

## **Cardiac Ready Advisory Committee**

**Thursday February 3, 2022**

**Welcome/Introductions:** Christine Greff, Alana McClellan, Kerry Krikava, Kathy Lonski, Mindy Cook, Chris Price, Kadie Stoltz, Kari Enget, Holly Nissen, Curt Halmrast and Linda Zahn. The three new members are Holly Nissen Stroke Task Force representative and Kadie Stolz, and Kay Zempel are survivors.

**Approval of minutes:** Motion made by Alana to approve the minutes and Curt seconded.

### **CRC Program Awareness Campaign: Need to raise awareness of this program**

15 communities are designated and 7 are overdue for redesignation.

30 communities have submitted letter of intent to become CRC.

The guidelines have been revamped so the designation criteria is now more attainable for smaller communities.

Important to raise awareness of this program. Maybe do a webinar or flyer

Christine went over the criteria to be a CRC for the new members.

The previous criteria was kind of complicated for some communities, so they have been revamped.

Getting the work out is important and hospitals and EMS should be involved in the conversations.

Did have a webinar last week and about 30 people attended. Christine did promote this program at the Stroke and Cardiac conference. Other options to promote this could be done at other conventions.

Could put together a flyer with a map showing which communities are designated, and then can be distributed at conventions and events.

Can target communities with hospitals and EMS and send letter to encourage your agency to move forward with this program. Could do zoom meeting.

Christine cannot update some of the brochures on the website that are already made because we have no rights to edit them from the MABU company that created them. There are newer ones on the website under ND Cardiac Ready Community Program.

Can promote it at the EMS conference to get people thinking about it. We could have a booth at the conference with information. There may be some time at the conference where someone from this committee could discuss CRC program.

May need to create updated brochures and then have them at the booth.

We have no funding in this program. We need some more effort in this program and need to get the word out to communities that it is easy to apply.

Could have a link to the website to find more information

### **CRC Application Review:**

- Been corresponding with community
  - Community awareness.
  - Offer blood pressure education to community.
  - Screenings are offered semiannually but have only been able to do it annually due to COVID.
  - Health maintenance clinics held semiannually.
  - They offer a ten-minute cardiac emergency preparedness training.
  - Day care, Fire, bank and nursing home and school have majority of employees certified in AED training.
  - CPR and hands only offered to public.
  - Provided AED training to Banks and pharmacy.
  - Have 15 AEDs in community and created maps. They are located at school, church, and many other businesses.
  - Goal is annual planning review.
  - Plan to meet with neighboring community to go over CPR events.
  - They did a good job, but not sure if they did everything or if they just intend to do these things. Covid has been a hindrance.
  - Discussion on the application, so Christine will get back to them with some more questions. The committee will go ahead to recognize them as Cardiac Ready.

### **Goals for next quarter**

- Update links on CRC resource page and work on CRC Brochure and add map to this.
- Have an impact statement from a survivor and Katie agreed to do it.
- Have links on ND Health dept website to find more resources.
  - Resources on BEFAST, FAST ED, symptoms, cardiac etc.
  - Mindy will send Christine some resources from AHA that she can link to our website.
- Christine will attend the EMS conference and have a booth there.