**2018 DRPR Reporting Quick Reference**

**Lifestyle Curriculum**

* Must be based on evidence from efficacy and effectiveness trials.
* May use either the 2012 or T2 curricula or must have your own curriculum approved by CDC.

**Participant Eligibility**

* Must be 18 and older
* Cannot be pregnant
* BMI 25 or higher; BMI 23 or higher if Asian
* At least 50% of the class needs to have had a blood test in the past year indicating they have prediabetes or have been clinically diagnosed with gestational diabetes.
* These can be self-reported
* Blood tests include
  + Fasting glucose of 100 to 125 mg/dl (CMS eligibility requirement for Medicare DPP suppliers is 110 to 125 mg/dl)
  + Plasma glucose measured 2 hours after a 75-gm glucose load of 140 to 199 mg/dl
  + A1C of 5.7 to 6.4
* A finger stick glucose can be used
* A minimum of 35% of participants must be eligible for program based on blood test or diagnosis of GDM.
* 65% of participants can be eligible based on risk test results.

**DPP Duration**

* The DPP must last **one year**.
  + Sessions 1 – 16 (formerly referred to as the “Core” sessions):
    - Sessions 1 – 16 must last 16 weeks and not more than 26 weeks.
    - We recommend:
      * Weekly for the first 12 sessions
      * Every other week for sessions 13 thru 16
  + For Months 7 – 12 (formerly referred to as the “Post-core”)
    - These are still monthly for 6 months following the first 16 sessions.
    - If you do sessions 1 – 16 over the minimum requirement of 16 weeks, you will need to add additional monthly sessions to get you to one year.

**Participant Session Attendance – (**12 of the CDC DPRP Standards and Operating Procedures 2018)

* **60% of participants** need to attend at least 9 sessions in **months 1-6.**
* **60% of participants** need to attend at least **3 sessions** in **months 7-12**.

**Makeup Sessions**

* Can be delivered in any delivery mode.
* Only one make-up session per week.
* Can be held on the same day as class.
* Content and **length** should be comparable to regular session.

**Body weight documentation**

* Body weight must be reported **at 80% or more of all sessions attended**.
  + This includes the monthly sessions, formerly called the “Post-core.”
  + This will likely be 100% of sessions attended.

**Physical Activity Minutes**

* Must be recorded at 60% of all sessions attended or more. This includes the monthly sessions.
  + **Zero** minutes reported **will not count** as documented PA minutes. 999 can only be used until PA is required to be tracked.

**Weight Loss**

* **Average weight loss** across all participants must be a minimum of **5%** of starting body weight.
* **Assessed only at 12-month mark**.

**Data Submissions**

* Required once every 6 months.
* New participant data required:
  + Education level
  + Payer type
  + Enrollment source
  + Session type attended (C- core, CM- core maintenance, MU – makeup)