

**DURABLE MEDICAL EQUIPMENT MANUAL**

COVERAGE AND LIMITATION CRITERIA AND POLICY

EFFECTIVE: March 2007

REVISED: December 2025

**Blood Glucose Monitor**

**Indications and limitations of coverage and medical appropriateness:**

Coverage allowed if **ALL** of the following conditions are present:

- Diabetic (type I, II, or gestational), and
- The member has successfully completed training in the use of the monitor, test strips and lancets, and
- The device is designed for home use.

**Billing Guidance:**

- One monitor is allowed every four years, if replacement is needed.
- Lancets ([A4259](#)), blood glucose test strips ([A4253](#)), and control solutions (A4256) are covered items, as well as the spring-powered device ([A4258](#)) for lancets.
- Allowed up to 150 strips/lancets per month for insulin-dependent diabetics.
- Allowed up to 200 strips/lancets every 3 months for non-insulin-dependent diabetics.
- Allow one spring-powered device ([A4258](#)) every six months.

**Non-Covered:**

- Laser skin piercing device ([E0620](#)) is non-covered as not medically necessary.
- Alcohol, betadine, or peroxide is non-covered, since these items are not required for the proper functioning of the device. Urine test strips ([A4250](#)) are non-covered since they are not used with a glucose monitor. No exceptions



Health & Human Services

**Blood Glucose Monitor**  
Service Authorization: No

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**Blood Glucose Monitor**

**Documentation Requirements:**

- A prescription from an ordering physician/practitioner.
- Physician/practitioner exam within 90 days of the service authorization start date, for which documentation supports the policy's coverage criteria.

**List of covered blood glucose monitors and billing guidance:**

Except for Medicare crossovers, ND Medicaid pays for blood glucose test strips, lancets, insulin syringes, and pen needles through pharmacy claims (see [Preferred Diabetic Supply List](#)). Medicare crossover claims will be paid through DME, provided Medicare pays first (see [Medicare policy link](#)).

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**Date Revised**

**Revisions**

January 2017

Reviewed and revised.

Reviewed and updated Coverage allowed section removed “There is a physician’s order for the monitor and supplies, and”. Documentation Required section deleted.

Added:

**Documentation Requirements:**

- A prescription from prescribing physician/practitioner.
- Medical documentation supporting the need.
- Physician/practitioner exam per current DME Manual’s requirements.

November 2019

Header logo replaced with new logo.

Reviewed and revised:

Inserted in Documentation Requirements:

- A prescription from ordering physician/practitioner.
- Physician/practitioner exam within 90 days of the service authorization start date that documentation supports the policy’s coverage criteria.
- List of covered blood glucose monitors and billing guidance:  
Except for Medicare crossovers, ND Medicaid pays for blood glucose test strips, lancets, insulin syringes, and pen needles through pharmacy claims (see [Preferred Diabetic Supply List](#)). Medicare crossover claims will be paid through DME provided Medicare pays first (see [Medicare policy link](#)).

Deleted in Documentation Requirements:

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|---|---|
| <div> <div> <div>NORTH</div> <div>Dakota</div> <div>Be Legendary.</div> </div> <div> <div></div> <div>Health &amp; Human Services</div> </div> </div> | <div> <div>Blood Glucose Monitor</div> <div>Service Authorization: No</div> </div>  |
| <div>DURABLE MEDICAL EQUIPMENT MANUAL</div>   | <div>COVERAGE AND LIMITATION CRITERIA AND POLICY</div>  |
| <div>EFFECTIVE: March 2007</div>  | <div>REVISED: December 2025</div>   |
| <div>Blood Glucose Monitor</div>  |   |
| <div>February 7, 2022</div>   | <ul style="list-style-type: none"> <li>A prescription from prescribing physician/practitioner.</li> <li>Medical documentation supporting the need.</li> <li>Physician/practitioner exam per current DME Manual's requirements.</li> </ul> |
| <div>November 23, 2022</div>  | <div>Reviewed and remains unchanged. Header logo updated with new logo.</div>   |
| <div>November 29, 2023</div>  | <div>Reviewed and reformatted. No changes made.</div>   |
| <div>December 17, 2025</div>  | <div>Reviewed and reformatted. Removed "CMN Required" verbiage.</div>   |