

## Minutes

## **Cardiac Ready Advisory Committee**

Thursday, February 1, 2024 10:00-11:00 am Virtual Meeting via Microsoft Teams

**Attending:** Christine Greff, Kyle Michels, Jake Douts, Tim Nikolai, Kay Zirnhelt, Holly Nissen, Holly Boltz, Linda Zahn.

- I. Welcome/introductions
- **II. Approval of minutes**-small corrections made. Motion made to pass minutes, no quorum.
- III. Update from CRC Leaders
  - **a. Tim Nikolai, AHA**-Discussed AED funding. Some grants are school focused, and some are geared towards EMS and fire. Some funding available in North Dakota but may be for particular sites.
- IV. Update from Christine, Dept of Health
  - **a. Stroke**-Updated Acute Stroke Ready Hospital designation criteria.
    - i. Working on reference guide to help hospitals prepare for designation.
    - **ii.** Sent out BEFAST ED algorithm posters to every hospital, ambulance service, QRU and flight.
  - **b. Cardiac**-Encouraging hospitals to get signed up for the registry and get their program ready for state verification. AHA Rural Accelerator Program gives you access to GWTG: CAD or Stroke if you are a first-time enroller of that program free for three years.
  - **c. Helmsley**-ND Law Enforcement AED Project. Hearts on Duty program-AEDs are awarded to officers who are involved in a save using one of the Helmsley AEDs that was granted in this project, the AEDs are given to the officers to give back to the community.

- **d. CRC Guideline**-Community Leadership. This involves holding group meetings with stakeholders in your community, a lead organization to spearhead the cardiac ready community efforts and a selected lead person from the lead organization.
  - **i.** Ways to establish a community leadership in your own community and the best ways to engage stakeholders?
- **V. Pulse Point AED Registry**-Have a team working to verify AEDs within PulsePoint registry.
  - **a.** PulsePoint flyers, banner, business cards and postcard. Available if interested. Christine would like to get some printed to distribute.
- VI. **Application Review**-Christine reviewed redesignation application report. Review many strengths of the CRC. Some recommendations for improvement made by the group:
  - a. Update blood pressure algorithm.
  - b. Update educational materials.
  - c. Ensure accurate blood pressures machines and technique.
  - d. Designation-suggested full designation and Tim, Holly, Kay, and Jake all approved full designation for CRC.

Reminder from Tim February is American Heart Month.

**Next meeting**: Thursday, May 2, 2024, from 10:00-11:00 am