Sample patient flow process

MEASURE

CHECK-IN

- If age ≥18 and patient does not have diabetes, provide CDC Prediabetes Screening Test or ADA Diabetes Risk Test
- Patient completes test and returns it
- Insert completed test in paper chart or note risk score in EMR

ROOMING/VITALS

- Calculate BMI (using table) and review diabetes risk score
- If elevated risk score or history of GDM, flag for possible referral

ACT

EXAM/CONSULT

- Follow "Point-of-care prediabetes identification algorithm"
- Determine if patient has prediabetes and BMI ≥24* (≥ 22 for Asians) or a history of GDM
- Advise re: diet/exercise and determine willingness to participate in a diabetes prevention program
- If patient agrees to participate, proceed with referral

PARTNER

REFERRAL

- Complete and submit referral form via fax or email

FOLLOW UP

- Contact patient and troubleshoot issues with enrollment or participation

* These BMI levels reflect eligibility for the National DPP as noted in the CDC Diabetes Prevention Recognition Program Standards and Operating Procedures. The American Diabetes Association (ADA) encourages screening for diabetes at a BMI of ≥23 for Asian Americans and ≥25 for non-Asian Americans, and some programs may use the ADA screening criteria for program eligibility. Please check with your diabetes prevention program provider for their specific BMI eligibility requirements.

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