



Health & Human Services

Be Legendary.

Blood Glucose Monitor

Service Authorization: No

DURABLE MEDICAL EQUIPMENT MANUAL

EFFECTIVE: March 2007

COVERAGE AND LIMITATION CRITERIA AND POLICY

REVISED: December 2025

Blood Glucose Monitor

Indications and limitations of coverage and medical appropriateness:

Coverage allowed if **ALL** of the following conditions are present:

- Diabetic (type I, II, or gestational), and
- The member has successfully completed training in the use of the monitor, test strips and lancets, and
- The device is designed for home use.

Billing Guidance:

- One monitor is allowed every four years, if replacement is needed.
- Lancets ([A4259](#)), blood glucose test strips ([A4253](#)), and control solutions ([A4256](#)) are covered items, as well as the spring-powered device ([A4258](#)) for lancets.
- Allowed up to 150 strips/lancets per month for insulin-dependent diabetics.
- Allowed up to 200 strips/lancets every 3 months for non-insulin-dependent diabetics.
- Allow one spring-powered device ([A4258](#)) every six months.

Non-Covered:

- Laser skin piercing device ([E0620](#)) is non-covered as not medically necessary.
- Alcohol, betadine, or peroxide is non-covered, since these items are not required for the proper functioning of the device. Urine test strips ([A4250](#)) are non-covered since they are not used with a glucose monitor. No exceptions



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Documentation Requirements:

- A prescription from an ordering physician/practitioner.
- Physician/practitioner exam within 90 days of the service authorization start date, for which documentation supports the policy's coverage criteria.

List of covered blood glucose monitors and billing guidance:

Except for Medicare crossovers, ND Medicaid pays for blood glucose test strips, lancets, insulin syringes, and pen needles through pharmacy claims (see [Preferred Diabetic Supply List](#)). Medicare crossover claims will be paid through DME, provided Medicare pays first (see [Medicare policy link](#)).



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Date Revised	Revisions
January 2017	<p>Reviewed and revised.</p> <p>Reviewed and updated Coverage allowed section removed “There is a physician’s order for the monitor and supplies, and”. Documentation Required section deleted.</p> <p>Added:</p> <p>Documentation Requirements:</p> <ul style="list-style-type: none">• A prescription from prescribing physician/practitioner.• Medical documentation supporting the need.• Physician/practitioner exam per current DME Manual’s requirements.
November 2019	<p>Header logo replaced with new logo.</p>
	<p>Reviewed and revised:</p> <p>Inserted in Documentation Requirements:</p> <ul style="list-style-type: none">• A prescription from ordering physician/practitioner.• Physician/practitioner exam within 90 days of the service authorization start date that documentation supports the policy’s coverage criteria.• List of covered blood glucose monitors and billing guidance: Except for Medicare crossovers, ND Medicaid pays for blood glucose test strips, lancets, insulin syringes, and pen needles through pharmacy claims (see Preferred Diabetic Supply List). Medicare crossover claims will be paid through DME provided Medicare pays first (see Medicare policy link). <p>Deleted in Documentation Requirements:</p>



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February 7, 2022	<ul style="list-style-type: none">• A prescription from prescribing physician/practitioner.• Medical documentation supporting the need.• Physician/practitioner exam per current DME Manual's requirements.
November 23, 2022	Reviewed and remains unchanged. Header logo updated with new logo.
November 29, 2023	Reviewed and reformatted. No changes made.
December 17, 2025	Reviewed and reformatted. Removed "CMN Required" verbiage.