

## Staff Huddle: Hand Hygiene - Week #1

**What is the risk?** Germs can spread through touch. Proper hand hygiene can reduce the spread of germs and help protect you and your patients.

- Hand Sanitizer
  - Cover palms and back of hands
  - Between fingers
  - Thumbs and fingertips
  - Don't wipe dry



## Staff Huddle: Hand Hygiene - Week #2

- When to perform hand hygiene:
  - **Before** initial patient or patient environment contact
  - **Before** aseptic or clean procedure
  - **Before** putting on gloves
  - **After** removal of gloves
  - 
  - **After** body fluid exposure risk
  - **After** patient or patient environment contact



## Staff Huddle: Hand Hygiene - Week #3

- Tips
  - No artificial nails, gel nails, extenders, or embellishments
    - These are a place where germs can grow
  - Natural fingernails should not be more than ¼ in long
  - No chipped nail polish
  - Hand and wrist jewelry not recommended



## Staff Huddle: Hand Hygiene - Week #4

- Tips
  - If hands are visibly soiled use soap and water
  - Use supplied lotions that are compatible with hand hygiene products and gloves supplied by facility
  - Don't touch contaminated surfaces after performing hand hygiene
  - Avoid touching your face/eyes

