Service	Individual Employment Support	Π
Statutory Service	Prevocational Services	
Statutory Service	<b>Residential Habilitation</b>	
Extended State Plan Service	Extended Home Health Care	Π
Other Service	Adult Foster Care	Π
Other Service	Behavioral Consultation	
Other Service	Community Transition Services	
Other Service	Environmental Modifications	
Other Service	Equipment and Supplies	
Other Service	Family Care Option	
Other Service	In-Home Supports	
Other Service	Infant Development	
Other Service	Respite	
Other Service	Small Group Employment Support	

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service	Type:	

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
04 Day Services	04020 day habilitation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

<sup>O</sup> Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

O Service is not included in the approved waiver.

**Service Definition** (Scope):

Day Habilitation services are scheduled activities, formalized training, and staff supports typically provided in a non-residential setting to promote skill development for the acquisition, retention, or improvement in self-help, socialization, and adaptive skills. Activities should focus on improving a participant's sensorimotor, cognitive, communication and social interaction skills. The goal of this service is to enable the participant to attain or maintain his or her maximum physical, intellectual, emotional and social functional level. Day Habilitation services should facilitate and foster community participation as indicated in each participant's person-centered service plan.

Services are designed to maximize the functioning of persons with developmental disabilities and shall be coordinated with any needed therapies in the participant's person-centered service plan, such as physical, occupational, or speech therapy.

Day habilitation services may also be used to provide retirement activities. As some participants age, they may no longer desire to work and may need supports to assist them in meaningful retirement activities in their communities. For participants with degenerative conditions, day habilitation activities may include training and supports to maintain skills and functioning and to prevent or slow regression, rather than acquiring new skills or improving existing skills.

This service shall be provided in a non-residential setting, separate from the participant's private residence or other residential living arrangement. However, this service may be furnished in a residence if the participant's needs are documented in the participant's person-centered service plan.

This service is to provide support for conditions specifically related to IID/DD.

Rates for Day Habilitation may include transportation costs to access program related activities in the community. Transportation does not include travel between the participant's home and the Day Habilitation site. Any transportation provided to a participant as a part of the rate is not billable as a discrete service and cannot duplicate transportation provided under any other service in this waiver.

Participants who require ongoing nursing support may be eligible for a higher medical acuity level. There are 3 additional medical acuity tiers for the Day Habilitation rate. These tiers are based on the participant's assessed medical needs.

Staff who provide services in the medical acuity tiers are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

A nurse assessment and care plan are required for the medical acuity tiers. The participant's person-centered service plan must address medical needs. Nursing services must be within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse (RN), or licensed practical nurse (LPN) under the supervision of a RN licensed to practice in the state North Dakota.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

This service will not be authorized, nor payment made, for participants who are eligible for services under the Individuals with Disabilities Education Act.

This service cannot duplicate any other service in this waiver.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Residential Habilitation, Independent Habilitation, Extended Home Health Care, Parenting Support, Adult Foster Care, Behavioral Consultation, Respite, or Homemaker services.

This service shall be available to those receiving Individual Employment Support, Small Group Employment Support and Prevocational Services subject to limitations stipulated in the DD Section policy. Billing for such services may not be duplicated in a time period (e.g., billed for more than one service for 1:00 p.m. to 5:00 p.m. on April 1). Hours authorized in Day Habilitation, Individual Employment Support, Small Group Employment Support, and Prevocational Services may not exceed 40 cumulative hours per week per participant.

Day Habilitation may not provide for the payment of services that are vocational in nature (i.e. for the primary purposes of producing goods or performing services).

Day Habilitation cannot be authorized on the individual service plan with Family Care Option.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

× Relative

🗆 Legal Guardian

**Provider Specifications:** 

<b>Provider Category</b>	Provider Type Title
Agency	Licensed DD Provider

### **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Serv	rice
Service Name: Day Habilitat	ion

#### **Provider Category:**

Agency

**Provider Type:** 

Licensed DD Provider

#### **Provider Qualifications**

License (specify):

Licensed according to NDAC 75-04-01.

Certificate (specify):

**Other Standard** (specify):

For Medical Acuity Tiers, staff are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

#### Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Medicaid Agency, DD Section

**Frequency of Verification:** 

Annually

### **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service

Service:

Homemaker

Alternate Service Title (if any):

**HCBS Taxonomy:** 

Category 1:	Sub-Category 1:
08 Home-Based Services	08050 homemaker
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

<sup>O</sup> Service is included in approved waiver. There is no change in service specifications.

# • Service is included in approved waiver. The service specifications have been modified.

# ○ Service is not included in the approved waiver.

#### Service Definition (Scope):

The purpose of homemaker services is to complete environmental tasks that a participant with a disability is not able to complete in order to maintain that participant's home such as housework, meal preparation, laundry, shopping, communication, and managing money.

Homemaker service is offered to participants living alone or living with an individual that is incapacitated and unable to perform the homemaking tasks. If the participant lives with a capable person or provider and requests this service, the assessment must identify why the capable person or provider cannot perform the task.

This service is to provide support for conditions specifically related to IID/DD.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Transportation or escorting the participant is not an allowable task under Homemaker services.

The cost of this service is limited to a maximum monthly cap set by the Department or through legislative action. This cap may be increased as determined by legislative action. The DDPM informs a participant of the service cap.

Homemaker services cannot be authorized on the individual service plan with Residential Habilitation, Independent Habilitation, Family Care Option or Adult Foster Care.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, Behavioral Consultation, Parenting Support, Extended Home Health Care, In-Home Supports, Day Habilitation, Prevocational Services, Small Group Employment Supports, Respite, or Individual Employment.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** *(check each that applies)*:

Legally Responsible Person

× Relative

🗆 Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title
Agency	Qualified Service Provider
Individual	Qualified Service Provider

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Homemaker

Provider Category: Agency Provider Type:

Qualified Service Provider

**Provider Qualifications** 

License (specify):

Certificate (specify):

**Other Standard** (specify):

Agency Enrolled QSP per N.D.A.C. 75-03-23-07

#### Verification of Provider Qualifications Entity Responsible for Verification:

ND Medical Services Division

**Frequency of Verification:** 

Initial/Re-enrollment every two years and/or upon notification of provider status change.

### **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Homemaker

Provider Category: Individual Provider Type:

Qualified Service Provider

**Provider Qualifications** 

License (specify):

**Certificate** *(specify):* 

Other Standard (specify):

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Enrolled as a QSP according to NDAC 75-03-23-07 and demonstrates competencies in homemaker standards.

#### Verification of Provider Qualifications Entity Responsible for Verification:

ND Medical Services Division

**Frequency of Verification:** 

Initial/Re-enrollment every two years and/or upon notification of provider status change.

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:
Statutory Service
Service:
Habilitation
Alternate Service Title (if any):

Independent Habilitation

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
08 Home-Based Services	08010 home-based habilitation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

O Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

**Service Definition** (Scope):

Independent Habilitation is formalized training and staff supports provided for fewer than 24 hours per day based upon the participants needs. Independent Habilitation is typically not delivered on a daily basis. This service is designed to assist with and develop self-help, socialization, and adaptive skills that improve the participant's ability to independently reside and participate in an integrated community. Independent Habilitation may be provided in community settings, residential settings leased, owned, or controlled by the provider agency, or in a private residence, provided that such services do not duplicate services furnished to a participant.

Eligible participants must not be living with a primary caregiver. Primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization. The participant may be living with other individuals who may or may not be receiving waiver services.

This service is to provide support for conditions specifically related to IID/DD.

Multiple participants living in a single or a shared private residence are eligible for this service.

This service may be provided remotely through virtual supports as determined necessary to ensure services are delivered while considering participant choice, compliance with CMS requirements and identified in the participant's person-centered plan. If the participant requires hands on assistance for a specific task, then virtual supports service delivery cannot be an option for that task but may be utilized for other tasks that do not need hands on support.

A Virtual Support Checklist will be required to be completed by the DD Program Manager and the team during the person-centered planning process. This checklist will act as a safeguard to ensure virtual supports can help meet the needs of the participant in a way that protects the right to privacy, dignity, respect, and freedom from coercion. Any issues will be addressed prior to the implementation of remote supports. The checklist will ensure that the planning process has considered service needs and if these needs can be met by using a virtual supports method of service delivery. The Virtual Support Checklist will include consideration of the estimated hours/visits that virtual supports delivery will be utilized. The risk assessment and service plan require the team to develop a plan to address health, safety and behavioral needs while remote supports are utilized so appropriate assistance can be provided.

In virtual supports, the use of cameras in bathrooms or bedrooms impacting the participant's dignity and privacy is not permitted. Virtual supports reinforce community integration by encouraging the participant to engage in community life as independently as possible and to be able to safely engage in activities in his or her home or in the community without relying on the physical presence of staff to accomplish those activities.

The participant's services may not be delivered via virtual support 100% of the time. The participant must always have the option to request in-person services. The amount of time chosen shall be determined during the personcentered planning process and outlined in the Individual Service Plan. Provider must use a HIPAA compliant service delivery method (e.g. Microsoft Teams, Zoom for Healthcare). HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of virtual supports by their chosen provider. Virtual supports are not a system to provide surveillance or for staff convenience.

In accordance with Section 601(d) of the Social Security Act as added by Section 5001 of the Cares Act, Independent Habilitation may be authorized in an acute care hospital to meet the needs of the service recipient that are not met through the provision of hospital services and/or to ensure the smooth transitions between acute care settings and home and community-based setting and to preserve the service recipient's functions. This service will not be authorized to substitute services that the hospital is obligated to provide under Federal or State law

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Payment for this service will not be made for routine care and supervision that is normally provided by the family for services furnished to a minor by the child's parent, adoptive parents, guardian, or step-parent.

Payment for this service will not be made to others living in the same residence as the participant.

This service shall not be used solely for the purpose of supervision or emergency assistance on a 24-hour basis. This service cannot duplicate any other service in this waiver.

The service cannot be authorized on the individual service plan with In-Home Supports, Residential Habilitation, Adult Foster Care, Homemaker, Family Care Option, Parenting Support, Adult Foster Care, Extended Home Health Care, Behavioral Consultation, Respite, or Medicaid State Plan Personal Care Services.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Day Habilitation, Prevocational Services, Small Group Employment Supports, or Individual Employment.

Payment for Independent Habilitation does not include room and board, or the cost of facility maintenance and upkeep.

This service does not include payment for non-medical transportation costs.

This service is limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** (check each that applies):

Legally Responsible Person

× Relative

🗆 Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Agency	Licensed DD Provider

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Independent Habilitation

Provider Category: Agency Provider Type:

Licensed DD Provider

**Provider Qualifications** 

License (specify):

Licensed according to NDAC 75-04-01

Certificate (specify):

**Other Standard** (specify):

### Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section

Frequency of Verification:

Annually

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request thro	bugh
the Medicaid agency or the operating agency (if applicable).	

Service Type:	
Statutory Service	
Service:	-
Supported Employment	
Alternate Service Title (if any):	

Individual	Emplo	oyment	Support
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**HCBS Taxonomy:** 

Category 1:	Sub-Category 1:
03 Supported Employment	03021 ongoing supported employment, individual
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

O Service is included in approved waiver. There is no change in service specifications.

# • Service is included in approved waiver. The service specifications have been modified.

# ○ Service is not included in the approved waiver.

#### **Service Definition** (Scope):

Individual Employment Support services are long-term ongoing supports to assist participants in maintaining paid employment in an integrated setting or self-employment. This service is designed for participants who need intensive ongoing support to perform in a work setting. Service includes on- or off-the-job employment-related support for participants needing intervention to assist them in obtaining or maintaining employment, in accordance with their person-centered service plan. Supports are provided on an individual basis. Participants are paid by the employer at or above minimum wage.

Transportation from a participant's residence to their workplace may be included in authorized services hours when a participant needs it as a support intervention for the participant to maintain employment. It is not allowed as a substitute for personal, public, or generic transportation, is not billable as a discrete service, and cannot duplicate any transportation under any other service in this waiver or Medicaid State Plan.

This service is to provide support for conditions specifically related to IID/DD.

This service may be provided remotely through virtual supports as determined necessary to ensure services are delivered while considering participant choice, compliance with CMS requirements and identified in the participant's person-centered plan. If the participant requires hands on assistance for a specific task, then virtual supports service delivery cannot be an option for that task but may be utilized for other tasks that do not need hands on support.

A Virtual Support Checklist will be required to be completed by the DD Program Manager and the team during the person-centered planning process. This checklist will act as a safeguard to ensure virtual supports can help meet the needs of the participant in a way that protects the right to privacy, dignity, respect, and freedom from coercion. Any issues will be addressed prior to the implementation of remote supports. The checklist will ensure that the planning process has considered service needs and if these needs can be met by using a virtual supports method of service delivery. The Virtual Support Checklist will include consideration of the estimated hours/visits that virtual supports delivery will be utilized. The risk assessment and service plan require the team to develop a plan to address health, safety and behavioral needs while remote supports are utilized so appropriate assistance can be provided.

In virtual supports, the use of cameras in bathrooms or bedrooms is not permitted. Virtual supports reinforce community integration by encouraging the participant to engage in community life as independently as possible and to be able to safely engage in activities in his or her home or in the community without relying on the physical presence of staff to accomplish those activities.

The participant's services may not be delivered via virtual support 100% of the time. The participant must always have the option to request in-person services. The amount of time chosen shall be determined during the personcentered planning process and outlined in the Individual Service Plan. Provider must use a HIPAA compliant service delivery method (e.g. Microsoft Teams, Zoom for Healthcare). HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of virtual supports by their chosen provider. Virtual supports are not a system to provide surveillance or for staff convenience.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Direct intervention time for this service shall only be provided to one participant at a time. This service cannot duplicate any other service in this waiver.
This service shall not be furnished or billed at the same time of day as other services that provide direct care to the
participant. These services include Medicaid State Plan Services, In-Home Supports, Residential Habilitation,
Independent Habilitation, Extended Home Health Care, Parenting Support, Adult Foster Care, Behavioral
Consultation, Respite, or Homemaker services.
This service shall be available to those receiving Day Habilitation, Prevocational Services, and Small Group
Employment Support services are subject to limitations stipulated in DD Section policy. Billing for such services
may not be duplicated in a time period (e.g., billed for more than one service for 1:00 to 5:00 p.m. on April 1). Hour
authorized in Day Habilitation, Individual Employment Support, Prevocational Services, and Small Group
Employment Support services may not exceed 40 cumulative hours per week per participant.
This service does not include facility-based, or other similar types of vocational services furnished in specialized
facilities that are not a part of the general workplace.
This service does not include payment for supervision, training, support and adaptations typically available to other
workers without disabilities filling similar positions in the business.
This service does not include training and services available to a participant through the Rehabilitation Act of 1973
or the Individuals with Disabilities Education Act (IDEA).
Individual Employment cannot be authorized on the individual service plan with Family Care Option.
This service is limited to additional services not otherwise covered under the state plan, including EPSDT, but
consistent with waiver objectives of avoiding institutionalization.
Federal financial participation is not claimed for incentive payments, subsidies, or unrelated vocational training
expenses such as the following:
1. Incentive payments made to an employer to encourage or subsidize the employer's participation in supported
employment; or
2. Payments that are passed through to users of supported employment services .
Service Delivery Method (check each that applies):

□ Participant-directed as specified in Appendix E

× Provider managed

**Specify whether the service may be provided by** *(check each that applies)*:

Legally Responsible Person

⊠ Relative

Legal Guardian Provider Specifications:

Provider CategoryProvider Type TitleAgencyLicensed DD Provider

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Individual Employment Support

Provider Category:

Provider	Type:
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Licensed DD Provider

Provider Qualifications

License (specify):

Licensed according to NDAC 75-04-01

Certificate (specify):

**Other Standard** (specify):

Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section

**Frequency of Verification:** 

Annually

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service Service:

Prevocational Services

Alternate Service Title (if any):

 HCBS Taxonomy:

 Category 1:

 04 Day Services

 04010 prevocational services

 Category 2:

 Sub-Category 2:

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Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waiver	that replaces an existing waiver. Select one :

- Service is included in approved waiver. There is no change in service specifications.
- O Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

**Service Definition** (Scope):

Prevocational Services are formalized training, experiences, and staff supports designed to prepare participants for paid employment in integrated community settings. Services are structured to develop general abilities and skills that support employability in a work setting. Services may include training in effective communication within a work setting, workplace conduct and attire, following directions, attending to tasks, problem solving, and workplace safety. Services are not directed at teaching job-specific skills, but at specific habilitative goals outlined in the participant's person-centered service plan.

Rates for Prevocational Services may include transportation costs to access program related activities in the community. Transportation does not include travel between the participant's home and the Prevocational Services program site. Any transportation provided to a participant as a part of the rate is not billable as a discrete service and cannot duplicate transportation provided under any other service in this waiver or Medicaid State Plan.

This service is to provide support for conditions specifically related to IID/DD.

A participant's need and desire for continued Prevocational Services shall be evaluated every twelve (12) months, or more frequently if requested by the participant and/or legal decision maker.

Providers must, in consultation with each participant, develop employment goals/outcomes in their person-centered service plan that outlines a pathway for transitioning to integrated, employment. The person-centered service plans must be updated annually and document each participant's progress toward completion of prevocational training.

The Department will review annually the active progress made during the prior year on increasing general work skills, time on tasks, or other job preparedness objectives. The Developmental Disabilities Program Administrator (DDPA) may approve an additional 12 months, twice (for a total of 24 months), of prevocational training with submission of employment outcomes that are consistent with the participant's goals/outcomes in their person-centered service plan. A participant who requests to remain in the service beyond the two additional approvals from the DDPA (36 months) must receive approval from the DD Section.

Individuals participating in this service may be compensated in accordance with applicable federal laws and regulations.

Participation in this service is not a required prerequisite for Individual Employment or Small Group Employment Support services furnished under this waiver.

Participants who require ongoing nursing support may be eligible for a higher medical acuity level. There are 3 additional medical acuity tiers for the Prevocational Services rate. These tiers are based on the participant's assessed medical needs.

Staff who provide services in the medical acuity tiers are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

A nurse assessment and care plan are required for the medical acuity tiers. The participant's person-centered service plan must address medical needs. Nursing services must be within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse (RN), or licensed practical nurse (LPN) under the supervision of a RN licensed to practice in the state North Dakota.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

This service does not include training and services available to a participant through the Rehabilitation Act of 1973 or Individuals with Disabilities Education Act (IDEA).

This service cannot duplicate any other service in this waiver.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Residential Habilitation, Independent Habilitation, Extended Home Health Care, Parenting Support, Adult Foster Care, Behavioral Consultation, Respite, or Homemaker services.

This service shall be available to those receiving Day Habilitation, Individual Employment Support and Small Group Employment Support and subject to limitations stipulated in DD Section policy. Billing for such services may not be duplicated in a time period (e.g., billed for more than one service for 1:00 to 5:00 p.m. on April 1). Hours authorized in Day Habilitation, Individual Employment Support, Small Group Employment and Prevocational Services may not exceed 40 cumulative hours per week per participant.

Prevocational Services cannot be authorized on the individual service plan with Family Care Option.

**Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E

× Provider managed

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

**Relative** 

Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Agency	Licensed DD Provider

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Prevocational Services

Provider Category: Agency Provider Type:

Licensed DD Provider

Provider Qualifications

License (specify):

Licensed according to NDAC 75-04-01

Certificate (specify):

**Other Standard** (specify):

For Medical Acuity Tiers, staff are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

### Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section

Frequency of Verification:

Annually

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Statutory Service

Service:

**Residential Habilitation** 

Alternate Service Title (if any):

#### **HCBS Taxonomy:**

2011 group living, residential habilitation
ıb-Category 2:
2031 in-home residential habilitation
ub-Category 3:
ub-Category 4:

<sup>O</sup> Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

Residential Habilitation is formalized training and supports provided to participants who require some level of ongoing daily support. This service is designed to assist with and develop self-help, socialization, community inclusion, transportation, and adaptive skills that assist the participant to reside in the most integrated setting appropriate to their needs. Residential Habilitation may be provided in community settings, residential settings leased, owned, or controlled by the provider agency, or in a private residence, provided that such services do not duplicate services furnished to a participant.

Eligible participants must not be living with a primary caregiver. Primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization. The participant may be living with other individuals who may or may not be receiving waiver services.

This service shall be used to assist with self-care and/or transfer a skill from the direct care staff to the participant. This service is to provide support for conditions specifically related to IID/DD.

Participants who require ongoing nursing support may be eligible for a higher medical acuity level. There are 3 additional medical acuity tiers for the Residential Habilitation rate. These tiers are based on the participant's assessed medical needs.

Staff who provide services in the medical acuity tiers are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

A nurse assessment and care plan are required for the medical acuity tiers. The participant's person-centered service plan must address medical needs. Nursing services must be within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse (RN), or licensed practical nurse (LPN) under the supervision of a RN licensed to practice in the state North Dakota.

In accordance with Section 601(d) of the Social Security Act as added by Section 5001 of the Cares Act, Residential Habilitation may be authorized in an acute care hospital to meet the needs of the service recipient that are not met through the provision of hospital services and/or to ensure the smooth transitions between acute care settings and home and community-based setting and to preserve the service recipient's functions. This service will not be authorized to substitute services that the hospital is obligated to provide under Federal or State law

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Payment for this service will not be made for routine care and supervision that is normally provided by the family for services furnished to a minor by the child's parent, adoptive parents, guardian, or step-parent.

Payment for this service will not be made to others living in the same residence as the participant.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Day Habilitation, Prevocational Services, Small Group Employment Supports, or Individual Employment.

This service shall not be used solely for the purpose of supervision or emergency assistance on a 24-hour basis. This service cannot duplicate any other service in this waiver.

This service cannot be authorized on the individual service plan with In-Home Supports, Independent Habilitation, Adult Foster Care, Homemaker, Parenting Support, Extended Home Health Care, Family Care Option, Behavior Consultation, Respite, or Medicaid State Plan Personal Care services.

Payment for Residential Habilitation does not include room and board, or the cost of facility maintenance and upkeep.

**Service Delivery Method** (check each that applies):

- □ Participant-directed as specified in Appendix E
- **Provider managed**

**Specify whether the service may be provided by** *(check each that applies)*:

Legally Responsible Person

× Relative

🗌 Legal Guardian

### **Provider Specifications:**

Provider Category	Provider Type Title
Agency	Licensed DD Provider

### **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service
Service Name: Residential Habilitation

Provider Category: Agency Provider Type:

Licensed DD Provider

**Provider Qualifications** 

License (specify):

Licensed according to NDAC 75-04-01.

Certificate (specify):

**Other Standard** (specify):

For Medical Acuity Tiers, staff are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

# Verification of Provider Qualifications

**Entity Responsible for Verification:** 

State Medicaid Agency, DD Section

Frequency of Verification:

Annually

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable). **Service Type:** 

xtended State Plan Service	
Service Title:	
xtended Home Health Care	
CBS Taxonomy:	
Category 1:	Sub-Category 1:
05 Nursing	05010 private duty nursing
Category 2:	Sub-Category 2:
05 Nursing	05020 skilled nursing
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

*Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one* :

<sup>O</sup> Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

**Service Definition** (Scope):

This service provides skilled nursing tasks to eligible participants who have maximized the amount of service available under the Medicaid State Plan. A nurse assessment, nurse care plan, and an order written by the participant's primary health care provider are required. The participant's person-centered service plan must address medical necessity.

This service is available only to participants living with a primary caregiver. Primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization.

Services are provided by a registered professional nurse (RN), or licensed practical nurse (LPN) under the supervision of a RN licensed to practice in the state North Dakota and must be within the scope of the State's Nurse Practice Act.

Extended Home Health Care (EHHC) is not intended to replace the care and support provided by the primary caregiver or to provide care on a 24- hour basis. Provision of EHHC will consider the daily responsibilities the primary caregiver(s) will have and the care they will provide; unpaid supports that are available; and other services that are provided or available to the participant and primary caregiver.

This service is to provide support for conditions specifically related to IID/DD.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

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This service is not available for individuals who are eligible for services under EPSDT.

This service may not provide care or supervision to others in the home e.g., siblings of eligible participant. This may not be provided in a group or facility- based setting

This service is not authorized when Part B services of IDEA are offered through the North Dakota Department of Public Instruction as indicated in the participants active IEP.

This service cannot be provided by an individual living in the same home as the eligible participant.

This service cannot be authorized on the individual service plan with Residential Habilitation, Independent Habilitation, Family Care Option, Homemaker, and Adult Foster Care.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Parenting Support, Behavioral Consultation, Day Habilitation, Prevocational Services, Small Group Employment Supports, Infant Development, Respite, or Individual Employment.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E

**Provider managed** 

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

× Relative

Legal Guardian

**Provider Specifications:** 

Provider CategoryProvider Type TitleAgencyAgency

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Extended State Plan Service
Service Name: Extended Home Health Care

Provider C	ategory:
Agency	
Provider T	ype:

v

Agency

# **Provider Qualifications**

License (specify):

Certified as a Home Health Care provider under Medicare or licensed according to NDAC 75-04-01. Certificate (*specify*):

**Other Standard** (specify):

#### Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency and DD Section Frequency of Verification:

Annually

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

# Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

# Service Title:

Adult Foster Care

#### **HCBS Taxonomy:**

Sub-Category 1:
02023 shared living, other
Sub-Category 2:
Sub-Category 3:
Sub-Category 4:

• Service is included in approved waiver. There is no change in service specifications.

<sup>O</sup> Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

Assistance is provided to a participant for ADL's, IADL's and supportive services provided in a licensed private home by an Adult Foster Care provider that lives in the home. Adult Foster Care (AFC) is provided to adults who receive these services while residing in a licensed AFC home. Respite may be a component within this service.

Non-medical transportation is a component of AFC and is included in the rate.

This service is to provide support for conditions specifically related to IID/DD

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Service must be provided in a licensed AFC home. Services are provided to the extent permitted under state law.

AFC cannot be authorized on the individual service plan with Residential Habilitation, Independent Habilitation, In-Home Supports, Family Care Option, Homemaker Services, Parenting Support, Equipment and Supplies, Environmental Modifications, Extended Home Health Care, Behavioral Consultation, or with Medicaid State Plan Personal Care services.

The waiver service of Respite cannot be authorized on the individual service plan with AFC as there is a respite component to AFC.

Room and board costs are not included in the AFC payment.

This service will only be provided in an individual Qualified Service Provider (QSP) Licensed Adult Foster Care home.

The cost of this service is limited to a maximum monthly cap set by the Department or through legislative action. Limits may be increased as determined by legislative action.

If the participant's needs cannot be met within the allowed rate, the DDPM explores other service options. The DDPM makes participants aware of the service cap.

The total number of individuals who live in the AFC home who are unrelated to the AFC provider cannot exceed four (4).

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Day Habilitation, Prevocational Services, Small Group Employment Supports, or Individual Employment.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

□ Relative

Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Individual	Licensed AFC provider

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

#### Service Type: Other Service Service Name: Adult Foster Care

Provider Category: Individual Provider Type:

Licensed AFC provider

#### **Provider Qualifications**

License (specify):

Licensed according to NDCC 50-11, NDAC 75-03-21 **Certificate** *(specify):* 

Other Standard (specify):

Enrolled as a Qualified Service Provider according to NDAC 75-03-23-07.

# Verification of Provider Qualifications

Entity Responsible for Verification:

State Medicaid Agency, Aging Services Section and Medical Services Division.

#### **Frequency of Verification:**

Initial licensing of an AFC home is valid for 1 year. AFC homes are re-licensed every 2 years after the 1-year initial licensing period.

Re-enrollment of QSP status is required every two years or upon expiration of Qualified Service Provider status whichever comes first, and/or upon notification of provider status change

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### Service Title:

Behavioral Consultation

**HCBS Taxonomy:** 

Sub-Category 1:
10040 behavior support
Sub-Category 2:
Sub-Category 3:
Sub-Category 4:

**O** Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

O Service is not included in the approved waiver.

**Service Definition** (Scope):

Funds for this service may be accessed to meet the excess disability related expenses associated with maintaining a participant in their primary caregiver's home and not covered through the Medicaid State Plan. Behavioral Consultation Services provide expertise, training and technical assistance to assist primary caregivers, and other natural supports, to develop an intervention plan designed to address target behaviors. Activities covered are:

- Observing the participant to determine needs;
   Assessing any current interventions for effectiveness;
- (2) Assessing any current interventions for circle(3) Developing a written intervention plan;
- (4) Clearly delineating the interventions, activities and expected outcomes to be carried out by family members
- and natural supports in the intervention plan;

(5) Training of the primary caregiver to implement the specific interventions/support techniques delineated in the intervention plan and to observe, record data and monitor implementation of therapeutic interventions/support strategies;

(6) Reviewing documentation and evaluating the activities conducted by relevant persons as delineated in the intervention plan with revision of that plan as needed to assure progress toward achievement of outcomes;(7)Training and technical assistance to primary care giver(s) to instruct them on the implementation of the

participant's intervention plan; and/or(8) Participating in team meetings.

The behavior support plan is determined and written by the behavioral consultant with input from the participant's team and incorporated into the participant's person-centered service plan.

This service is to provide support for conditions specifically related to IID/DD.

This service may be provided remotely through virtual supports as determined necessary to ensure services are delivered while considering participant choice, compliance with CMS requirements and identified in the participant's person-centered plan. If the participant requires hands on assistance for a specific task, then virtual supports service delivery cannot be an option for that task but may be utilized for other tasks that do not need hands on support.

A Virtual Support Checklist will be required to be completed by the DD Program Manager and the team during the person-centered planning process. This checklist will act as a safeguard to ensure virtual supports can help meet the needs of the participant in a way that protects the right to privacy, dignity, respect, and freedom from coercion. Any issues will be addressed prior to the implementation of remote supports. The checklist will ensure that the planning process has considered service needs and if these needs can be met by using a virtual supports method of service delivery. The Virtual Support Checklist will include consideration of the estimated hours/visits that virtual supports delivery will be utilized. The risk assessment and service plan require the team to develop a plan to address health, safety and behavioral needs while remote supports are utilized so appropriate assistance can be provided.

In virtual supports, the use of cameras in bathrooms are not permitted. Use of cameras in bedrooms impacting the participant's dignity and privacy is not permitted.

Virtual supports reinforce community integration by encouraging the participant to engage in community life as independently as possible and to be able to safely engage in activities in his or her home or in the community without relying on the physical presence of staff to accomplish those activities.

The participant's services may not be delivered via virtual support 100% of the time. The participant must always have the option to request in-person services. The amount of time chosen shall be determined during the personcentered planning process and outlined in the Individual Service Plan. Provider must use a HIPAA compliant service delivery method (e.g. Microsoft Teams, Zoom for Healthcare). HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of virtual supports by their chosen provider. Virtual supports are not a system to provide surveillance or for staff convenience.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Limitations are for the development and the evaluation of the plan and training of the primary caregiver. Behavioral Consultation does not include implementation of the plan by the behavior consultants or training of staff.

Behavioral Consultation excludes services provided through the IEP.

Behavioral Consultation is limited to \$5,200 per participant per State Fiscal Year unless an exception is approved by the DHHS/DDD to prevent imminent institutionalization. Given that this is a self-directed service the participant/legal decision maker must choose a service provider who meets Department set parameters of the provider's specifications of the service. The participant/legal decision maker chooses the appropriate provider dependent on the participant's budget and the provider rates.

To avoid duplication of services, behavioral consultation is not available to participant's who receive Residential Habilitation or Independent Habilitation as behavioral consultation is included as a professional service.

Behavioral Consultation services cannot be provided in a foster care setting, but may be authorized in the natural family home when the participant is present and the requirements above are met.

Behavioral Consultation services cannot be authorized on the individual service plan with Infant Development.

This service may not be provided in a clinical setting or a school.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Extended Home Health Care, Parenting Support, Day Habilitation, Homemaker services, Prevocational Services, Small Group Employment Supports, Respite, or Individual Employment.

This service cannot duplicate any other service in this waiver.

This service is limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

**⊠** Participant-directed as specified in Appendix E

□ Provider managed

Specify whether the service may be provided by (check each that applies):

□ Relative

🗆 Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Individual	Individual

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Behavioral Consultation

Provider Category: Individual Provider Type: Individual

**Provider Qualifications** 

License (specify):

A currently licensed ND Behavior Analyst, ND Registered Behavioral Analyst, ND Psychiatrist or Psychologist

Certificate (specify):

A currently certified ND Behavior Modifications Specialists or QDDP employed, not contracted, by a licensed DD Provider.

Other Standard (specify):

#### Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section, DDPM Frequency of Verification:

Annually

# **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

#### Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Community Transition Services	

**HCBS Taxonomy:** 

Category 1:	Sub-Category 1:
16 Community Transition Services	16010 community transition services
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:

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Category 4:

Sub-Category 4:

*Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :* 

• Service is included in approved waiver. There is no change in service specifications.

- <sup>O</sup> Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

#### Service Definition (Scope):

Community Transition Services is a one-time cost for non-recurring set-up expenses for participants who are transitioning from an institution to a home and community-based setting where the participant wishes to reside. Allowable community transition services are those where the participant is directly responsible for their living expenses and includes:

•essential household furnishings and moving expense required to occupy and use within their home; including furniture, window coverings, food preparation items and bed/bath linens;

•set-up fees or deposits for utility or service access, including telephone, electricity, heating, water, and security deposits.

Items purchased via this service are the property of the participant.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Community Transition Services do not include expenses that constitute room and board; monthly rental or mortgage expense; escrow; specials; insurance; food, regular utility charges; and/or household appliances or items that are intended for purely diversional/recreational purposes. Community Transition Services may be utilized for qualifying expenses up to 180 consecutive days prior to admission to the waiver and 90 days after the date the participant became eligible for the waiver. One-time transition costs are limited up to \$3000 per eligible participant per waiver period.

Community Transition Services are subject to prior authorization and funds are furnished only to the extent that they are necessary as identified in the service plan. The state utilizes a transitional budget form that details an inventory of expenses deemed necessary to move from an institution and establish a home in the community. The funds are only available if the individual is unable to meet such expenses or when the services are not able to be obtained from other sources.

The participant must be reasonably expected to be eligible for and to enroll in the waiver.

This service is limited to participants coming from a ND Medicaid Institutional setting who have resided there for a minimum of 60 consecutive days.

This service cannot duplicate any other service in this waiver.

This service is limited to participants who are moving into a setting with 6 or fewer people.

#### **Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** *(check each that applies)*:

□ Legally Responsible Person

□ Relative

#### Legal Guardian Provider Specifications:

Provider Category	Provider Type Title
Agency	Licensed DD Provider

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

#### Service Type: Other Service Service Name: Community Transition Services

Provider Category: Agency Provider Type:

Licensed DD Provider

Provider Qualifications

License (specify):

Licensed according to NDAC 75-04-01

Certificate (specify):

Other Standard (specify):

# Verification of Provider Qualifications

Entity Responsible for Verification:

State Medicaid Agency, DD Section

#### **Frequency of Verification:**

Annually

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

# Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute. **Service Title:** 

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vironmental Modifications BS Taxonomy:	
Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14020 home and/or vehicle accessibility adaptation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
nplete this part for a renewal application or a new waive	er that replaces an existing waiver. Select one :

- O Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

**Service Definition** (Scope):

Funds for this service may be accessed to meet the excess disability related expenses that are not covered through the Medicaid State Plan to maintain a participant living in their own home or in the home of their primary caregiver. A primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization. The home must be owned by the participant or the participant's primary caregiver.

Environmental Modifications consists of modifications made to a participant's home or vehicle. Home Modifications are age appropriate physical modifications required by the participant's plan of care developed by the participant's team, which are necessary to ensure the health, welfare, and safety of the participant or/and enable the participant to function with greater independence in the home, and without which, the participant would require institutionalization. A written recommendation by an appropriate professional is required to ensure that the home modification will meet the needs of the participant.

An environmental modification provided to a participant must:

- (a) relate specifically to and be primarily for the participant's disability;
- (b) any modifications must be done primarily for the participant with the disability;

(c) not be an item or modification that a family would normally be expected to provide for a non-disabled family member;

(d) not be in the form of room and board or general maintenance.

This service covers purchases, installation, and as necessary, the repair of the following home modifications which are not covered under the Medicaid State Plan:

- (1) Permanent Ramps
- (2) Permanent lifts, elevators, manual, or other electronic lifts,
- (3) Modifications and/or additions to bathroom facilities as related to letters a through e below:
- a) Roll in shower
- b) Sink modifications
- c) Bathtub modifications
- d) Toilet modifications
- e) Water faucet controls
- (4) Improve access/ease of mobility, excluding locks, as related to letters a through c below:
- a) Widening of doorways/hallways,
- b) turnaround space modifications,
- c) floor coverings
- (5) Specialized accessibility/safety adaptations/additions as related to letters a through f below:
- a) Electrical wiring
- b) Fire safety adaptations
- c) Shatterproof windows
- d) Modifications to meet egress regulations if there are no other egress options available in the structure
- e) Automatic door openers/doorbells

f) Medically necessary portable heating and/or cooling adaptation to be limited to one unit per participant.

(6)Modifications and/or additions to kitchen facilities as related to letters a through c below:

- a) Sink modifications
- b) Water faucet controls c)Counter/Cupboard modifications

Vehicle Modifications are devices, service or controls that enable participants to increase their independence or physical safety by enabling their safe transport in and around the community and are required by the participant's plan of care. The installations of these items are included. The waiver participant or primary caregiver must own the vehicle. The vehicle must be covered under an automobile insurance policy that provides coverage sufficient to replace the adaptation in the event of an accident. Modifications do not include the cost of the vehicle. There must be a written recommendation by an appropriate professional that the modification will meet the needs of the participant. All items must meet applicable standards of manufacture, design, and installation. Installation instructions, National Mobility Equipment Dealer's Association, Society of Automotive Engineers, National Highway and/or Traffic Safety Administration guidelines.

Covered Vehicle Modifications are: (1) Door modifications

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- (2) Installation of raised roof or related alterations to existing raised roof system to increase head clearance
- (3) Lifting devices
- (4) Devices for securing wheelchairs or scooters
- (5) Handrails and grab bars
- (6) Seating modifications
- (7) Lowering of the floor of the vehicle

This service is to provide support for conditions specifically related to IID/DD.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

The amount of service for environmental modifications will not exceed \$40,000 per participant for the duration of the waiver period. The authorization database will track the amount authorized and utilized to prevent overexpenditure. If the request for home modifications (environmental modifications) is anticipated to exceed \$500, it is required to have three estimates to determine the most cost-efficient material for the adaptation to meet the participant's needs. All requests are reviewed by the Department on a case by case basis to determine if the request is reasonable and appropriate. A "waiver period" is year 1 through year 5 of the current approved waiver.

Items that are not of direct or remedial benefit to the participant are excluded from this service.

Repair of items purchased through the waiver or purchased prior to waiver participation is covered, as long as the item is identified within this service definition, determined by the team and appropriate professional to be necessary, and the cost of the repair does not exceed the cost of purchasing a replacement piece of the item.

Home Modifications:

The base product and repairs, not covered under the warranty, of the home modification which are cost efficient and continue to appropriately meets the needs of the participant will be covered.

Home modifications are limited to remodels of an existing structure (home the participant is living in). Adaptations which add to the total square footage of the home are excluded from this benefit except when necessary to complete an adaptation (e.g., in order to improve entrance/egress to a residence or to configure a bathroom to accommodate a wheelchair).

Home modifications will not be approved for new construction (building a new house) or unfinished area (i.e. basement).

Home modifications may not be furnished to adapt living arrangements that are owned or leased by providers of waiver services.

Excluded are those adaptations or improvements to the home which are of general utility, and are not of direct medical or remedial benefit to the participant, such as roof repair, general plumbing, swimming pools, central air conditioning, service & maintenance contracts and extended warranties, etc.

Home modifications purchased for exclusive use at the home school are not covered. Waiver funding will not be used to replace home modifications that have not been reasonably cared for and maintained. All services shall be provided in accordance with applicable State or local building codes.

Vehicle Modifications:

The cost of purchasing a vehicle with adaptations; service and maintenance contracts and extended warranties are not covered. If the vehicle already includes adaptations as listed above, those adaptations may be covered if they are itemized in the invoice. Adaptations for a vehicle purchased, rented, or leased for exclusive use at the school/home school are not covered.

The base product and repairs, not covered under the warranty, of the vehicle modification which are cost efficient and continue to appropriately meets the needs of the participant will be covered.

Payment may not be made to adapt vehicles that are owned or leased by paid providers of waiver services.

**Service Delivery Method** (check each that applies):

∠ Participant-directed as specified in Appendix E

Provider managed

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

□ Relative

Legal Guardian

**Provider Specifications:** 

<b>Provider Category</b>	Provider Type Title
Agency	Vendor
Individual	Individual

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Environmental Modifications

Provider Category: Agency Provider Type:

Vendor

**Provider Qualifications** 

License (specify):

NDCC 43-07, NDCC 43-09, NDCC 43-18

Certificate (specify):

None

Other Standard (specify):

The participant and/or legal decision maker along with team members will identify the appropriate environmental modifications within the participant's plan. The participant and/or legal decision maker obtains the material and finds an appropriate professional who is or will be enrolled with the Fiscal Agent and enrolled with the ND Secretary of State.

As applicable: building permits, Bonded and Licensed to practice profession, enrolled with ND Secretary of State, and in good standing with Workforce Safety. American's with Disabilities Act guidelines will be followed.

The participant and/or legal decision maker must select a vendor who provides the item approved in the participants plan, or recommended by an appropriate professional and selected by the participant or legal decision maker as cost effective.

## Verification of Provider Qualifications Entity Responsible for Verification:

Fiscal Agent and Participant or Primary Caregiver

#### **Frequency of Verification:**

Prior to modifications

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Environmental Modifications

Provider Category: Individual Provider Type:

Individual

Provider Qualifications License (specify):

None

Certificate (specify):

None

Other Standard (specify):

The participant and/or legal decision maker along with team members will identify the appropriate environmental modifications within the participant's plan. In addition to identifying the appropriate environmental modifications, the team determines if the adaptations can be made by family members, i.e. a father building a ramp according to ADA specifications. In those specific circumstances, the participant and/or legal decision maker obtains the specified material from an individual who is enrolled as a vendor with the Fiscal Agent.

The team will consider the technical and safety requirements of specific environmental modifications when they consider recommending individual vs. agency provider specifications, i.e. installation of a van lift would only be authorized through a vendor authorized by the manufacturer.

Participants and/or legal decision maker along with team members will identify the appropriate Environmental Modifications within the participant's plan. The participant and/or legal decision maker will obtain the material from a vendor who is enrolled with the Fiscal Agent and enrolled with the ND Secretary of State.

As applicable: building permits, Bonded and Licensed to practice profession, enrolled with ND Secretary of State, and in good standing with Workforce Safety. American's with Disabilities Act guidelines will be followed.

The vendor must provide the item approved in participant's plan, or recommended by a licensed professional and selected by the participant or legal decision maker as cost effective.

## Verification of Provider Qualifications Entity Responsible for Verification:

Fiscal Agent and Participant or Primary Caregiver

Frequency of Verification:

Prior to modifications

## **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

#### Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## Service Title:

- · · · · · · · · · · · · · · · · · · ·	1.	
Equipment and Sup	nnlies	
Equipment and Su	phies	

### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14010 personal emergency response system (PERS)
Category 2:	Sub-Category 2:
14 Equipment, Technology, and Modifications	14031 equipment and technology
Category 3:	Sub-Category 3:
14 Equipment, Technology, and Modifications	14032 supplies
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

<sup>O</sup> Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

<sup>O</sup> Service is not included in the approved waiver.

**Service Definition** (Scope):

Funds for this service may be accessed to meet the excess disability related expenses that are not covered through the Medicaid State Plan to maintain a participant in their home. Equipment and Supplies enable a participant to remain in and be supported in their home, preventing or delaying unwanted out of home placement or imminent institutionalization. The participant's needs identified through the person centered planning process in the following areas can be addressed through the participants budget process.

Participant and/or legal decision maker along with the team members will identify the appropriate equipment and supplies within the participants plan.

This service covers purchases of the following which are not covered under the Medicaid State Plan:(a) devices, controls, or appliances, specified in the participant's plan, that enable participants to increase their ability to perform activities of daily living (i.e. switches, grab devices, portable ramps and lifts);

(b) devices, controls, or appliances that enable the participant to perceive, control, or communicate with the environment in which they live;

(c) items necessary for life support including accompanying supplies and equipment necessary to the proper functioning of such items;

(d) Assistive technology device means an application or software item, or piece of equipment, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of participants.

e) Assistive technology service means a service that directly assists a participant in the selection, acquisition, or use of an assistive technology device. Assistive technology includes:

1) the evaluation of the assistive technology needs of a participant, including a functional evaluation of the impact of the provision of appropriate assistive technology and appropriate services to the participant in the customary environment of the participant;

2) services consisting of purchasing, leasing, or otherwise providing for the acquisition of assistive technology devices for participants;

3) services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing assistive technology devices;

4) training or technical assistance for the participant, or, where appropriate, the family members, guardians, advocates, or authorized representatives of the participant; and

5) training or technical assistance for professionals or other individuals who provide services to, employ, or are otherwise substantially involved in the major life functions of participants;

(f) Personal Monitoring System is an electronic device or control that enables waiver participants to secure help in an emergency, be monitored to maintain health safety, or promote independence without paid staff. The response center is staffed by trained professionals. Installation, upkeep, and maintenance of devices/systems are provided;

(g) Personal Tracking System is a device or control for the waiver participant that enables them to be located or monitored when there is a health and safety risk related to the participant's disability. Installation, upkeep, and maintenance of devices/systems are provided; and

(h) Specialized Medical supplies gloves, diapers, wipes, hospital bed, and nutritional supplements.

This service is to provide support for conditions specifically related to IID/DD.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

All equipment and supplies shall meet applicable standards of manufacture, design and installation.

The Department limits this service to \$4,000 per participant per waiver year with a maximum of \$20,000 per waiver period, unless an exception is approved by the DHHS/DD to prevent imminent institutionalization . The authorization database tracks the amount authorized and utilized to prevent over expenditure. A "waiver period" is year 1 through year 5 of the current approved waiver.

Experimental or prohibited treatments are excluded. These include treatments not generally accepted by the medical community as effective and proven, not recognized by professional medical organizations as conforming to accepted medical practice, not approved by FDA or other requisite government body, are in clinical trials or further study or are rarely used, novel, or unknown and lack authoritative evidence of safety and efficacy.

A written recommendation must be obtained by an appropriate professional (OT, PT, SLP, etc.) and three separate trials of equipment, when appropriate, to ensure that the equipment will meet the needs of the participant and will be used, prior to consideration for approval. If an item being recommended by the appropriate professional is similar to an item that has been trialed, that recommendation must state how it is similar in order to be approved.

Generic devices and items (e.g. tablets, computers, printers, ancillary items, exercise equipment, cell phones, home security systems, trampoline, swimming pool) are not allowed. Generic items are items relating to, or characteristics of, a whole group or class; having no particular distinctive quality or application; and lacking specificity. Generic items are items that are not specialized for a disability or have not been modified/adapted to meet the needs of the disability. Generic items would typically be purchased for someone the same age/general population without a disability. Generic items are not indicative of a brand name.

Nutritional supplements are only covered when they constitute 51% or more of nutritional intake to ensure that it is not duplicated under the Medicaid State Plan.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

□ Provider managed

Specify whether the service may be provided by (check each that applies):

**Relative** 

🗆 Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Agency	Vendor

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Equipment and Supplies

Provider Category: Agency Provider Type:

Vendor	
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**Provider Qualifications** 

License (specify):

None

Certificate (specify):

None

Other Standard (specify):

The participant and/or legal decision maker will obtain the equipment and supplies from a provider who is enrolled with the ND Secretary of State and with the Fiscal Agent. The vendor must provide the item approved in the participant's plan.

## Verification of Provider Qualifications Entity Responsible for Verification:

Fiscal Agent

**Frequency of Verification:** 

Quarterly or as needed

## **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

## Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Family Care Option

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
02 Round-the-Clock Services	02021 shared living, residential habilitation
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:

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Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

• Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

• Service is not included in the approved waiver.

#### **Service Definition** (Scope):

Family Care Option is provided out of the participant's home, in another family home meeting the safety standards for Family or Adult Foster Care on a part-time or full-time basis. Family Care Option may be appropriate for eligible waiver participants less than 21 years of age who cannot remain in their natural family home on a full-time basis.

This service focuses on close communication and coordination with families and the school system during the transition period. Support is provided as physical or verbal assistance to: complete activities such as eating, drinking, toileting and physical functioning; improve and maintain mobility and physical functioning; maintain health and personal safety; carry out household chores and preparation of snacks and meals; communicate, including use of assistive technology; make choices, and show preference. This service also helps to develop and maintain personal relationships; pursue interests and enhance competencies in play, pastimes and avocation; and aid involvement in family routines and participation in community experiences and activities.

Family Care Option is available if the eligible waiver participant is receiving the proper parental care and education necessary for the participant's physical, mental or emotional health as referenced in North Dakota Century Code 27-20-02 and is not considered boarding care according to the definition of the North Dakota Department of Public instruction.

This service is to provide support for conditions specifically related to IID/DD.

## Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Family Care Option is not provided in group residential settings.

Participants receiving services in Family Care Option must have an active IEP (Individual Education Plan).

Family Care Option cannot be authorized on the individual service plan with Adult Foster Care, Residential Habilitation or Independent Habilitation service.

IHS, Homemaker, Respite, and EHHC cannot be provided in the Family Care Option setting but may be authorized in the natural family home when the participant is present, and the requirements are met.

To avoid duplication, this service is not available to participants under the custody of county social services.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, Parenting Support, Behavioral Consultation, Day Habilitation, Prevocational Services, Small Group Employment Supports, or Individual Employment.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

□ Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** *(check each that applies)*:

Legally Responsible Person

× Relative

🗆 Legal Guardian

## **Provider Specifications:**

Provider Category	Provider Type Title
Agency	Agency

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Family Care Option

Provider Category: Agency Provider Type:

#### Agency

**Provider Qualifications** 

License (specify):

Licensed according to NDAC 75-04-01. **Certificate** *(specify):* 

**Other Standard** (specify):

## Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section

Frequency of Verification:

Annually

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable). **Service Type:** 

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

In-Home Supports

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
05 Nursing	05010 private duty nursing
Category 2:	Sub-Category 2:
05 Nursing	05020 skilled nursing
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

<sup>O</sup> Service is included in approved waiver. There is no change in service specifications.

• Service is included in approved waiver. The service specifications have been modified.

O Service is not included in the approved waiver.

**Service Definition** (Scope):

This service requires the need for a specially trained caregiver to meet the excess care needs related to the participant's disability associated with maintaining a participant in their home and not covered through the Medicaid State Plan. In-Home Supports (IHS) is intended to support the participant and their primary caregiver in preventing or delaying unwanted out of home placement. A primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization.

In-Home Supports benefits the primary caregiver by assisting the participant in activities of daily living such as eating, drinking, toileting, and physical functioning; improving and maintaining mobility and physical functioning when these tasks require more than one person to accomplish. It may also include assisting the participant with maintaining health and personal safety while the primary caregiver is home and attending to other household tasks and children and no other natural support is available.

In-Home Support can be provided to the participant while the primary caregiver is either away from the home or is home, but unavailable to care for the participant. The team determines the appropriate tasks or activities that are provided during the primary caregiver's presence or absence and this is included in the participant's person-centered service plan.

This service is to provide support for conditions specifically related to IID/DD.

In accordance with Section 601(d) of the Social Security Act as added by Section 5001 of the Cares Act, In-Home Supports may be authorized in an acute care hospital to meet the needs of the service recipient that are not met through the provision of hospital services and/or to ensure the smooth transitions between acute care settings and home and community-based setting and to preserve the service recipient's functions. This service will not be authorized to substitute services that the hospital is obligated to provide under Federal or State law

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Hours of support will be limited to a total of 300 per month per participant regardless of the deliver method, unless an exception is approved by the DD Section as preventing imminent institutionalization.

In- Home Supports may not be provided by primary caregiver, legally responsible person, or legal guardian. The participants receiving In Home Supports (IHS) are supported in the home and community in which they live or in the home of the support staff, if the home is approved by the legal decision maker.

IHS may not be provided to a group of participants or in a facility-based setting (i.e. day habilitation, daycare, school).

IHS cannot be authorized or provided when Part B services of IDEA are offered through the North Dakota Department of Public Instruction as indicated in the participants active IEP or when the participant is receiving home schooling.

IHS cannot be provided for the purposes of administering a specialized curriculum or service that is not specifically authorized on the participant's service plan (ISP section of the plan).

An IHS participant can be authorized to receive both provider managed and self-directed at the same time but cannot be furnished or billed at the same time of day. The authorized amounts are not transferable between the different service delivery methods (i.e self-directed, provider managed).

For families who have more than one participant in the household receiving this service, each participant's individual needs are evaluated by the team to determine if the total number of hours and staff can be combined to still ensure each participant's health and safety.

IHS payments will not be authorized for the routine care and supervision which would be expected to be provided by a family for activities or supervision for which a payment is made by a source other than Medicaid.

To avoid duplication, IHS cannot be authorized on the individual service plan with Residential Habilitation, Independent Habilitation, or Adult Foster Care.

In-Home Support cannot be provided in a Family Care Option setting but may be authorized in the natural family home when the participant is present and the requirements above are met.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, Extended Home Health Care, Parenting Support, Behavioral Consultation, Day Habilitation, Homemaker services, Prevocational Services, Small Group Employment Supports, Infant Development, Respite, or Individual Employment.

This service cannot duplicate any other service in this waiver.

This service is limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

- Participant-directed as specified in Appendix E
- **Provider managed**

**Specify whether the service may be provided by** *(check each that applies)*:

- ⊠ Relative
- Legal Guardian

**Provider Specifications:** 

<b>Provider Category</b>	Provider Type Title
Individual	Individual
Agency	Licensed DD Provider

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

## Service Type: Other Service Service Name: In-Home Supports

## Provider Category: Individual

**Provider Type:** 

Individual

**Provider Qualifications** 

License (specify):

**Certificate** (specify):

**Other Standard** (specify):

As required by the participants plan. For self-directed service delivery the individual provider must be 18 years or older.

## Verification of Provider Qualifications Entity Responsible for Verification:

Fiscal Agent

**Frequency of Verification:** 

Prior to hiring for verification of age 18

Annually review of the participants plan

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

## Service Type: Other Service Service Name: In-Home Supports

Provider Category: Agency Provider Type:

Licensed DD Provider

Provider Qualifications License (specify):

(specify).

Licensed according to NDAC 75-04-01.

**Certificate** (specify):

**Other Standard** (specify):

## Verification of Provider Qualifications Entity Responsible for Verification:

State Medicaid Agency, DD Section

## **Frequency of Verification:**

Annually

## **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

## Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## Service Title:

Infant Development

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
08 Home-Based Services	08010 home-based habilitation
Category 2:	Sub-Category 2:
09 Caregiver Support	09020 caregiver counseling and/or training
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

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Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

- Service is included in approved waiver. There is no change in service specifications.
- O Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

**Service Definition** (Scope):

Infant Development is an individualized service that is delivered on a one to one basis professional to participant.

Infant Development is a home-based, family focused service that provides information, support and training to assist the primary caregiver(s) in maximizing the child's development utilizing a parent-coaching model. Infant Development professionals work with primary caregivers to identify and adapt natural learning opportunities that occur during daily family and community routines. The title of the participants plan for children under age three and receiving Infant Development services is called the Individualized Family Service Plan (IFSP). This team determines services necessary to meet the child and caregiver needs, along with the frequency and duration of services.

Home visit: Home visits allow an opportunity for professionals from the team to coach the primary caregiver(s) in how to address the identified needs most effectively for their child. The team will determine the frequency of home visits and should change the frequency based on the needs of the child and family. Home Visits must be scheduled for at least once a month, but may be scheduled for multiple times a week. The expectation is that home visits will last about an hour.

Consults: Consults allow the opportunity for other members of the team to coach both the primary caregiver(s) and home visitor in the area of their specialty. The IFSP outcomes determine the frequency of consults needed to meet the outcomes. The team will determine the expertise needed and what areas of consult are required to meet the child and family's needs and IFSP outcomes.

Evaluation/Assessment: An evaluation is completed to determine eligibility for Developmental Disabilities Program Management (DDPM), as well as for Infant Development services, when a child applies for services. An assessment is completed annually, after a child is eligible for services, to determine progress made on the IFSP outcomes, as well as to offer information for updating the IFSP, which is completed annually. Evaluations and Assessments must be conducted by at least two qualified ID personnel of different disciplines (either contracted or employed) from the Core Evaluation/Assessment team.

IFSP Development/Update: The IFSP directs supports and services, in relation to the prioritized concerns and outcomes of the primary caregiver(s) and rest of the team. Initial meetings must take place within 45 days from referral. Annual meetings must occur annually, 1 year minus 1 day from the date of the last meeting. Periodic reviews must occur at least every 6 months, however, can be more frequent to address child and family needs/concerns. Reviews must be done as a result of discussion and agreement of all team members.

This service is to provide support for conditions specifically related to IID/DD.

This service may be provided remotely through virtual supports as determined necessary to ensure services are delivered while considering participant choice, compliance with CMS requirements and identified in the participant's person-centered plan. If the participant requires hands on assistance for a specific task, then virtual supports service delivery cannot be an option for that task but may be utilized for other tasks that do not need hands on support.

A Virtual Support Checklist will be required to be completed by the DD Program Manager and the team during the person-centered planning process. This checklist will act as a safeguard to ensure virtual supports can help meet the needs of the participant in a way that protects the right to privacy, dignity, respect, and freedom from coercion. Any issues will be addressed prior to the implementation of remote supports. The checklist will ensure that the planning process has considered service needs and if these needs can be met by using a virtual supports method of service delivery. The Virtual Support Checklist will include consideration of the estimated hours/visits that virtual supports delivery will be utilized. The risk assessment and service plan require the team to develop a plan to address health, safety and behavioral needs while remote supports are utilized so appropriate assistance can be provided.

In virtual supports, the use of cameras in bathrooms or bedrooms impacting the participant's dignity and privacy is not permitted. Infant development services are provided within the context of daily routines, therefore in virtual supports, this may mean that parent coaching is provided during a toileting or bathing routine and camera use would be appropriate and would not violate the dignity of the individual.

Virtual supports reinforce community integration by encouraging the participant to engage in community life as independently as possible and to be able to safely engage in activities in his or her home or in the community without relying on the physical presence of staff to accomplish those activities.

The participant's services may not be delivered via virtual support 100% of the time. The participant must always have the option to request in-person services. The amount of time chosen shall be determined during the personcentered planning process and outlined in the Individual Service Plan. Provider must use a HIPAA compliant service delivery method (e.g. Microsoft Teams, Zoom for Healthcare). HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of virtual supports by their chosen provider. Virtual supports are not a system to provide surveillance or for staff convenience.

The participant's services may not be delivered via virtual support 100% of the time. The participant must always have the option to request in-person services. The amount of time chosen shall be determined during the personcentered planning process and outlined in the Individual Service Plan. Provider must use a HIPAA compliant service delivery method (e.g. Microsoft Teams, Zoom for Healthcare). HIPAA rules apply to all covered entities regarding HIPAA Privacy and Security. Participant will be given education and support on the use of virtual supports by their chosen provider. Virtual supports are not a system to provide surveillance or for staff convenience.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Infant Development serves children birth through 2 years of age as they are not eligible for special education services available for children eligible for Part B-619 of IDEA offered through the North Dakota Department of Public Instruction. This service cannot be accessed at the same time as Part C funded services through IDEA.

Infant Development does not provide direct therapies nor can it be provided at the same time as other waiver services.

Home visits cannot be conducted over the phone.

Nursing consultations can only be billed when needed to ensure the child's health and welfare while participating in another Early Intervention service.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Self-Directed Services, Family Care Option, Respite, or Extended Home Health Care.

To avoid duplication, Infant Development cannot be authorized on the individual service plan with Behavioral Consultation, Residential Habilitation, Independent Habilitation, Parenting Support, Adult Foster Care, Day Habilitation, Homemaker services, Prevocational Services, Small Group Employment Supports, or Individual Employment.

This service cannot duplicate any other service in this waiver.

This service is limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** (check each that applies):

Legally Responsible Person
Relative

Legal Guardian Provider Specifications:

<b>Provider Category</b>	Provider Type Title
Agency	Licensed DD Provider

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

#### Service Type: Other Service Service Name: Infant Development

Provider Category: Agency Provider Type:

Licensed DD Provider

Provider Qualifications

License (specify):

Licensed according to NDAC 75-04-01.

Certificate (specify):

Other Standard (specify):

Infant Development programs must provide services according to the prescribed delivery model and cannot offer other models, including direct therapy to infants and toddlers.

The prescribed service delivery model is based on research showing that infants and toddlers do not learn in massed trials, but through natural learning opportunities that occur throughout the day. Infant Development is an individualized service that is delivered on a one to one basis professional to participant. Infant Development professionals work with primary caregivers to identify and adapt natural learning opportunities that occur during daily family and community routines. The team determines services necessary to meet the child and caregiver needs, along with the frequency and duration of services.

## Verification of Provider Qualifications

#### **Entity Responsible for Verification:**

State Medicaid Agency, DD Section

**Frequency of Verification:** 

Annually

## **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable). **Service Type:** 

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## Service Title:

Respite

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
09 Caregiver Support	09012 respite, in-home
Category 2:	Sub-Category 2:
09 Caregiver Support	09011 respite, out-of-home
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
	$\Box$

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one :

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

#### Service Definition (Scope):

Respite services are services provided to the participant that give temporary relief to the primary caregiver from daily stress, care demands and to prevent or delay unwanted out of home placement. Temporary means the respite service is provided during a limited period of time (e.g., a few hours, a few days, weekends, or for vacations).

A primary caregiver is a responsible person providing continuous care and supervision to an eligible individual that prevents institutionalization.

The team determines the activities and amounts of respite during the person-centered planning process and are specified in the individual plan of service.

Respite may be provided in or out of the participant's home. The participants receiving Respite may be supported in their home, home of the support staff, camp, or other community settings, if approved by the legal decision maker.

In accordance with Section 601(d) of the Social Security Act as added by Section 5001 of the Cares Act, Respite may be authorized in an acute care hospital to meet the needs of the service recipient that are not met through the provision of hospital services and/or to ensure the smooth transitions between acute care settings and home and community-based setting and to preserve the service recipient's functions. This service will not be authorized to substitute services that the hospital is obligated to provide under Federal or State law.

This service is to provide support for conditions specifically related to IID/DD.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Hours of support will be limited to a total of 600 hours per State Fiscal Year per participant.

Respite may not be provided by primary caregiver, legally responsible person, or legal guardian. Respite shall not be used as day/childcare.

Respite is not intended to be provided on a continuous, long-term basis as part of daily services that would enable the primary caregiver to go to work or to attend school nor for the purpose of providing extra help while the primary caregiver is present.

Respite may not include the cost of registration fees or the cost of recreational activities (for example, camp) Other family members (such as siblings of the participant) may not receive more than general supervision from the provider while Respite care is being provided/billed for the waiver participant(s)

Respite cannot be authorized or provided when Part B services of IDEA are offered through the North Dakota Department of Public Instruction as indicated in the participants active IEP or when the participant is receiving home schooling.

Respite may not be provided to a group of participants, in a facility-based program (i.e., day habilitation, daycare, school), or in Residential Habilitation or Independent Habilitation settings.

For families who have more than one participant in the household receiving this service, each participant's individual needs are evaluated by the team to determine if the total number of hours and staff can be combined to still ensure each participant's health and safety.

Respite can be authorized to receive both provider-managed and self-directed at the same time. The authorized amounts are not transferable between the different service delivery methods (i.e., self-directed, provider managed).

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Infant Development, Medicaid State Plan Services, In-Home Supports, Self-Directed Services, Day Habilitation, Prevocational Services, Small Group Employment Supports, Individual Employment Support, Homemaker, or Extended Home Health Care.

Respite cannot be provided to participants receiving Adult Foster Care, Residential Habilitation, or Independent Habilitation.

Respite cannot be provided in a Family Care Option setting but may be authorized in the natural family home when the participant is present and the requirements above are met.

To avoid duplication, this service is not available to participants under the custody of county social services.

This service cannot duplicate any other service in this waiver.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

Specify whether the service may be provided by (check each that applies):

Legally Responsible Person

- **⊠** Relative
- 🗌 Legal Guardian

**Provider Specifications:** 

Provider Category	Provider Type Title
Individual	Individual
Agency	Licensed DD Provider

## **Appendix C: Participant Services**

## C-1/C-3: Provider Specifications for Service

## Service Type: Other Service Service Name: Respite

Provider Category: Individual Provider Type:

#### Individual

## **Provider Qualifications**

License (specify):

Certificate (specify):

Other Standard (specify):

As required by the participant's plan. For self-directed services delivery the individual provider must be 18 years or older.

## Verification of Provider Qualifications Entity Responsible for Verification:

Fiscal Agent

**Frequency of Verification:** 

Prior to hiring for verification of age 18.

Annually review of the participant's plan.

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Name: Respite	

Licensed DD Provider

## **Provider Qualifications**

License (specify):

Licensed according to NDAC 75-04-01

**Certificate** (*specify*):

**Other Standard** (specify):

Verification of Provider Qualifications Entity Responsible for Verification:

> State Medicaid Agency, DD Section Frequency of Verification:

Annually

## **Appendix C: Participant Services**

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

## Service Title:

Small Group Employment Support

## **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
03 Supported Employment	03022 ongoing supported employment, group
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:

*Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one* :

• Service is included in approved waiver. There is no change in service specifications.

<sup>O</sup> Service is included in approved waiver. The service specifications have been modified.

## • Service is not included in the approved waiver.

## Service Definition (Scope):

Small Group Employment Support services provide long-term ongoing supports to assist participants in maintaining paid employment in an integrated setting. Services include on- or off-the-job employment-related support for small groups of participants needing intervention to assist them in obtaining and maintaining employment as a group, in accordance with their person-centered service plan. Supports are provided to groups of two (2) to eight (8) employed participants. Participants are paid by the employer for work performed in accordance with State and Federal laws.

Transportation costs from a participant's residence to their workplace may be included in the authorized service hours when a participant needs it as a support intervention for the participant to maintain employment. It is not allowed as a substitute for personal, public, or generic transportation, is not billable as a discrete service, and cannot duplicate any transportation under any other service in this waiver or Medicaid State Plan. This service is to provide support for conditions specifically related to IID/DD.

Participants who require ongoing nursing support may be eligible for a higher medical acuity level. There are 3 additional medical acuity tiers for the Small Group Employment Support rate. These tiers are based on the participant's assessed medical needs.

Staff who provide services in the medical acuity tiers are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

A nurse assessment and care plan are required for the medical acuity tiers. The participant's person-centered service plan must address medical needs. Nursing services must be within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse (RN), or licensed practical nurse (LPN) under the supervision of a RN licensed to practice in the state North Dakota.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Group size shall be limited to no fewer than two (2) and no more than eight (8) participants. This service cannot duplicate any other service in this waiver.

This service may not be used to support a self-employed participant.

This service shall not be furnished or billed at the same time of day as other services that provide direct care to the participant. These services include Medicaid State Plan Services, In-Home Supports, Residential Habilitation, Independent Habilitation, Extended Home Health Care, Parenting Support, Adult Foster Care, Behavioral Consultation, Respite, or Homemaker services.

This service shall be available to those receiving Day Habilitation, Prevocational Services and Individual Employment Support Services are subject to limitations stipulated in DD Section policy. Billing for such services may not be duplicated in a time period (e.g., billed for more than one service for 1:00 to 5:00 p.m. on April 1). Hours authorized in Day Habilitation, Individual Employment Support, Prevocational Services, and Small Group Employment Support Services may not exceed 40 cumulative hours per week per participant.

This service does not include facility-based, or other similar types of vocational services furnished in specialized facilities that are not a part of the general workplace.

This service does not include payment for supervision, training, support and adaptations typically available to other workers without disabilities filling similar positions in the business.

This service does not include training and services available to a participant through the Rehabilitation Act of 1973 or Individuals with Disabilities Education Act (IDEA).

Supported Employment cannot be authorized on the individual service plan with Family Care Option.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E

**Provider managed** 

**Specify whether the service may be provided by** *(check each that applies)*:

Legally Responsible Person

**Relative** 

🗆 Legal Guardian

**Provider Specifications:** 

<b>Provider Category</b>	Provider Type Title
Agency	Licensed DD Provider

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Small Group Employment Support

**Provider Category:** 

Agency

Provider Type:

Licensed DD Provider

**Provider Qualifications** 

License (specify):

Licensed according to NDAC 75-04-01

**Certificate** (specify):

**Other Standard** (specify):

For Medical Acuity Tiers, staff are required to have a current Certified Nursing Assistant (CNA) certification or equivalent or higher.

## Verification of Provider Qualifications

Entity Responsible for Verification:

State Medicaid Agency, DD Section

**Frequency of Verification:** 

Annually

## **Appendix C: Participant Services**

C-1: Summary of Services Covered (2 of 2)

**b.** Provision of Case Management Services to Waiver Participants. Indicate how case management is furnished to waiver participants (*select one*):

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- Not applicable Case management is not furnished as a distinct activity to waiver participants.
- Applicable Case management is furnished as a distinct activity to waiver participants. *Check each that applies:* 
  - As a waiver service defined in Appendix C-3. Do not complete item C-1-c.
  - As a Medicaid state plan service under §1915(i) of the Act (HCBS as a State Plan Option). Complete item C-1-c.
  - As a Medicaid state plan service under (1915(g)(1)) of the Act (Targeted Case Management). Complete item C-1-c.
  - **As an administrative activity.** *Complete item C-1-c.*
  - As a primary care case management system service under a concurrent managed care authority. *Complete item C-1-c*.
- **c. Delivery of Case Management Services.** Specify the entity or entities that conduct case management functions on behalf of waiver participants:

DD Program Management which are under the umbrella of the Department of Health and Human Services.

## **Appendix C: Participant Services**

C-2: General Service Specifications (1 of 3)

**a.** Criminal History and/or Background Investigations. Specify the state's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):

## <sup>O</sup> No. Criminal history and/or background investigations are not required.

## • Yes. Criminal history and/or background investigations are required.

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

As provided by NDAC and DD Section policy, criminal and background checks must be conducted on all prospective employees of licensed DD provider agencies who may have direct access to individuals served. This includes direct care positions, administrative positions, and other support positions that have contact with individuals served. When prospective employees have lived in North Dakota for less than five consecutive years, a national criminal and background record check is obtained. When prospective employees have lived in the state for more than five years, only a state criminal and background record check is required.

Per policy, upon receiving the results of the background check from all sources, DD licensed provider agencies will determine if further review is required by DD Section. the DD Section reviews applicable records of an applicant to determine if the individual is eligible to be considered for employment by a licensed DD provider according to NDAC. If the offense is a direct bearing offense, the DD provider is notified that the employee the employee cannot provide services to the a DD participant.

Upon annual reapplication for license renewal, the applicant agency submits a listing of each current employee with any new criminal convictions, the date of the conviction, and nature of the offense.

Employees hired by families for self-directed In-Home Support services have background checks completed by the Fiscal Agent.

**b.** Abuse Registry Screening. Specify whether the state requires the screening of individuals who provide waiver services through a state-maintained abuse registry (select one):

- O No. The state does not conduct abuse registry screening.
- Yes. The state maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

DD Section policy requires that providers conduct a check of the Child Abuse and Neglect Registry for each employee hired. The Child Abuse and Neglect Registry are maintained by the ND Dept. of Health and Human Services Children and Family Services Section. An abuse registry is not maintained specifically for providers of waiver services.

## **Appendix C: Participant Services**

C-2: General Service Specifications (2 of 3)

## Note: Required information from this page (Appendix C-2-c) is contained in response to C-5.

## **Appendix C: Participant Services**

C-2: General Service Specifications (3 of 3)

d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under state law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the state, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. *Select one*:

- No. The state does not make payment to legally responsible individuals for furnishing personal care or similar services.
- Yes. The state makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.

Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) state policies that specify the circumstances when payment may be authorized for the provision of *extraordinary care* by a legally responsible individual and how the state ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the state policies specified here.* 

Self-directed

☐ Agency-operated

e. Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify state policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the policies addressed in Item C-2-d. *Select one*:

<sup>O</sup> The state does not make payment to relatives/legal guardians for furnishing waiver services.

# • The state makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.

Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.* 

Relatives who are not legal guardians and not living in the same home as the eligible participant may be paid for providing waiver services if they meet all other requirements.

Residential Habilitation, Independent Habilitation, Day Habilitation, Prevocational Services, Small Group Employment Services, and Individual Employment Support may be rendered by a relative, who is not residing with the participant, when they have been hired by the DD licensed provider. The DD licensed provider agency is responsible for ensuring that all state and federal policies are adhered to, and all services and billing are provided, and billing occurs in accordance with requirements.

The following services may be provided by a relative for payment; Homemaker, SD-IHS, Family Care Option. No payments may be made to a legal guardian.

Authorizations are created based on team decisions regarding services that are in the best interest of the individual. The participant chooses who they want as part of their team. This may include: participant's guardian or legal representative, DDPM, provider program coordinator, other provider staff, or anyone else. Medicaid payment system requires an appropriate level of care screening for the waiver, pre-authorize on the individual service plan, and current individual service authorization in order for payment to be made within specified timelines and limits.

# O Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-1/C-3.

Specify the controls that are employed to ensure that payments are made only for services rendered.

## • Other policy.

Specify:

**f. Open Enrollment of Providers.** Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

Enrollment is open to all entities that meet the licensure requirements. NDAC details the requirements, application process and appeal rights. Application materials are available on request or on-line.

## **Appendix C: Participant Services**

**Quality Improvement: Qualified Providers** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

i. Sub-Assurances:

a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(C-1) Number and percent of providers, who meet licensure requirements initially and continually. N: Number of providers, who met licensure requirements initially and continually. D: All licensed providers.

Data Source (Select one): Other If 'Other' is selected, specify: Provider Licensed Database

<b>Responsible Party for</b> <b>data</b> <b>collection/generation</b> <i>(check each that applies):</i>	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
□ Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	<b>Other</b> Specify:

Other Specify:	

#### Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
State Medicaid Agency	U Weekly
<b>Operating Agency</b>	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

## **b.** Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(C-2)Number and percent of self-directed services(SDS)that have met ND State requirements. N: All self-directed services that have met ND State requirements. D:

## All self-directed services.

Data Source (Select one): Other If 'Other' is selected, specify: Fiscal Agent Report

<b>Responsible Party for data collection/generation</b> (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ <sub>Weekly</sub>	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
□ Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify: Fiscal Agent	☐ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

## Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

## c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(C-3) Number and percent of full-time DD licensed provider staff who have successfully completed State required module training. N: Number of full-time DD licensed provider staff who have successfully completed State required module training. D: All full-time DD licensed provider staff.

Data Source (Select one): Other If 'Other' is selected, specify: DD Licensed Provider

<b>Responsible Party for data collection/generation</b> (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	Monthly	Less than 100% Review

□ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	□ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

## Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	U Weekly
<b>Operating Agency</b>	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	□ Annually
	Continuously and Ongoing
	Other Specify: Semi Annually

## **Performance Measure:**

(C-4) Number and percent of personnel administering medications through a licensed DD provider who completed the medication training requirements N: Number of personnel administering medications through a licensed DD provider who completed the medication training requirements D: Number of personnel administering medications through a licensed DD provider.

Data Source (Select one): Other If 'Other' is selected, specify: DD Licensed Provider

<b>Responsible Party for</b> data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	□ 100% Review
Operating Agency	X Monthly	⊠ Less than 100% Review
□ Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify: 100% of medication certified staff at selected providers will be reviewed annually.
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
State Medicaid Agency		
<b>Operating Agency</b>	□ Monthly	
□ Sub-State Entity	<b>Quarterly</b>	
Other Specify:	□ Annually	
	Continuously and Ongoing	
	<ul><li>☑ Other Specify:</li><li>Semi Annually</li></ul>	

Data Aggregation and Analysis:

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

All DD Providers are required to initially enroll and re-enroll every year. The DD Providers are notified two months prior to their expiration date that they must submit necessary documentation to maintain their status as a DD Provider. DD Providers who do not re-enroll are closed and edits are contained in the MMIS system to prevent closed providers from receiving payment.

#### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The DD Section is responsible for licensing all DD Providers. Individual provider problems are addressed in writing with the provider and may include one on one technical assistance, requests for additional information, clarification/ rewriting licensing documents and instructions, monitoring and termination of the DD provider who fails to re-license or no longer meet the DD provider standards or qualifications.

(C-1) When standards aren't met, applicant has option to resubmit deficient areas or withdraw application.

(C-2) The DD Section reviews the Fiscal Agents report to determine if the ND State requirements were met. If upon review a criterion was not met, the DD Section will inform the Fiscal Agent that payment cannot be made to the self-directed employee until the ND State requirement is met.

(C-3) Training contractor sends out a list of full-time DD licensed provider staff that has not completed their training as required and the provider must provide information on how this is going to be remediated.

(C-4)If it is determined through the survey process that the provider is deficient in this area, the provider must complete a plan of correction to ensure that all staff are trained and certified prior to passing medications. The DD Section verifies provider completion of the plan of correction.

<b>Remediation-related Data</b>	Aggregation and	Analysis	(including trend ide	ntification)

<b>Responsible Party</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> <i>(check each that applies):</i>
⊠ State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	□ Annually
	⊠ Continuously and Ongoing
	Other Specify:

### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Qualified Providers that are currently non-operational.

- <sub>N0</sub>
- O<sub>Yes</sub>

Please provide a detailed strategy for assuring Qualified Providers, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

## **Appendix C: Participant Services**

# **C-3: Waiver Services Specifications**

Section C-3 'Service Specifications' is incorporated into Section C-1 'Waiver Services.'

# **Appendix C: Participant Services**

C-4: Additional Limits on Amount of Waiver Services

- **a.** Additional Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (*select one*).
  - Not applicable- The state does not impose a limit on the amount of waiver services except as provided in Appendix C-3.
  - Applicable The state imposes additional limits on the amount of waiver services.

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect

when the amount of the limit is insufficient to meet a participant's needs; (f) how participants are notified o	f the
amount of the limit. (check each that applies)	

	Furnish the information specified above.
	<b>Prospective Individual Budget Amount.</b> There is a limit on the maximum dollar amount of waiver service authorized for each specific participant. <i>Furnish the information specified above.</i>
]	<b>Budget Limits by Level of Support.</b> Based on an assessment process and/or other factors, participants are assigned to funding levels that are limits on the maximum dollar amount of waiver services. <i>Furnish the information specified above.</i>

# **Appendix C: Participant Services**

**C-5: Home and Community-Based Settings** 

Explain how residential and non-residential settings in this waiver comply with federal HCB Settings requirements at 42 CFR 441.301(c)(4)-(5) and associated CMS guidance. Include:

- 1. Description of the settings and how they meet federal HCB Settings requirements, at the time of submission and in the future.
- **2.** Description of the means by which the state Medicaid agency ascertains that all waiver settings meet federal HCB Setting requirements, at the time of this submission and ongoing.

Note instructions at Module 1, Attachment #2, <u>HCB Settings Waiver Transition Plan</u> for description of settings that do not meet requirements at the time of submission. Do not duplicate that information here.

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Through the Statewide Transition Plan process the state determined the following waiver settings for the services listed below fully comply with the regulatory requirements.

The Department conducted surveys of all providers of HCBS residential and non-residential services that focused on each setting's physical location, surroundings, community integration, and other environmental characteristics. The assessment was based on services, conversations with program managers, review of housing eligibility criteria, provider and participant survey's, which included looking at the service location (i.e. participant apartment), type (i.e. provider owned) and the building as a whole, while assessing the location and other characteristics and qualities that are to be present in an HCB setting.

Surveys were sent to all Licensed Providers who provide HCB services. The survey

required the Provider to complete the survey separately for each setting that included specific setting identifying information. In addition, the Department conducted a survey of participants to assess whether the residential and non-residential settings met requirements. Based on the results of the provider survey, DD Program Manager input, and recipient surveys, the Department and an outside consulting firm compiled the information to determine each settings compliance.

The Department conducted site visits of IID/DD waiver settings for which the Department utilized the heightened scrutiny process.

Individualized settings that were provided in the participants' private home were presumed to be fully compliant. These settings allowed full access and choice to community living according to their needs and preferences.

Services with Fully Compliant HCB Waiver Settings:

- Behavioral Consultation
- Environmental Modifications
- Equipment and Supplies
- Extended Home Health Care
- Family Care Options
- Homemaker Services
- In-Home Supports
- Infant Development
- Prevocational services
- Individual Employment Support
- Small Group Employment Support
- Independent Habilitation
- Residental habilitation
- Adult Foster Care
- Day Habilitation

The Department will ensure continued compliance by implementing and enforcing policy that will ensure the continued integrity of the HCB characteristics that these services provide to waiver participants. The Department will review all future settings where waiver services will be provided and where participants will reside to ensure that the settings meet the requirement. The Department will assure continued compliance with all federal regulations.

At the participant level; the person-centered planning process will be utilized along with The Council on Quality and Leadership (CQL) Personal Outcome Measures and the required annual self-assessment.

The Department requires all Licensed providers to be accredited by CQL. CQL developed a Toolkit for States which provides detailed support on how CQL's quality measurement tools and data elements comply with the requirements.

DDPMs conduct face-to-face visits every ninety days which monitors satisfaction with services, plan implementation, health and safety, and provider interactions. The monitoring during these visits includes observations and discussions with the participant and guardian to ensure all characteristics and experiences with the requirement are present. The DDPM is responsible to ensure that the plan contains all the required components and approves the plan once all requirements are met. These assurances are completed annually or as changes are needed to the plan. The Departments service planning instructions provide directions on completing the plan according to the requirements.

The Department conducts a case file review process that provides ongoing quality assurance checks to verify setting compliance. This ensures the Department is meeting state assurances, plan development and documentation, and face to face visit according to the requirements.

The Department conducts reviews of licensed providers services through provider surveyor process to determine compliance with the requirements.

The requirements are incorporated into the provider licensing and applied to all new and renewed licenses. New providers participate in an orientation process and are trained on the requirements.

Licensed providers who have provider owned or controlled settings complete an initial setting review prior to services starting to ensure compliance with the requirements. When completing the licensure application provider must identify what settings are provider owned, facility based or both.

When a licensed provider requests to enroll or add a setting that may trigger the need for heightened scrutiny, the Department will utilize a setting assessment tool to identify any institutional characteristics. Department staff will work with the providers to complete the assessment tool and identify any areas of noncompliance, remediation efforts, and timelines for completion.

# **Appendix D: Participant-Centered Planning and Service Delivery**

**D-1: Service Plan Development (1 of 8)** 

## State Participant-Centered Service Plan Title:

Overall Service Plan (OSP)/Individualized Family Support Plan (IFSP). The current protocol refers to the separate titles for various service populations (e.g. IFSP for Early Intervention Services/ID services).

**a. Responsibility for Service Plan Development.** Per 42 CFR §441.301(b)(2), specify who is responsible for the development of the service plan and the qualifications of these individuals *(select each that applies)*:

└ Registered nurse, licensed to practice in the state

Licensed practical or vocational nurse, acting within the scope of practice under state law

□ Licensed physician (M.D. or D.O)

Case Manager (qualifications specified in Appendix C-1/C-3)

Case Manager (qualifications not specified in Appendix C-1/C-3). *Specify qualifications:* 

The Qualified Developmental Disabilities Professional (QDDP) is an employee of the state Medicaid agency responsible to authorize the DD waiver services including the amount, frequency and type of provider. This information is contained in the individual service plan section of the overall plan.

Social Worker

Specify qualifications:

# ⊠ Other

Specify the individuals and their qualifications:

The service plan is developed at a team meeting. This may include participant's guardian or legal representative, DDPM, provider program coordinator, other provider staff, or anyone else.

For Residential Habilitation, Independent Habilitation, Prevocational Services, Individual Employment Support, Small Group Employment Support, Day Habilitation, In-Home Support, and Family Care Option services staff of DD licensed providers of waiver services acts in a clerical manner and enters the plan into the web based application as it was developed during the team meeting. The staff must meet the qualifications of QDDP.

For self-directed services (Behavior Consult, In-Home Support, Environmental Modification, and Equipment & Supplies), AFC, Extended Home Health Care, and Homemaker the DDPM enters the service plan into the web based application as it was developed during the team meeting.

Primary Early Intervention Professionals (PEIP) within the Infant Development provider acts in a clerical manner to enter the Individual Family Service Plan as it was developed during the team meeting. PEIPs are licensed in their profession such as early childhood special education, occupational therapy, physical therapy, speech language pathology, social work and nursing.

## **Appendix D: Participant-Centered Planning and Service Delivery**

D-1: Service Plan Development (2 of 8)

### b. Service Plan Development Safeguards. Select one:

- Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.
- Entities and/or individuals that have responsibility for service plan development may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. *Specify:* 

# **Appendix D: Participant-Centered Planning and Service Delivery**

D-1: Service Plan Development (3 of 8)

**c.** Supporting the Participant in Service Plan Development. Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

All waiver participants and/or legal decision makers are active participants in the service plan development. The DDPM provides written information to all waiver participants and/or their legal decision maker that describes their right to direct and be actively engaged in the development or the participant plan, including their right to determine who is included in the process. This will be included in the rights packet of information that will also describe the services available, their rights and responsibilities including their right to choose between and among waiver services, service providers and the right to request a Fair Hearing. The DDPM provides this information to the participant and/or legal decision maker at the time of waiver enrollment and when a participant and/or legal decision maker signs the ISP. The rights are included in this document.

In addition, a self-assessment, or in the case of infants and toddlers, a routines-based interview is conducted with the participant and/or legal decision maker prior to each annual service plan that identifies personal goals, preferences, and outcomes that may be incorporated into the plan. The participant and/or legal decision maker is given the opportunity to determine a convenient date, time and location for the development of the plan. Once the plan is developed, the participant and/or legal decision maker signs that they are in agreement with the plan.

The participant and the people they select to participate are encouraged to lead and direct the design of their service plan including facilitating the team meeting if they desire.

# **Appendix D: Participant-Centered Planning and Service Delivery**

# **D-1: Service Plan Development (4 of 8)**

**d.** Service Plan Development Process. In four pages or less, describe the process that is used to develop the participantcentered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable): The plan is developed at the team meeting by the team. This may include participant's guardian or legal representative, DDPM, provider program coordinator, other provider staff, or anyone else. The provider, whom acts in a clerical manner, enters the plan into the web based application as it was developed during the team meeting. As the representative for the State Medicaid Agency, the DDPM is responsible to review the plan to ensure that the plan has been developed in accordance with applicable policies and procedures.

Only plans that meet the requirements will be approved. Approved plans cannot be edited. If any change is to be made a new plan must be created and the DDPM must approve the revisions.

(a) Who develops the plan, participants and timing of the plan:

The DDPM or qualified staff from a DD licensed provider assists the participant and/or legal decision maker in identifying the participants they wish to involve in the process of their plan and to determine a date and time that is convenient for the participant and their chosen team members in developing the plan.

In addition to the participant, legal decision maker, DDPM and service provider, additional planning team members may include family, friends, advocates and other community supports. Staff members who work most closely with the participant providing direct support and care, and know the participant best are encouraged to participate and will be invited to participate if the participant/legal decision maker agrees.

When there is conflict between the participant or legal guardian, family members, or other members of the team, the issues should be addressed immediately in a neutral and respectful manner utilizing conflict management strategies. The DDPM has the ultimate responsibility to ensure concerns related to authorized services or implementations of the personcentered service plan are addressed in collaboration with the QDDP of the provider agency and team. The participant or legal guardian can contact an advocate to assist, if they desire. Documentation of the decisions and discussions is reviewed with all parties before it is finalized and implemented.

The plan is developed at the time the participant starts waiver services and is updated at least annually. The plan is reviewed and revised when the participant needs change between the annual plan. If any changes are to be made, a new service plan must be created by the team and the DDPM must approve the new plan revisions. The planning process takes into account cultural considerations of the participant by providing information in a language that is understandable to the participant with no professional jargon and accessible to those who are limited English proficient.

(b) Assessments:

A variety of assessments are completed to support the person-centered planning process including but not limited to:

Often referred to as a "self-assessment" or for infants and toddlers a "routines based interview" this involves what is most important to the individual from their perspective and the perspective of others that care about the individual. It involves identifying the individual's strengths, preferences, and needs through both informal and formal assessment process which are then incorporated in the participant's plan. Risk Assessment: This assessment assists the individual and the team in identifying significant risks to the participant's health, safety, medical, mental health, daily living skills, and etc..

(c) How the participant is informed of services under the waiver:

Prior to waiver enrollment the DDPM meets with the participant and/or legal decision maker to discuss what the participant wants regarding services and supports and what they expect. The DDPM explores potential services offered through the waiver, Medicaid State Plan, and other community resources and natural supports that might meet their needs. A list of services is provided along with the qualified providers of the services. The DDPM also reviews this information at least annually during the annual planning process and during the service monitoring process throughout the year.

(d) How the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences:

The web based application includes service plan template(s) that require the team to include the participant's selfassessment (goals and preferences), risk assessment (health and safety needs and mitigation strategies), strengths and areas of needs in ADLs, IADLs, and health status including diagnosis, health information and required supports, such a physician recommendations, nursing assessments, OT, PT, speech therapy, vocational, psychology/behavior analysis, leisure, recreation, or other evaluations as needed for the participant.

(e) How waiver and other services are coordinated:

The DDPM is the lead in assisting the participant and/or legal decision maker in coordinating the services through the service planning process. The planning process identifies natural supports, waiver supports, self-directed services, Medicaid State Plan and other generic community supports regardless of funding source. These services are listed in the participants plan.

(f) How the plan development process provides for the assignment of responsibilities to implement and monitor the plan:

The service plan lists the waiver services that are authorized for the participant which includes the amount, type, frequency, name of service provider, service funding source, and start/end dates of the service. It also lists generic services and natural supports the participant receives. This section can only be edited and completed by the DDPM. This section is locked and the service provider has no ability to perform clerical functions to this section. During the team meeting the assignment of responsibilities is discussed and documented.

The day to day monitoring and implementation of the plan is the responsibility of the DD licensed provider and the participant and/or legal decision maker. DDPM is responsible for in-depth monitoring every six months including face to face visits quarterly.

The service plan is finalized and agreed to, with the informed consent of the participant and/or legal decision maker. The services plan is signed by all participants and providers responsible for its implementation. The participant and/or legal decision maker shall receive a copy of the plan and others as determined by the participant.

(g) How and when the plan is updated/changes to the plan

The service plan is updated at least annually or more often if there is a change in the participant's needs. If any changes are made, a new service plan must be created by the team and the DDPM must approve the new plan revisions.

Whenever there is a change in the participant's needs, the team is required to review the risk assessment and service plan and make the appropriate revisions. Changes in the participant's needs may include but are not limited to: a change in medical/behavioral status; specific incident, hospitalization; nursing facility stay; prior to a service change; prior to a change in service location, or change in outcomes/goals.

A plan update may also occur subsequent to the DDPM's face to face visit with the participant and\or contact with the legal decision maker. The face to face visit with the participant and\or contact with legal decision maker occurs approximately every 90 days as part of the quality enhancement review process and monitoring of the services and plan.

The participant/legal decision maker can request a review or an update of the plan at any time. Electronic signatures are permitted based on State policy.

# **Appendix D: Participant-Centered Planning and Service Delivery**

# D-1: Service Plan Development (5 of 8)

e. Risk Assessment and Mitigation. Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

The initial risk assessment is completed by the DDPM prior to waiver enrollment. When services are selected, the risk assessment is reviewed by the team and the strategies to mitigate the identified risks are incorporated into the service plan.

At least annually or as needed, the team reviews the risk assessment as part of the service planning process and develops the strategies to mitigate the identified risks that are incorporated into the service plan.

Through the risk assessment, potential risks are identified, including but not limited to risks related to financial concerns, legal issues, fire safety, falls, access to health care, family issues, informal/community/social supports, mental health / behavioral health needs, cognitive decision making, nutrition, medication, employment, education, and housing.

The participant's plan lists potential risks, interventions and supports used. The plan is based on the participant's assessed need and must address rights restrictions, any behavioral support interventions, and must document the due process. Evaluation of less intrusive methods and any other approaches that have been taken to mitigate those risks must be included and submitted to the Behavior Management Committee and/or Human Rights Committee for approval. The document must include an assurance that the intervention should not cause harm to the participant. The plan includes documentation of a periodic review of these risks and mitigation strategies to determine if they are still necessary to assure health and safety. Participants are fully informed of the plan and any modifications made to their preferences or goals to assure safety.

The emergency back -up plans are developed during the team planning process. The plans include arrangements for short and long term alternatives in the event the caregiver and/or services cannot be delivered. Emergency back-up plans vary depending upon the individual circumstances and may include names, phone numbers of emergency contacts, description of participant routines and needs, who will provide alternative care and services, and where the plan is located.

# **Appendix D: Participant-Centered Planning and Service Delivery**

**D-1: Service Plan Development (6 of 8)** 

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

The DDPM provides the participant/legal decision maker with a list of qualified service providers upon enrollment in the waiver and upon request. The right to choose their qualified provider(s) is listed at the top of the service plan which is signed by the participant/legal decision maker at least annually or whenever there is a change in services.

The participant may choose to be referred to one provider or multiple providers. The DDPM assists the participant in arranging interviews of potential providers and touring program sites selected by the participant. The person-centered service plan will include documentation of the alternative settings that were considered by the participant.

## **Appendix D: Participant-Centered Planning and Service Delivery**

D-1: Service Plan Development (7 of 8)

**g.** Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

The DDPM, an employee of the State Medicaid agency, is responsible to ensure that the plan contains all required components (i.e. individual's current status, strengths and support needs, specific outcomes and goals, learning and support objectives, risks and mitigation strategies, health needs, safeguards and financial benefits) and approves all waivered services in the plan.

The DDPM is responsible to review the service plan to ensure that the service plan has been developed as discussed in the team meeting and in accordance with applicable policies and procedures. Only service plans that meet the requirements will be approved. Approved service plans cannot be edited by the service provider. If any change is to be made a new service plan must be created by the team and the DDPM must approve the new service plan revisions.

The service plan lists the waiver services that are authorized for the participant which includes the amount, type, frequency, name of service provider, service funding source, and start/end dates of the service. It also lists generic services and natural supports the participant receives. This section can only be edited and completed by the DDPM. This section is locked and the service provider has no ability to perform clerical functions to this section. This is completed and the service plan approved by the DDPM before payment can be made to the service provider.

A sample of the service plans are reviewed by the DD Section through a variety of quality monitoring methods.

## **Appendix D: Participant-Centered Planning and Service Delivery**

**D-1: Service Plan Development (8 of 8)** 

- **h.** Service Plan Review and Update. The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review and update of the service plan:
  - **O** Every three months or more frequently when necessary
  - **O** Every six months or more frequently when necessary
  - Every twelve months or more frequently when necessary
  - O Other schedule

Specify the other schedule:

i.	. Maintenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a
	minimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following (check each that
	applies):

- ⊠ Medicaid agency
- □ Operating agency
- Case manager
- Other Specify:

**Appendix D: Participant-Centered Planning and Service Delivery** 

**D-2:** Service Plan Implementation and Monitoring

**a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are

used; and, (c) the frequency with which monitoring is performed.

The plan identifies the DDPM who is responsible for the monitoring of the implementation of the service plan and participant health and welfare.

The DDPM has direct oversight of the plan to assure that services are furnished in accordance with the services authorized. The DDPM will monitor that services are furnished in accordance with the service plan, services meet the participant's needs, emergency back up plans are effective, participants exercise their choice of provider, and have access to health services identified in the plan.

The DDPM is responsible to conduct face to face visits with the participant approximately every 90 days in the setting in which the waiver services are delivered. The DDPM reviews progress toward outcomes, the participant's satisfaction with services, addresses any concerns, and ensures no unnecessary or inappropriate services are being provided.

The DDPM is notified of alleged incidents of abuse, neglect and any serious events via the incident management system and is responsible for follow up to ensure the participant is safe and actions have been taken to minimize the chance of the incident reoccurring.

The DDPM reviews the participant's plan, observes interactions with staff, and any other documents to assure the plan is implemented as written. The DDPM has contact with the legal decision maker approximately every 90 days to address service satisfaction and any issues related to service delivery including response to incidents, amount and frequency of service if applicable, care and treatment, and the service plan in general. Any identified problems that require action will be addressed and documented in the progress notes. The Quality Enhancement Review (QER) summarizing this information is completed at least every six (6) months.

Issues that cannot be resolved at the DDPM and provider level are reported to the Regional DD Program Administrator and/or the DD Section for remediation. In addition, a sample of the QERs and monitoring results are reviewed by the State through a variety of quality monitoring methods.

- b. Monitoring Safeguards. Select one:
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:* 

# **Appendix D: Participant-Centered Planning and Service Delivery**

**Quality Improvement: Service Plan** 

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

### a. Methods for Discovery: Service Plan Assurance/Sub-assurances

The state demonstrates it has designed and implemented an effective system for reviewing the adequacy of service plans for waiver participants.

i. Sub-Assurances:

a. Sub-assurance: Service plans address all participants assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

**Performance Measure:** 

(D-2) Number and percent of participant plans that address assessed personal goals identified through the assessment process. N: Number of participant plans that address assessed personal goals identified through the assessment process. D: Total number of plans reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

	I	
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative         Sample         Confidence         Interval =         95%         Confidence         Interval, +/-5%         margin of error
Other Specify:	Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	<b>Other</b> Specify:

Other Specify:	

#### Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
X State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

### **Performance Measure:**

(D-1) Number and percent of participant plans that address assessed health and safety needs identified through the assessment process. N: Number of participant plans that that address assessed health and safety needs identified through the assessment process. D: Total number of plans reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

<b>Responsible Party for</b>	Frequency of data	Sampling Approach
data	collection/generation	(check each that applies):
collection/generation	(check each that applies):	
(check each that applies):		

State Medicaid Agency	U Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	Quarterly	■ Representative Sample Confidence Interval =          95%         Confidence Interval, +/-5%         margin of error
Other Specify:	☐ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

# Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Continuously and Ongoing
	Other Specify:

# **b.** Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

# c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participants needs.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(D-3) Number and percent of the participant plans are updated at least annually or when the participant's needs change. N: Number of participant plans updated annually or when a participant's needs change. D: Total number of plans reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

<b>Responsible Party for</b>	Frequency of data	Sampling Approach
data	collection/generation	(check each that applies):
collection/generation	(check each that applies):	
(check each that applies):		

State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	Quarterly	Representative Sample Confidence Interval = 95% Confidence Interval, +/-5% margin of error
Other Specify:	□ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

# Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Continuously and Ongoing
	Other Specify:

# d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(D-5) The number and percent of participant ISPs delivered as specified, including the type, scope, amount, duration and frequency. N: The total number of participant ISPs delivered as specified. D: The total number of participant ISPs reviewed

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify: DD licensed provider, Medicaid Payment System

<b>Responsible Party for</b> data collection/generation (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	Quarterly	Representative Sample Confidence Interval =

		95% Confidence Interval, +/-5% margin of error
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

## Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
🗵 State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

(D-4) Number and percent of participants who receive the services in accordance with

**Performance Measure:** 

their plan including type, scope, amount, duration and frequency. N: Number of participants and/or legal decision makers who report they did receive the services in their plan including type, scope, amount, duration, and frequency. D: Total number of plans reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

Responsible Party for data collection/generation (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency		□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
□ Sub-State Entity	⊠ Quarterly	★ Representative Sample Confidence Interval =          95% Confidence Interval, +/-5% margin of error
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ Monthly
Sub-State Entity	Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

## e. Sub-assurance: Participants are afforded choice: Between/among waiver services and providers.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(D-6) Number and percent of participants who have a signed ISP, stating that they have chosen between waiver services and providers. N: Number of participants who have a signed ISP, stating that they have chosen between waiver services and providers. D: Total number of ISPs reviewed.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

<b>Responsible Party for</b> <b>data</b> <b>collection/generation</b> (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> <i>(check each that applies):</i>
🗵 State Medicaid	U Weekly	□ 100% Review

Agency		
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	□ Quarterly	★ Representative Sample Confidence Interval =          95%         Confidence         Interval, +/-5%         margin of error
Other Specify:	□ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

# Data Aggregation and Analysis:

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	
Operating Agency	□ <sub>Monthly</sub>
Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	Continuously and Ongoing

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Other Specify:

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The DDPA/DD Section reviews any areas of noncompliance identified in the record review, for the sample. Any areas of noncompliance are addressed by the DDPA, with the respective DDPM and the results will be reviewed with DD Section and may require a corrective action. Follow up is completed per DD Section policy.

(D-1) The DDPA/DD Section reviews the assessments, in the sample, and ensures that all identified health and safety needs and personal goals are addressed in the plan. The DDPA addresses the corrective action with the respective DDPM. If a participant's plan needs to be updated, a team meeting is held as specified by the DD Section policy. The DD Section verifies that corrections are made.

(D-2) The DDPA/DD Section reviews the plan, in the sample, to ensure plans address personal goals. The DDPA addresses the corrective action with the respective DDPM. If a participant's plan needs to be updated, a team meeting is held as specified by the DD Section policy. The DD Section verifies that corrections are made.

(D-3) The DDPA/DD Section reviews the plan, in the sample, to ensure plans are updated annually and as needs change. The DDPA addresses the corrective action with the respective DDPM. If a participant's plan needs to be updated, a team meeting is held as specified by the DD Section policy. The DD Section verifies that corrections are made.

(D-4) The DDPM identifies in the QER, why DD authorized services weren't delivered in accordance with the Service Plan and describes the plan to address and remediate any undelivered services, to include expected implementation date. The DDPA addresses the corrective action with the respective DDPM. If a participant's plan needs to be updated, a team meeting is held as specified by the DD Section policy. The DD Section verifies that corrections are made.

(D-5) DD section reviews a sample of ISPs and provider documentation to ensure services were delivered as specified. If any errors are found, the provider is to recoup funds.

(D-6) Upon notification that a participant did not receive a choice of waiver services or providers, participant has a right to appeal. At the time of the case file review, signed ISP is reviewed for completion. The DDPA addresses the corrective action with the respective DDPM. The DD Section verifies that corrections are made.

Remediation-related Dat	a Aggregation and	Analysis (including	g trend identification)
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<b>Responsible Party</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
State Medicaid Agency	□ <sub>Weekly</sub>
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Service Plans that are currently non-operational.

- <sub>N0</sub>
- O<sub>Yes</sub>

Please provide a detailed strategy for assuring Service Plans, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

## **Appendix E: Participant Direction of Services**

**Applicability** (from Application Section 3, Components of the Waiver Request):

- Yes. This waiver provides participant direction opportunities. Complete the remainder of the Appendix.
- No. This waiver does not provide participant direction opportunities. Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

Indicate whether Independence Plus designation is requested (select one):

- <sup>O</sup> Yes. The state requests that this waiver be considered for Independence Plus designation.
- No. Independence Plus designation is not requested.

**Appendix E: Participant Direction of Services** 

**a. Description of Participant Direction.** In no more than two pages, provide an overview of the opportunities for participant direction in the waiver, including: (a) the nature of the opportunities afforded to participants; (b) how participants may take advantage of these opportunities; (c) the entities that support individuals who direct their services and the supports that they provide; and, (d) other relevant information about the waiver's approach to participant direction.

Participants determine the vendors/providers from whom they will purchase services and supports. They will also negotiate the cost. Participants will have the opportunity to determine their priorities within the waiver budget limitations. DDPMs and Fiscal Agent staff will support self-directed participants. Information regarding risk and responsibility involved in self-direction, recommendations and considerations when selecting a vendor is provided in writing for participants and the material is reviewed with them. Guidance regarding key decisions and assistance in prioritizing needs will also be offered.

**Appendix E: Participant Direction of Services** 

**E-1: Overview (2 of 13)** 

- **b.** Participant Direction Opportunities. Specify the participant direction opportunities that are available in the waiver. *Select one:* 
  - **Participant: Employer Authority.** As specified in *Appendix E-2, Item a*, the participant (or the participant's representative) has decision-making authority over workers who provide waiver services. The participant may function as the common law employer or the co-employer of workers. Supports and protections are available for participants who exercise this authority.
  - Participant: Budget Authority. As specified in *Appendix E-2, Item b*, the participant (or the participant's representative) has decision-making authority over a budget for waiver services. Supports and protections are available for participants who have authority over a budget.
  - **Both Authorities.** The waiver provides for both participant direction opportunities as specified in *Appendix E-2*. Supports and protections are available for participants who exercise these authorities.
- c. Availability of Participant Direction by Type of Living Arrangement. Check each that applies:
  - IX Participant direction opportunities are available to participants who live in their own private residence or the home of a family member.
  - □ Participant direction opportunities are available to individuals who reside in other living arrangements where services (regardless of funding source) are furnished to fewer than four persons unrelated to the proprietor.
  - □ The participant direction opportunities are available to persons in the following other living arrangements

Specify these living arrangements:

# **Appendix E: Participant Direction of Services**

# **E-1: Overview (3 of 13)**

## d. Election of Participant Direction. Election of participant direction is subject to the following policy (select one):

- O Waiver is designed to support only individuals who want to direct their services.
- O The waiver is designed to afford every participant (or the participant's representative) the opportunity to elect to direct waiver services. Alternate service delivery methods are available for participants who

decide not to direct their services.

• The waiver is designed to offer participants (or their representatives) the opportunity to direct some or all of their services, subject to the following criteria specified by the state. Alternate service delivery methods are available for participants who decide not to direct their services or do not meet the criteria.

Specify the criteria

Self-directed services consist of Behavioral Consultation, Environmental Modifications, and Equipment and Supplies. These services are, solely, participant-directed. In-Home Supports can be participant-directed and/or provider managed.

# **Appendix E: Participant Direction of Services**

**E-1: Overview (4 of 13)** 

e. Information Furnished to Participant. Specify: (a) the information about participant direction opportunities (e.g., the benefits of participant direction, participant responsibilities, and potential liabilities) that is provided to the participant (or the participant's representative) to inform decision-making concerning the election of participant direction; (b) the entity or entities responsible for furnishing this information; and, (c) how and when this information is provided on a timely basis.

Discussed at intake, prior to enrolling in the waiver, and annually during the team planning process, the DDPM provides the following information to the participant and/or legal decision maker:

a. description of benefits and potential liabilities associated with participant direction of services;

b. responsibilities of participants;

c. support and information available through DDPMs and the Fiscal Agent;

d. components of the participant service plan and their responsibility in its development.

**Appendix E: Participant Direction of Services** 

E-1: Overview (5 of 13)

**f. Participant Direction by a Representative.** Specify the state's policy concerning the direction of waiver services by a representative *(select one):* 

# <sup>O</sup> The state does not provide for the direction of waiver services by a representative.

• The state provides for the direction of waiver services by representatives.

Specify the representatives who may direct waiver services: (check each that applies):

□ Waiver services may be directed by a legal representative of the participant.

Waiver services may be directed by a non-legal representative freely chosen by an adult participant. Specify the policies that apply regarding the direction of waiver services by participant-appointed representatives, including safeguards to ensure that the representative functions in the best interest of the participant:

An adult participant may appoint a non-legal representative of their choice and the extent of the decision making in writing on the application for services with the fiscal agent. The DDPM is required to conduct inhome, face-to-face visits quarterly to ensure the health, safety and well-being of the participant. DDPM conducts annual review of services provided and expenditures are monitored by DD Section quarterly.

**Appendix E: Participant Direction of Services** 

**g. Participant-Directed Services.** Specify the participant direction opportunity (or opportunities) available for each waiver service that is specified as participant-directed in Appendix C-1/C-3.

Waiver Service	Employer Authority	<b>Budget Authority</b>
Equipment and Supplies		X
Respite	X	$\times$
Environmental Modifications		X
In-Home Supports	X	X
Behavioral Consultation		X

**Appendix E: Participant Direction of Services** 

E-1: Overview (7 of 13)

**h. Financial Management Services.** Except in certain circumstances, financial management services are mandatory and integral to participant direction. A governmental entity and/or another third-party entity must perform necessary financial transactions on behalf of the waiver participant. *Select one*:

• Yes. Financial Management Services are furnished through a third party entity. (Complete item E-1-i).

Specify whether governmental and/or private entities furnish these services. Check each that applies:

□ Governmental entities

**Private entities** 

• No. Financial Management Services are not furnished. Standard Medicaid payment mechanisms are used. *Do* not complete Item E-1-i.

# **Appendix E: Participant Direction of Services**

**E-1: Overview (8 of 13)** 

**i. Provision of Financial Management Services.** Financial management services (FMS) may be furnished as a waiver service or as an administrative activity. *Select one*:

# <sup>O</sup> FMS are covered as the waiver service specified in Appendix C-1/C-3

The waiver service entitled:

## • FMS are provided as an administrative activity.

Provide the following information

i. Types of Entities: Specify the types of entities that furnish FMS and the method of procuring these services:

Contract Entity applying the North Dakota policies for the procurement process.

ii. Payment for FMS. Specify how FMS entities are compensated for the administrative activities that they perform:

Monthly fee for service

iii. Scope of FMS. Specify the scope of the supports that FMS entities provide (check each that applies):

Supports furnished when the participant is the employer of direct support workers:
X Assist participant in verifying support worker citizenship status
⊠ Collect and process timesheets of support workers
Process payroll, withholding, filing and payment of applicable federal, state and local employment- related taxes and insurance
□ Other
Specify:
Supports furnished when the participant exercises budget authority:
🗵 Maintain a separate account for each participant's participant-directed budget
$\overline{ imes}$ Track and report participant funds, disbursements and the balance of participant funds
⊠ Process and pay invoices for goods and services approved in the service plan
<b>N</b> Provide participant with periodic reports of expenditures and the status of the participant-directed budget
Other services and supports
Other services and supports
Other services and supports
Other services and supports Specify:
Conternational functions/activities:  Additional functions/activities:  Execute and hold Medicaid provider agreements as authorized under a written agreement with the
<ul> <li>□ Other services and supports         Specify:         <ul> <li></li></ul></li></ul>
<ul> <li>□ Other services and supports         Specify:         <ul> <li>Additional functions/activities:</li> <li>□ Additional functions/activities:</li> <li>□ Execute and hold Medicaid provider agreements as authorized under a written agreement with the Medicaid agency</li> <li>⊠ Receive and disburse funds for the payment of participant-directed services under an agreement with the Medicaid agency or operating agency</li> <li>⊠ Provide other entities specified by the state with periodic reports of expenditures and the status of</li> </ul> </li> </ul>
<ul> <li>□ Other services and supports         Specify:         <ul> <li>Specify:</li> <li>Additional functions/activities:</li> <li>△ Additional functions/activities:</li> <li>○ Execute and hold Medicaid provider agreements as authorized under a written agreement with the Medicaid agency</li> <li>☑ Receive and disburse funds for the payment of participant-directed services under an agreement with the Medicaid agency or operating agency</li> <li>☑ Provide other entities specified by the state with periodic reports of expenditures and the status of the participant-directed budget</li> </ul> </li> </ul>

**iv. Oversight of FMS Entities.** Specify the methods that are employed to: (a) monitor and assess the performance of FMS entities, including ensuring the integrity of the financial transactions that they perform; (b) the entity (or entities) responsible for this monitoring; and, (c) how frequently performance is assessed.

The DD Section monitors the Fiscal Agent by meeting quarterly to discuss any participant specific issues, vendor issues, contract concerns, FA functions, and performance. The authorization process prevents over payment to the Fiscal Agent as the MMIS payment system has edits that prohibits payments in excess of authorized budget limits. The DD Division Staff monitor budget program spend down reports generated through MMIS payment system and monthly contract billings for Fiscal Agent services. As outlined in the contract with the Department, the Fiscal Agent has an independent audit conducted and will share the results.

**Appendix E: Participant Direction of Services** 

**E-1: Overview (9 of 13)** 

**j. Information and Assistance in Support of Participant Direction.** In addition to financial management services, participant direction is facilitated when information and assistance are available to support participants in managing their services. These supports may be furnished by one or more entities, provided that there is no duplication. Specify the payment authority (or authorities) under which these supports are furnished and, where required, provide the additional information requested *(check each that applies)*:

└ Case Management Activity. Information and assistance in support of participant direction are furnished as an element of Medicaid case management services.

Specify in detail the information and assistance that are furnished through case management for each participant direction opportunity under the waiver:

# □ Waiver Service Coverage.

Information and assistance in support of

participant direction are provided through the following waiver service coverage(s) specified in Appendix C-1/C-3 (check each that applies):

Participant-Directed Waiver Service	Information and Assistance Provided through this Waiver Service Coverage
Small Group Employment Support	
Prevocational Services	
Day Habilitation	
Equipment and Supplies	
Infant Development	
Respite	
Individual Employment Support	
Community Transition Services	
Residential Habilitation	
Adult Foster Care	
Independent Habilitation	
Homemaker	
Environmental	

Participant-Directed Waiver Service	Information and Assistance Provided through this Waiver Service Coverage
Modifications	
In-Home Supports	
Behavioral Consultation	
Family Care Option	
Extended Home Health Care	

Administrative Activity. Information and assistance in support of participant direction are furnished as an administrative activity.

Specify (a) the types of entities that furnish these supports; (b) how the supports are procured and compensated; (c) describe in detail the supports that are furnished for each participant direction opportunity under the waiver; (d) the methods and frequency of assessing the performance of the entities that furnish these supports; and, (e) the entity or entities responsible for assessing performance:

DDPM, employed by the Department of Human Services, provide program management. This is claimed as an Administrative Activity.

DDPMs meet with the participants and/or legal decision makers to review information regarding the roles, risks, and responsibilities involved with self -directing supports. The DDPMs connect them to the Fiscal Agent and assist them with locating sources of waiver goods and services.

The DD Section conducts case file reviews of the activities of the DDPMs. The reviews include compliance with established protocols and policies regarding program management activities.

## **Appendix E: Participant Direction of Services**

**E-1: Overview** (10 of 13)

## k. Independent Advocacy (select one).

# <sup>O</sup> No. Arrangements have not been made for independent advocacy.

# • Yes. Independent advocacy is available to participants who direct their services.

Describe the nature of this independent advocacy and how participants may access this advocacy:

The DDPM informs the participant and/or legal decision maker of the availability of representation from the ND Protection and Advocacy Project. If requested, the DDPM will assist participants in accessing services with the ND Protection and Advocacy Project. The availability to contact Protection and Advocacy Project is noted on the individual service plan that is signed by the participant and/or the legal decision maker. The Protection and Advocacy Project does not furnish other direct services or perform waiver functions.

## **Appendix E: Participant Direction of Services**

**E-1: Overview** (11 of 13)

**I. Voluntary Termination of Participant Direction.** Describe how the state accommodates a participant who voluntarily terminates participant direction in order to receive services through an alternate service delivery method, including how the state assures continuity of services and participant health and welfare during the transition from participant direction:

The DDPM reviews the ramifications of voluntary termination, including possible impact on Medicaid and health and safety issues for the eligible participant. Other support options including Medicaid State Plan services and other waivers are explored. The DDPM assists the participant and/or legal representative in transition activities. Waiver services continue during the transition period.

**Appendix E: Participant Direction of Services** 

E-1: Overview (12 of 13)

m. Involuntary Termination of Participant Direction. Specify the circumstances when the state will involuntarily terminate the use of participant direction and require the participant to receive provider-managed services instead, including how continuity of services and participant health and welfare is assured during the transition.

DDPMs meet with the participants and/or legal decision makers to review information regarding the roles, risks, and responsibilities involved with self-directing supports. If the roles and responsibilities involved with self-directing are not carried out and it is directly impacting the eligible participant, the DDPM notifies the participant that services are being terminated and review their right to appeal the termination of services offered through this waiver. Other support options including Medicaid State Plan services and other waiver services are explored. The DDPM assists the participant in transition activities.

The Participant Agreement and the Budget Authorization for self-directed services describes circumstances under which the services are terminated. Services will be terminated if the parent or legal guardian is unable to self-direct services which results in a situation that jeopardizes the participant's health and welfare, Medicaid fraud, the participant is no longer eligible for Medicaid or ineligible for ICF/IID level of care. Services will continue during the transition unless there are situations that immediately impact the health and safety of the individual.

# **Appendix E: Participant Direction of Services**

E-1: Overview (13 of 13)

n. Goals for Participant Direction. In the following table, provide the state's goals for each year that the waiver is in effect for the unduplicated number of waiver participants who are expected to elect each applicable participant direction opportunity. Annually, the state will report to CMS the number of participants who elect to direct their waiver services.

Table E-1-n			
	Employer Authority Only	Budget Authority Only or Budget Authority in Combination with Employer Authority	
Waiver Year	Number of Participants	Number of Participants	
Year 1		600	
Year 2		625	
Year 3		650	
Year 4		675	
Year 5		700	

. . . . .

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant Direction (1 of 6)

- a. Participant Employer Authority Complete when the waiver offers the employer authority opportunity as indicated in Item E-1-b:
  - i. Participant Employer Status. Specify the participant's employer status under the waiver. Select one or both:

Participant/Co-Employer. The participant (or the participant's representative) functions as the co-employer

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(managing employer) of workers who provide waiver services. An agency is the common law employer of participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports are available to assist the participant in conducting employer-related functions.

Specify the types of agencies (a.k.a., agencies with choice) that serve as co-employers of participant-selected staff:

Participant/Common Law Employer. The participant (or the participant's representative) is the common law employer of workers who provide waiver services. An IRS-approved Fiscal/Employer Agent functions as the participant's agent in performing payroll and other employer responsibilities that are required by federal and state law. Supports are available to assist the participant in conducting employer-related functions.

**ii. Participant Decision Making Authority.** The participant (or the participant's representative) has decision making authority over workers who provide waiver services. *Select one or more decision making authorities that participants exercise*:

Х	Recruit	staff
---	---------	-------

□ Refer staff to agency for hiring (co-employer)

□ Select staff from worker registry

Hire staff common law employer

□ Verify staff qualifications

Obtain criminal history and/or background investigation of staff

Specify how the costs of such investigations are compensated:

# Specify additional staff qualifications based on participant needs and preferences so long as such qualifications are consistent with the qualifications specified in Appendix C-1/C-3.

Specify the state's method to conduct background checks if it varies from Appendix C-2-a:

Employees hired by families for self-directed In-Home Support and Respite services have criminal and background checks completed by the Fiscal Agent.

A person who is providing self-directed in-home support and respite must submit a criminal and background check application to the fiscal agent but will be allowed to start providing service before receiving the results of the criminal and background check. If the criminal or background check comes back with abuse, neglect, exploitation, or a non-direct bearing offense employment is pending until it is reviewed by the DD Section. If the offense is a direct bearing offense per North Dakota Century Code (e.g. homicide, simple assault, robbery), the employer must terminate the employee immediately.

- **Determine staff duties consistent with the service specifications in Appendix C-1/C-3.**
- Determine staff wages and benefits subject to state limits
- Schedule staff
- ☑ Orient and instruct staff in duties
- Supervise staff
- **Evaluate staff performance**

- **⊠** Verify time worked by staff and approve time sheets
- Discharge staff (common law employer)
- Discharge staff from providing services (co-employer)
- **Other**

Specify:

# **Appendix E: Participant Direction of Services**

# E-2: Opportunities for Participant-Direction (2 of 6)

- **b.** Participant Budget Authority Complete when the waiver offers the budget authority opportunity as indicated in Item *E*-*1*-*b*:
  - **i. Participant Decision Making Authority.** When the participant has budget authority, indicate the decision-making authority that the participant may exercise over the budget. *Select one or more*:
    - Reallocate funds among services included in the budget
    - ☑ Determine the amount paid for services within the state's established limits
    - Substitute service providers
    - Schedule the provision of services
    - Specify additional service provider qualifications consistent with the qualifications specified in Appendix C-1/C-3
    - Specify how services are provided, consistent with the service specifications contained in Appendix C-1/C-3
    - ☑ Identify service providers and refer for provider enrollment
    - Authorize payment for waiver goods and services
    - **Keview and approve provider invoices for services rendered**
    - **Other**

Specify:

# **Appendix E: Participant Direction of Services**

# E-2: Opportunities for Participant-Direction (3 of 6)

### b. Participant - Budget Authority

**ii. Participant-Directed Budget** Describe in detail the method(s) that are used to establish the amount of the participant-directed budget for waiver goods and services over which the participant has authority, including how the method makes use of reliable cost estimating information and is applied consistently to each participant. Information about these method(s) must be made publicly available.

The team discusses potential outcomes and service needs for a participant. If self-directed services are recommended, the participant completes the In-Home Support application process and/or Disability Related Supports application. Through the application process generic and informal resources are discussed with the family to determine if there are any natural supports or other community supports available to meet the family's needs which would negate need for waiver services.

Service delivery is dependent upon outcomes identified in the team planning process after family has prioritized need. An application has been developed and is utilized upon entry into waiver service and annually thereafter. The application assists the family and DDPM in identifying the participant's needs.

After the participant and/or their legal decision maker have completed the In-Home Support and\or Disability Related Supports application, the DDPM develops the individualized budget. The budget is based on the specific support needs of the eligible participant, generic and informal resources available, and risk of unwanted out-ofhome placement. Individualized budgets identify the funds that will be available for each budget line item. The amount authorized for other self-directed supports are negotiated based on anticipated costs.

Participants and/or their legal decision makers sign all individualized authorizations to indicate their approval and acknowledge their right to appeal. All individualized authorizations are also reviewed by the Regional DD Program Administrator and must be approved through the DD Section before services can begin. All authorizations are reviewed after the quarter to audit the authorization back to the actual amount of funds utilized. This information is then considered as the next authorization is developed.

Information is available on the Department's website that the DDPM and Fiscal Agent may direct participants to and the public has access to.

# **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (4 of 6)

#### b. Participant - Budget Authority

**iii. Informing Participant of Budget Amount.** Describe how the state informs each participant of the amount of the participant-directed budget and the procedures by which the participant may request an adjustment in the budget amount.

Participants, their legal decision maker, and/or non-legal representative signs all individualized authorizations which identifies services and service amounts authorized to indicate their approval of the projected budget and acknowledge their right to appeal. The budget is only authorized after the participants plan is developed.

Quarterly, the DDPM reviews with the participant, the legal decision maker, and/or non-legal representative if the services continue to meet their needs. If during the authorization period additional funds are needed to ensure the health and safety of the participant, the family will contact their DDPM to renegotiate their budget needs.

The participant is informed of the opportunity to request a Fair Hearing when a request for a budget adjustment is denied or the amount of the budget is reduced through the Budget Authorization form. The participant signs this form before services can begin. Every authorization includes a statement informing the participant, the legal decision maker, and/or non-legal representative on steps to take regarding disagreement with the budget amount.

## **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (5 of 6)

### b. Participant - Budget Authority

iv. Participant Exercise of Budget Flexibility. Select one:

• Modifications to the participant directed budget must be preceded by a change in the service plan.

# ○ The participant has the authority to modify the services included in the participant directed budget without prior approval.

Specify how changes in the participant-directed budget are documented, including updating the service plan. When prior review of changes is required in certain circumstances, describe the circumstances and specify the entity that reviews the proposed change:

# **Appendix E: Participant Direction of Services**

# E-2: Opportunities for Participant-Direction (6 of 6)

### b. Participant - Budget Authority

**v. Expenditure Safeguards.** Describe the safeguards that have been established for the timely prevention of the premature depletion of the participant-directed budget or to address potential service delivery problems that may be associated with budget underutilization and the entity (or entities) responsible for implementing these safeguards:

DDPMs inform participants, legal decision makers, and/or non-legal representative that due to the nature of the program being self-directed; it is the participant's responsibility to utilize their authorized services based on their need. This is discussed prior to service provision.

•The Fiscal Agent has an on-line budget balance sheet that indicates total budget, percentage of expenditures and remaining funds. This information is available to the DDPMs and participants.

•The participants, their legal representatives legal decision maker, and/or non-legal representative receive the same information as payments are made or on a monthly basis if requested.

•The Fiscal Agent provides the participant, legal decision maker, and/or non-legal representative with a monthly statement showing service utilization.

•The participant, legal decision maker, and/or non-legal representative can monitor the monthly statement. •Participants, legal decision maker, and/or non-legal representative may also call the Fiscal Agent for updated information.

The primary responsibility of managing the budget lies with the participant, legal decision maker, and /or nonlegal representative, and the utilization of the monthly statement from the Fiscal Agent. Families have the opportunity to express concerns with the DDPM at the quarterly review or as needed.

# **Appendix F: Participant Rights**

# Appendix F-1: Opportunity to Request a Fair Hearing

The state provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The state provides notice of action as required in 42 CFR §431.210.

**Procedures for Offering Opportunity to Request a Fair Hearing.** Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

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When applicants have expressed interest in services, the DDPM meets with them to complete intake activities and explore potential service options. At this time, the DDPM also informs them in writing of their right to a fair hearing.

The service plan that is signed by the participant and/or legal decision maker states: they have the right to request a fair hearing; if they are not given the choice of Home and Community Based Services as an alternative to institutional care; are denied the service(s) of their choice, or the providers of their choice; or whose services are denied, suspended, reduced or terminated. Notification of Rights, at a minimum, are provided to each waiver participant by the DDPM at enrollment, during the development of the participants annual plan process, and whenever a participant registers a concern regarding services. The service plan identifies that the State approved assessment is required to be eligible to receive specific services. Service hours are determined by the State approved assessment.

The participant and/or legal decision maker may contact the DDPM for instructions on how to request a hearing. The participant and/or legal decision maker must request a hearing in writing within 30 days of the date of the written notice. Hearing requests must be forwarded to: Appeals Supervisor, North Dakota Department of Health and Human Services. The participant and/or legal decision maker may represent themselves at the hearing or they may have an attorney, relative, friend or any other person assist them. If the participant and/or legal decision maker request a hearing within 10 calendar days of the date of the written notice, ND DHHS will not terminate or reduce services until a decision is rendered after the hearing, or the participant and/or legal decision maker withdraws the request for a hearing, the participant and/or legal decision maker fails to appear at a hearing, or it is decided that the only issue in the appeal is one of federal or state law/policy. The participant and/or legal decision maker is advised, however, that if the hearing decision by the Department of Health and Human Services is not in their favor, the total additional amount paid with Medicaid funds on their behalf may be considered an over payment subject to recovery.

Services which utilize an authorization include the notice of the right to appeal adverse actions regarding reduction, denial, or termination of services. Authorizations are completed initially and, at a minimum, annually thereafter with each waiver participant and/or legal decision maker by the DDPM. DDPMs mail the authorization to participants and/or legal decision maker and are available to assist them with questions concerning exercising their rights.

Copies of correspondence regarding Notice of adverse actions, signed ISPs, and authorizations are maintained in the web-based management system.

# **Appendix F: Participant-Rights**

**Appendix F-2: Additional Dispute Resolution Process** 

**a.** Availability of Additional Dispute Resolution Process. Indicate whether the state operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:* 

# <sup>O</sup> No. This Appendix does not apply

# • Yes. The state operates an additional dispute resolution process

**b.** Description of Additional Dispute Resolution Process. Describe the additional dispute resolution process, including: (a) the state agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The participant and or legal decision maker may request an informal option to dispute a denial of services, termination, reduction or suspension of services, choice of provider, and choice of HCBS versus institutional care. The use of an informal option will not preclude or delay the individual's right to a fair hearing.

The request for an informal option must be submitted to the Department within 10 calendar days after the written notice of the determination. Within five working days after the informal option, the Department will issue a written decision.

The DDPM provides assistance to the participant and/or legal decision maker in the informal and formal appeal process.

# **Appendix F: Participant-Rights**

- a. Operation of Grievance/Complaint System. Select one:
  - **O** No. This Appendix does not apply
  - Yes. The state operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- **b. Operational Responsibility.** Specify the state agency that is responsible for the operation of the grievance/complaint system:

The Department operates a grievance and complaint systems that afford waiver participants the opportunity to identify and seek the resolution of problems for the services they have been authorized to receive.

**c. Description of System.** Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Participants have the right to submit a grievance/complaint. The types of grievances/complaints that a participant and/or legal decision maker may submit includes, but is not limited to, issues with provider staff, provider performance, service delivery, quality, and non-compliance with Home and Community Based Setting (HCBS) rules. Providers must ensure that people experience the benefits of living, working, and participating in the most integrated setting; have maximum choice and control over their lives; and rights are respected and promoted. This includes, but is not limited to, dignity, privacy, and respect; freedom from restraints; right to have visitors anytime; community involvement; making own life choices; access to personal money and possessions; decorate home as they wish; choice in daily schedules, services, roommates, and where they live. At any time, preferably within 30 days, a participant and/or legal decision maker can submit a grievance/complaint to DD Section by telephone, mail, in person, or email. Within ten (10) business days, DD Section will review and determine the mechanisms that are needed to resolve the grievance/complaint and other entities who may need to be involved to assist in resolution. Mechanisms

may include contact with other entities, investigation, on-site visits, licensure status change, and state improvement and monitoring plan. Entities may include Protection and Advocacy, Child Protection Services, the provider accreditation entity, the provider agency, and Regional Human Services Centers. The roles and responsibilities of other entities may include, but is not limited to, information exchange, remediation, plan revision, service change, etc.

The DD Program Manager will notify participants and/or legal decision makers of their rights to submit a grievance/complaint, at a minimum, initially and annually during the development of the service plan process, and whenever a person communicates concern regarding services. The DD Program Manager provides assistance to the client and/or legal decision maker in the grievance/complaint process. Operation of this system does not preclude the person from requesting a fair hearing to address problems that fall under the scope of the fair hearing process.

# **Appendix G: Participant Safeguards**

Appendix G-1: Response to Critical Events or Incidents

- a. Critical Event or Incident Reporting and Management Process. Indicate whether the state operates Critical Event or Incident Reporting and Management Process that enables the state to collect information on sentinel events occurring in the waiver program. *Select one:* 
  - Yes. The state operates a Critical Event or Incident Reporting and Management Process (complete Items b through e)
  - No. This Appendix does not apply (do not complete Items b through e)

If the state does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the state uses to elicit information on the health and welfare of individuals served through the program.

**b.** State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the state requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The definitions for Abuse, Neglect and Exploitation and the role of the Protection and Advocacy Project are defined in North Dakota Century Code. Definitions for child abuse and neglect for individuals under the age of 18 and the role of Child Protective Services are contained in North Dakota Century Code. In addition, the Developmental Disabilities Section has developed policies and procedures for entities that provide services to waiver participants regarding the reporting and follow up of serious events including abuse, neglect and exploitation. Providers of home and communitybased waiver services are required to report serious events and alleged abuse, neglect and exploitation.

All serious events (defined as critical events per CMS) are reported to, and assessed by an independent third party and are defined in DD Policy. For participants age 18 and older, the Protection and Advocacy Project (P & A) will be responsible to receive the reports, assess the need for further follow up and conduct the investigation if indicated. If the participant is under the age of 18 years, and abuse or neglect is suspected, Child Protective Services (CPS) also receives the report. P & A consults with CPS to determine who will investigate, if an investigation is warranted.

When the event is a participant death, the service provider provides notification to the Protection and Advocacy Project (P & A) and the Regional DD Program Management. The State DD Section is notified of the death once the General Event Report (GER) has been approved. A written report must be submitted within ten working days to P&A, Child Protective Services (if appropriate for children only) Regional DD Program Management, and the State DD office. Notification is completed by the provider and then documented in the written GER.

All incidents that do not meet the criteria for a serious event are reviewed by the DD service provider utilizing the "Reporting Determination Guidelines" that are contained in DD Section policy. If the incident meets any of the guidelines, the service provider is required to implement appropriate risk management and report the incident to P&A, the Regional DD Program Administrator, and the State DD Section. Notification is completed by the provider and then documented in the written GER. Investigation and follow up is determined by DD Section policy.

If the individual is under the age of 18, the service provider will notify Child Protective Services (CPS). The service provider is required to notify the legal decision maker of the incident provided that the legal decision maker is not the subject of the report.

For provider managed services the provider will complete a state form to report the alleged abuse or neglect of a child to Children and Family Services and a general event report (GER) in the web based management system to notify P & A, DDPM, and the DD Section per DD Section policy

**c. Participant Training and Education.** Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

DD Program Managers provide participants and their legal decision makers with written information regarding the participants rights, responsibilities, reporting abuse neglect and exploitation, and fraud waste and abuse. The information will be presented at a level consistent with the individual's level of understanding and will include contact information to make a report. This information will be provided at the time of waiver enrollment and reviewed annually thereafter. Individuals who are in need of self-advocacy training per risk assessment receive self-advocacy training as part of their plan.

**d. Responsibility for Review of and Response to Critical Events or Incidents.** Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

Upon receipt of the report, P&A or CPS determines if the incident requires follow up by an independent third party. If it is determined that the incident does not meet the criteria for serious event and/or does not require investigation by an independent third party, the service provider may conduct an investigation within ten working days of being informed that it doesn't require an independent investigation. The DD Provider will submit their findings to P&A, the Regional DD Program Administrator/DD Program Manager and the State DD Section. The specific requirements for the investigation are described in DD Section policy.

Upon receipt of the service provider's investigation report, P&A submits a Letter of Findings indicating whether or not the incident is substantiated as abuse, neglect or exploitation and may include any recommendations for follow up. All investigations and findings are reviewed by DD Section staff.

The individual's DD Program Manager and the State DD Section review all reports and findings completed by the service provider. The Department shall determine if additional information or reporting is required and may impose corrective measures upon the service provider. There may be situations when regional DD program management staff, State DD Section, P&A, and CPS may conduct a joint review.

In all cases, the DDPM follows up on any reports throughout the individual's Quality Enhancement Review (QER) Period, which provides an in-depth monitoring to verify that the recommendations and plan to prevent re-occurrence were implemented. Comments and follow-up are documented in the QER progress notes, which are completed at least every six months for waiver participants. The DDPM discusses the incident and findings with the participant and/or legal decision maker to address any additional areas of concern during the QER process/ in-depth monitoring. Follow up related to the incident will be documented in the QER progress notes. The DD Program Manager will assist the individual or decision maker to address unresolved concerns with the service provider, and if necessary the State DD Section and P&A.

For individuals under age 18, suspected abuse, neglect, and exploitation (ANE) is reported to Child Protective Services (CPS) who is responsible for assessment/investigation and follow up relative to the report. Reports should be made to the county social service office where the child is currently physically present.

For individuals under the age of 18, for provider managed services, providers must report to CPS as well as P & A within 24 hours of the serious event or ANE occurring or as soon as known.

When a report involving an individual, age's birth to 18, is made to Child Protective Services, the CPS worker may begin an assessment. This process is all defined in CPS policies.

For incidents that do not meet child protective services criteria, the report would be referred to P & A. or Law enforcement may also be notified depending upon the concerns reported.

e. Responsibility for Oversight of Critical Incidents and Events. Identify the state agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

All reports and findings submitted to the DD Section for serious events and all other incidents reported as abuse, neglect and exploitation are reviewed by the DD Section to monitor that risk management steps are in place, and all follow up is completed. This information is maintained in a data base maintained by the State DD Section.

In addition, monitoring of all service providers is conducted every 3 years by State DD Section. The monitoring includes a sample review of incident reports to determine if the service provider is reporting serious events as required, utilizing the reporting determination guidelines and conducting investigations as indicated in DD Section policy.

When it is discovered that a child is receiving DD services and is the victim of a suspected child abuse and neglect allegation, Child Protection Services and Regional DD Program Management will be notified. Child Protection Services will assess according to North Dakota Century Code. CPS would notify law enforcement depending upon the concerns reported. Regional DD Program Management will provide assistance with such issues as whether or not the child's condition may be a contributing factor to the report, what services may be available to assist the child and family, or what services may be available to the child if out of home placement is required.

# **Appendix G: Participant Safeguards**

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (1 of 3)

**a.** Use of Restraints. (Select one): (For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)

# <sup>O</sup> The state does not permit or prohibits the use of restraints

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:

• The use of restraints is permitted during the course of the delivery of waiver services. Complete Items G-2-a-i and G-2-a-ii.

**i. Safeguards Concerning the Use of Restraints.** Specify the safeguards that the state has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

All service providers must have written policy and procedures concerning behavior intervention and emergency procedures for responding to the behavior(s) and must provide all plans that contain any restrictive or emergency procedures to the Behavior Management Committee and Human Rights Committee. The policy and procedures must emphasize positive approaches and define and list techniques that are used and available for use in their relative degree of restriction.

Before highly restrictive emergency procedures can be implemented it is the responsibility of the planning team to perform and document a functional and environmental analysis (analyze the behavior to determine the meaning of the behavior, the antecedents of the behavior and whether environmental alterations, would reduce or eliminate it, or there is a medical cause for the behavior). The participant's plan should identify supports to reduce target behaviors. Lesser restrictive methods must be included in the plan and attempted prior to the application of any restrictive measures. The procedures must be designed and used so as not to cause physical injury to an individual and to minimize physical and psychological discomfort.

A minimum amount of restraint may be necessary to respond to the participant's behavior and used only until the participant is calm. The authorization and justification for the procedure and the period of restraint must be recorded. The restraint must be implemented only by trained staff and all protocols implemented must be documented. The emergency use of restraints must be developed with the participation of the individual served and or their legal decision maker who must consent to the program. The program using restraint must be submitted to a Behavior Management Committee and a Human Rights Committee for review and approval prior to implementation. All staff must be trained prior to implementation, but should not implement the behavior plan until after the approval has been made.

Additionally, the participant's plan lists potential risks, interventions and supports used. The plan is based on the participant's assessed need and must address rights restrictions, any behavioral support interventions, and must document the due process. Evaluation of lesser intrusive methods and any other approaches that have been taken to mitigate those risks must be included and submitted to the Behavior Management Committee and/or Human Rights Committee for approval. The document must include an assurance that the intervention should not cause harm to the participant. The plan includes documentation of a periodic review of these risks and mitigation strategies to determine if they are still necessary to assure health and safety. Participants are fully informed of the plan and any modifications made to their preferences or goals to assure safety.

There are prohibited restraints in the State of ND and are defined in DD Section policy, this includes the use of seclusion and prone restraints.

Physical restraint cannot be used as a habilitative treatment or behavioral support option but may be briefly employed as a last resort in crisis situations. Planned physical restraint (personal and mechanical) can only be used in emergency situations when necessary for the control of violent and aggressive behavior which may immediately result, or has resulted in harm to that person or to other persons or the risk of significant property destruction exists.

Planned chemical restraint used to manage violent and aggressive behavior must be administered under the authorization of a licensed physician and the plan must justify the use of the drug, assure the drug is within therapeutic dosage range and will not adversely affect the therapeutic benefits of other medications. The team, including prescribing physician, must determine that the participant has reached the lowest effective dosage of the medication based on data, symptoms, and behavior of the individual. This documentation must be in the participant's plan and reviewed by the team and physician for as long as the participant receives the medication.

Restraint (chemical, physical, or mechanical) used during the conduct of a specific medical/dental or surgical procedure, may be used only if absolutely necessary for the participant's protection during the time that a medical condition exists. The physician/dentist must specify the scheduled use of restraint and its monitoring and utilization methods documented in the participants plan. Any of these types of restraints must be included in the plan, approved by the team, and taken through the appropriate committees for approval.

The use of devices such as splints, braces, bed rails, and other items to prevent injury, wheelchair harnesses

and lap belts to

support a participant's proper body positioning must be included in the participants plan including medical necessity and procedures for their use.

Unauthorized restraints are required to be reported as serious events per North Dakota Administrative Code, Century Code, and DD Section policy. Waiver participants and legal decision makers must approve and agree to behavior support plans, are made aware that unauthorized use of restraints or restrictive interventions are not allowed and are required by law to be reported.

In order to meet licensure requirements of North Dakota Administrative Code, providers must adopt and submit policies regarding restraints and restrictive interventions to the Department for review and approval.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for overseeing the use of restraints and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

The established safeguards and requirements are reviewed by the team, including the DDPM, during the development of the participant's plan. Data is compiled and reviewed by the service provider responsible for implementation of the plan. The DDPM will review the use of individual restraints during the Quality Enhancement Review (QER) period to assure the safeguards and requirements are met. The approval of the individual/legal decision maker, Behavior Management Committee and the Human Rights Committee is documented in the person-centered plan.

The use of all unauthorized restraints (those not written into the individual's plan, nor approved by the Human Rights Committee and Behavior Management Committee) meet the criteria for a serious event. These events must be reported to the Protection and Advocacy Project within 24 hours. The guardian/legal decision maker and DDPA/DDPM must be notified within one (1) working day of the event, or sooner if requested in the person's plan. This must be documented in the GER when contact has been made to the guardian/legal decision maker. Within one (1) working day of the report to P&A, a written report of the incident (General Events Report in Therap) must be approved at a HIGH level. By approving the report, it allows access to:

- P&A
- Regional DD Program Management

DD Section

The Protection and Advocacy Project will be responsible for independent review and to determine if follow up is needed and who is responsible.

The DD Section reviews a random sample of individual records and incident reports at least every 3 years to assure compliance with requirements. The DD Section review the data to identify trends and patterns to support improvement strategies

### **Appendix G: Participant Safeguards**

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (2 of 3)

### **b.** Use of Restrictive Interventions. (Select one):

# <sup>O</sup> The state does not permit or prohibits the use of restrictive interventions

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

- The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
  - **i.** Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the state has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

The use of restrictive interventions may only be utilized as a last resort and must be reported as a serious event per DD Section Policy. Seclusion is prohibited per DD Section Policy.

The procedures for behavioral intervention should be an improvement in quality of life for the individual and should not substitute for procedures to provide positive behavioral supports. Behavior plan development includes a functional and environmental assessment, efforts to use least restrictive methods, identification of the specific problem/target behavior to be decreased and replacement behavior to be increased. Staff must be trained prior to implementation of the plan.

All methods or procedures that limit freedom of movement, access to other individuals, locations or activities or rights must be reviewed and addressed by the team and must be reviewed and approved by the individual and/or legal decision maker, the Behavior Management Committee if a behavior plan is utilized, and the Human Rights Committee prior to implementation. The participants plan must include a review schedule (minimum of annually) by the team including the individual's legal decision maker, Behavior Management Committee if a behavior Management Committee if a behavior support plan is in place, and the Human Rights Committee.

Review of data will be compiled by the service provider(s) responsible for implementation of the behavior support plan. The DD Program Manager will review the plan and data relative to the health and safety of the individual and compliance with designated protocols during the QER in-depth review conducted at least on a semi-annual basis. This information will be recorded in the QER and any noncompliance or needed follow up regarding the use of restrictive interventions will be initiated and documented.

The use of restrictive interventions (those not written into the individual's plan nor approved by the Human Rights Committee and Behavior Management Committee), or failure to implement restrictions within the parameters identified in the individual's plan as written must be reported to the individual's legal decision maker, Protection and Advocacy Project (P & A), Regional DD Program Management, and DD Section, and the incident may be investigated per DD Section policy.

Unauthorized use of restrictive interventions are required to be reported as a serious event per DD Section policy. Waiver participants and legal decision makers must approve and agree to behavior support plans and are made aware that unauthorized use of restraints or restrictive interventions are not allowed and are required by law to be reported.

In order to meet licensure requirements of North Dakota Century Code, providers must adopt and submit policies regarding restraints and restrictive interventions to the Department for review and approval.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

The established safeguards and requirements are reviewed by the team including the DDPM during the development of the participants plan. Data is compiled and reviewed by the service provider responsible for implementation of the plan. The DDPM reviews the use of individual restrictive interventions during the Quality Enhancement Review (QER) period to assure the safeguards and requirements are met and to assure that the approval of the individual/legal decision maker, behavior management committee and the Human Rights Committee is documented in the person-centered service plan.

The use of all restrictive interventions (those not written into the individual's plan, nor approved by the Human Rights Committee and Behavior Management Committee) meet the criteria for a serious event. These events must be reported to the Protection and Advocacy Project within 24 hours. The guardian/legal decision maker and DDPA/DDPM must be notified within one (1) working day of the event, or sooner if requested in the person's plan. This must be documented in the GER when contact has been made to the guardian/legal decision maker. Within one (1) working day of the report to P&A, a written report of the incident (General Events Report in Therap) must be approved at a HIGH level. By approving the report, it allows access to:

- P&A
- Regional DD Program Management
- DD Section

The Protection and Advocacy Project will be responsible for independent review to determine if follow up is needed and who is responsible.

The DD Section reviews a random sample of individual records and incident reports at least every 3 years to assure compliance with requirements. The DD Section review the data to identify trends and patterns to support improvement strategies.

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (3 of 3)** 

**c.** Use of Seclusion. (Select one): (This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)

# • The state does not permit or prohibits the use of seclusion

Specify the state agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

The Regional DD Program Administrator, the participant's DD Program Manager, the DD Section, and P & A work collaboratively to review all unauthorized restraints which includes any use of seclusion. The DD Section conduct monitoring and training with DD licensed providers at least every 3 years. The DD Section pulls a random sample of incident reports to review which may include unauthorized restraints that have been implemented and not reported. If the random review reveals restraints that were not authorized or reported, the DD provider is informed of the error and asked to notify the appropriate parties. Any similar situations that were not captured in the random review will need to be reported by the DD Provider. If it is a repeat occurrence, the provider's monitoring may be elevated to provide a more in-depth review of GERs for the participant and for the provider.

- O The use of seclusion is permitted during the course of the delivery of waiver services. Complete Items G-2-c-i and G-2-c-ii.
  - **i.** Safeguards Concerning the Use of Seclusion. Specify the safeguards that the state has established concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for overseeing the use of seclusion and ensuring that state safeguards concerning their use are followed and how such oversight is conducted and its frequency:

# **Appendix G: Participant Safeguards**

Appendix G-3: Medication Management and Administration (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

a. Applicability. Select one:

• No. This Appendix is not applicable (do not complete the remaining items)

• Yes. This Appendix applies (complete the remaining items)

#### b. Medication Management and Follow-Up

**i. Responsibility.** Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

Individuals living in facilities or served by residential programs operated by a licensed provider:

The Developmental Disabilities Section (DD Section) through the licensing process, reviews provider policies and procedures for compliance with North Dakota Century Code (NDCC) and North Dakota Administrative Code (NDAC) regarding access to medical services and medication administration. License renewal is conducted annually for each licensed provider. For all licensed providers serving non-self-medicating participants they must have written procedures for maintaining, retrieving, and controlling access to medication.

The DD Section maintains a statewide training program currently being implemented through a contracted entity. This entity maintains a record of personnel and training which is provided to the DD Section upon request.

DD Section policy requires that personnel administering medications through DD licensed provider, complete the medication training requirements of the ND staff training system and that medication administration is delegated by a licensed medical professional. Periodic review of those personnel is conducted by the designated person at the agency (i.e. nurse) to determine competency to continually participate in medication administration.

Medication administration errors are subject to reporting as potential abuse, neglect or exploitation as detailed in section G-1 above. All DD providers are required to enter medication errors in the web-based incident management system at a "medium" notification level, unless it meets an RDG, which is elevated to a "high" notification level. DD Section staff has the ability to review all such reports and a database is maintained which can identify trends in medication administration error reports. The Department reviews all high level GERs, which may include those medication errors that met criteria in the Reporting Determination Guidelines (RDGs).

Individuals living in the home of a legal decision maker/primary caregiver: Medication administration may be delegated by the legal decision maker according to competencies identified in the participants plan.

**ii. Methods of State Oversight and Follow-Up.** Describe: (a) the method(s) that the state uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the state agency (or agencies) that is responsible for follow-up and oversight.

The DD Section maintains the statewide medication administration training program. Licensed nurses train personnel utilizing the ND state curricula and practicum to certify individuals who have successfully completed training.

Medication errors that meet reporting determination guidelines as noted in G-1 above must be reported to the DD Section, DD Program Management, and P & A. These may be investigated and follow up completed per DD Section Policy. Practices or conditions that suggest systemic issues with a providers medication administration practices must be addressed by the provider with a plan of remediation. The plan of remediation is reviewed by DD Program Management to ensure all steps have been remediated. Reported medication errors are included in a statewide abuse, neglect, and exploitation (A,N,& E) web-based management system to allow determination of trends.

In addition, monitoring of all service providers is conducted at least every 3 years by the State DD Section. To assess the effectiveness of training regarding Reporting Determination Guidelines, staff from the DD Section reviews a sample of incident reports to determine if targeted retraining is needed.

# **Appendix G: Participant Safeguards**

Appendix G-3: Medication Management and Administration (2 of 2)

### c. Medication Administration by Waiver Providers

- i. Provider Administration of Medications. Select one:
  - O Not applicable. (do not complete the remaining items)
  - Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
- **ii. State Policy.** Summarize the state policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The DD Section through the licensing process reviews provider policies and procedures for compliance with NDCC and NDAC access to medical services and medication administration. License renewal is conducted annually for each licensed provider.

The DD Section maintains a statewide training program currently being implemented through a contracted entity. This entity maintains a record of personnel and training which is provided to the DD Section upon request.

DD Section policy requires that non-licensed personnel administering medications complete the medication training module of the ND staff training system and that medication administration is delegated by a licensed medical professional. Periodic review for those personnel is conducted to determine competency to continually participate in medication administration.

For individuals living in the home of a legal decision maker, medication administration may be delegated by the legal decision maker.

Providers that are responsible for medication administration are required to both record and report medication errors to a state agency (or agencies).
Complete the following three items:

(a) Specify state agency (or agencies) to which errors are reported:

Medication errors that meet the reporting determination guidelines are reported to DD Program Managment, Protection and Advocacy Project, and the DD Section.

(b) Specify the types of medication errors that providers are required to record:

Licensed DD Providers are required to record all medication errors in the web based management system. The types of errors recorded are as follows: a) wrong person, b) wrong medication, c) wrong dose, d) wrong time e) wrong route, f) wrong documentation, and g) missing a controlled substance.

(c) Specify the types of medication errors that providers must *report* to the state:

Medication errors that providers must report are:

- Wrong time
- Wrong person
- Wrong route
- Wrong medication
- Wrong dose
- Wrong documentation

All errors are entered in the web-based management system and recorded at a "medium" level GER, unless it meets the reporting determination guidelines. These are assessed by a third party for a determination of investigation or follow-up. These are considered a "high" level GER. See DD Section policy for the criteria that is reviewed to determine if it meets a "high" GER.

All medication errors are assessed for harm/risk of harm by athe participant's physician, nurse, and/or pharmacist (preferably a medical person with knowledge of the participant).

The error must be reported according to DD Section policy.

• Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the state.

Specify the types of medication errors that providers are required to record:

**iv. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

DD Section has the oversight responsibility for monitoring the performance of waiver providers in the administration of medications to waiver participants.

Medication errors that meet reporting determination guidelines as noted above must be documented in the web based management system. Further investigation and follow-up is determined by the DD Section and P & A. Practices or conditions that suggest systemic issues with a provider's medication administration practices must be addressed by the provider with a plan of remediation. The plan of remediation is reviewed by DD Program Management to ensure all steps have been remediated. Substantiated medication errors are included in a quality management system to allow determination of trends.

In addition, monitoring of all service providers is conducted by State DD Section. To assess the effectiveness of training regarding reporting determination guidelines, staff from the DD Section assures that providers are recording medication errors in the web based management system.

# **Appendix G: Participant Safeguards**

# **Quality Improvement: Health and Welfare**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Health and Welfare

The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. (For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")

i. Sub-Assurances:

**a.** Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. (Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(G-2) Number and percentage of unexplained deaths where proper follow-up(e.g reporting, referral, investigation)was completed within required timelines. N: number of unexplained deaths where proper follow-up(e.g reporting, referral, investigation)was completed within required timelines D: total number of unexplained deaths.

Data Source (Select one): Other If 'Other' is selected, specify: Tracking system and web-based management system

<b>Responsible Party for</b>	Frequency of data	Sampling Approach
data	collection/generation	(check each that applies):

<b>collection/generation</b> (check each that applies):	(check each that applies):	
State Medicaid Agency	□ Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
🗵 State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Continuously and Ongoing
	Other Specify:

### Performance Measure:

(G-1)Number and percent of participants who have a signed ISP, stating they have been informed of their rights, including the right to be free of A, N and E and reporting procedures. N: Number of participants who have a signed ISP, stating they have been informed of their rights, including the right to be free of A, N, and E and reporting procedures. D: Total # of ISPs reviewed from sample.

Data Source (Select one): Other If 'Other' is selected, specify: Case file review

<b>Responsible Party for</b> data collection/generation (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =          95%         Confidence Interval, +/- 5%         margin of error
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:

Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
X State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

#### **Performance Measure:**

(G-3) Number and percent of reports where abuse, neglect or exploitation are substantiated, where follow-up is completed on recommendations for waiver service providers. N: Number of assessments where abuse, neglect or exploitation are substantiated, where follow-up is completed on recommendations for waiver service providers. D: All assessments that are substantiated.

Data Source (Select one): Other If 'Other' is selected, specify: Tracking system

		Sampling Approach
data	collection/generation	(check each that applies):
collection/generation	(check each that applies):	
(check each that applies):		

State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	□ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Other Specify:

**b.** Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

(G-5) Number and percent of investigated ANE/Serious event reports where risk management steps were implemented. N: number investigated ANE/Serious event reports where risk management steps were implemented D: all investigated ANE/Serious event reports

Data Source (Select one): Other If 'Other' is selected, specify: Tracking system and web-based management system

<b>Responsible Party for</b> <b>data</b> <b>collection/generation</b> <i>(check each that applies):</i>	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	Quarterly	☑ Representative Sample Confidence Interval =

		95% Confidence Interval, +/- 5% margin of error
Other Specify:	□ Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	🗵 Quarterly
Other Specify:	□ Annually
	Continuously and Ongoing
	Other Specify:

### Performance Measure:

(G-4) Number and percent of serious events that were reported, initiated, reviewed,

and completed within required time frames as specified in DD policy. N: number of serious events that were reported, initiated, reviewed, and completed within required time frames as specified in DD policy. D: Total number of serious events.

Data Source (Select one): Other If 'Other' is selected, specify: Tacking system and web-based management system

<b>Responsible Party for data collection/generation</b> (check each that applies):	Frequency of data collection/generation (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	□ <sub>Weekly</sub>	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
□ Sub-State Entity	□ Quarterly	☑ Representative Sample Confidence Interval =          95%         Confidence Interval, +/- 5%         margin of error
Other Specify:	Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

**Data Aggregation and Analysis:** 

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
🗵 State Medicaid Agency	
Operating Agency	□ Monthly
Sub-State Entity	🗵 Quarterly
Other Specify:	□ Annually
	Continuously and Ongoing
	Other Specify:

**Performance Measure:** 

(G-6) Number and percent of incident reports that are reported per DD Policy. N: Number of incident reports that are reported per DD Policy. D: Total number incident reports.

Data Source (Select one): Other If 'Other' is selected, specify: Web-based management system

<b>Responsible Party for data collection/generation</b> (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	□ 100% Review
Operating Agency	□ Monthly	⊠ Less than 100% Review
Sub-State Entity	Quarterly	➢ Representative Sample Confidence Interval =

		95% confidence level; 5% confidence interval
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
🗵 State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

c. Sub-assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

**Performance Measure:** 

(G-8) Number and percent of restrictive interventions that were substantiated through investigation, where follow-up is completed as required. N: Number of restrictive interventions that are substantiated through investigation, where follow-up is completed as required. D: Total number of restrictive interventions substantiated through investigation.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify: Tracking system and web based management s

Tracking system and web-based management system

<b>Responsible Party for</b> data collection/generation (check each that applies):	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:

Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and analysis</b> (check each that applies):
⊠ State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing
	Other Specify:

### Performance Measure:

(G-7) Number and percent of restraints that were substantiated through investigation, where follow-up is completed as required. N: Number of restraints that are substantiated through investigation, where follow-up is completed as required. D: Total number of restraints that were substantiated through investigation.

Data Source (Select one): Other If 'Other' is selected, specify: Tracking system and web based management system

<b>Responsible Party for</b>		Sampling Approach
data	collection/generation	(check each that applies):
collection/generation	(check each that applies):	
(check each that applies):		

State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =
Other Specify:	Annually	Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
State Medicaid Agency	U Weekly
Operating Agency	□ <sub>Monthly</sub>
□ Sub-State Entity	<b>Quarterly</b>
Other Specify:	🗵 Annually
	Continuously and Ongoing

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Other Specify:

d. Sub-assurance: The state establishes overall health care standards and monitors those standards based on the responsibility of the service provider as stated in the approved waiver.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

PM (G-9): Number and percent of medication errors that were substantiated through investigation for waiver participants. N: Number of medication errors that were substantiated through investigation where follow up was required. D: the total number of medications errors substantiated through investigation.

Data Source (Select one): Other If 'Other' is selected, specify: tracking system and web-based management system

<b>Responsible Party for</b> <b>data</b> <b>collection/generation</b> <i>(check each that applies):</i>	<b>Frequency of data</b> <b>collection/generation</b> (check each that applies):	<b>Sampling Approach</b> (check each that applies):
State Medicaid Agency	U Weekly	⊠ 100% Review
Operating Agency	□ Monthly	Less than 100% Review
□ Sub-State Entity	Quarterly	Representative     Sample     Confidence     Interval =

Other Specify:	□ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

<b>Responsible Party for data</b> <b>aggregation and analysis</b> (check each that applies):	<b>Frequency of data aggregation and</b> <b>analysis</b> (check each that applies):
⊠ State Medicaid Agency	Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	□ Continuously and Ongoing
	Other Specify:

**ii.** If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

To verify the accuracy of data, the number and percent of incidents that are correctly identified as reportable by providers, will be reviewed during abuse, neglect, and exploitation training and monitoring by DD Section. Stratified samples by incident report type will be reviewed.

### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

DDPMs will review incident investigations and implementation of recommendations to prevent reoccurrence. Unresolved issues related to implementation will be reported to the Provider to develop a corrective action plan. If the issue cannot be resolved at this level, the DDPM will inform the DDPA and the DD Section for impact on licensure.

Quarterly meetings are held with the P & A to address review of incident report trends, training activities, incident report system policies and procedures, and results of reviews of provider internal incident practices.

Resolution of substantiated incidents could result in continued monitoring, removal of client from residences, referral to law enforcement, termination of providers, etc.

(G-1) At the time of the case file review, signed ISP is reviewed for completion. The DDPA addresses the corrective action with the respective DDPM. The DD Section verifies that corrections are made.

(G-2) The DD Section will verify that all unexplained death reports have been resolved and recommends for the provider have been completed.

(G-3) The DD Section will verify that all substantiated reports had recommended follow up completed. For those that do not have the recommendations completed, the DD Section will work with the provider and/or the DDPM to complete the recommendations.

(G-4) The DD Section will follow up with provider when serious events are not recorded or reported as per policy. As needed, re-educate provider on process.

(G-5) DD Section will follow up with provider where risk management steps were not implemented. As needed, re-educate provider on process.

(G-6) DD Section will follow up with provider when incident reports that are not reported per DD Policy. As needed, re-educate provider on process.

(G-7), (G-8), and (G-9) The DD Section will verify that all substantiated reports had recommended follow up completed. For those that do not have the recommendations completed, the DD Section will work with the provider and/or the DDPM to complete the recommendations.

#### ii. Remediation Data Aggregation

#### Remediation-related Data Aggregation and Analysis (including trend identification)

<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
⊠ State Medicaid Agency	U Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	Quarterly
Other Specify:	🗵 Annually
	⊠ Continuously and Ongoing

<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	<b>Other</b> Specify:

### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Health and Welfare that are currently non-operational.

# • No

O<sub>Yes</sub>

Please provide a detailed strategy for assuring Health and Welfare, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

# Appendix H: Quality Improvement Strategy (1 of 3)

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the state has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the state specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

• Quality Improvement is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the state is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

#### **Quality Improvement Strategy: Minimum Components**

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances; and
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances.

In Appendix H of the application, a state describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* 

of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the state's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the state plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid state plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the state must be able to stratify information that is related to each approved waiver program. Unless the state has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the state must stratify information that is related to each approved for the purpose of reporting.

# Appendix H: Quality Improvement Strategy (2 of 3)

**H-1: Systems Improvement** 

#### a. System Improvements

**i.** Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The DD Section is responsible for evaluating the effectiveness and outcomes of the discovery, remediation, and quality improvement plans. The DD Section prioritizes its remediation efforts to address any problems that involve participant care or health and welfare issues first. The DD Section keeps track of its quality improvement efforts by maintaining databases and statistics that include applicable time frames for completion. The DD Section uses this information to make necessary changes to improve quality.

When pre-determined performance measures are not met or problems (that are not directly related to participant care or health welfare and safety issues) are identified, DD discusses the issue(s) at meetings and develops a plan of action. The action plan is documented and may include, providing information to DDPA's and DDPM's addressing updated policy/protocol as needed. If the problem involves participant care or health welfare and safety issues the problem is addressed immediately. Policy is updated as needed.

<b>Responsible Party</b> (check each that applies):	<b>Frequency of Monitoring and Analysis</b> (check each that applies):
⊠ State Medicaid Agency	□ Weekly
□ Operating Agency	□ Monthly
□ Sub-State Entity	<b>Quarterly</b>
Quality Improvement Committee	X Annually
Other Specify:	☑ Other Specify: Semi Annually and On-going

#### ii. System Improvement Activities

### b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a

description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the state's targeted standards for systems improvement.

The DD Section monitors system design changes and discusses at meetings the need for changes. The DD Section maintains a quality assurance plan that describes system improvements and other remediation efforts. The DD Section keeps track of identified problems and tracks the number of errors that are identified over time. If no improvement is seen new strategies are put in place.

Quality improvement strategies are discussed monthly with DD Section staff and at least annually with other stake holders. Other stake holders may include but are not limited to P & A, Health Facilities, DD Provider association, DD service providers, families, waiver participants, the public, and other interested parties.

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The DD Section will evaluate the quality improvement strategies once during the waiver period and prior to renewal of the waiver.

The results of the analysis are shared with various stakeholders\entities to determine appropriate revisions, prioritization, and changes in mitigation strategies.

Appendix H: Quality Improvement Strategy (3 of 3)

H-2: Use of a Patient Experience of Care/Quality of Life Survey

- a. Specify whether the state has deployed a patient experience of care or quality of life survey for its HCBS population in the last 12 months (*Select one*):
  - $\mathsf{O}_{N0}$
  - Yes (Complete item H.2b)

b. Specify the type of survey tool the state uses:

- O HCBS CAHPS Survey :
- NCI Survey :
- O NCI AD Survey :
- O **Other** (*Please provide a description of the survey tool used*):

Appendix I: Financial Accountability

I-1: Financial Integrity and Accountability

**Financial Integrity.** Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

All providers must maintain service authorization documentation provided by the Department for each client, client progress notes detailing goals and outcomes achieved with respect to the person-centered service plan, and daily census records, including duration of service, staff member delivering the service, and the type of day (i.e., hospital, absent, etc.). Providers licensed by the Department must additionally maintain any bills submitted to the DD Section for payment, document the right to receive payment, calculate, and report designated quality and performance indicators, maintain licenses and certification to demonstrate staff qualifications, and document compliance with assurances and guarantees defined in North Dakota Administrative Code Chapter (NDAC) 75-04-01.

The DD Section annually reviews a sample of claims from MMIS to ensure the integrity of provider billings of Medicaid payments for waiver services. Every audit will start by reviewing previous year's utilization and determining what the sample size is based on a 95% confidence interval and a 5% margin of error. Findings from the review are reported to the provider and the Program Integrity unit. Depending upon the results of the review, remediation measures will be taken when necessary. As part of the State's annual review of claims, if the service selected is subject to EVV requirements, EVV data is reviewed during the audit process.

For self-directed services the Fiscal Agent provides a monthly, or as requested, balance sheet report that indicates total budget, expenditures and remaining funds. This information is available to families and the Department. Families may also call the Fiscal Agent for updated information. The authorization process prevents over billing by the Fiscal Agent as the MMIS has edits that prohibit payments in excess of authorized budget limits. The DD Section monitors quarterly spend down reports and monthly contract billings for fiscal agent services. As outlined in the contract with the North Dakota Department of Health and Human Services, the Fiscal Agent also has agreed to have an independent audit conducted annually and will share the results. In addition to the independent audit, self-directed services are included in the audits that the DD Section completes annually. During the audit, time sheets, statements, and receipts are reviewed to ensure dates of services match claims and authorization.

DD Licensed waiver providers are not required to secure an independent audit of their financial statements and not all providers are subject to a single State audit.

The State agency responsible for conducting the state's financial audit is the Office of the State Auditor. An audit of the State of North Dakota Annual Comprehensive Financial Report is conducted annually by the State Auditor's Office. This audit involves examining, on a test basis, evidence supporting the revenues, expenditures and disclosures in the financial statements, assessing the accounting principles used and evaluating the overall financial statement presentation.

An agency audit of the Department of Health and Human Services is performed every two years. This audit is a result of the statutory responsibility of the State Auditor to audit each state agency once every two years and is a report on internal control, on compliance with State and Federal laws, and on efficiency and effectiveness of agency operations.

The State Auditor's Office is also responsible for performing the Single Audit, which is a report on compliance with requirements applicable to each major program and on internal control over compliance, in accordance with the Single Audit Act Amendments of 1996 and OMB Circular A-133. The Single Audit is also conducted once every two years.

If billing errors are found providers are notified of the issue in writing and are required to make adjustments within MMIS to recoup the funds. If a provider does not make the adjustments within the time frame requested the State will make the adjustments.

All adjustments & corrections are reported on the CMS 64 report which reduces the State's federal reimbursement.

The following services are subject to EVV; Independent Habilitation, In-Home Supports, Homemaker, and Extended Home Health. Providers of impacted EVV services will receive a service authorization generated in the case management system. This service authorization is electronically sent to MMIS for adjudication and validation of the claims information against the SA and the EVV data in the aggregator. If there is no EVV data in the aggregator that matches the claims submitted, the claims will deny. Edits and exceptions to the EVV visit are handled by the Provider administrator to manually update a visit when necessary – the manual correction is tracked in the systems and may be subject to audits.

Appendix I: Financial Accountability

Quality Improvement: Financial Accountability