



ND Cardiac System STEMI, NSTEMI, &

Acute Coronary Syndrome Guide

Tertiary Hospital One Call:

Altru Health System – Grand Forks

Phone: 701-780-5206 or 1-855-425-8781 Fax: 701-780-1097

CHI St. Alexius Health - Bismarck

Phone: 701-530-7699 or 1-877-735-7699 Fax: 701-530-7005

Essentia Health System - Fargo

Phone: 701-364-CALL (2255) or 844-865-CALL (2255) Fax: 701-364-8405

Sanford Health System- Bismarck

Phone: 1-855-550-1225 Fax: 701-323-5751

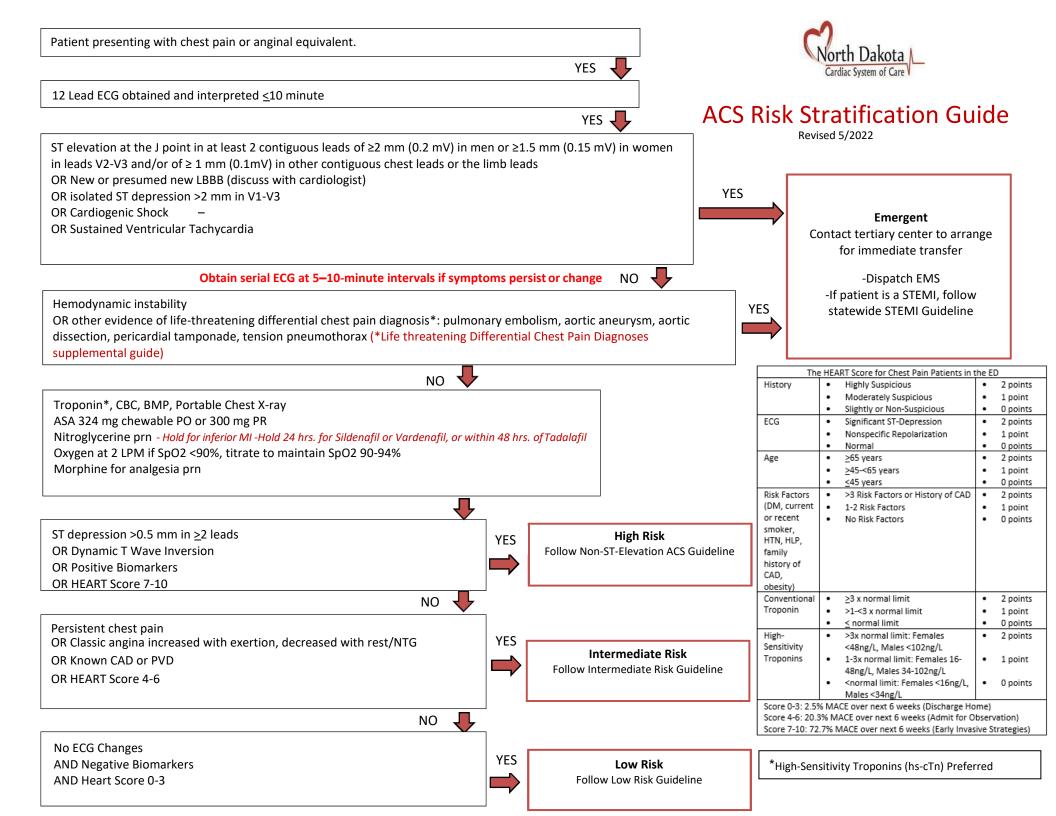
Sanford Health System- Fargo

Phone: 701-234-6304 or 1-877-647-1225 Fax: 701-234-7203

Trinity Health System - Minot

Phone: 701-857-3000 or 1-800-223-1596 Fax: 701-857-3260

The North Dakota Department of Health is not responsible for inaccuracies contained herein. No responsibility is assumed for damages or liabilities arising from accuracy, content error, or omission.



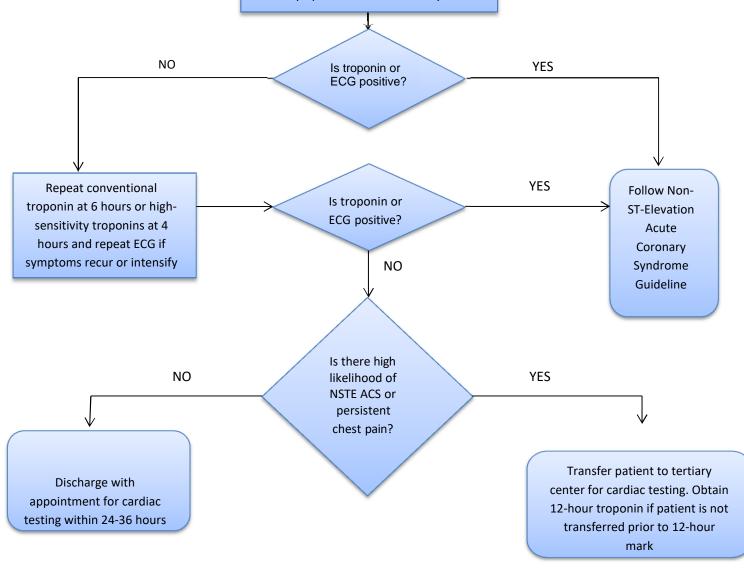


Intermediate Risk ACS Flowchart

Possible ACS patient with: No ECG Changes Negative Biomarkers and HEART Score 4-6

> Admit patient to hospital. Repeat conventional troponin (cTn) and ECG at 3 hours. Repeat highsensitivity troponins (hs-cTn) * and ECG at 2 hours. Repeat ECG if symptoms recur or intensify

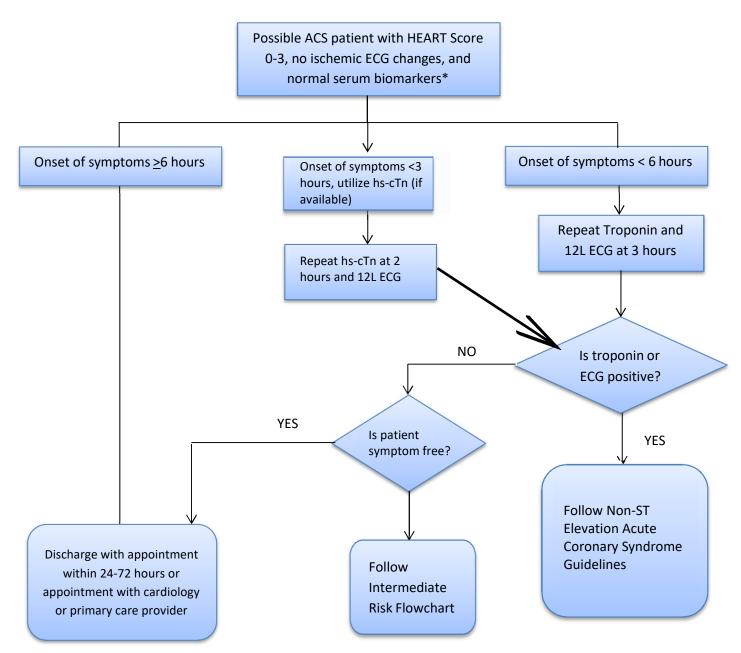
OPTIONAL Consider Transthoracic Echo (TTE) if available now or in the future to establish baseline ventricular and valvular function, evaluate for wall motion abnormalities, and to assess for pericardial effusion.



*High-Sensitivity Troponins (hs-cTn) Preferred See reference for Cardiac Testing pg. 9-10



Low Risk ACS Flowchart









ND STEMI Inter-Hospital Transfer Guideline

(ST-Segment Elevation Myocardial Infarction)

Altru Health System – Grand Forks

Phone: 701-780-5206 or 1-855-425-8781 Fax: 701-780-1097

CHI St. Alexius Health - Bismarck

Phone: 701-530-7699 or 1-877-735-7699 Fax: 701-530-7005

Essentia Health System - Fargo

Phone: 701-364-CALL (2255) or 844-865-CALL (2255) Fax: 701-364-8405

Sanford Health System- Bismarck

Phone: 1-855-550-1225 Fax: 701-323-5751

Sanford Health System- Fargo

Phone: 701-234-6304 or 1-877-647-1225 Fax: 701-234-7203

Trinity Health System - Minot

Phone: 701-857-3000 or 1-800-223-1596 Fax: 701-857-3260

Ideal STEMI Treatment Goals:

- First Medical Contact-to-First ECG time <10 minutes unless pre-hospital ECG obtained
- All eligible patients receive Reperfusion (PCI or fibrinolysis) therapy
- Fibrinolytic-eligible patients with **Door-to-Needle** time < 30 minutes
- Reperfusion eligible patients transferred to a PCI receiving center with referring center Door in- Door out time (Length of Stay) < 45 minutes
- Referring Center ED **Door-to-PCI device time** < 100 minutes (includes transport time)
- All STEMI patients without a contraindication receiving aspirin before ED discharge
- Upon Transfer Fax the following documents to the accepting facility: 12 L ECG, ED Record, Lab Results, Current Medication Record, ND STEMI documentation

Patients with a contraindication to transfer or PCI/Medical Therapy Option:

- Documentation of contraindication or Patient refusal to transfer for PCI or medical treatment
- Aspirin within 24 hours of hospital arrival, and aspirin at discharge
- Beta blocker at discharge
- High intensity statin at discharge
- P2Y12 (Plavix or Brilinta) at discharge
- STEMI patients who smoke receive smoking cessation counseling at discharge
- Scheduled Cardiology Consultation within 1-2 weeks at discharge
- Cardiac Rehabilitation referral at discharge



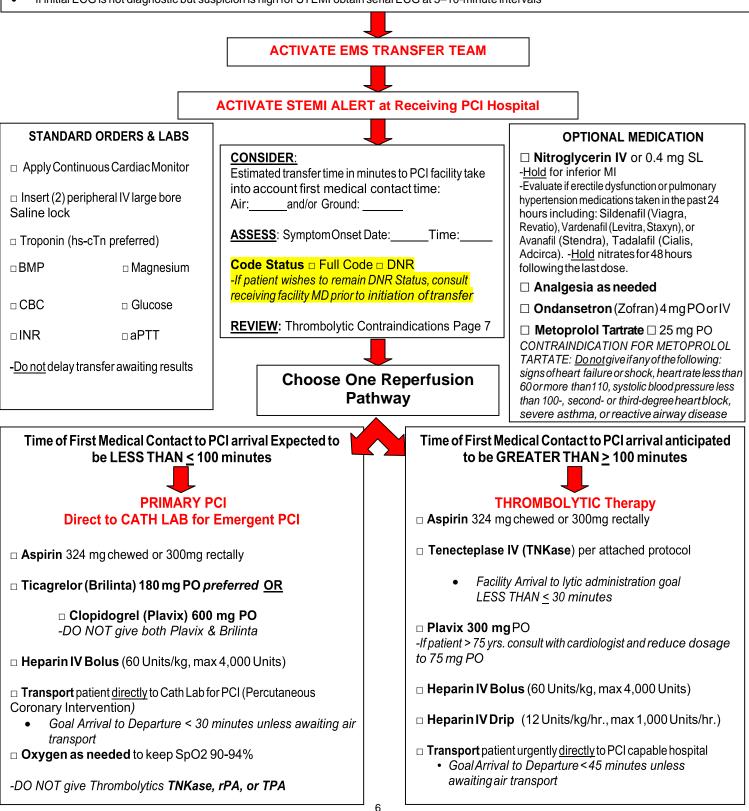




MISSION:

Diagnostic Criteria for STEMI

- ST elevation at the J point in at least 2 contiguous leads of ≥2 mm (0.2 mV) in men or ≥1.5 mm (0.15 mV) in women in leads V2–V3 and/or of ≥1 mm (0.1 mV) in other contiguous chest leads or the limb leads.
- New or presumably new LBBB at presentation occurs infrequently, may interfere with ST-elevation analysis, and should not be considered diagnostic of acute myocardial infarction (MI) in isolation. If doubt persists, immediate referral for invasive angiography may be necessary. Consult with Cardiology.
- ECG demonstrates evidence of ST depression suspect of a Posterior MI consult with PCI receiving center
- If initial ECG is not diagnostic but suspicion is high for STEMI obtain serial ECG at 5–10-minute intervals







ND STEMI (ST-Segment Elevation Myocardial Infarction) Guideline

Tenecteplase (TNKase) Dosing			Weight:	lb.	kg	Height:	in.	A	vde:	yrs.
Patient weight (kg)	TNK (mg)	TNK (mL)			0	5			•	
Less than 60 kg	30 mg	6 mL	Allergies:							
60 or more but less than 70	35 mg	7 mL	Medication			Dose	Time Start		Time Stop	RN (Initials)
70 or more but less than 80	40 mg	8 mL	Aspirin (81 m	ng chew x 4)		324 mg				
80 or more but less than 90	45 mg	9 mL								
90 or more kg	50 mg	10 mL	Ticagrelor (Brili			180 mg	1			
ABSOLUTE CONTRAINDICATIONS FOR FIBRINOLYSIS (TNK) IN STEMI 1. Any prior intracranial hemorrhage			(PPCI therapy arm only) - <u>Do not</u> give ticagrelor (Brilinta) and Plavix together							
 Known structural cerebral vascular lesion (e.g., arteriovenous malformation) Known malignant intracranial neoplasm (primary or metastatic) Ischemic stroke within 3 months except acute ischemic stroke within 4.5 hours Suspected aortic dissection Active bleeding or bleeding diathesis (excluding menses) Significant closed-head or facial trauma within 3 months 			Clopidogrel (Plavix) PO PPCI therapy dose			600 mg				
			Clopidogrel (Plavix) PO Lytic therapy dose If >75 y/o, give 75mg			300 mg 75mg				
			Heparin IV Bolus PCI Dose 60 U/kg, max 4000 Units Lytic Dose 60 U/kg, max 4000 Units			Units				
 Significant closed-nead of facial trauma within 3 months Chest Pain/Symptom Onset > 12 hours 				0	Jnits	Units/hr.				
RELATIVE CONTRAINDICATIONS FOR FIBRINOLYSIS: (TNK) IN STEMI			Heparin IV Infusion Lytic Dose 12 U/kg/hr. max 1000 U/hr.			Offits/fit.				
 History of chronic, severe, poorly controlled hypertension Severe uncontrolled hypertension on presentation (SBP more than 180 or DBP more than 110 mmHg) 			Tenecteplase (TNKase) IV - <u>Do not</u> give ticagrelor (Brilinta) with Lytic (TNK)		mg (= mL)					
 History of prior ischemic stroke more than 3 months, dementia, or known intracranial pathology not covered in 			Nitroglycerin Sublingual			0.4				
contraindications			-Erectile Dysfunction Medication within			mg 0.4 mg				
			past24hrs. Yes No			0.4 mg				
			Nitroglycerin IV Infusion			mcg/min				
			Morphine Sulfate IV		mg					
			Fentanyl IV		mcg					
			Ondansetron (Zofran) PO		4 mg					
			Ondansetron (Zofran) IV		4 mg					
			Metoprolol Tartrate 25 mg or 50 mg PO		mg					
Notes:										
RN Name (Print):		RN Signature:		RN Ini	tials:	Date:		Ti	me:	
Data Elements in	□ Call I	Report wh	nen patient leaves y	ourbos	nitala	and confirm	undate			
1. Initial Symptom Onset Time					i toport m	departure tim		•		apuato
Date:Time:				□ Copy ECG, ED physician and Nurses documentation						
2. FMC EMS Agency:				and send with patient – DO NOT delay transport						
3. Referring Hospital Arrival (Door-in)				Eax All paperwork to referring Hospital (ECG, Vital Signs, Labs, Orders, Physician Order, Notes, Medication administration record)						
Date:				·						
4. Referring Hos	_	Patient Name:								
5. STEMI ECG T		r attettt IN	ame:							
6. STEMI Activation (STEMI Receiving contacted)										
Date:Time:										
7. Referring Hospital Departure (Door-out)										

Date: _____Time:

8. Transfer EMS Agency Name: _



Diagnostic Criteria

- New >0.5 mm ST segment depression or new >2 mm anterior T-wave inversion and/or positive biomarkers
- If patient experiences persistent or worsening symptoms obtain serial ECGs at 15–30-minute intervals to monitor for new onset ST elevation
 - Contact PCI Center to arrange for transfer of patient
 Diagetab EMS contract transfer is confirmed
 - Dispatch EMS service once transfer is confirmed

ACC/AHA Guideline Based Treatment

Standard orders and labs

- Assess vital signs stat, repeat per unit routine
- Continuous cardiac monitoring (telemetry)
- Insert 1-2 large bore peripheral saline lock IV(s)
- Obtain following labs: CBC, BMP, PT/INR, PTT, Troponin I at 3 and 6 hours or hs-cTn at 2 and 4 hours (if stay is extended)
- Oxygen at 2 LPM if SpO2<90%, titrate to maintain SpO2 90-94%

Standard Medications-Discuss with accepting provider prior to administration

- Aspirin 324 mg (chewable non-enteric coated 81 mg x 4) orally stat x 1 or if patient is unable to swallow give: Aspirin 300 mg rectally
- Ticagrelor (Brilinta)180 mg orally stat x 1 OR
 Clopidogrel (Plavix) 300 mg orally stat x 1 (do not give both Ticagrelor and Clopidogrel)

Heparin-Adjust dose according to weight-based protocol if patient stay is extended

- Heparin 60 units/kg IV bolus (max bolus 4000 units)
- Heparin IV drip 15 units/kg/hr. (max 1000 units/hr.)

Optional Labs

- BNP, HCG
- **Optional Medications**
 - Nitroglycerine 0.4 mg SL every 5 minutes x 3 as needed for chest discomfort
 - Nitroglycerine IV continuous infusion as needed for chest pain

-Hold Nitro if recent phosphodiesterase inhibitor, 24 h of sildenafil or vardenafil, or within 48 h of tadalafil.

- For severe uncontrolled pain, consider use of **Morphine** or other narcotic analgesic of choice IV as needed.
- Ondansetron (Zofran) 4 mg IV as needed for nausea/vomiting x 1
- Metoprolol Tartrate (Lopressor) 25 mg orally x 1

-Hold Beta Blocker if Signs of heart failure or shock, SBP less than 110, Heart rate less than 60 bpm or heart block, severe asthma, or reactive airway disease

- Transfer patient to PCI center for possible early invasive strategy
- Send with or fax the following documents to accepting facility:12L ECG, ED record, lab results, current medication record, EMS record

The North Dakota Department of Health is not responsible for inaccuracies contained herein. No responsibility is assumed for damages or liabilities arising from accuracy, content error, or omission.

Revised 5/2022

Cardiac Testing

Revised 5/2022

Diagnostic Testing may include:

- Exercise ECG Coronary Computed Tomography Angiography
- Echocardiography/Stress Echocardiography Invasive Coronary Angiography
- Stress Nuclear (PET or SPECT) Myocardial Perfusion Imaging
- Cardiovascular Magnetic Resonance Imaging

Anatomic Testing may include:

- Coronary Computed Tomography Angiography
- Invasive Coronary Angiography

For further direction on choosing proper provocative testing, see attached algorithms from the 2021 AHA/ACC/ASE/CHEST/SAEM/SC CT/SCMR Chest Pain Guideline and cardiac testing algorithms:

- Patients With Suspected ACS at Intermediate Risk With No Known CAD
- Patients With Suspected ACS at Intermediate Risk With Known CAD

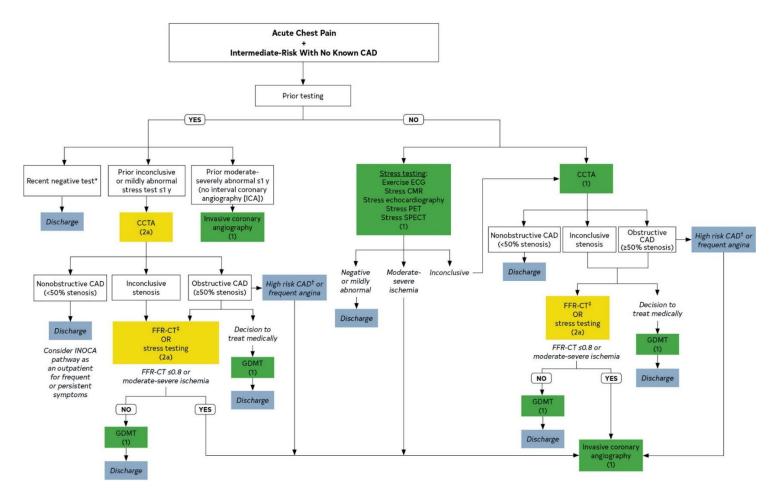


Figure 9. Evaluation Algorithm for Patients With Suspected ACS at Intermediate Risk With No Known CAD

Test choice should be guided by local availability and expertise. *Recent negative test: normal CCTA ≤2 years (no plaque/no stenosis) OR negative stress test ≤1 year, given adequate stress. †High-risk CAD means left main stenosis ≥ 50%; anatomically significant 3-vessel disease (≥70% stenosis). ‡For FFR-CT, turnaround times may impact prompt clinical care decisions. However, the use of FFR-CT does not require additional testing, as would be the case when adding stress testing. CAD indicates coronary artery disease; CCTA, coronary CT angiography; CMR, cardiovascular magnetic resonance imaging; CT, computed tomography; FFR-CT, fractional flow reserve with CT; GDMT, guideline-directed medical therapy; ICA, invasive coronary angiography; INOCA, ischemia and no obstructive coronary artery disease; PET, positron emission tomography; and SPECT, single-photon emission CT.

Cardiac Testing

Revised 5/2022

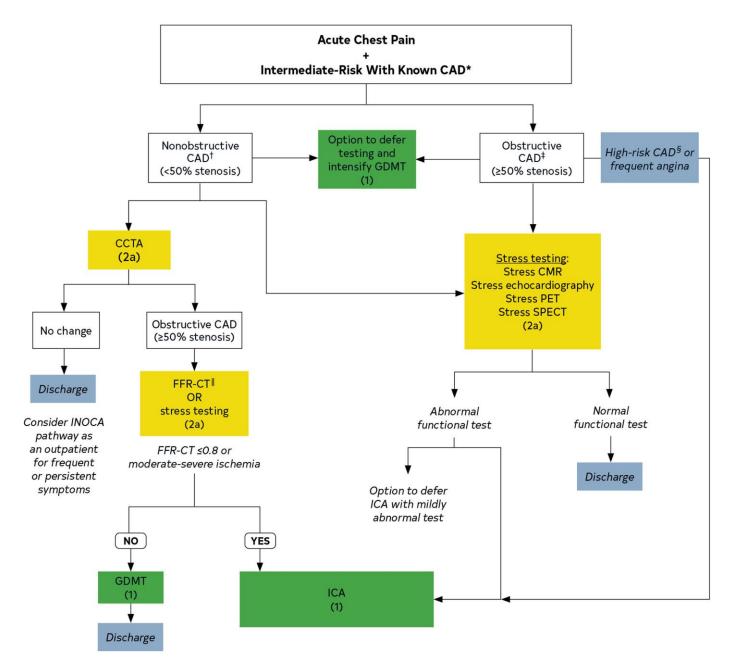


Figure 10. Evaluation Algorithm for Patients With Suspected ACS at Intermediate Risk With Known CAD Test choice should be guided by local availability and expertise. *Known CAD is prior MI, revascularization, known obstructive or nonobstructive CAD on invasive or CCTA. †If extensive plaque is present a high-quality CCTA is unlikely to be achieved, and stress testing is preferred ‡Obstructive CAD includes prior coronary artery bypass graft/percutaneous coronary intervention. §High-risk CAD means left main stenosis ≥50%; anatomically significant 3-vessel disease (≥70% stenosis). IIFFR-CT turnaround times may impact prompt clinical care decisions. ACS indicates acute coronary syndrome; CAD, coronary artery disease; CCTA, coronary CT angiography; CMR, cardiovascular magnetic resonance; CT, computed tomography; FFR-CT, fractional flow reserve with CT; GDMT, guideline-directed medical therapy; ICA, invasive coronary angiography; INOCA, ischemia and no obstructive coronary artery disease; PET, positron emission tomography; and SPECT, single-photon emission CT.

Reference: 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines J Am Coll Cardiol. Oct 28, 2021. Epublished DOI: 10.1016/j.jacc.2021.07.053