ACUTE CARDIAC READY HOSPITAL DESIGNATION WEBINAR

Wednesday, January 26, 2022, at 12 noon

Provided by the STEMI Coordinator group



OBJECTIVES

- Describe the Acute Cardiac Ready Hospital Designation process
- Prepare your STEMI referring hospital to be recognized as an Acute Cardiac Ready Hospital
- Use the Cardiac System of Care registry- GWTG: CAD to collect and review your facility's STEMI data
- Apply QI hospital concepts to your cardiac program



ACUTE CARDIAC READY HOSPITAL (ACRH) DESIGNATION







North Dakota Acute Cardiac Ready Hospital Designation Criteria

PRE-HOSPITAL CARE

- Collaboration with local EMS to allow for pre-hospital activation of STEMI process
- Documentation supporting hospitals reaching back to EMS to provide patient outcomes, what went well, opportunities for improvement on cardiac arrest calls (feedback forms, integration of quarterly meetings, etc.)
- EMS to provide current contact information to hospital facility

EMERGENCY ASSESSMENT OF STEMI PATIENTS

- ED triage protocol that includes a stat ECG (<10 minutes after arrival) for patients with Acute Coronary Syndrome (ACS) based signs and symptoms, including atypical presentations
- ED treatment protocol(s) for diagnosis and treatment of the STEMI patient
- STEMI activation plan
- STEMI Team with required experience or competency/skills validation in STEMI care
- STEMI Team ACLS certified
- STEMI Team response to bedside <20 min.
- Acute Cardiac Team members have one-hour training and education annually specific to STEMI recognition, identification, treatment, and transfer (not including BLS or ACLS recertification)

TREATMENT

- Documentation of reperfusion strategy(ies) (Fibrinolytics vs Primary PCI)
- Protocol that outlines each step in STEMI treatment and transfer process that follows current clinical practice guidelines (Examples include goal metrics for Door to ECG within 10 minutes of arrival, Door to transport activation and Door-in to Door-out within 45 minutes, Arrival to Thrombolytics within 30 minutes)
- Documentation by provider on why the patient did not receive fibrinolytic therapy
- Provide STEMI order sets which include current clinical practice guidelines
- Inclusion/exclusion criteria, risks/benefits/alternatives to IV fibrinolytic documented in the patient record by provider consistently

FIBRINOLYTIC THERAPY

- Provide order sets/protocols for fibrinolytic therapy administration
- Documentation of fibrinolytic checklist use
- Documentation of the process in place when the STEMI patient is not eligible for fibrinolytic therapy
- Documentation of annual Tenecteplase (TNK) administration refresher for STEMI Team
- IV TNK available 24/7 (Recommend: 2 doses TNK available)

TRANSFER PROCESS

- Transport plans or agreement for STEMI patient to be transferred to a PCI capable center
- Documentation where expected length of stay in ED for STEMI patients transferred for PCI
 <u>></u> 45 minutes (Door-in to Door-out)

PERSONNEL

- STEMI Coordinator name and leadership roles specific to STEMI Systems of Care
- Name of Medical Director/Physician Champion and leadership roles specific to STEMI Systems of Care
- Designated smoke free campus

PROCESS IMPROVEMENT

- STEMI activation log
- Process improvement documentation, keeping track of quality metrics and addressing outliers, why the metric is an outlier, and what has been done to improve outliers
- Report metric data at interdisciplinary meeting (including EMS personnel), can be built into an already existing quarterly meeting or can be a meeting on its own.
- Use of cardiac registry with capabilities for state reporting
- Performance improvement program must include, but not limited to, tracking the following metrics:
 - Door to ECG within 10 minutes
 - STEMI positive ECG to EMS transport activation within 10 minutes
 - Door to fibrinolytics (in fibrinolytic eligible patients) <30 minutes
 - Door-in door-out time (length of stay) < 45 minutes
 - Aspirin given prior to transfer
 - o Loading dose of Plavix or Brilinta prior to transfer
 - Loading dose of weight-based Heparin
 - If fibrinolytics given, initiation of Heparin drip
- Review of hospital and pre-hospital STEMI care

RECOMMENDATIONS:

- Documentation supporting annual public awareness campaign provided to community
- Outreach to local dispatch regarding pre-arrival CPR instruction
- Participation in Cardiac Arrest Registry to Enhance Survival (CARES)

ACUTE CARDIAC READY HOSPITAL DESIGNATION

- Meets requirement of Century Code 23-47: Acute Cardiovascular Emergency Medical System
 - Creates hospital standards for designation, evaluation, and quality improvement
- Statewide cardiac registry selected: Get with the Guidelines-Coronary Artery Disease (GWTG-CAD)
- Modeled after the Acute Stroke Ready Hospital designation process





ACUTE CARDIAC READY HOSPITAL DESIGNATION PROCESS

- Prepare your facility to become Acute Cardiac Ready by implementing the ACRH designation criteria
 - Analyze-Where your facility stands regarding the criteria and where does your facility need to be?
 - Develop a comprehensive performance improvement program
 - Utilize GWTG: CAD
- Complete and submit your application to become an ACRH
- Schedule an ACRH Site Visit with the State Cardiac Coordinator
- Become an Acute Cardiac Ready Hospital!





ACRH APPLICATION

- Once you have verified your hospital meets ACRH designation criteria, apply!
- Application can be found on Department of Health Division of Emergency Medical Systems website at:
 - <u>North Dakota Cardiac System of Care Hospital</u> <u>Designation | Department of Health (nd.gov)</u>
- Currently, the application is online and can be submitted by email to Christine Greff, State Cardiac Coordinator at <u>cgreff@nd.gov</u>
 - The application process will eventually be electronic

Be legendary Health 172	sion of Emergency Medical S 0 Burlington Dr – Suite A 328-2388 • 701-328-0357 (f) (12/2021)		736 .nd.gov
INSTRUCTIONS: This form must be considered for designation.	submitted in its entirety with	all required documentation	n to be
Facility Name		Telephone N	mber
Street Address / PO Box	City	State	Zip Code
The above-named facility is requesti as an Acute Cardiac Ready Hospital designation, they are required to only CEC/Administrator (print)	(ACRH) in the state of North		e for designation t eligible for
Signature		Date	
		L'HIG	
Chief Medical Officer (print)			
Signature		Date	
Medical Director of Cardiac Program (print)			
Signature Director of Nursing/CNO		Date	
Telephone Number		Email	
STEMI Coordinator (name, credentials, and title)		
Telephone Number		Email	
Address	City	State	Zip Code
Email	l	Telephone N	mber
For DEMS Use Only Designation Number			
Date Issued			
Approved By			
Processed By Proce	ss Date		



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Acute Cardiac Ready Hospital Designation Virtual Site Visit Agenda

8:30–9:15 am	Welcome and Introductions Opening Session ✓ Cardiac Program Presentation ✓ STEMI Quality Metrics Presentation ✓ Question and Answer	Cardiac Program Leadership Team Hospital Administration Hospital Departmental staff NDDoH staff and Reviewer EMS
9:15–10:00 am	 Hospital Tour ✓ Ambulance garage or entrance, Helipad ✓ Ambulatory entrance ✓ ED, Triage, EMS radio report areas, Pharmacy (how you store tenecteplase), Lab ✓ ICU/floor (if admit tenecteplase) 	Cardiac Program Leadership Team NDDoH staff and Reviewer Departmental staff (when department visited)
10:00–10:30 am	Provider-to-Provider Interaction	Cardiac Program Leadership Team, NDDoH staff and Reviewer, MD Reviewer, ACRH Provider
10:30-10:45 am	Break	Gather staff, secure location for Case Review
10:45-12:00 pm	Case Review (Tracer Activity)/Working Lunch ✓ Tenecteplase given and transferred ✓ Tenecteplase given and admitted (OR non- Tenecteplase admitted) ✓ Other cardiac transfers	Cardiac Program Leadership Team NDDoH staff and Reviewer Staff to navigate EMR as needed
12:00-12:30 pm	 Data and Performance Improvement Session ✓ Data presentation ✓ Case review process: how do you identify and look at cases PI process: how do you turn case review into performance improvement activities 	Cardiac Program Leadership Team NDDoH staff and Reviewer Abstractor Quality Department staff
12:30–1:00 pm	Pre-conference Session (closed)	NDDoH staff and Reviewer
1:00–1:30 pm	Closing Session Verbal Report Provided by Site Reviewer	Cardiac Program Leadership Team Hospital Administration Hospital Departmental staff NDDoH staff and Reviewer EMS

ACRH SITE VISIT

- Virtual option utilized during pandemic
- Intended timeline is an estimate
- Agenda times vary for virtual vs. in-person visit

ACRH SITE VISIT-WHAT TO PREPARE

- Must provide PowerPoint presentation on Cardiac Program to reviewers during opening session of site visit
- Your Cardiac/STEMI Coordinator will be provided with a document on what to submit prior to your virtual site visit.
 - Must be submitted electronically no later than two weeks before site visit
 - Includes, but is not limited to STEMI treatment and transfer protocols, activation log, activation plan, Acute STEMI Team education, STEMI order sets, IV fibrinolytic checklist, performance improvement program documentation





<u>ND CARDIAC</u> <u>GUIDELINES</u>

- ND Cardiac System STEMI, NSTEMI, & Acute Coronary Syndrome Guide has been updated/revised
- Please keep your DON and Coordinator contact information updated

Dakota | Health Be Legendary."



ND Cardiac System STEMI, NSTEMI, &

Acute Coronary Syndrome Guide





PRE-HOSPITAL CARE

- Collaboration with local EMS to allow for pre-hospital activation of STEMI process
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- STEMI activation plan





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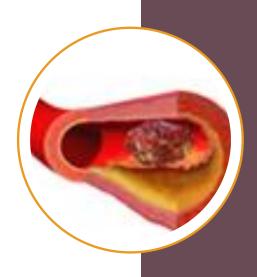




• Examples

<u>TREATMENT</u>

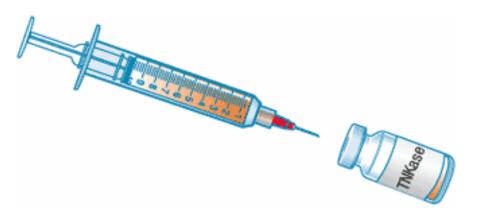
- Documentation of reperfusion strategy Fibrinolytic vs Primary PCI
- Protocol that outlines each step in STEMI treatment and transfer process, following practice guidelines which include the following:
 - Fibrinolytic: Goal of Fibrinolytic Administration <30 minutes
 - Primary PCI: Transferred out for primary PCI <a>
 (Door-In Door-Out)
 When transferring for primary PCI, first medical contact to PCI must be a total of <a>
 - Should have a plan with your receiving center what the typical strategy will be





<u>TREATMENT</u>

- Documentation by provider on why the patient did not receive fibrinolytic therapy
- Provide STEMI order sets which includes current clinical practice guidelines
 - These will include your stat ECG, O2, IV, Labs, ASA, Fibrinolytic, Heparin, nitroglycerin, P2Y12, and transfer orders as needed.
- Inclusion/exclusion criteria, risks/benefits/alternatives to IV fibrinolytic documented in the patient record by provider consistently





FIBRINOLYTIC THERAPY

- Ensure the order sets are current and available to providers
 - This makes it easier for everyone
- Contraindication list <u>MUST</u> be completed prior to administration of any lytic drug
 - Absolute vs relative
- If for any reason, the patient is not eligible for lytics, document "why", i.e., head bleed 4 years ago

ABSOLUTE CONTRAINDICATIONS FOR FIBRINOLYSIS (TNK) IN STEMI

- 1. Any prior intracranial hemorrhage
- 2. Known structural cerebral vascular lesion (e.g.,
- arteriovenous malformation)
- 3. Known malignant intracranial neoplasm (primary or metastatic)
- 4. Ischemic stroke within 3 months except acute ischemic
- stroke within 3 hours
- 5. Suspected aortic dissection
- 6. Active bleeding or bleeding diathesis (excluding menses)
- 7. Significant closed-head or facial trauma within 3 months
- 8. Chest Pain/Symptom Onset > 12 hours

RELATIVE CONTRAINDICATIONS FOR FIBRINOLYSIS: (TNK) IN STEMI

1. History of chronic, severe, poorly controlled hypertension

- Severe uncontrolled hypertension on presentation (SBP more than 180 or DBP more than 90 mmHg)
- 3. History of prior ischemic stroke more than 3 months,

dementia, or known intracranial pathology not covered in contraindications

- 4. Traumatic or prolonged CPR (over 10 minutes)
- 5. Major surgery (within last 3weeks)
- 6. Recent internal bleeding (within last 2-4 weeks)
- 7. Noncompressible vascular punctures
- 8. Streptokinase/anistreplase: prior exposure (more than 5 days ago) or prior allergic reaction to these agents
 9. Pregnancy
- 9. Pregnancy
- 10. Active peptic ulcer
- 11. Current use of anticoagulants: the higher the INR
- Symptom Onset > 6 hrs. prior to presentation consult Cardiology



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<u>FIBRINOLYTIC</u> <u>THERAPY</u>



- Document what the plan is for the patient; transport out? Keep at your facility?
- What education do you have for a staff competency to administer TNKase?
 - Yearly refresher must be documented
- Facility Pharmacy/ED must have 24/7 access to TNKase







Transportation to a PCI Center



Door-in to Door-Out

• <45 min

• TNK



<u>PERSONNEL</u>

- STEMI Coordinator role
- Physician Leadership/Medical Director role







TIPL	
NB STA	Name:
ALL THE REAL	Date:
	Objective:
	Metric (GWTG: Measure):
	Analysis:
	Action:

- STEMI activation log
- Process improvement documentation
- Report metric data at interdisciplinary meetings
- Use state cardiac registry
- Review hospital and pre-hospital STEMI care





PROCESS IMPROVEMENT

- Quality Metrics:
 - Door to ECG within 10 minutes
 - STEMI positive ECG to EMS transport activation within 10 minutes
 - Door to fibrinolytics <30 minutes
 - Door-in door-out time (length of stay) <45 minutes
 - Aspirin given prior to transfer
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RECOMMENDATIONS

- Documentation of supporting annual public awareness campaign provided to community
- Outreach to local dispatch regarding pre-arrival CPR instruction
- Participation in Cardiac Arrest Registry to Enhance Survival (CARES)

Adult Out-of-Hospital Chain of Survival





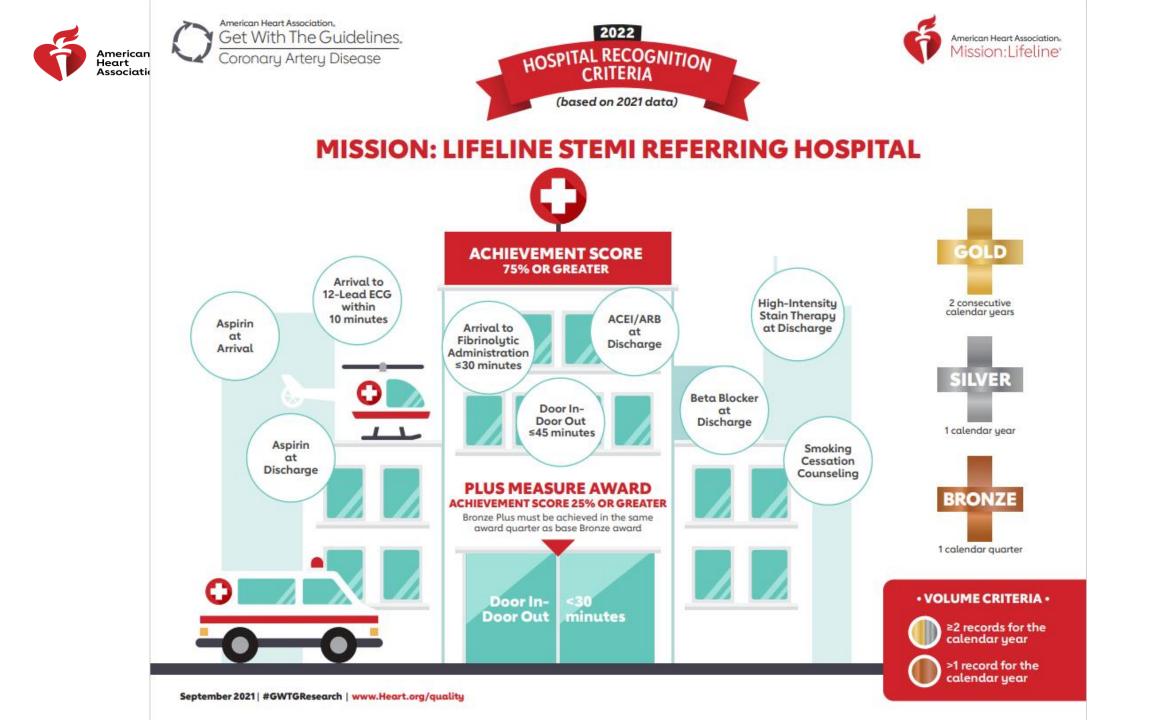
QUALITY IMPROVEMENT UTILIZING GWTG-CAD: HOSPITAL CONCEPTS & APPLICATIONS

Basic Tenets of Quality Improvement Using GWTG-CAD to Drive Improvement Continuous Quality Improvement Resources & Activities Mindy is a Sr. Quality Manager for Quality, Outcomes Research, and Analytics with the AHA Quality Improvement Team. Mindy manages Stroke and Cardiac accounts in ND, SD, and MN, and leads AHA's strategic vision for rural care.

Mindy joined the Midwest region of the AHA in 2011 as Director of Mission: Lifeline ND.

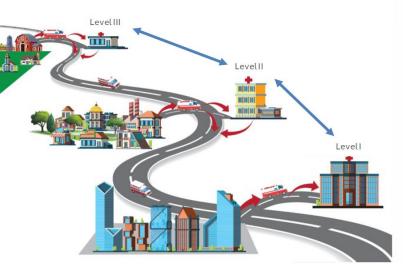
Mindy Cook BSN Senior Quality Improvement Manager National Rural Health Quality, Outcomes Research & Analytics American Heart Association National Center Mindy.Cook@heart.org





HEART ATTACK HOSPITAL CERTIFICATION







RECOMMENDED LEVELS OF HEART ATTACK CARE

Heart attack level	AHAR hospital	PHAC	CHAC	
Alternative name of heart attack level	ive name of heart attack level Level III		Level I	
Designation characteristics	24/7/365 STEMI referring hospital	24/7/365 PCI capable	24/7/386 STEMI receiving center: cardiac surgery on site, cardiogenic shock, advanced hemodynamic sup- port, OHCA support	
Annual PCI volume (institutional). n†‡	NA	≥150	≥400	
Annual primary PCI institutional volume, n‡	NA	≥36	≥36	
Annual PCI volume (provider), n‡	NA	≥50	≥50	
Annual primary PCI volume (provider), n‡	NA	≥11	≥11	
Circulatory support (IABP)	NA	Required	Required	
Advanced circulatory support (e.g.] ECMO, LVAD)	NA	Not required	Required	
Cardiac surgery on site	NA	Not required	Required	
Cardiogenic shock support	NA	Not required	Required	
Comprehensive post arrest care, including TTM	TTM required	TTM required	Comprehensive post arrest care TTM required	
Rapid response team	NA	Required	Required	
Cardiothoracic intensive care unit	NA	Not required	Required	
Coronary intensive care unit	NA	Required	Required	
Cardiac rehabilitation services	Locally available	Locally available	Locally available	
Fibrinolytic administration capability	Required	Required	Required	
National AMI data registry participation	Required	Required	Required	
Transfer agreement	Required transfer agreement in place with Level I or Level II facilities	Required transfer agreement in place with Level I (PHAC) when advanced levels of critical care needed	Required transfer agreements in place to accept patients from Level II and III facilities requiring advanced care	
Regional system of care engagement	Required	Required	Required	
Other criteria			Air medical transport with advanced circulatory support (e.g. ECMO, LVAD) services	



GWTG CORONARY ARTERY DISEASE (CAD) REGISTRY

GWTG: CAD Registry Login

START ENROLLMENT TODAY BY EMAILING KAY.JOHNSON@HEART.ORG

& <u>MINDY.COOK@HEART.ORG</u>

ON DEMAND GWTG-CAD TRAINING

RURAL GET WITH THE GUIDELINES® - CORONARY ARTERY DISEASE DATA ABSTRACTION SERIES

SESSION 1: ACCURATELY ABSTRACTING TRANSFER PATIENT DATA INTO THE REFERRAL FORM

SESSION 2: EFFECTIVELY USING REPORTS TO DRIVE QUALITY IMPROVEMENT IN A NON-PCI CAPABLE HOSPITAL

ND ACRH Performance Metrics

- DOOR TO ECG WITHIN 10 MINUTES
- STEMI POSITIVE ECG TO EMS TRANSPORT ACTIVATION WITHIN 10 MINUTES
- DOOR TO FIBRINOLYTICS (IN FIBRINOLYTIC ELIGIBLE PATIENTS) <30 MINUTES
- DOOR-IN DOOR-OUT TIME (LENGTH OF STAY) < 45 MINUTES
- ASPIRIN GIVEN PRIOR TO TRANSFER
- LOADING DOSE OF PLAVIX OR BRILINTA PRIOR TO TRANSFER
- LOADING DOSE OF WEIGHT-BASED HEPARIN IV
- IF FIBRINOLYTICS GIVEN, INITIATION OF HEPARIN DRIP

References

2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction <u>https://doi.org/10.1161/CIR.0b013e3182742cf6</u> Circulation. 2013;127:e362-e425 Systems of Care for ST-Segment-Elevation Myocardial Infarction: A Policy Statement From the American Heart Association <u>https://doi.org/10.1161/CIR.00000000000001025</u> Circulation. 2021;0:CIR.000000000001025





Getting started: Patient Entry



Inclusion Criteria:

- Confirmed STEMI or NSTEMI after presenting with signs and symptoms consistent with AMI
 - May be confirmed by elevated Troponin, CK-MB peak >4%, or ECG evidence of AMI
- Patients evaluated for STEMI or NSTEMI at your hospital even if they transfer, expire or leave against medical advice (AMA)
- Patients with STEMI or NSTEMI who refuse treatment or have "Do Not resuscitate" orders

Exclusion Criteria:

- Patients <18 years of age
- Patients with AMI who are transferred to your hospital >24 hours after arrival at first/outside hospital
- Patients presenting to hospital with signs and symptoms not consistent with AMI that are later diagnosed with AMI
- Example: Patient presents with ankle injury and is evaluated for possible fracture, but is later diagnosed with AMI
- Patients with ECG results stated as "old" or "suspected MI" without any positive cardiac markers





Getting Started: ICD-10-CM Diagnosis Codes

The following list of ICD-10-CM codes can be used to determine facility's AMI population:

- 121.01 121.09 ST Elevation myocardial infarction (STEMI) of anterior wall
- 121.11 121.10 ST Elevation myocardial infarction (STEMI) of inferior wall
- 121.21 121.29 ST Elevation myocardial infarction (STEMI) of other sites
- 121.3 ST Elevation (STEMI) myocardial infarction of unspecified site
- **121.4** non-ST Elevated Myocardial infarction (NSTEMI)
- 121.9 Acute Myocardial infarction, unspecified

GETTING STARTED: ENTERING OTHER CARDIAC DIAGNOSES

YOUR FACILITY MAY CHOOSE TO ENTER PATIENTS WITH OTHER DIAGNOSES PERTAINING TO ACUTE CORONARY SYNDROME SUCH AS UNSTABLE ANGINA OR CORONARY ARTERY DISEASE INTO GWTG – CAD.

-ONLY RECORDS IDENTIFIED AS STEMI, STEMI EQUIVALENT, OR NSTEMI WITH POSITIVE CARDIAC BIOMARKERS IN THE FIRST 24 HOURS ARE INCLUDED IN THE INITIAL PATIENT POPULATIONS AT THIS TIME

PATIENT RECORDS WITH AN INPATIENT AMI OR DIAGNOSIS OF MYOCARDIAL INFARCTION TYPE 2, 3, 4A, 4B, 4C OR 5 AND WITHOUT A CODE FROM THE ICD-10-CM LIST ON THE PREVIOUS SLIDE <u>SHOULD NOT</u> BE ENTERED INTO THE REGISTRY







AD Referring Facility Form Legend BOLD = Required (required when shownine CRF, Updates in yellow highlight D: phics Demographics Tat lentifiers nd ID: not admitted at this facility and transferred outto another acute care facility? O Yes O No
BOLD = Required (required when shown in eCRF Updates in yellow highlight D:
Updates in yellow highlight: D: phics Demographics Tab Alentifiers Al D: nd ID:
Ind Not Documented:
Ind Not Documented:
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not admitted at this facility and transferred out to another acute care facility? O Yes O No
aphics
ex: O Male O Female O Unknown Genderldentitu: O Male
O Female
O Female-to-Male (FTM)/Transgender Male/Trans Man
O Male-to-Female (MTF)/Transgender Female/Trans Woman
O Genderqueer, Neither Exclusively Male nor Female O Additional Gender Category or Other
O Additional Gender Category or Other
ther Patient Gender Identity
-Identified Sexual Orientation: O Straight or heterosexual
O Lesbian or gay
O Bisexual
O Queer, pansexual, and/or questioning
O Something else; please specify O Dan't know
O Declined to answer
ther Patient-Identified Sexual Orientation:
ate of Birth://
tient Zip Code:
I Ethnicity
an Indian or Alaska 🛛 🗖 Native Hawaiian or Pacific
Islander
r African American
Guamanian or Chamorro Samoan
Asian Indian 🛛 Korean 🔹 Other Pacific Islander
Chinese Vietnamese UTD
Filipino Other Asian
Japanese
O Yes O No/UTD
If Yes, Mexican, Mexican American, Chicano/a Duerto Rican
Another Hispanic, Latino or Spanish Origin

GWTG-CAD Referring Facility Form

December 2021

		Adr	nin Tab	
Administrativ	/e			
Arrival Date	/Time:	_/_/:		
Diagnosis				
Cardiac Diagnosis:	000	onfirmed AMI – STEMI onfirmed AMI – non-STEMI oronary Artery Disease	O Confirmed AMI – STEMI/non-O STEMI unspecified	O Unstable Angina O Other

		Pre-Hospital/Arrival Tab
Pre-Hospital		
Means of transport	O Air	EMS Agency
to first facility:	OAmbulance	name/number:
	O Walk-in	Run/Sequence number:
		Pre-Hospital Time Tracker
EMS First Medical Conto		_/_/:
Date/time of Initial 911		
Destination Pre-arrival	alert or notifica	ntion://::
Method of 1st notification	on:	O ECG Transmission O Phone call O Radio O ND
Transfers		1
Transport requested:		_/_/:
Facility the patient was	transferred to	·
Mode of transport O Air	r O	Inter-facility transport EMS Agency
Ambulance		name/number:
ECG		
1st ECG Date/Time:	/:_	
		al Arrival O After First Hospital Arrival
1st ECG Non-System Re STEMI or STEMI Equival		y: L s O No
		ion Olsolated Posterior MI OLBBB
		irst noted: 0 First ECG 0 Subsequent ECG
If subsequent EC	G, Date/Time o	
ECG Finding When N	ot STEMI or STE	
		O ST depression (New or Presumed New) O Transient ST elevation
		O Transient ST elevation O T-Wave Inversion (New of Presumed New)
		O None of the above
Arrival		
Symptom onset Date/1	'ime://_	
	O Dabigatro	an O Rivaroxaban O Apixaban O Warfarin O None
Patient Current		





	omarkers in the first 24	hours? O Yes	
nitial Troponin val	ueOng/n	nL Ong/L Oug/L O pg/ml	
nitial Troponin - N			
Date/Time of initia	l troponin results:	Unknown	
	r viral infection at ng hospitalization:	None/ND Bacterial Infection Seasonal Cold or Flu	Emerging Infectious Disease MERS SARS-COV-1 SARS-COV-2 (COVID-19) Other Infectious Respiratory Pathogen
Patient Medical History:	[parent] If yes, Diabetes Mellitus Dyslipidemia [pa Emerging Infectio SARS-COV-2 (CC Heart Failure Prior CABG [pare	5 O Type 1 [child] O Type 2 arent] If yes, □ Familial Hyp pus Disease [parent] □ MER DVID-19) [child] □ Other Info □ Hypertension □ Periph	hild] 🗆 Currently on Dialysis [child] O ND [child] ercholesterolemia [child] 25 [child] D SARS-COV-1 [child] ectious Respiratory Pathogen eral Artery Disease G Date _/_/ [child]; □ Prior Mi
Diabetes Mellitus			
History of Smoking			
History of vaping	or e-cigarette use in	the past 12 months? 0	Yes O No/ND

G WTG-CAD Referring Facility Form

December 2021

			Hospitalization Tab			
Reperfusion						
Thrombolytics? O Y	es ONo	If yes, Dose Start Date/Time:		Documented non-system reason for delay-thrombolytics? O Yes O No		
		//_	:		reason (check all the ardiac Arrest	at apply)
				🗆 Int	ubation	
					ed for additional Pl ected/confirmed inf	
				dised	ise	
				🗆 Pa	tient refusal	
Risk-Stratification Score Documented?					TIMI Other	
			C HEART	ore	No Risk-Strat Documented	ification Score
Grace Risk Score:		TIMIE	Risk Score		Heart Score:	
Health Related Socia	il Needs As	sessment				
During this admission completed?	n, was a sto	andardized h	nealth related social	l needs for	rm or assessment	O Yes O No/ND
If Yes, identify the		nmet social :t all apply)	Education Employmer Financial St Food Living Situation/H Mental Heo	ousing	 PersonalSc Substance Transporta Utilities None of the unmetsocie were identi 	Use tion Barriers areas of al needs listed

Discharge Information			
Discharge Date/Time:	//::		
	1 - Home	5 – Other Health Care Facility	
	2 - Hospice-Home	6 - Expired	
Discharge Disposition:	3 - Hospice-Healthcare	7 - Left Against Medical Advice/AMA	
	Facility		
	4 - Acute Care Facility	8 - Not Documented or Unable to Determine	
	_	(UTD)	
Comfort Measures Only	OYes ONo If Yes, Date/1	'ime//::	
Comments:			

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DEMOGRAPHICS TAB

REQUIRED (BOTH STANDARD AND REFERRAL FORM):

- PATIENT NOT ADMITTED AT THIS FACILITY AND TRANSFERRED OUT TO ANOTHER ACUTE CARE FACILITY?
 - This question triggers the shortened "Referral Form" if the answer is "Yes"
- PATIENT SEX
- DATE OF BIRTH
- RACE AND ETHNICITY

OPTIONAL (BOTH STANDARD AND REFERRAL FORM):

- STEMI BAND ID (SPECIAL IDENTIFIER. MAY BE USED IF STATE OR EMS AGENCIES USE A SINGLE PATIENT ID TO TRACK PATIENTS THROUGHOUT THE SYSTEM
- PATIENT GENDER IDENTITY AND SEXUAL ORIENTATION
- ZIP CODE
- PAYMENT SOURCE





ADMIN TAB

REQUIRED:

REFERRAL FORM (TRANSFERRED PATIENTS) {NO ELEMENTS}

STANDARD FORM (ADMITTED PATIENTS)

- ADMISSION DATE

OPTIONAL:

REFERRAL FORM (TRANSFERRED PATIENTS)

- CARDIAC DIAGNOSIS

STANDARD FORM (ADMITTED PATIENTS)

- ATTENDING PHYSICIAN/PROVIDER NPI
- LOCATION PATIENT FIRST EVALUATED
- CARDIAC DIAGNOSIS
- ENROLLED IN CLINICAL TRIAL DURING HOSPITALIZATION?



PRE-HOSPITAL/ARRIVAL TAB

REQUIRED:

REFERRAL FORM (TRANSFERRED PATIENTS)

- MEANS OF TRANSPORT TO FIRST FACILITY
- FIRST ECG DATE/TIME
- ECG SHOWED STEMI OR STEMI EQUIVALENT?
- PATIENT CURRENT MEDICATIONS
- ASPIRIN WITHIN 24 HOURS OF ARRIVAL
- ACTIVE BACTERIAL OR VIRAL INFECTION AT ADMISSION OR DURING HOSPITALIZATION?

STANDARD FORM (ADMITTED PATIENTS)

- TRANSFERRED FROM OTHER FACILITY?
- POSITIVE CARDIAC BIOMARKERS IN FIRST 24 HOURS?

OPTIONAL:

REFERRAL FORM (TRANSFERRED PATIENTS)

- EMS ELEMENTS (IF APPLICABLE)
 - FMC, time of 911 call, pre-arrival alert time, method of first notification, Transportation details
- SYMPTOM ONSET DATE/TIME
- PATIENT MEDICAL HISTORY
- VAPING/TOBACCO USE IN LAST 12 MONTHS
- HEIGHT/WEIGHT

STANDARD FORM (ADMITTED PATIENTS)

- HR, BP, CARDIOGENIC SHOCK DETAILS ON FMC (IF APPLICABLE)
- INITIAL SERUM CREATININE
- INITIAL TROPONIN VALUE



EXPLORE THE LIBRARY

Reports & Measures

Mission:Lifeline Regional Report Glossary GWTG-CAD Receiving Center Measures GWTG-CAD Referring Hospital Measures GWTG-CAD NSTEMI Measures GWTG-CAD STEMI Risk Adjusted Measure Description GWTG-CAD Descriptive Measures STEMI Receiving Center Measure Logic and Rationale STEMI Referring Center Measure Logic and Rationale NSTEMI-ACS Measure Logic and Rationale

REPORTS & MEASURES:

- DESCRIPTIONS AND INCLUSION/EXCLUSION CRITERIA FOR MEASURES
 - Reference these when reviewing patient fallouts or excluded patients to gain insight

- MEASURE LOGIC AND RATIONALE

- Citations of evidence-based guidelines to support measures in GWTG - CAD

MISSION: LIFELINE REGIONAL REPORT GLOSSARY

- Review in-depth details behind the M:L Regional Report

Coding Instructions

GWTG-CAD Coding Instructions

Case Report Forms (eCRF)

GWTG-CAD CRF

GWTG-CAD Referring Facility CRF

User Guide & Training

IRP User Guide

Training Video- Logging in and Navigation

- Training Video- Facility Forms
- Training Video- Custom Lists
- Training Video- Custom Fields
- Downloading Report Visualizations

CODING INSTRUCTIONS:

- DATA DEFINITIONS AND EXAMPLES FOR ENSURING ACCURACY WHEN ABSTRACTING DATA INTO PATIENT CHARTS
 - Not recommended to print, the coding instructions also remain accessible from each patient chart via hyperlinked chart headers

CASE REPORT FORMS (ECRF):

__- GWTG-CAD REFERRING FACILITY CRF FOR PATIENTS TRANSFERRED OUT

USER GUIDE & TRAINING:

- IRP USER GUIDE
 - Explore how to navigate the technology platform

- TRAINING VIDEOS

- Short videos provide an overview on properly setting up your account for maximum success and ease of use



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Other Resources

Quality Improvement Concepts







Plan, Do, Study, Act Six Aims for the Healthcare System



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1. Safe: Care should be as safe for patients in healthcare facilities as in their homes;

2. Effective: The science and evidence behind health care should be applied and serve as the standard for the delivery of care;

3. Efficient: Care and service should be cost-effective, and waste should be removed from the system;

4. Timely: Patients should experience no waits or delays in receiving care and service;

5. Patient-centered: The system of care should revolve around the patient, respect patient preferences, and put the patient in control;

6. Equitable: Unequal treatment should be a fact of the past; disparities in care should be eradicated.



Frameworks for Quality Improvement

• Plan – Do – Study – Act (PDSA)







- 1. What are we trying to accomplish?
- 2. How will we know that a change is an improvement?
- 3. What changes can we make that will result in an improvement?









Quality Improvement in time to 12 L ECG acquisition in STEMI and NSTEMI patients

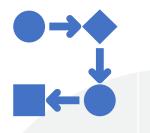








ACT PDSA DO



Select a Team

Internal – ED clinical staff (provider, nursing, registration, lab, radiology etc.)

External (Local EMS)

Someone with no knowledge of the process

Draft an AIM Statement

What are we trying to accomplish?

How will we know what changes is an improvement?

What changes can we make that will result in an improvement?

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AIM Statement

The purpose of this project was to improve rates of detection of acute myocardial infarction (STEMI and NSTEMI) through early acquisition of a 12 L ECG in patients who presented with cardiac and noncardiac chest pain. (Chest pain as defined by pain, pressure, tightness, or discomfort in the chest, shoulders, arms, neck, back, upper abdomen, or jaw as well as shortness of breath and fatigue)

Our primary aim was that by (xx Date) 75% of ED patients presenting with "chest pain", would receive a 12L ECG within 10 min of arrival.







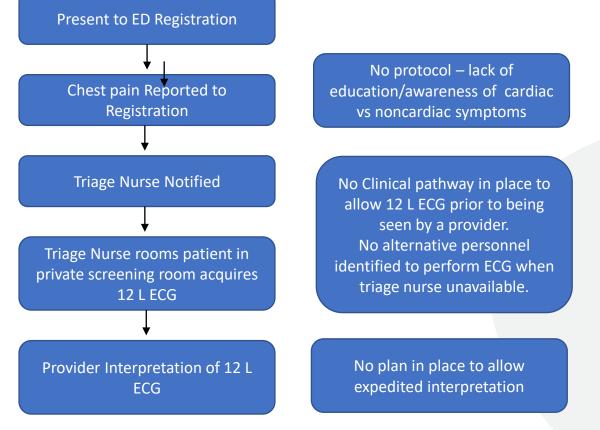
Examine your current process. Start by asking the team these basic questions:
How are we doing now?
How do we do it?
What are the major steps in the process?
Who is involved in identifying a need, ordering and performing the 12 L ECG?
What do they do?
What is done well?
What could be done better?



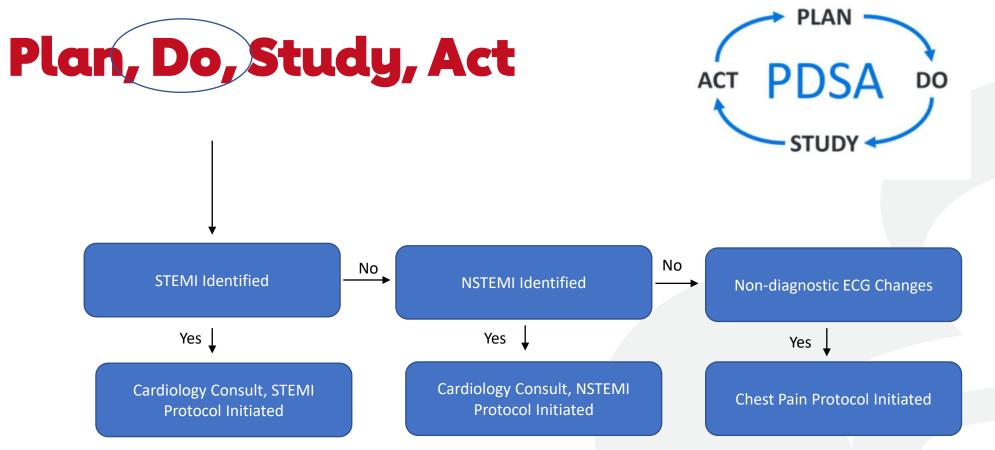












Process map to understand the logistics behind the delivery and interpretation.







Describe the Problem

Acute myocardial infarction patients are at risk for irreversible myocardial cell damage or death (necrosis).ED physicians identified widespread variation and significant delays in delivery of cardiac assessment in chest pain patients, suggesting an urgent need to develop a consensus and a protocoled approach.







Identify Causes and Alternatives

- Analyze Causes
- Develop Alternatives
 - "If we do _____, then _____ will happen."

Focus on WHERE, HOW, and WHEN to do a 12 L ECG with chest pain patients.











Start to implement your action plan. Be sure to collect data as you go, to help you evaluate your planning.









PDSA cycle 1

- 'How' and 'when' to activate chest pain protocol: A standard chest pain protocol for ED patients presenting suspected cardiac symptoms was established.
 - A list of cardiac symptoms was provided to registration desk attendant which allowed patient prioritization including immediate nurse triage and 12 L ECG.
 - Triage nurse to be paged when a patient presented with any cardiac symptoms
 - Dedicated private room identified to obtain ECG's
 - ECG machine docked in predefined location in ED that team is all aware of
 - Standing chest pain order in place that allows nursing to obtain an initial ECG







- 'Where' to assess: A dedicated area was identified to store the 12 L ECG machine and supplies that also accommodated patient privacy and positioning.
- Chest pain symptom awareness posters were placed throughout the ED.
- Training was initially delivered face-to-face, Cardiac Coordinator to the ED clinical team (registration personnel, nurses, lab technicians, and providers).
- The registration staff and nurses were vital in identifying patients requiring ECG monitoring.
- All members of the ED clinical team could apply a 12 L ECG monitor as and when necessary.
- The overall responsibility of ensuring sufficient training and transcription of the results lay with core members of cardiac team.



Plan, Do, Study, Act Stage 3: Study



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- Using the aim statement drafted in Stage 1: Plan, and data gathered during Stage 2: Do, determine:
 - ✓ Did your plan result in an improvement? By how much/little?
 - ✓ Was the action worth the investment?
 - ✓ Do you see trends?
 - ✓ Were there unintended side effects?
- You can use a number of different tools to visually review and evaluate an improvement, like a <u>Pareto chart</u>, <u>control chart</u>, or <u>run</u> <u>chart</u>.
- You can run your Get With The Guidelines CAD data pre and post intervention to evaluate results.

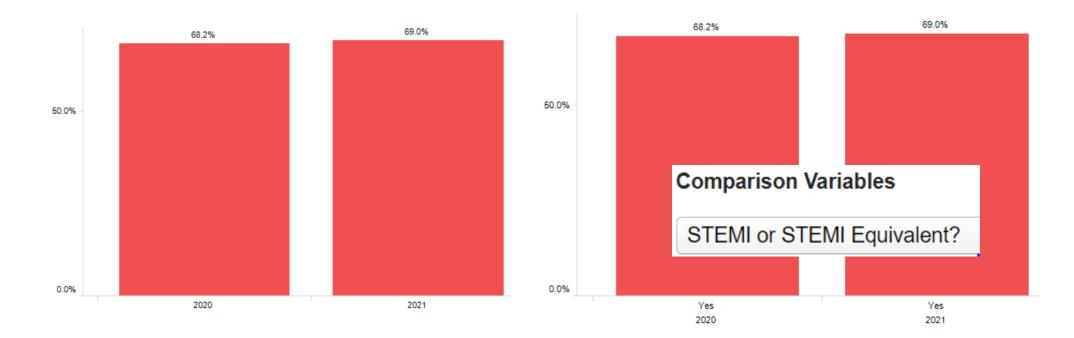




Plan, Do, Study, Act Stage 3: Study



STEMI Receiving Center Achievement Measures » AHACAD6: ECG within 10 minutes of Arrival at this Receiving Center





Plan, Do, Study, Act Stage 4: Act

- If your team determined the plan resulted in success, standardize the improvement and begin to use it regularly. After some time, return to Stage 1: Plan and re-examine the process to learn where it can be further improved.
- If your team believes a different approach would be more successful, return to Stage 1: Plan, and develop a new and different plan that might result in success.







Teams

- C-Suite buy In (accountability from the top down)
- Develop frontline champions
- Integrate QI Principles to onboarding materials

Reports

- Unit/Physician Report Cards
- Dashboards (red, yellow, green)
- Present data/QI plan throughout organization (ED, hospitalist , cardiology, nursing)
- Develop accountability matrix

Science

- Explain the "why" behind data collection/QI process
- Provide scientific rationale
- Improved Quality=Improved Patient Outcomes
- Provide real world examples

Engagement

- Trivia
- Unit Report cards to foster "competition"
- Rewards: food, lapel pins etc.

Resources & Activities







Resources Available

Your American Heart Association Quality Improvement Consultant can provide resources for your initiatives

Mindy.Cook@heart.org

NAHQ – National Association of Healthcare Quality





Training & Onboarding

Tool/Resource	Description	How to Access
AHA Statements & Treatment Guidelines	A library of AHA Statements & Treatment Guidelines, available in pdf, AHA Guidelines on-the-go mobile app and pocket cards.	AHA Statements & Treatment Guidelines
AHA Online Professional Education Center	An online professional education platform, with CME & non-CME opportunities for healthcare professionals.	AHA Online Professional Education Center
GWTG-CAD Webinars	A library of archived workshops and webinars focused on evidence-based care & best practices, hosted through the GWTG-CAD program.	<u>GWTG-CAD Workshops and</u> <u>Webinars</u>
GWTG-CAD Program Resources	A compilation of patient and provider resources, including AFib awareness materials, patient education, and professional podcasts.	<u>GWTG-CAD Program Resources</u>
Peer Sharing of Best Practices	Opportunities to connect with peer hospitals, to discuss challenges & share best practices around specific care processes.	Hospitals and GWTG-CAD Quality Improvement Manager connect on opportunities.
QI Support from AHA Staff	Support from local AHA Quality Improvement Manager may include trainings on the Infosario Registry Platform (IRP), guidance on AHA Statements & Treatment Guidelines, and assistance on data abstraction & reporting.	Hospitals and GWTG-CAD Quality Improvement Manager connect on opportunities.







Where Can I Locate the Guidelines in Order to "Get With the Guidelines"?

AHA Achievement and Quality Measures focus on Guideline Based Therapy that can be the most impactful for Patient Outcomes

STEMI Guidelines Link: 2013 STEMI Guidelines 2015 STEMI/PCI Update **NSTEMI Guidelines Link:**

2014 NSTEMI Guidelines

Clinical Performance Guidelines Link:

2017 Clinical Performance & Quality Measures for STEMI/NSTEMI

2021 STEMI Systems of Care Policy Statement



Chest Pain Guidelines Link:

2021 Chest Pain Guideline

AHA Guidelines On-The-Go by American Heart Association



Patient Resources

Patient resources

Heart Attack Tools and Resources

- Heart attack warning signs infographic (PDF)
- Patient information sheets: heart attack What is a heart attack? How will I recover from my heart attack? What are the warning signs of heart attack? What is dual antiplatelet therapy (DAPT)?
- > The details on cardiac rehabilitation
- Lasting change: Healthy for Good
- Watch, Learn and Live animations library

Manage your condition with these tools:

Heart attack discharge worksheet English (PDF) | Spanish (PDF)

Cardiac rehabilitation referral card <u>English (PDF)</u> | <u>Spanish</u> (PDF)

Downloadable medication tracker <u>English (PDF)</u> | <u>Spanish</u> (PDF)

Infographic: Five ways to lower your risk of a second heart attack <u>English (PDF)</u> | <u>Spanish (PDF)</u>



HEART ATTACK: DON'T WAIT FOR A SECOND



Ways to Lower Your Risk of a SECOND Heart Attack



TAKE YOUR MEDICATIONS

Take medications as your doctor prescribed. They help you avoid another heart attack. Forgetting to take a dose or get a refill can lead to big health problems.





FOLLOW-UP WITH YOUR DOCTOR

Getting better means working together with your healthcare team. See your doctor within 6 weeks of your heart attack to help keeps your recovery on track.



PARTICIPATE IN CARDIAC REHAB

Cardiac rehabilitation improves your physical and emotional recovery by increasing your physical fitness, helping you adopt heart-healthy living, and addressing sources of stress.



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MANAGE RISK FACTORS

Common risk factors include smoking, high cholesterol, high blood pressure and diabetes. Use medications and lifestyle changes to lower your risk of another heart attack.



GET SUPPORT Sharing your journey



Sharing your journey to recovery with family, friends and othe surviovors can help reduce anxiety and loneliness.

Act now to prevent another heart attack. Visit heart.org/heartattackrecovery to learn more.



THANK YOU



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