

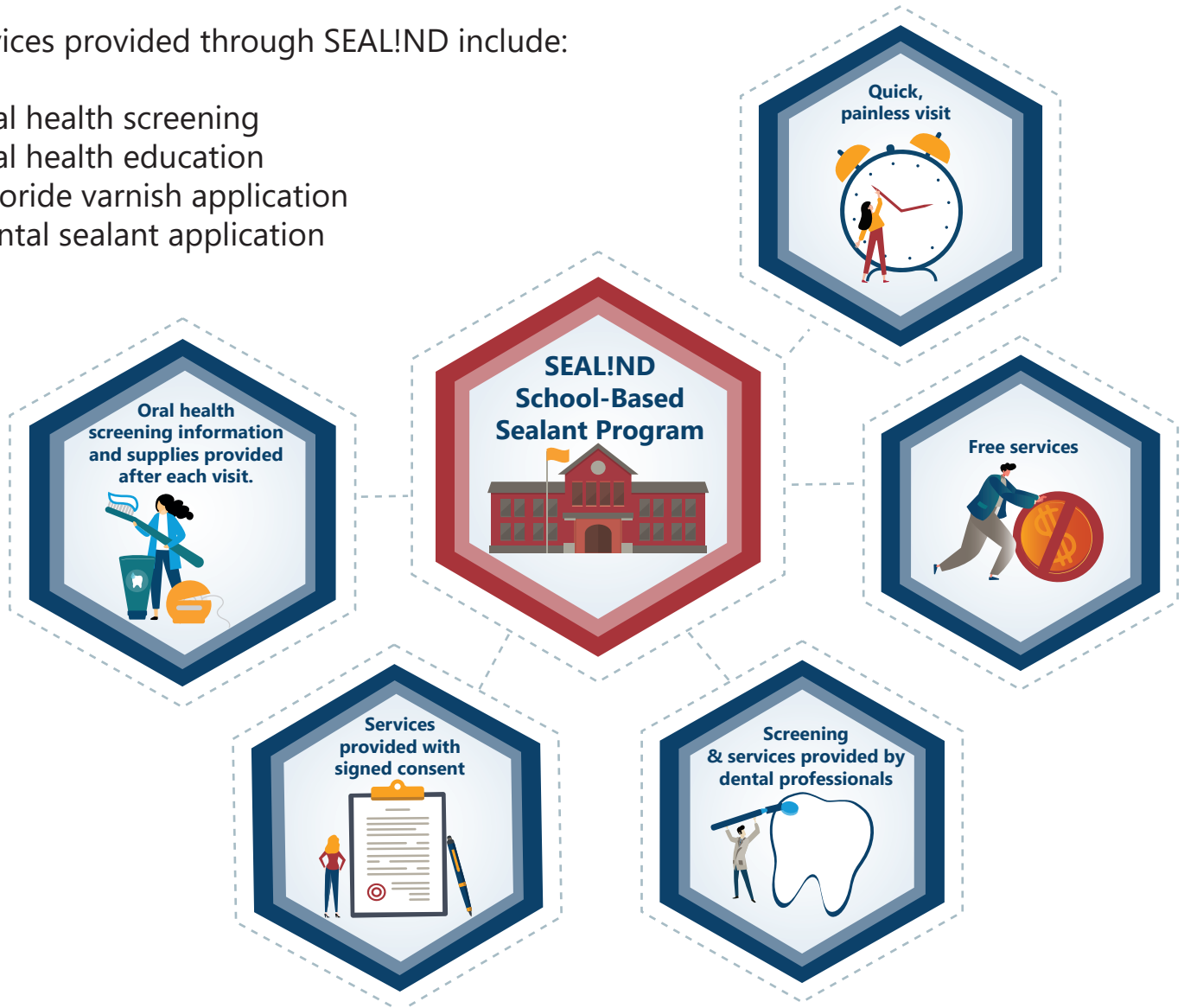
# SEAL!ND: North Dakota School-Based Sealant Program

SEAL!ND brings a public health dental hygienist into the school setting two times a year in order to provide direct preventive services.

To have your child participate in the program, complete the consent form that was sent home and be sure to ensure your child is at school the day the dental professional visits.

Services provided through SEAL!ND include:

- Oral health screening
- Oral health education
- Fluoride varnish application
- Dental sealant application



## **Dental Sealants**

Dental sealants are thin coatings painted on the surface of back molars that can last up to nine years. Once applied, sealants protect against 80% of cavities for two years and continue to protect against 50% of cavities for up to four years.

## **Fluoride Varnish**

Fluoride varnish is a protective coating that is painted on the face of all teeth to help prevent cavities and to help slow or stop cavities that have just started. Varnish must be reapplied every six months.



Learn more about SEAL!ND using the QR code or by visiting: [tinyurl.com/SEALND](https://tinyurl.com/SEALND)