

Respiratory Immunizations	Options	Eligible People	Effectiveness	When to get it
Influenza (Flu)	Vaccines targeting 3 strains of flu, updated annually	Ages 6+ months	Reduces risk of hospitalization and health care visits by 40-60%	Available throughout season, ideal to get by end of October
COVID-19	Updated as needed <ul style="list-style-type: none"> • Pfizer (mRNA) • Moderna (mRNA) • Novavax 	<ul style="list-style-type: none"> • Age 6-23 months (AAP) • Ages 24 months-18 years at high risk or who have never been vaccinated (AAP) • Pregnant women (ACOG) 	Reduces risk of severe illness by 40-60%	Available any time, discuss timing with your provider
RSV (Older Adults)	GSK Pfizer Moderna (mRNA)	Ages 75+ years and 50-74 years at high risk	Reduces risk of severe illness by 70-80%	Anytime (summer or fall may be best), discuss with your provider
RSV (Pregnancy)	Pfizer	Pregnant women who have not received a dose during a pregnancy (protection will pass to baby for first 6 months of life)	Reduces risk of infant hospitalization 70-79% during the 2024-2025 RSV season	September - January, during 32-26 weeks gestation
RSV Antibody (If mother did not get vaccine while pregnant)	Nirsevimab (Sanofi) Clesrovimab (Merk)	<ul style="list-style-type: none"> • Infants born during RSV seasons within first 7 days of life • Infants ages <8 months entering their first RSV season • Children ages 8-19 months entering second RSV season at higher risk, including all American Indian children 	91-98% effective against hospitalization during the 2024-2025 RSV season	October - March