# **MEETING NOTES**



Meeting Name: Youth Advisory Board Meeting	<b>Date:</b> March 12, 2023
	<b>Time:</b> 3:00-5:00
	<b>Location:</b> MS Teams

ATTENDEES	ATTENDEES
Cam Albers	Katarina Domitrovich
Hayden Kemp	Ruth Nwatu
Jayda Remboldt	
Katelynn Albers	
Brynn Gaeble	
Ashton Hollingsworth	
Megan Gasparini	
Gabbie Biles	

Who	
Hayden Kemp	
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Ruth Nwatu	
Katarina Domitrovich	

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# Health Equity Ambassador Program & Video Competition

The UND Health Equity Ambassadors are currently working on a video competition that serves to increase awareness of HIV, STDs/STIs, Tuberculosis, Hep C and/or Health Equity, as well as help prevent infections and eliminate stigma through education.

The videos can focus on education or prevention that addresses one of listed topic areas; it can be animated shorts, documentary-style; it is at most 60 seconds long.

This is open to any individuals enrolled in a public, private or tribal high school or university in ND and between the ages of 18 and 24.

### Health Literacy Project Update

Ruth, along with two NDSU interns have been working on the Health Literacy Project assessment and developing the questions, expectations and different subtopics.

The main objective is to include hot topics that are relevant to the youth of ND. These include issues, such as, disease prevention, insurance, sexual health, etc.

Currently moving on to the review process and finalizing the information from the health literacy task force. The goal will be to distribute throughout ND.

## The Campaign Update & Call for Actors

Kat just met with the grant task for and one of the ideas was to have some Narcan training. Behavioral Health can have someone come and do a training with the board. The training is not a certification, but you would be able to receive at least two doses of Narcan to carry.

Another idea from the task force was to have First Aid and CPR events on campus or high at high schools.

There is an update on the Healthy Habits Campaign. Last year the board chose 5 topics to raise Awareness among the youth in ND regarding sexual health, immunizations, COVID, financial health, behavioral and physical health.

The Youth Task Force has been working with Kat and Company to finalize scripts. We still need actors to appear in these scripts. If you choose to be involved, you will be paid for your time, travel, hotel, etc. There will be two days of filming per topic.

Katarina will be sending out an email will have a survey, marking if you want to sign up for another two years on the board.

Next Meeting: June 11, 2023 - 3:00 p.m. to 5:00 p.m.