## Template

# Setting up Discussion on the health and well-being of children in a geographic region

# **Discussion Title:**

Addressing the Health and Well-being of Children, Families and Communities in [Geographic Region]

### Agenda

#### 1. Welcome and Introduction (5 minutes)

- 1. Briefly introduce the purpose of the discussion.
- 2. Introduce the moderator and any guest speakers or panelists.

#### 2. Overview of the Challenge and the ASK (15 minutes)

- 1. Present an overview of the current health and well-being status of children in the region.
- 2. Share relevant statistics, trends, and key challenges.

#### 3. Panel Discussion (30 minutes)

- 1. Invite a panel of invited and vetted experts, policymakers, or practitioners to share their insights on the challenges they encounter regarding children's [services] and well-being
- 2. Encourage panelists to discuss specific initiatives, programs, or policies related to child health, [mental health] and well-being that are specific to the Region.

#### 4. Q&A Session (15 minutes)

- 1. Open the floor for questions from the audience.
- 2. Encourage participants to ask questions or seek clarification from the ND Children's Cabinet representatives and panelists.

#### 5. Way Forward

- 1. Where to from here?
- 2. Offer final remarks and express gratitude for participation.
- 3. Provide information on how participants can stay involved and receive updates on the topic.

# <u>NOTE:</u> <u>Depending on the method desired to introduce the idea of and the pace,</u> <u>style chosen for regional implementation the gathering/introduction could</u> <u>continue with the steps included below</u>

#### 5. Breakout Sessions (20 minutes)

- 1. Divide participants into smaller groups for focused discussions.
- 2. Assign specific discussion topics or questions related to child health and well-being.
- 3. Facilitate group discussions and encourage participants to share ideas and solutions.

#### 6. Group Reports (15 minutes)

- 1. Reconvene as a whole group.
- 2. Ask each breakout group to summarize their key findings or recommendations.
- 3. Encourage discussion and comparison of ideas across groups.

#### 7. Action Planning (20 minutes)

- 1. Discuss potential action steps and strategies to improve child health and well-being in the region.
- 2. Identify key stakeholders and resources needed for implementation.

#### 8. Next Steps and Conclusion (10 minutes)

- 1. Summarize the key takeaways from the discussion.
- 2. Discuss plans for follow-up activities, such as forming working groups or committees.
- 3. Thank the participants, panelists, and sponsors for their contributions.

#### 9. Networking and Informal Discussion (Optional)

1. Provide time for participants to network, exchange contact information, and continue discussions informally (if applicable).

#### **10. Closing Remarks (5 minutes)**

- 1. Offer final remarks and express gratitude for participation.
- 2. Provide information on how participants can stay involved and receive updates on the topic.