

## CARDIAC READY ADVISORY COMMITTEE

Thursday February 4, 2020

**Attending:** Christine Greff, Mindy Cook, Kathy Lonski, Alana McClellan, Nikki Mack, Curt Halmrast, Sheila K and Linda Zahn

**Welcome and Introductions:** Mindy Cook joined this committee as a representative for American Heart Association.

### **Cardiac Ready community**

Bismarck/Mandan received their official letter and certificate in March of 2020. They will announce it to the public when they are ready to do so.

Valley City received their redesignation for 3 years. They created core leadership team that meets regularly. They have three committees, AED, CPR and Blood Pressure.

Billings County (Medora) and Fargo/West Fargo are actively pursuing accreditation and are close, but efforts got put on hold because of COVID.

Helmsley Law enforcement AED project will be rolling out shortly. This will increase access to AEDs in our communities and help communities be more prepared. An official press release will be out soon.

Christine has been working on the draft for Cardiac Ready Campus designation.

Would like to hold nominations and elections for officers for this committee. Will hold nominations and vote by email. Christine will send out notice of nominations to committee with a closing date. Need to vote for Chairperson and Vice Chair. Their main duty would be to preside over the meetings, regulating debate, establish subcommittees and assist in revamping guidelines. Will interact with outside agencies or entities on behalf of Advisory committee. Hoping to get this taken care of so we can get more accomplished. DEMS will be posting meetings on website, record and publish minutes and maintain roster. Committee will meet no less than 4 times a year.

**By laws for this Committee: 23.-38-.1-2** Christine went over these with the group and made some changes.

- Meeting 4 times a year- unless there are extenuating circumstances supported by majority vote, ex: Pandemic.
- Terms of office- changed to one year with option to be re-elected to 2 consecutive years. Vice chair has option to assume chair position once chair has either stepped down or met the 2 consecutive year term limit.
- Motion made by Mindy Cook to adopt the bylaws. Seconded by Nikki Mack and Alana McClellan. Motion passed.

Christine encourages the group to nominate someone for Chair and Vice chair. The goal is to adapt the guidelines for Cardiac Ready campus and Cardiac Ready Community.

**Designation Guidelines for Cardiac Ready Campus: Adapted from Cardiac Ready Community. Christine went over the guidelines.**

- Can be a campus at schools, or a workplace like factory, business office etc.
- Need to support chain of survival, which is CPR instruction, Public access to AED, Hypertension screening and an emergency response plan. AHA has a new chain of survival that we could use to update the current one.
- Decided to have a subcommittee work on these guidelines.

Nominations for officers. Once people have been nominated, Christine will get their bios and share with the committee.

Next meeting will be May 6, 2021

