

Staff Huddle: Vaccine Definition and How they are Administered. - Week #1

- A vaccination is a medication that is used to make the body's immune response react against diseases.
- Vaccines are usually administered through needle injections, but some can be administered by mouth or sprayed into the nose.²



Staff Huddle: Why are Vaccines Important. - Week #2

- Vaccines help your body create protective antibodies—proteins that help it fight off infections.
- Some people may not be able to get certain vaccines because of age or a health condition.
 - People at risk are less likely to catch a preventable disease when you as a healthcare worker and others around them are vaccinated against it⁴.



Staff Huddle: Common Questions about Vaccines. - Week #3

- **Are vaccines safe?**

Yes. Millions of individuals safely receive vaccines each year. The most common side effects are very mild, such as pain or swelling at the injection site⁷.
- **Is it better to get sick with a disease than get a vaccine for it⁸?**
 - No. These diseases can be a serious, especially among young children, older adults, and people with certain chronic health conditions, such as asthma, heart disease or diabetes.
- Any infection can carry a risk of serious complications, hospitalizations, or death, even among otherwise healthy children and adults. Therefore, getting vaccinated is a safer choice than risking illness to get immune protection.



Staff Huddle: What Vaccines are Recommended for Frontline Staff. - Week #4

Recommended Vaccines:

- Hepatitis B
- Influenza (Flu)
- MMR (Measles, Mumps, and Rubella)
- Varicella (Chicken pox)
- Tdap (Tetanus, diphtheria, and pertussis)
- Meningococcal
- Coronavirus (COVID-19)
 - Be sure to ask your healthcare provider regarding any boosters needed for the above vaccines.

