

Minutes

Cardiac Ready Advisory Committee

Thursday, November 2, 2023

10:00-11:00 am

Virtual Meeting via Microsoft Teams

Welcome/Introductions: Christine, Jake Douts, Kyle Michels, Alana McClellan, Tony Burke, Tim Nikolai, Christopher Price, Kathy Lonski, Kerry Krikava, and Linda Zahn

Approval of previous minutes: Motion made by Alana, Seconded by Kathy.

Update from CRC leaders:

- John-Just joining in to listen. Powers Lake has been a cardiac-ready community for years.
- Kyle-Billings County EMS. Working on getting Medora and Fairfield together doing Muffins with Medics monthly. Invite public in for screenings and discussion on health.
- Chris Price-EMS director.
- Kathy Lonski-Sanford Ambulance, Fargo. Got Cardiac-ready community for Fargo and West Fargo.
- Tim Nikolai-Senior Rural health director for the American Heart Association. Helping organizations in North and South Dakota. Working with organizations and communities to improve their cardiac readiness through CPR and blood pressure control.
- Tony Burke-American Heart Association based in SD, State government relations director and works in North and South Dakota.

- Dr. Bryan Delage -University School of Medicine. Have a Cardiac Ready Campus in Grand Forks. Working on redesignation as a cardiac ready campus. Promoting improved outcomes in the city and on the campus.
- Alana-Cardiac Ready Community for 6 years. Working on redesignation, also director of nursing at hospital. Got Acute cardiac hospital designation last year.

Update from Christine, Dept of Health

- **2023 ND Cardiac and Stroke Conference**-worth 13.25 continuing education credits. Credit for physicians, advanced practice providers, nurses, and EMS. If you didn't get to attend, the American Heart Association is working on getting it posted to the website for enduring continuing education.
- **Cardiac Ready Community Awareness**-Increased awareness of CRC Program and PulsePoint AED app during the conference. 280-290 attended.
- **PulsePoint Flyer**-QR code for short PulsePoint instructional video.
- **AED Funding**-We have not received any grant money recently. We have permission to accept grant money. Currently, no money to purchase more AEDs and no more AEDs for distribution. Group will work on finding some funding sources and compiling a resource list.
 - Christine has a list of AED requests. Tony discussed a national coalition that may help get AEDs.
 - Tim Nikolai said some money available to get AEDs.
- **PulsePoint AED Registry**- help with verification of all the AEDs statewide. A team is currently working on the pending AEDs. Working to ensure all AEDs are verified and put into the registry accurately.

Application Review- Christine reviewed report.

- CRC Program has a leadership organization, with list of stake holders from each building on campus.
- Meet biannually.
- Provided AED Training Campus-wide.
- Education material sent to their campus via teams.
- Plans on providing yearly education on different subject matters.

- Use American heart association handouts and guidelines.
- Goal to host a heart healthy awareness campaign twice a year.
- Blood pressure screening stations. Will collect data quarterly.
- They have had CPR/AED training available.
- Have 50 AEDS on campus, all entered into PulsePoint.
- Plan to hold a kickoff event to increase community awareness.

Recommendations-

- Increase community awareness by providing more robust education.
- Increase hands-only CPR training opportunities.
- Connect with EMS services and local hospital systems to inform them of CRC Efforts and AED locations.
- Make sure employees know the AED locations.
- Implement a counseling, and referral, follow up process on high blood pressure recordings.

Tim would help them with blood pressure tools if they needed more resources.

Dr. Delage made a motion to designate this campus Cardiac ready.

Kathy seconded. Motion passed.

Next meeting: February 1, 2024, from 10-11 am.