

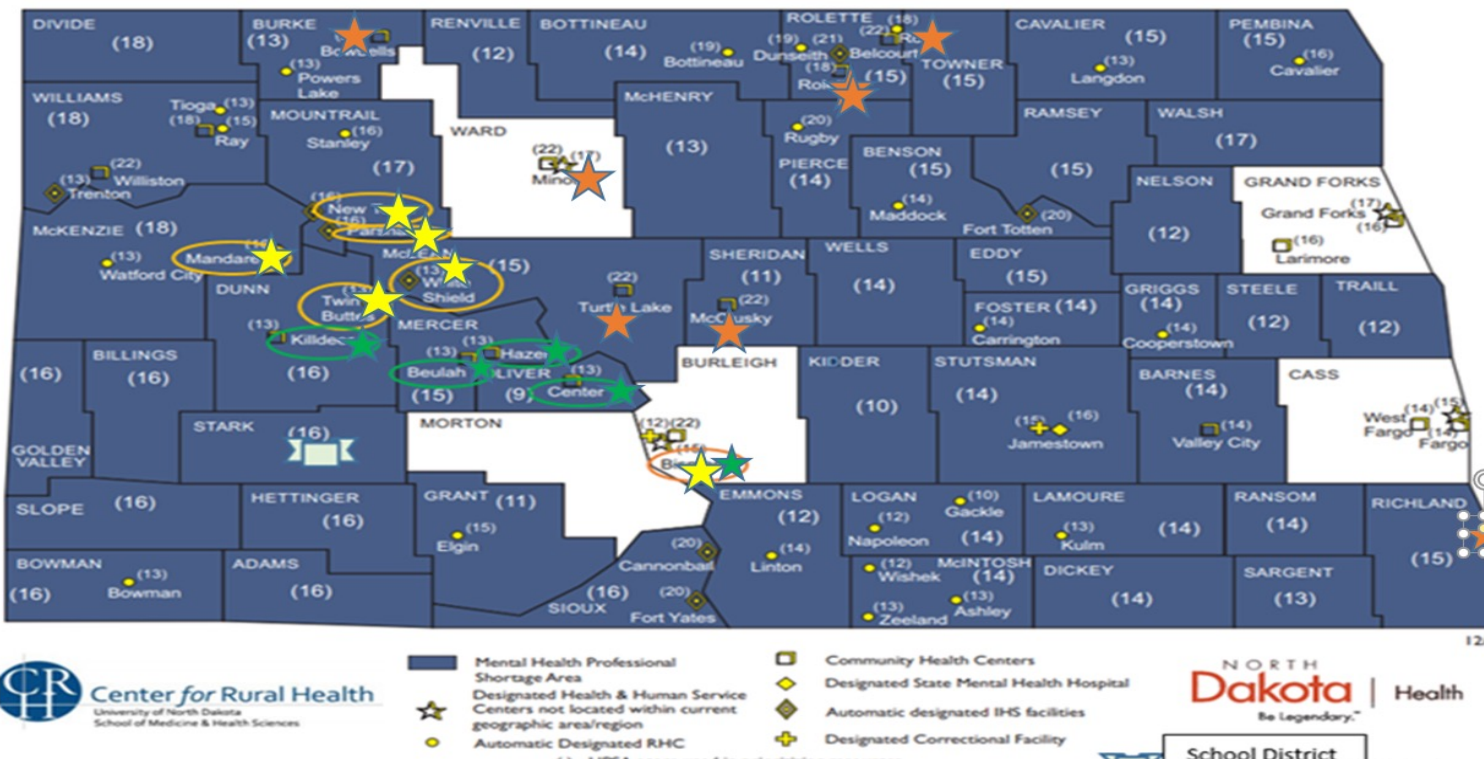
# PEDIATRIC MENTAL HEALTH CARE ACCESS PROGRAM



# PMHCA SECOND QUARTER UPDATES

Goal 1: Increase telehealth behavioral health services to children and adolescents in underserved areas of the state

## North Dakota Mental Health Professional Shortage Areas



Where we are looking to partner with as enrolled providers and agencies:

**Yellow:** Agreements are out for review.

**Green:** Agreements signed enrollment meetings with clinics and providers have been completed.

**Orange:** Agreements in process for signing.

# PMHCA SECOND QUARTER UPDATES

Goal Two: Extend knowledge to pediatric primary care professionals across the state for the early identification, diagnosis, treatment and referral of mental health disorders



**Project ECHO:** Current ECHO Series began on May 5<sup>th</sup>, 2021 and will end on October 20<sup>th</sup>, 2021. Attendance continues to be good. Sessions are recorded and available on the UND School of Medicine Website

**Symposium:** Held virtually on September 23, 2021

- 334 professionals were registered
- Roughly 150 attended the day\*
- Three content tracks: Trauma, Crisis planning for suicidal patients, and clinical skills
- National presenters with new evidence-based content and interventions for the clinical setting
- Hands on practice sessions, role playing, break out sessions
- Topics were generated for next year
- Complete evaluation of the symposium is 60 pages long and available for your review if you would like.



# THIRD ECHO SERIES TOPIC LIST

Our biggest year of ECHO: 22 in 2022!

Behavioral Health Screening

Anxiety

Trauma

Resilience for Providers

LGBTQIA (lesbian, gay, bisexual, transgender, queer/questioning,  
intersex, asexual/aromantic/agender)

Crisis planning for suicidal patients

Provider Engagement

Motivational Interviewing

Autism

Fetal Alcohol Syndrome

Other addictions

Eating disorders

Postpartum depression/anxiety

Cultural competence and humility

Grief

Brain Injury



# SYMPOSIUM 2022

**Save the Date for September 22, 2022!**

Content covered will be much like those of the ECHO series, however go into greater detail for skill development and practice sessions.

Will continue to be virtual

Will strive to utilize Webex, which was not possible this year\*

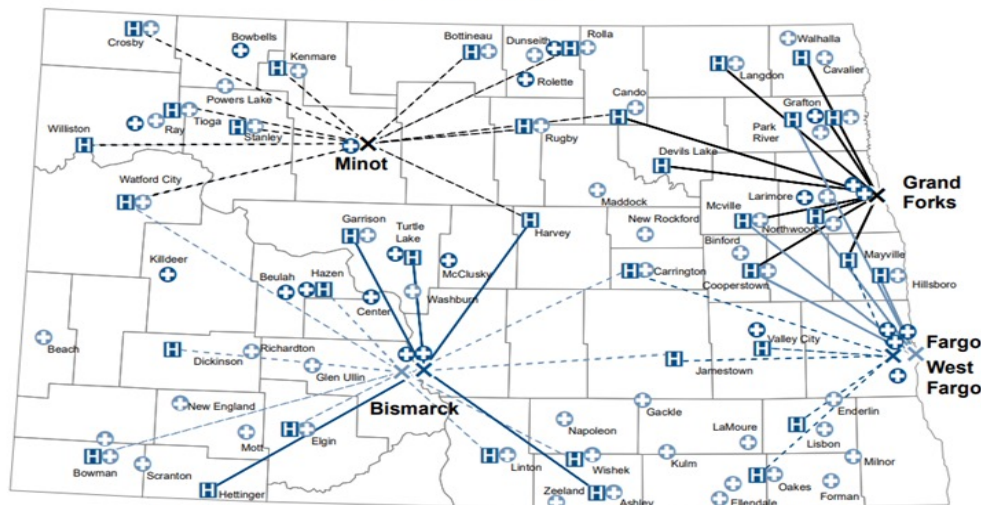
- Will partner with Sanford Pediatric, Primary Care and Behavioral Health as part of the planning council once again.



# PMHCA SECOND QUARTER UPDATES

Goal Three: Include direct school-based delivery of telehealth services due to the shortage of healthcare providers and the lack of an infrastructure of primary care clinics

**Critical Access Hospitals, Rural Health Clinics, and Federally Qualified Health Centers  
North Dakota, 2020**



- Referral Centers**
- Altru Health Systems Grand Forks
  - CHI St. Alexius Bismarck
  - - - Sanford Health and CHI St. Alexius Bismarck
  - Sanford Health Fargo
  - - - Sanford Health and Essentia Health Fargo
  - - - Trinity Hospital Minot
- X Referral Center
  - H Critical Access Hospital
  - + Federally Qualified Health Center
  - R Rural Health Clinic

The Rural Health Clinic Services Act of 1977 (Public Law 95-210) was enacted to address an inadequate supply of physicians serving Medicare patients in rural areas and to increase the use of non-physician practitioners such as nurse practitioners (NPs) and physician assistants (PAs) in rural areas.

Sources: data HRSA.gov, March 2020

Created by the North Dakota Healthcare Workforce Group on 3/2020

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UNIVERSITY OF NORTH DAKOTA

ND HEALTHCARE WORKFORCE GROUP



There have been multiple conversations with rural schools who are requesting behavioral health services or supplemental services. The extension into schools is temporarily on hold until the consult line is fully operational and practices throughout the state are enrolled in the program.

Preliminary conversations about use of screening tools in schools per the SAMHSA's "Ready, Set, Go, Review: Screening for Behavioral Health Risk in Schools" program.

Also have had conversations with Sources of Strength and their activity in schools



# PMHCA THIRD QUARTER UPDATES

- Collaborations this quarter:
  - ND Chapter of American Academy of Pediatrics –ongoing
  - ND Chapter of Family Medicine -ongoing
  - Sanford - Pediatric Integrated Behavioral Healthcare - ongoing
  - American Academy of Pediatrics – MOC 4- ongoing
  - American Academy of Family Medicine – Quality Initiative Credits-ongoing
  - Grand Forks Mental Health Matters Collaborative Group (School and Community) - ongoing
  - Moriah Opp – ND Suicide Prevention Administrator -ongoing
  - Amanda Francis - Behavioral Health and Education Administrator -ongoing
  - Sources of Strength – Evidence Based Wellbeing Curriculum -ongoing
  - Mandi Peterson & Dr. Rosalie Etherington & Rebecca Quinn-ongoing
  - ND Health Equity Youth Advisory Committee – **new**
  - Autism Task Force -**new**
  - Brain Injury Advisory Council-**new**



# PMHCA THIRD QUARTER UPDATES

## Collaborations: North Dakota Behavioral Health Strategic Plan –Bevin Croft

- Aim #2 Invest in prevention and early intervention
  - 2.1 Develop a comprehensive suicide prevention approach
- Aim #3 Ensure all North Dakotans have timely access to behavioral health services
  - 3.1 Identify universal age-appropriate, culturally sensitive behavioral health screening instruments for children and adults in all human services
- 4.3 Expand school-based mental health and substance use disorder treatment services for children and youth
- Aim #5 Enhance and streamline system of care for children and youth
  - 5.1 Establish and ratify a shared vision of a community system of care for children and youth
  - 5.2 Expand culturally responsive, evidence-based, trauma-informed wraparound services for children and families involved in multiple systems
- Goal 8.1.4 “Expand capacity for school-based tele behavioral health services” with, Dr. Etherington, Mandi Peterson, Melissa Hillmyer - Bevin C. connected this group virtually.





# PMHCA THIRD QUARTER UPDATES

- Third grant year ended September 30<sup>th</sup>, 2021.
- Budgeting year four is in final stages – awaiting contract feedback from several entities.
  - Will ask for carry over funds of unused grant dollars. We have been approved in previous years.
  - With this carry over funding, we are not able to start new initiatives that may deviate from the work plan previously submitted however we can extend projects in process.
  - Previous grant funds have been given to First Link to increase their platform search and indexing accessibility specific to telehealth services (completed June 2021) That was a specific part of the grant language that we were able to fulfill, and the process made it better for many, especially during COVID.
  - Are there other projects that meet our grants goals that we can be part of?



# PMHCA THIRD QUARTER UPDATES

- Will be scheduling the sub advisory committee end of October or early November for years four and five oversight and steering.
- Have moved the ACES/Trauma screening tool to OnSharp for final completion.
- Have obtained the domain, NDscreening.com – will further develop easily accessible, evidence-based, age-appropriate screening tools into digital formats with indicators for providers to know the ranges and when to make a referral or continue to monitor

# SUCCESSSES AND CHALLENGES

The symposium was a success

System (Family Voices, Psychiatry, Primary Care Provider) communication workflow is successful

ECHO series and reaching providers who are engaged in the content is a success

## **Challenges:**

We remain underutilized

We get attendance at ECHO's and the symposium at a time of COVID in which providers are experiencing increasing levels of burnout and demand on their time – a challenge and success

Access to care and accessing care that IS available is a challenge - as is the case for the rest of the country!

Providers who are unwilling to staff a case with the consult line despite having knowledge of the service

Parents providing their children who struggle with behavioral health issues, with alcohol or marijuana to “calm them down” or to “sleep better”

