

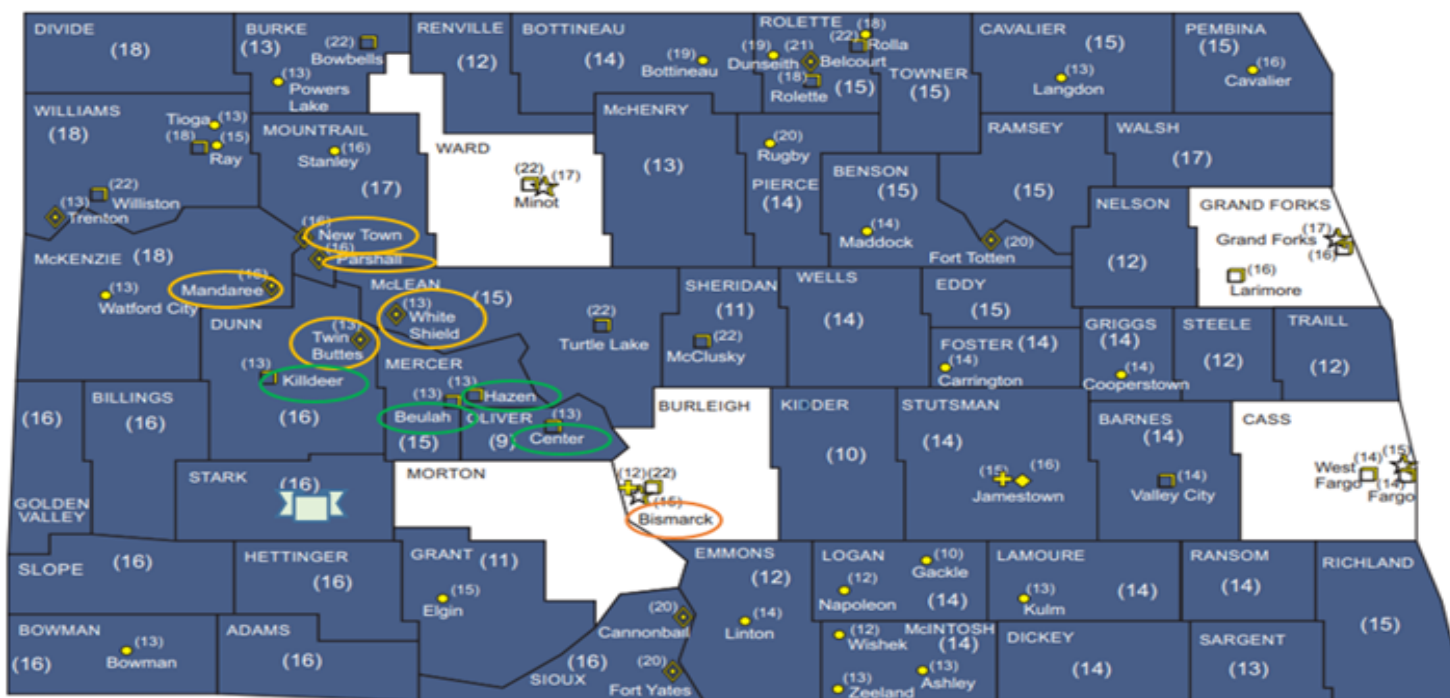
PEDIATRIC MENTAL HEALTH CARE ACCESS PROGRAM



PMHCA THIRD QUARTER UPDATES

Goal 1: Increase telehealth behavioral health services to children and adolescents in underserved areas of the state

North Dakota Mental Health Professional Shortage Areas



Collaborators on the PMHCA Program the Collaborative Care Treatment Model:

Yellow: Elbowoods Memorial Clinic*

Green: Coal Country Community Healthcare Centers

Orange: Bismarck – Center for Family Healthcare

PMHCA THIRD QUARTER UPDATES

Goal Two: Extend knowledge to pediatric primary care professionals across the state for the early identification, diagnosis, treatment and referral of mental health disorders



Project ECHO: Sessions this quarter included: Attention Deficit Hyperactivity Disorder, Oppositional Defiant Disorder, and Autism Spectrum disorders.

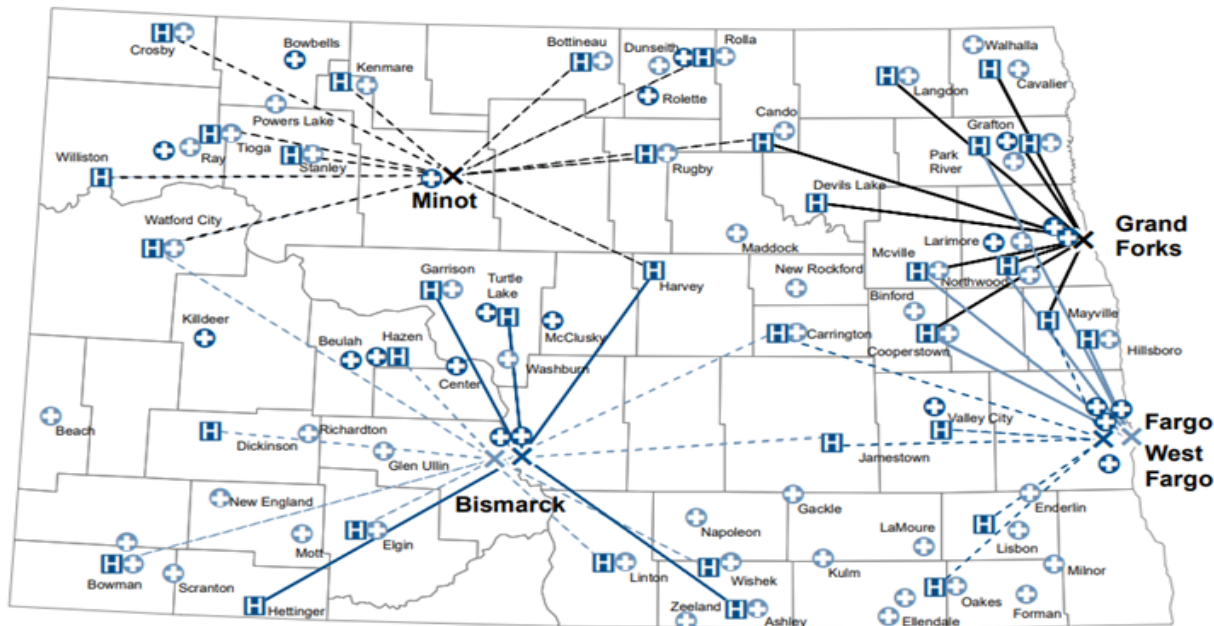
September Symposium 2021:

- Save the date, September 16, 2021
- PMHCAP and Sanford Pediatric Integrated Behavioral Health Care are merging to provide a robust platform for Primary Care Providers.
- Partnering with the ND Chapter president of the AAP – pursuing MOC 4 credits for primary care providers.
- Content to be geared toward current requests from the field as well as the Oct. 2019 AAP policy on Mental Health Competencies.

PMHCA THIRD QUARTER UPDATES

Goal Three: Include direct school-based delivery of telehealth services due to the shortage of healthcare providers and the lack of an infrastructure of primary care clinics

**Critical Access Hospitals, Rural Health Clinics, and Federally Qualified Health Centers
North Dakota, 2020**



Referral Centers

- Altru Health Systems Grand Forks
- CHI St. Alexius Bismarck
- - - Sanford Health and CHI St. Alexius Bismarck
- Sanford Health Fargo
- - - Sanford Health and Essentia Health Fargo
- - - Trinity Hospital Minot

- X Referral Center
- H Critical Access Hospital
- F Federally Qualified Health Center
- + Rural Health Clinic

The Rural Health Clinic Services Act of 1977 (Public Law 95-210) was enacted to address an inadequate supply of physicians serving Medicare patients in rural areas and to increase the use of non-physician practitioners such as nurse practitioners (NPs) and physician assistants (PAs) in rural areas.

Sources: data.HRSA.gov, March 2020

Created by the North Dakota Healthcare Workforce Group on 3/2020

There have been no new school meetings since the October advisory meeting.

PMHCA THIRD QUARTER UPDATES

- Virtually hosted HRSA representative, Cara de la Cruz, and peer consultant, Sandra L Fritsch, MD., MEd, FAACAP, Medical Director, Pediatric Mental Health Institute, Children's Hospital Colorado, on November 2-6, 2020.
 - Final report not yet completed
 - Overall feedback was positive
 - Sustainability
- Budget: Year three budget began on October 1st, 2020
 - Carryover from year two will be requested in January of 2021
- Collaborations:
 - ND Prevent Child Sexual Abuse
 - ND Chapter of American Academy of Pediatrics – Conference, ECHO, MOC 4
 - Sanford - Pediatric Integrated Behavioral Healthcare

PMHCA THIRD QUARTER UPDATES

Collaborations: North Dakota Behavioral Health Strategic Plan –Bevin Croft

- Aim #2 Invest in prevention and early intervention
 - 2.1 Develop a comprehensive suicide prevention approach
- Aim #3 Ensure all North Dakotans have timely access to behavioral health services
 - 3.1 Identify universal age-appropriate, culturally sensitive behavioral health screening instruments for children and adults in all human services
- 4.3 Expand school-based mental health and substance use disorder treatment services for children and youth
- Aim #5 Enhance and streamline system of care for children and youth
 - 5.1 Establish and ratify a shared vision of a community system of care for children and youth
 - 5.2 Expand culturally responsive, evidence-based, trauma-informed wraparound services for children and families involved in multiple systems
- Goal 8.1.4 “Expand capacity for school-based telebehavioral health services” with, Dr. Etherington, Mandi Peterson, Melissa Hillmyer - Bevin C. connected this group virtually.
- Aim #11 Partner with tribal nations to increase health equity for American Indian populations
 - 11.1 Convene state and tribal leaders to review behavioral health strategic goals and explore an aligned strategic planning process and options for a training program for all behavioral health professionals that includes modules on health equity and American Indian history, culture, and governance

PMHCA FIRST QUARTER 2021 PLANS

- Begin working with Elbowoods, Coal Country Community Healthcare, Center for Family Healthcare at UND Bismarck
- Utilize the animated MN Trauma screening tool at the Family Healthcare Clinic
- Begin statewide on-call Child_Adolescent Psychiatric, Psychology and LAC Consultation
- Continue to build relationships and rural outreach
- Develop and promote the new ECHO sessions of 2021 with a C_A psychiatrist – pursuing MOC 4 credits for this.