



Staying Home when Sick Quiz

1. Presenteeism is best defined as:
 - a) Taking sick leave when ill
 - b) Reporting to work while sick
 - c) Working overtime during flu season
 - d) Wearing PPE at work

2. Which action helps prevent germ spread in the workplace?
 - a) Sharing phones between staff
 - b) Skipping gloves to save time
 - c) Cleaning and disinfecting shared equipment
 - d) Working through illness

3. Why is moisturizing after hand hygiene important?
 - a) It saves time
 - b) It prevents contact dermatitis and skin breakdown
 - c) It replaces hand hygiene
 - d) It kills germs

Answer key:

1.) b.

Presenteeism is best defined as reporting to work while sick.

Rationale: Presenteeism is defined as healthcare personnel continuing to work despite having symptoms of an infectious illness, which increases the risk of transmission in healthcare settings.

2.) c.

Rationale: Cleaning and disinfecting shared equipment help prevent germ spread. Routine cleaning and disinfection of shared and high-touch surfaces to reduce the transmission of infectious agents in healthcare environments.

3.) b.

Rationale: Moisturizing prevents contact dermatitis and skin breakdown. Frequent hand hygiene can cause skin irritation and breakdown, which can increase infection risk. Using approved moisturizers helps maintain skin integrity and reduce microbial entry.