

## Cardiac Ready Advisory Committee

Thursday May 6, 2021

**Welcome/Introductions:** Christine Greff, Alan McClellan, Kathy Lonski, Curt Halmrast, Mindy Cook

**Approval of Minutes:** No quorum so couldn't approve minutes.

### **Update from the ND dept of Health:**

- Community Paramedic legislation was passed. Christine went over this.
- Helmsley ND law enforcement AED Grant received. All Law enforcement Statewide will receive new Striker CR2's. These are compatible with Lifepak monitors. Comes with software program -Old ones will be allocated to their community.
- EMS – website is under construction
- Human services department will be joining up with the Health Department. It will take a year for this to actually happen.

### **Update on the Cardiac Ready Community Program:**

- Glen Ullin is actively pursuing status now to become Cardiac Ready status.
- Billings County/Medora, Fargo/West Fargo waiting for designation.
- Lot of the communities are up for review of redesignation.
- Designation guidelines need to be updated and then we can use them to update Cardiac ready campus designation.
- Should form a subcommittee to work on the guidelines and meet more often. Christine will send out email to get members who would like to be on this committee. Alana would be interested depending on her schedule in the ER.
- Curt suggested that people from a designated cardiac ready community should join the committee and be involved. It would be a good idea and they can help other communities reach CRC status. Christine will reach out to those communities to see if anyone is interested in joining this committee.
- Could write into the designation process that a member from the community should be a part of this committee.
- Christine will work with subcommittee and meet monthly to work on guidelines. Hopefully meet once a month. Whoever is able can attend.

### **Nominations/Elections of CRC Advisory Committee Officers**

- Alana is the chair of the Committee. Mindy said she would take the position of the vice-chair.
- Advisory committee bylaws were passed at the last meeting. Terms for these positions are one year, with the option to be re-elected and the vice chair has the option to be chair if that person steps down.

## **Review of CRC Application for Glen Ullin**

### **Community Leadership**

- Using Jacobson Memorial Hospital Care Center as their lead organization and they are overseeing cardiac community effort.

### **Opportunities**

- Integrated with the EMS system and developed a plan for sustainability as a program.
- If they created a protocol the review team would need to see that.

### **Community Awareness**

- They are utilizing that the hospital is Lifeline, JMHCC magazine to raise awareness on heart health.
- Free cardiac awareness emergency preparation lessons.
  - AED use and locations
  - Blood pressure checks
  - Keep track of blood pressure numbers
  - Cardiology care
  - Discounted lipid panels
  - Cardiac rehab
  - Education is provided at least semiannually

### **Community Screening**

- Had questions on blood pressure screenings. Said they have screened 50% of adults.
- Lifestyle change. They had classes on this. Question is how many people attended.
- Control levels. Goal is to get people that aren't regular patients at the clinic.

### **CRC Guideline Discussion**

- Christine will do some research on other states and see how they are doing with their Cardiac Ready Communities. Don't want to make it hard for them but may need a better process.
- Discussion on how hard it is to measure all the things that are being done.
- Would be ideal if they provided documentation on what they have done.