

Cardiac Ready Advisory Committee Meeting

Thursday November 4, 2021

Attending: Christine Greff, Kerry Krikava, Kristi Engelstad, Curt Halmrast, Alana McClellan, Kari Enget, Mindy Cook and Linda Zahn.

Only have 6 voting members currently. We have 2 open positions for the Stroke task force and Survivor advocate. Reminder that proxy votes are not permitted.

Approval of Minutes: Motion to approve minutes from May 6, 2021, and August 5, 2021. Curt Halmrast made the motion to approve the minutes as written and Kari Enget seconded. Minutes approved.

Update from ND Department of Health:

Helmsley law enforcement AED project - The department has distributed 1500 AEDs statewide.

CARES – Will still be purchasing this with the Helmsley grant but it is on hold until 2022. ESO and CARES are working together to do some upgrades so we can utilize the bridging model. Any EMS agency can use this statewide data base ESO, and it will have their data bridge submitted directly into CARES.

ND Stroke and Cardiac conference was postponed due to COVID. It will now be December 8th (stroke day) 9th (Cardiac day). If you can't attend, you can watch the recording and still get CE credits. 11.5 education credits available. If a group gets together to watch each person would still have to register.

CRC Program Business:

Christine has been reviewing Fargo/West Fargo CRC application. They have resubmitted and have done great things.

- Have put together a Heart Smart community task force to develop goals and a plan of action.
- Created a citizen Life- saving award to recognize community members who saved a life using CPR.

- Distributed 600 CPR anytime kits to community and each person that received a kit agreed to teach 6 people hands only CPR. They have trained over 3000 people in their community.
- They participate in conferences and annual events including Save a Life Saturday.
- Teamed up with Fargo Cass public health, FMA community Paramedics, Homeless shelter nurses, Parish nurses. Dakota Medical foundation joined their task force to address the underserved population by providing blood pressure screenings.
- Utilize Pulse point apps to register all their AEDs.
- Use CARES in both EMS and hospitals
- Created Cardiac arrest survivorship network.
- Added AEDs to Firefighter building inspector list
- Provide info to local business about AEDs and pulse point app.
- Assists with training of police and fire on CPR and AED use.
- Reviews all their cardiac arrest cases.
- During the pandemic they increased their social media presence.

Designation approval- Alana McClellan made motion to approve Fargo/West Fargo for 3-year designation. Kari Enget seconded. Motion carried for 3-year designation.

Two positions are open- The stroke task force representative which was previously held by Nikki Mack. Christine will reach out to task force members to fill that position.

Kathy Lonski was working on filling the survivor advocate position.

Kristi has a couple active members that could fill the position.

CRC Program Guidelines: **Sent out to committee for review.** Will officially be announced at the conference in December. Christine updated them to go with the AHA guidelines. Christine went over these. Not much has changed, but they are more attainable.

The sixth link in the chain of survival was added to be up to date with AHA new guidelines.

Other items:

The state will be purchasing CARES for the whole state so there will be no cost to communities. This will be happening in 2022.

Alana suggested finding a way for Cardiac Ready communities to share new ideas with other communities. Can add this to agenda for next meeting.

Find a way to spread the word and awareness of this program and to get communities interested.

Christine will discuss this program at the conference in December.

Christine will put it on our website and maybe work with the PIO to get something on Facebook.

A lot of the Cardiac Ready Communities are up for redesignation this year. We have 15 Cardiac Ready communities and half of them are expired or expiring and their redesignation application is lacking details. Part of the problem could be the pandemic, but they also need to continue with their efforts.

Could do a Q and A Webinar. Work on this at the next meeting.

Do a recorded session, talk about CARES, Pulse point, etc.

Kristi E said she would present on their CRC.

Next meeting will be on Thursday February 3, 2022