

Brenton Nesemeier, MS

ND Department of Health and Human Services



Health & Human Services

What is Partner Services?

The term "partner services" refers to a continuum of clinical evaluation, counseling, diagnostic testing, and treatment designed to increase the number of infected persons brought to treatment and to reduce transmission among sexual networks. This continuum includes efforts of health departments, medical providers, and patients themselves. The term "public health partner services" refers to efforts by public health departments to identify the sex and needle-sharing partners of infected persons to ensure their medical evaluation and treatment. Health departments are increasingly incorporating referral to additional services, as indicated, into the partner services continuum. Aside from the general benefit to patients and partners, service referrals and linkage can mitigate the circumstances that increase risk for future STI and HIV acquisition.



Core Elements/Foundation for providing Partner Services:

- Client centered.
- Confidential.
- Voluntary and non-coercive.
- Free.
- Evidence based.
- Culturally, linguistically, and developmentally appropriate.
- Accessible and available to all.
- Comprehensive and integrative.



- As with some other infectious diseases, standard STD partner services practices include the identification, location, and notification of sex partners (and drug-using partners for HIV and some hepatitis infections) of infected persons, and the referral of those partners to evaluation, treatment, and care
- Partner notification and risk reduction counseling for both patient and partner is an important part of treatment and follow-up
- Partner Services is **MOST** effective when done in the healthcare setting
- Partner services is a component of taking a successful sexual health history



- An analysis of partner services in North Dakota found that it is also most effective when the provider lets the patient know that someone from the Health Department will be following up
- Don't make assumptions that patient, if married or in relationship, is in monogamous relationship
 - Interview patient confidentially without partner present
- In North Dakota, Patients over the age of 13 (14 and older) should be privately interviewed without parents present. Patient needs to give permission to share STI related care with parental units



- Partner services is not just treating a patient's partner, it also involves counseling and education of the positive patient
 - Educate patient about risk reduction
 - Educate patient about risks of STIs and how it can impact them in the future
 - Can help stop transmission cycle and even more importantly prevent serious sequalae such as congenital syphilis or serious outcomes from AIDS
 - Can also prevent infertility or sterility later in life
 - Counsel patient on services in the community and how they can access them
 - Syringe Services Programs, Food Banks, Mental Health Practitioners, etc



- Some scenarios or persons in which partner services plays an especially important role
 - Partners who patients are unlikely to notify
 - Partners who are likely to be key to transmission
 - Clusters (hidden infections and epidemiologically useful)
 - Network investigations can be useful in real time and increase the effectiveness of partner notification, especially over time
 - Partners who may need referrals to specialty providers or linkage to HIV care



Some tips to encourage your patient to be open and honest with you and/or their partner.

- 1. Imagine that your roles are reversed
- 2. It is best to be direct
- 3. It is best to be honest
- 4. Let the conversation proceed naturally
- 5. Don't push your partner to make decisions about sex or your relationship right away
- 6. Encourage your partner to ask questions



PARTNER TYPES FOR CLINICAL PRACTICE



When to use: This grid may be used in any setting to support discussions about sexual partners and relationships. It may be particularly useful for STI partner notification and contact tracing and to discuss people's sexual networks. However, in cases of sexual assault, alternatives may be more appropriate.

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P/	ARTNER TYPE	Established partner	New partner	Occasional partner	One-off partner	Sex worker
	Risk of transmission to others	•	((•	(
	Emotional connection	00	•	⇔	8	(
ICS	Likelihood of sex with index patient again	00	•	•	8	⇔
CHARACTERISTICS	Sexual Exclusivity	•	•	1	8	8
E.	Time-frame	has a significant past & anticipating a future	Anticipating a future	(3)	8	(
	Degree of sexual mixing across diverse networks	•	(2)	•	•	•
	Contactability*	⊘	Ø	Ø	(4)	(

communication (e.g. online, mail), and/or to supply those details to the health care

KEY Very high 0 High 0 (1) Variable 0

This could be a primary a long-term 'affair'). There is often a high stable relationship, all of the following features: a significant past, regular sex, future-oriented, highly developed romantic emotional connection, co-habiting.

This could be person partner (e.g. spouse/civil with whom the index partner, wife/husband) or patient is likely to have a secondary partner (e.g. had sex on more than one occasion. Their likelihood of this being a characterised by some or on a sporadic or regular all of the following characterised by some or features: little/no past, growing romantic emotional connection and intentions to form a stable relationship

This could be a person with whom the index more than one occasion and with whom there is an only, most likely for expectation of sex again, basis. Their relationship some or all of the following no past and no future, features; no or low anticipation of a stable partnership forming. no or minimal romantic emotional connection, sex for pleasure. It is likely that the partner/index patient is also engaging in

concurrent sex with

other partners/other

partner types.

This could be a person with whom the index on one occasion Characteristics which might help identify this no anticipation of sex emotional connection.

This could be a person to whom the index patient has provided money or goods in direct exchange for sexual services. The encompasses a wide range of types of sex STI & HIV transmission. Partners identified as sex workers by index patients may share characteristics with those suggested for one or more alternative

partner types.

National Institute National Institute for Health Research

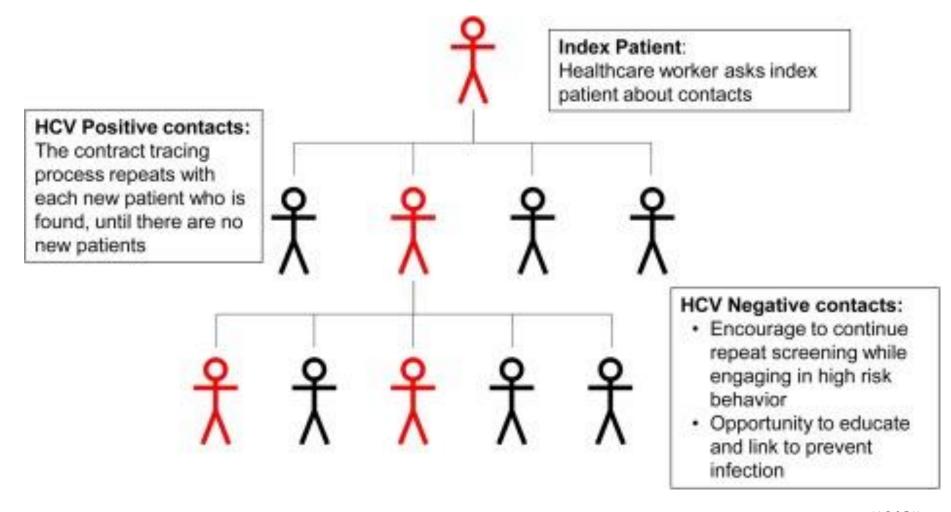
This study is funded by the National Institute for Health Research (NIHR) secessarily those of the NIHR or the Department of Health and Social Care

Contact Tracing (ie Partners Services)

- Health departments use it to identify and notify people who have been exposed to someone with an infectious disease.
- Exposed persons are notified that they been in close contact with an infected person and to give them information and support.
- Contact tracing has been used for decades to fight the spread of infectious diseases like measles, tuberculosis, syphilis, and HIV/AIDS.



How Does Contact Tracing Work?



Benefits of Contact Tracing

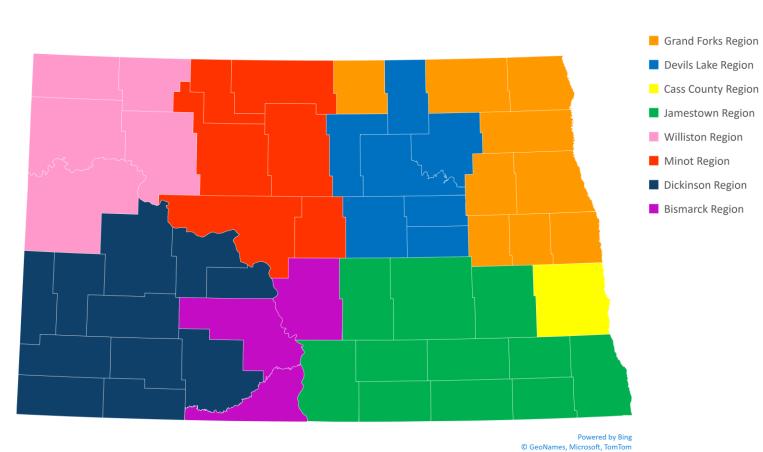
- Breaks transmission cycle, resulting in less disease burden in the community
- Able to provide support and care to contacts, while serving as a referral point for contacts
- Build a relationship with the contact, so if they are positive, they are more inclined to speak to us about their experiences





- 8 Regional Field Epidemiologists, assigned to a specific geographic location
- Also known in other areas as Disease Intervention Specialists (DIS)
- Highly skilled in motivational interviewing and disease education

Field Epidemiologists Regions in North Dakota



- Grand Forks Rachel Goebel
- Devils Lake Crystal Duncan
- Cass County Luke Unger
- Jamestown Deanna VanBruggen
- Williston Sarah Favorite
- Minot Linda Larson
- Dickinson Heather Kontz
- Bismarck Gino Jose





- Field Epidemiologist Follow-up Priority for STI Interviews
 - Syphilis in females Assess Pregnancy
 - HIV
 - All other syphilis
 - Gonorrhea
 - Chlamydia (complicated)
 - People with 3 or more infections in a year
 - Person HIV co-infected
 - People under 14
 - People known to be pregnant
- All other STI Infections, it is the responsibility of healthcare provider to conduct



- How far back should you ask for partners?
 - Gonorrhea/Chlamydia 60 days
 - HIV Minimum of 1 year or about 60 days prior to your last negative test (if administered within the last year)
 - Interviews best conducted in-person by field staff often in collaboration with RW Coordinators
 - Syphilis Most complicated when it comes to partner services
 - Primary (presence of chancre) 90 Days
 - Secondary (rash) 6 Months
 - Early Latent/Latent 1 Year



- Online platforms can help notify your partners
 - https://tellyourpartner.org/
 - Endorsed by many STI organizations as a method of notifying your partner
 - Anonymous and confidential
 - An analysis of online partners services in ND, found that CT was the most common condition in which online partner services was used
 - Better than nothing if patient adamantly refuses to give partner information

	Disease	State
1.	chlamydia	North Dakota
2.	herpes	North Dakota
3.	gonorrhea	North Dakota
4.	syphilis	North Dakota
5.	HIV	North Dakota

- Binx Boxes
 - Assures that we are meeting people where they are at
 - Confidential and can be done in the comfort of their own home
 - Available to ND residents because of multiple grants working together to benefit our citizens
 - https://nddoh.mybinxhealth.com/



How it Works



A licensed clinician will review, and if appropriate, approve your order. We'll send everything you need to collect your samples to your home. Collect and return your sample to the lab within 30 days.

Your sample will be processed and a licensed clinician will revie your results and recommend

and a licensed clinician will review your results and recommend appropriate treatment. You can expect to receive results by phone or electronically about 1-2 weeks after returning your sample.

Tests

Genital, Anal, and Oral Chlamydia and Gonorrhea, HIV, Syphilis, Hepatitis C, and tests to start and maintain oral HIV PrEP

Visit

nddoh.mybinxhealth.com Get your free and private home test collection kit today!

Questions

NDDoH Division of Sexually Transmitted and Bloodborne Diseases 701.328.2378

- The way in which people are communicating changes how you effectively reach and notify individuals
- We need to start meeting people where they are at vs. doing what we have always done in the past
 - HHS can help notify contacts even if all they know is a profile on Snapchat, Facebook or even online dating platforms (Grindr, Tindr, Scruff, etc.)
 - Reach out to your local field epidemiologist on what information is needed to notify those contacts



Why do we need Partner Services?

Overview

1 in 5
People in the US have an STI

68 MILLION infections in 2018

26 MILLION new STIs in 2018







Tools Available to Aid in Partner Services

- Online Reporting
 - https://www.hhs.nd.gov/health/diseases-conditions-and-immunization/STI/report

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information as you can.									
It is essential you wait seven									
sex again. Do not hav	e sex again w	ith your	current	partner	unt	til they hav	e beer	trea	ited.
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Street Address:		City:				State:		ZIP	Code:
Telephone Number:			Assigne	d sex at l	birth:	☐ Male	e	□ Fe	male
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Race: ☐ American Indian/Alaskan N	Native Asian	☐ Black//	African A	merican	Eth	nicity: His	panic o	r Lati	no
☐ Native Hawaiian/Pacific Isla					"				tino 🗆 Refused
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Are you a resident/staff of correction									No
						п			No
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Current Gender Identity				I Transgender Femal ender □ Declined t		r	
Race: American India Native Hawaiia	an/Alaskan Native an/Pacific Islander			American	Ethni	ity: ☐ Hispani ☐ Not Hispa	ic or Latino anic or Latino 🛚 Refusi
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Was case tested for HIV			If Yes: Colle	ction Date:		Result: Pos	itive Negative
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TAKING A SEXUAL HISTORY

THE 5 "P"s OF SEXUAL HEALTH



Partners

Number, sex, gender identify of partners



Practices

Types of sex — oral, vaginal, anal and high risk behaviors such as injecting drugs, having sex while intoxicated or having anonymous sex partners



Protection from STIs and HIV

Use of condoms, other barrier methods, HIV PrEP or PEP



Past History of STIs and HIV

Previous STI diagnoses, history of STI and HIV testing and partners history of STI diagnoses



Prevention of Pregnancy

Desire for pregnancy and/or use of prevention methods

Best Practices for Taking a Sexual History

- Ensure a safe patient environment
- Assure confidentiality
- Be nonjudgmental
- Be sensitive, and matter-of-fact
- Avoid assumptions
- Use normalizing language
- Utilize open-ended questions
- 6th 'P': Prevention

"It Is Important We Discuss Your Sexual Practices. I Speak With All Of My Patients About Many Different Aspects Of Their Lives."

How to be effective at Partner Services

- Be non-judgemental
- Include it as a part of your daily practice
 - Talk to patients about their partners every time they come in, do not assume that they only have one partner or that their practices have not changed
- Use Open-ended questions



Non-Judgemental

- Ask each and every patient their preferred pronouns and utilize them, do not assume
- Be aware of cultural differences, do not assume that your patients customs and practices are the same as yours
- Treat each and every patient with respect
- Do not make judgements or change your tone based on what your patient tells you – May cause patient to shut down
- Make them feel comfortable and welcome



Open-Ended Questions

- Open-ended questions allow a client to tell their story without them giving a single word answer.
- Open ended questions also allow you to ask further questions based on their answers. It also shows that you care and that you genuinely want to make a difference.
- It is important for the provider to engage in active listening to avoid them shutting down
- Examples of closed vs open ended questions include:
 - Are you sexually active (closed) vs. when was the last time you engaged in sexual activity (open)
 - Do you use protection when with a new partner (closed) vs. what type(s) of protection do you use when engaging in sexual activity with a new partner (open)
 - Do you meet your partners at the bar (closed) vs. where do you typically meet your partners (open)



Open Ended Questions

- How to successfully get partner information
 - What is your partner's name, so that I can make a note in his/her chart if they come in for treatment?
- Once again, be open and honest with patient and educate them on the importance of getting partner treated
 - Helps to avoid health impacts for BOTH partner and patient



Tips to treat partner

- The cycle won't end unless both the patient and the partner have been treated correctly
- If patient has not been treated, offer to set up appointment for both patient and partner at the same time
 - Interview patients separately and if possible room them away from one another
- Offer expediated partner therapy (EPT)
- If partner is not in community, take the time to find clinics or resources in their community for the patient to give to their partner



Patient Follow-up

- Test of Cure
 - This is usually done around 14 days from when patient was treated. If it is done too soon, you may get a false positive result
 - It is typically use in pregnant females and oral CT/GC Infections
- Test of Re-infection
 - Test done at 3-6 months post treatment.
 - If patient is continually positive, we may be missing an opportunity to treat a partner. This would be a good opportunity to offer EPT



- 32 year old married male presents to you clinic with complaints of a sore on his anus
- Male is married to female and reports that he last had intercourse with her 3-4 months ago as she is pregnant. Male also reports no other partners and reports that he is heterosexual
- Provider tests male for HPV, herpes and syphilis. Test comes back positive for syphilis with a positive IgG/IgM and a RPR of 1:256



- Patient is interviewed by nurse at time of treatment and appears nervous/anxious.
- How can we get patient to open up?
- What sort of questions should we ask him about his partners?



- Who should be tested?
 - Although unlikely Wife should be retested as she is pregnant.
 - Why is she unlikely source?
 - What do we risk if we do not test the wife?
 - Does ND have testing requirements for syphilis during pregnancy?
 - What are NDHHS recommendations for testing during pregnancy?
 - At least one other 'unknown' partner
 - How can we work with patient to feel comfortable enough provide information on this partner?



- Patient after some reassurances that his name and information will be kept confidential and realizing that he is in a safe space agrees to letting the health department notify his one-time male partner
- Patient was also educated and coached on how to tell his wife about his infection. DIS will follow-up with the patient in about a weeks time to ensure that his wife is aware and getting tested.



- Male partner did end up testing positive for syphilis and the cycle continued. DIS reached out to all his partners until a likely source was found.
- Female partner did test negative, but out of an abundance of caution was still treated as a contact.



Limitations of Partner Services

- Anonymous Contacts
 - Dating apps, contacts met at bars
- Expensive
- Time Consuming
 - A study in Washington (https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6636340/) found that DIS spent an average of 6-28 hours on each syphilis case to ensure proper follow up occured. The same study found that DIS spent an average of 1.5-3 hours on each CT/GC case.
 - Locating client, helping to coordinate care, proper follow up to ensure contacts/patient were properly treated
- Distrust of Government
 - Result of the pandemic?



Thanks!

Brenton Nesemeier, MS

- Director, Field Services Unit
- bnesemeier@nd.gov

Additional Resources

- https://pubmed.ncbi.nlm.nih.gov/33927009/#&gid=article-figures&pid=figure-2-uid-1
- https://www.cdc.gov/std/training/webinars.htm
- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6636340/
- https://nddoh.mybinxhealth.com/

