



INTRODUCTION

The Title X Family Planning Program (Title X) was established in 1970 when Congress enacted Title X of the Public Health Service (PHS) Act and is the only domestic federal program dedicated solely to family planning and related preventive health services. It is administered by the Office of Population Affairs (OPA) within the Office of the Assistant Secretary for Health (OASH) in the United States Department of Health and Human Services (HHS) and implemented through competitively awarded grants to a diverse network of public and private nonprofit health and community-based clinics.

All recipients must comply with the expectations regarding the provision of family planning services that can be found in the statute (Title X of the Public Health Service Act, 42 U.S.C. § 300 et seq.), the implementing regulations (42 CFR Part 59, Subpart A), and any applicable legislative mandates, and are expected to comply with additional program guidance. In addition, sterilization of clients as part of the Title X program must be consistent with 42 CFR Part 50, Subpart B (“Sterilization of Persons in Federally Assisted Family Planning Projects”).

- [Title X - Population Research and Voluntary Family Planning Programs \(hhs.gov\)](#)
- [eCFR :: 42 CFR Part 59 Subpart A -- Project Grants for Family Planning Services](#)
- [eCFR :: 42 CFR Part 50 -- Policies of General Applicability](#)

Providing Quality Family Planning Services: Recommendations of CDC and the U.S. Office of Population Affairs (QFP) provide clinical recommendations for how to provide family planning services in a manner that is consistent with the best available scientific evidence and medical practice.

- [Providing Quality Family Planning Services \(hhs.gov\)](#)
- [Update: Providing Quality Family Planning Services — Recommendations from CDC and the U.S. Office of Population Affairs, 2015 | MMWR](#)
- [Update: Providing Quality Family Planning Services — Recommendations from CDC and the U.S. Office of Population Affairs, 2017 | MMWR](#)

The North Dakota Family Planning Program (ND FPP) Policy and Procedures (P&P) manual has been based on the Federal guidelines for Title X programs from 1980, 2001, 2014, 2019 and 2021. Policies were developed to meet the requirements of key priorities, advances in technology, and medical recommendations. The manual is available on the ND FPP website for subrecipients and service sites access.

In 2019-2020, the ND FPP P & P manual underwent revisions to include:

- Realignment of all policies to adapt to the 2014 Title X guidelines and 2019 OPA Program Review Tool
- Compliance with 2019 Title X Final Rule



- Correlate with National Family Planning and Reproductive Health Association (NFPRHA) recommendations for developing and maintaining policies

In 2022, the ND FPP P & P manual review and updates included:

- Compliance with 2021 Title X Final Rule [2021 Title X Final Rule | HHS Office of Population Affairs](#)
- Title X Program Handbook (July 2022) [Title X Program Handbook FINAL.pdf](#)
- Dobbs v. Jackson Women’s Health Organization U.S. Supreme Court Decision: Impact on Title X Program [Dobbs v. Jackson Women's Health Organization U.S. Supreme Court Decision: Impact on Title X Program \(govdelivery.com\)](#)

In 2024, the ND FPP P & P manual review and updates included:

- Policies and procedures created, updated or revised to meet compliance with federal review conducted the week of April 29, 2024
- New policy 6.3 Acknowledgement of Federal Grant Support
- Table of Contents updated to include additional policies subrecipients must have locally

In 2025, the ND FPP P & P manual review and updates included:

- Title X Program Handbook (December 2024) <https://opa.hhs.gov/sites/default/files/2025-03/title-x-program-handbook-dec-2024.pdf>
- Renamed policy 1.1 Voluntary Participation to 1.1 Non-Coercive Services
- Renamed policy 2.7.13 Telemedicine Services to 2.7.13 Telehealth Services
- Deleted policy 2.2.2 Diverse Populations
- New policy “Policy Development and Maintenance” created