



**Main Street Initiative**



**Healthy & Vibrant Communities Pillar**



**21st Century Workforce Pillar**



**Smart, Efficient Infrastructure Pillar**

**2019-2021**

# North Dakota State Health Improvement Plan (SHIP): Improving the Health and Wellbeing of All North Dakotans

## Health & Wellness Steering Committee Representation

- ND Department of Health
- ND Department of Commerce
- ND Department of Human Services
- State Legislators
- Office of the Governor
- ND Information Technology Department
- ND Hospital Association
- ND Medical Association
- UND School of Medicine & Health Sciences
- ND Long Term Care Association
- ND Dental Association
- ND Department of Transportation
- ND Department of Public Instruction
- ND American Heart Association
- ND Indian Affairs Commission
- Lutheran Social Services of ND
- ND Nurses Association



## MSI Health Dashboard Priority Indicators:

- Length of Life:** premature death
- Quality of Life:** poor physical health & mental health days
- Risk Factors:** tobacco use, obesity
- Access to Care:** health care provider availability



## SHIP Mission: Improving the Health and Wellbeing of All North Dakotans

### Priority Areas and Goals:

- 1) Prevent injury and premature deaths
  - a. Reduce the American Indian infant mortality rate
  - b. Decrease cardiac-related deaths
  - c. Reduce motor vehicle crash fatalities
- 2) Improve our population's overall physical health
  - a. Decrease cigarette smoking
  - b. Decrease electronic vaping product use
  - c. Decrease obesity
- 3) Improve population's overall behavioral health
  - a. Reduce high school alcohol use
  - b. Decrease adult binge drinking
- 4) Increase access to health care services
  - a. Decrease the prevalence of third grade children who have tooth decay
  - b. Reduce FTE vacancy rates for registered nurses working in hospitals and long term care facilities
  - c. Increase the percent of adults who have had a routine check-up

### Long-term Goal: Healthy and Vibrant Communities



## SHIP Implementation Partners

- UND Center for Rural Health
- ND Department of Public Instruction
- ND Department of Human Services
- ND American Heart Association
- ND Department of Health
- ND Department of Transportation
- ND Dental Association
- ND Medical Association
- ND Long Term Care Association



**Main Street Communities**

