



MTM Student
Pharmacy
Project
Student Breakout

NDPhA NORTH DAKOTA
PHARMACISTS
ASSOCIATION

NDSU SCHOOL OF
PHARMACY

NORTH
Dakota | Health
Be Legendary.™

How to Engage

- Think about how to take this to the next level.
- There are no perfect patients.
 - What are you able to help them with?
- How do you use what you know about patients to engage with them?
 - What is their motivation?
 - Do you need to help them identify their motivation?
 - Communication
 - Patient friendly language
 - Health Literacy
 - Cultural considerations/preferences
 - Build Rapport
 - Meaningful and achievable goals for patient

"A strong clinician-patient relationship is the cornerstone to any successful patient engagement and therapeutic paradigm, including participation in the decision-making process and patient adherence to treatment recommendations."

(Figge, 2016)



The Importance of Patient Follow-Up Care

- Timely follow-up with patients is vital for ensuring they're **moving forward** with the prescribed treatment plan, such as undergoing testing and taking their medications. In addition to increasing the likelihood of a **positive outcome**, a medical follow-up is critical for **minimizing safety and liability concerns**.
 - By [Gallagher Healthcare](#)



Patient interaction

- Follow-up
 - Not just “screening to screen”
- Responsibility as a health professional
- Have those difficult conversations
 - The more you practice, the easier it becomes
- Lessons Learned
- Gaps



Reporting Requirements

- [Pre Rotation Survey](#)
- Patient care tracking
 - [MTM Student Data Tracking](#)
 - [Drug Therapy Problem Worksheet](#)
- [Post Rotation Survey](#)
- Others
 - Ratings of preceptor
 - Reflection
 - Preceptor rating of students
- MOU
- Scholarship Banquet
 - Thursday, September 10th

Drug Therapy Problem Worksheet
1815 Project: Medication Therapy Management
 Define each DTP using one heading and sub-heading and provide a summary of action taken and reported outcomes if

Blood Pressure Assessment Log, Target: 5+/week

Date	Initial Blood Pressure in mmHg	If BP is over 140/90, was the BP retaken? Yes still elevated, Yes no longer elevated, No, not rechecked	Action taken (see codes below and list all that apply)	Relevant notes

- | | |
|---|---|
| 1. Counseled patient on medication adherence | 5. Scheduled follow-up screening at the pharmacy at a later date |
| 2. Patient education on suggested lifestyle modification | 6. Contacted patient's primary care provider with recommendation(s) |
| 3. Referred patient to primary care provider for follow-up. | 7. No action needed/taken. |
| 4. Counseled patient on at-home BP monitoring | 8. Other: please describe |

- | | |
|---|---|
| <input type="checkbox"/> Patient forgets to take | <input type="checkbox"/> Pill spitting indicated |
| <input type="checkbox"/> Cannot swallow/administer | <input type="checkbox"/> More cost effective medication available |
| <input type="checkbox"/> Drug product not available | |
| <input type="checkbox"/> Inappropriate administration technique | |

Provider contacted YES / NO

Questions?

- Scholarship money awarded
- Scholarship banquet (attendance)
- How often will we be checking in on them? 1-2 times per rotation.
 - Who will monitor Qualtrics? Tiffany Knauf and Dr. Skoy
- Who do they contact with issues?
 - Preceptor (day to day questions, patient specific questions)
 - NDSU (start here if preceptor can't answer and/or issue with preceptor)
 - NDPhA (manual or process questions for implementation)
 - NDDoH (survey functionality issues)

Student Feedback from 2020-2021

- SMBP and Prediabetes
 - Missing an action item – we've adjusted this for 2021-2022.
- A few general comments:
 - I enjoyed the direct patient care that this rotation requires. I also enjoyed being able to use my clinical knowledge when talking with patients. This rotation helped solidify that ambulatory care is an area of pharmacy, in which I hope to work.
 - I think this experience challenged me to be creative in meeting goals assigned by the project, and allowed me to practice patient care in a variety of different ways. I particularly enjoyed MTM calls with patients. I targeted those that had appointments coming up with providers in the facility and was able to identify drug related problems, notify the provider, and have them addressed at the upcoming appointment. I was able to see in real time how my interventions made a difference in patient care and it was a very rewarding experience.

