# Home and Community Based (HCB) Setting On-Site Visit Review for Heightened Scrutiny Settings IID/DD Waiver

Figure 1 On-Site Address Information

Address of Setting:	Date of on-site visit:
Individuals in Setting reviewed:	Total Number of Individuals in Setting:
Waiver Service provided:	Provider of Service:
Visit Completed by:	Visit Completed by:

#### Figure 2 On-Site Visit Instructions

#### On-site visit instructions:

This document contains the information to be gathered for the on-site visits towards determination of compliance with the CMS Final Rule for HCB settings. The Final Rule establishes requirements for the qualities of settings that are eligible for reimbursement for the Medicaid home and community-based services (HCBS) provided under sections 1915 (c), 1915 (i) and 1915 (k). In the Final Rule, CMS defines home and community-based settings by the nature and quality of individuals' experiences.

The questions are based on criterion provided in the CMS toolkit of exploratory questions. The observations and questions are not limited to what is listed.

The on-site visit process is based on **observations, discussions, and plan review**. This document is a tool and the information is organized to provide guidance in determining if characteristics are present. To assist in the determination, other necessary inquires, provider policy, or material review will occur as needed.

Please provide information to support or not support the findings based on the observations, discussions (both individual and provider), and plan review. Note any other sources of verification utilized (e.g. policy and procedures). Yes/no answers are not sufficient.

#### **Section 1: Description of Setting**

#### Figure 3 Narrative Box for Description of Setting

Describe home, apartment unit, apartment building, work, day support; location in the community; is it among other private residences and retail businesses; what are the community interactions like outside the setting; is the setting only for people with disabilities; etc. May attach pictures of area, home or google maps view.	

#### **Section 2: Provider-Owned Residential Setting Only**

Table 1 Provider-Owned Residential Setting Assessment Questions

Requirement Area	Evidence and comments	If non-compliant, remediation and timeline (completed by provider after DD review)
1. Does the individual have a lease? Verification completed by review of lease and includes the same responsibilities/protections from eviction under the ND landlord tenant law.		
2. Does the individual know their rights regarding housing and when they could be required to relocate?		
3. Are there lockable bedroom doors?		
4. Does the person's plan reflect any modifications and situations in which staff may use a key?		

### Section 3: Community Integration-Setting Access Observation and Discussion with Individuals and/or Staff

Table 2 Community Integration and Access Assessment Questions

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
5. Do individuals have full access to areas of		(completed by provider after bb review)
the setting such as the kitchen, laundry		
room, community areas, break room, etc.		
a. Individuals are able to move freely		
about inside and outside, able to come		
and go any time and leave without a		
check in/check out process?		
b. Is there a curfew or scheduled time to		
return?		
c. If there are any locked areas or		
restrictions, please describe.		
(Modifications or restrictions must be		
addressed in the plan).		
d. Are there any gates or barriers? Is		
there any place an individual cannot go		
with in the setting? Are certain doors or		
cupboard locked?		
6. Is the setting physically accessible and		
there are no obstructions limiting the		
individual's mobility?		
a. Are appliances accessible to individuals		
(e.g. front-loading washer/dryer for a		
person using a wheelchair)?		
b. Furniture is able to be used comfortably		
and at a convenient height and		
location?		
c. Are there environmental adaptations		
present if needed (e.g. grab bars,		
ramps, etc.)?		
7. Do individuals have access to keys or a		
coded lock to their home?		
8. Do individuals have access to public		
transportation or means to get to community		
activities (location of bus stops, taxis		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
available, schedules/numbers posted,		
transportation resources, etc.)?		
a. Do individuals know how to access		
transportation or receive training if		
needed?		
b. How do individuals get to where they		
want to go?		
<ol><li>The setting provides opportunities for</li></ol>		
regular meaningful, age-appropriate, non-		
work activities in integrated community		
settings as desired by the person?		
a. Are in house services (e.g. beautician,		
church, etc.) provided in the setting? If		
available, provide any activity logs,		
schedules, etc.		
b. If in house services are used, is the		
individual afforded activities in the		
community as an option to choose		
from?		
10. Individuals regularly access the		
community (shopping, church,		
appointments, recreation, etc.)?  a. How are individuals aware of activities in		
the community?		
b. What activities are individuals involved		
in, what do individuals like to do, where		
do individuals go in the community?		
c. Do individuals' shop, attend religious		
services, schedule appointments, have		
lunch with family and friends, etc. in the		
community?		
d. Are the activities as often as they like?		
11. What do individuals do for work or day		
support activities?		
a. Were they provided the opportunity or		
interested in competitive employment,		
community volunteering, etc.?		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
b. Do individuals participate regularly in integrated community settings?		
12. If individuals work, did they have the opportunity to negotiate work schedule, break and lunch times?		
13. Service and setting choice: Describe the options available and opportunities to visit other settings.		
<ul><li>a. Did individuals choose where they live/work?</li><li>b. Do they like where they live/work?</li></ul>		

## Section 4: Rights of Privacy, Dignity and Respect, Freedom from Coercion and Restraint. Observation and Discussion with Individuals and/or Staff

Table 3 Individual Rights and Freedom from Coercion and Restraint Assessment Questions

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
14. Do the individuals share a bedroom?		
a. Did they choose their roommate and		
want to continue sharing with their roommate?		
b. Do individuals know how to request a		
change in roommates?		
c. Do couples share or not share a room by		
choice?		
15. Are there any schedules posted which		
are confidential (OT, PT, med times, special		
diets, etc.)?		
16. Dignity and privacy is respected and		
present (personal cares, health/medical		
information, visits, clothing		
appropriate/individual preference, hygiene		
maintained, knocking on doors, private		
phone calls, opening mail, etc.)?		
<ul> <li>a. Do individuals have privacy in the</li> </ul>		
bedroom and bathroom?		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
b. When you want to be alone, are you able to be alone?		
c. Are there cameras/video monitoring in the setting?		
17. Staff communicates and interacts with individuals with dignity and respect (natural conversations, greetings, explaining what doing during cares, etc.)?  a. Individuals and staff greet and converse with each other?		
<ul><li>b. Preferred names are used?</li><li>c. Is written and oral communication conducted in a language that the individual understands?</li></ul>		
18. Are individuals happy with the help/services you get?		
<ul><li>a. Do they know who to go to if they are not happy with something?</li><li>b. Does the individual express satisfaction with the provider and know how to make</li></ul>		
a request for a new provider if needed?		

## Section 5: Individual Initiative, Autonomy, Choices, Visitors, and Access to Food Observation and Discussion with Individuals and/or Staff

Table 4 Individual Autonomy, Choices and Food Access Assessment Questions

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
<ul> <li>19. Does the setting reflect individual interests, hobbies, personal items, personal choice of furniture, arrangement of furniture, etc.?</li> <li>a. Individuals decorate both their sleeping and living areas?</li> <li>b. What are the individual's likes and interests?</li> </ul>		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
20. Does the setting reflect the individual's		
needs and preferences and accessible		
based on any accommodations if needed?		
21. Do individuals have access to personal		
items (TV, radio, phone, leisure activities of		
interest, etc.)?		
22. Can Individuals make private phone		
calls, have a cell phone, phone jack in room,		
etc.?		
23. Do individuals have access to food		
anytime (snacks accessible, request		
alternative meals)?		
a. Are meals at a time and place of		
choosing (e.g. eat alone or with others,		
no assigned seating)?		
b. Individuals participate in meal		
preparations, etc.)?		
c. Can individuals choose what, when, and		
where they would like to have meals?		
24. Individuals have visitors of their choice?		
a. Are there visiting hours, certain visiting		
locations, visiting hours posted?		
b. There is privacy for visitors?		
c. Visitors are present?		
25. Do individuals choose their schedule,		
when they take a shower, eat, wake/sleep,		
go out in the community, etc.?		
26. Do individuals have schedules varied		
from others in the setting, is there a curfew		
or requirement for a scheduled return, are		
there house rules?		
27. Are individuals offered choices, do staff		
ask what they would like to do, make		
decisions?		
a. Do staff ask individuals about their		
needs and preferences?		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
<ul> <li>b. Is individual choice facilitated in a manner that leave the person feeling empowered to make decisions?</li> <li>c. Are requests for services and supports accommodated as opposed to ignored or denied?</li> </ul>		
28. Are there provider policies and practices that limit individual choice?		
29. Are individuals prohibited from engaging in legal activities?		
30. Did individuals choose their doctors, where to shop, pharmacy, bank, church to attend, where to eat, etc.?		
31. Do individuals have access to their money?		
a. Do individuals have a checking or savings account or other means to control their funds?		
b. How is it made clear that individuals are not required to sign over their paychecks to the provider?		

#### Section 6: Person Centered Service Plan Observation and Discussion with Individuals and/or Staff

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
32. Are individuals planning meetings held		
at times and a location that are convenient		
to the person receiving services and/or their		
legal decision maker?		
a. Are they aware of how to schedule or request a meeting?		
b. Can the individual explain the process to develop or update their plan?		
c. Was the individual present at their last		
planning meeting?		

Requirement Area	Evidence and comments	If non-compliant remediation and timeline (completed by provider after DD review)
33. Do individuals have a copy of their plan		
if they want one?		
<ul> <li>a. Do individuals know what is in their</li> </ul>		
plan?		
<ul> <li>b. Is it understandable to individuals or</li> </ul>		
written in an alternative format if		
requested?		
34. Does the plan reflect and correspond to		
the services and individual needs and		
preferences observed during the on-site		
visit?		
35. Does the plan adequately document the		
individual's options and choice in services		
and setting per HCBS requirements?		
36. Does the plan adequately document and		
justify any restrictions or modifications per		
HCBS requirements? (assessed need and		
condition related to restriction, positive		
supports attempted, less intrusive methods		
tried, data collection review; time limits;		
informed consent; no harm assurance)		

Additional Notes or Observations	
	ļ

Figure 5 Additional Review and Verification

Heightened Scrutiny needed to do:

e o Additional	view and verification
	Additional DD Division Review and Verification
ightened Sc	iny needed to do:
□ A settin	hat is located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment.

□ A setting that is located in a building on the grounds of, or immediately adjacent to, a public institution.	
□ Any other setting that has the effect of isolating individuals from the broader community.	
Does the plan reflect the findings with in the review?	
Does the plan reflect HCBS requirements?	
Comments:	