

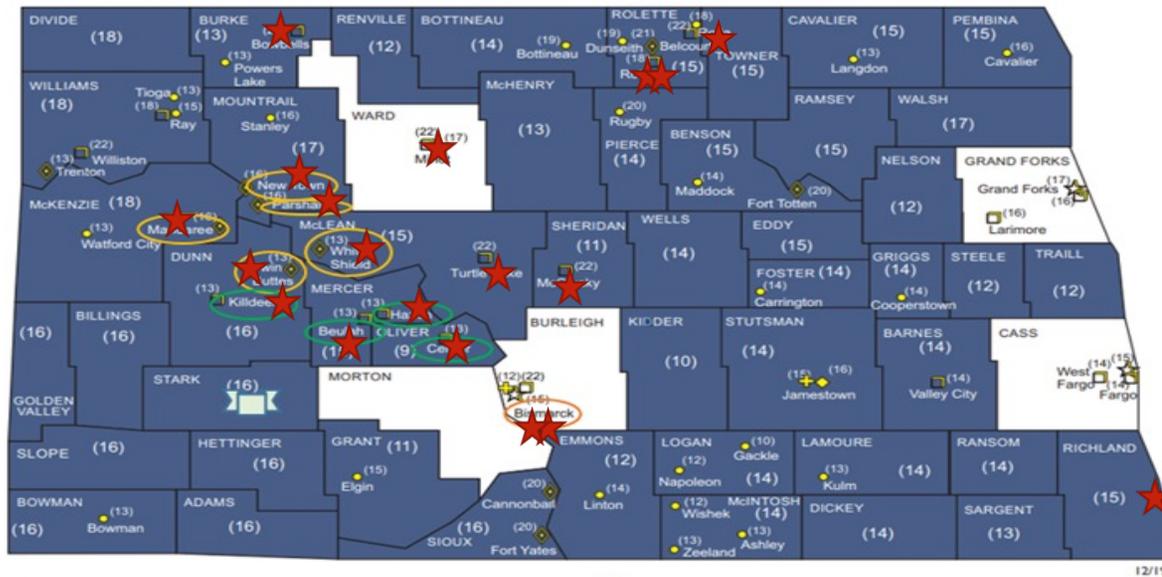
PEDIATRIC MENTAL HEALTH CARE ACCESS PROGRAM



PMHCA UPDATES

Goal 1: Increase telehealth behavioral health services to children and adolescents in underserved areas of the state

North Dakota Mental Health Professional Shortage Areas



- Mental Health Professional Shortage Area
- ★ Designated Health & Human Service Centers not located within current geographic area/region
- Automatic Designated RHC
- () HPSA score used in prioritizing resources
- ◆ Community Health Centers
- ◆ Designated State Mental Health Hospital
- ◆ Automatic designated IHS facilities
- ◆ Designated Correctional Facility



Collaborators with the PMHCA Program:

Elbowoods Memorial Clinic

Coal Country Community Healthcare Centers

Bismarck – Center for Family Healthcare

Bismarck – Nurturing Wellness Pediatrics

Northland Health Centers

Two individual providers in other systems

PMHCA UPDATES

Goal Two: Extend knowledge to pediatric primary care professionals across the state for the early identification, diagnosis, treatment and referral of mental health disorders



- ECHO series has increased attendance 35-40 providers per session.
 - Increased engagement
 - Screening session was favorably received as new information
 - Six sessions left in this series
- Flyer sent in addition to these slides



Join the Learning Loop

Pediatric Mental Health Care ECHO Series

The First and Third Wednesdays at 12:00

Series is presented by:

Dr. Michelle Jorgensen,

A child and adolescent psychiatrist and

Dr. Kathy Anderson,

President of the ND Chapter of the American Academy of Pediatrics

May 5 – Assessment in recognizing mental health emergencies – suicide risk or complex mental health symptoms.

May 19 – Analyzing and interpreting results from Mental Health screenings, histories and physical examinations and observations to determine what “brief interventions” could be used and whether a full Diagnostic Assessment is needed.

June 16 – Impulsivity and inattention, with or without hyperactivity.

July 7 – Disruptive or aggressive behaviors

July 21– Anxious and avoidant behaviors

August 4 – Low mood or withdrawn behaviors

August 18 – Exposure to trauma or loss

September 1 – Substance Use

September 15 – Youth Substance Use: Presented by the Addiction Technology Transfer Center

October 6 – Acquired Brain Injury: Presented by the North Dakota Brain Injury Network

Register here for the [Pediatric Mental Health Care ECHO](#) series or scan:



September Symposium!
(draft schedule attached)

SAVE THE
DATE
SEPT. 23
2021



CAP of Coffee Hour

Please join Dr. Jorgenson, a child and adolescent psychiatrist, in a *virtual* diagnostic question and answer conversation the 2nd and 4th Wednesdays every month at 7:00am.

- Ask a diagnostic question
- Engage in similar topics
- Or drop-in and listen

Click to [Join Here](#)

or



Scan Me



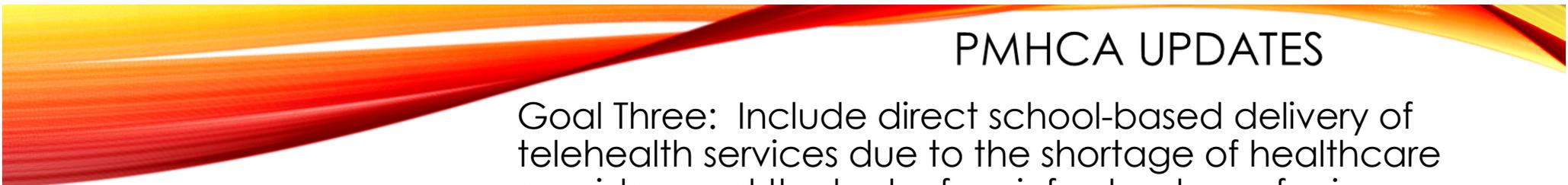


PMHCA UPDATES

The ND PMHCA Website was published on March 15, 2021: www.ndpmhca.org

Statewide Child and Adolescent Psychiatry Consults began March 22nd, 2021

- As of 7/19/21 – There have been twenty-seven consults completed between a primary care provider and a Child and Adolescent psychiatrist.
- There have been two direct patient teleconsultations completed from staffed cases in which the PCP continued treatment with the client.
- Family Voices has been able to coordinate additional services/needs for eighteen of the twenty-seven families, five will have ongoing and several did not have care coordination requested.
 - Due to families not always being available when attempts to coordinate are made, a post card has been mailed after four attempts. Families reportedly reach back to FV for assistance as able.



PMHCA UPDATES

Goal Three: Include direct school-based delivery of telehealth services due to the shortage of healthcare providers and the lack of an infrastructure of primary care clinics

- There have been multiple conversations with rural schools who are requesting behavioral health services or supplemental services. The extension into schools is planned for year four to:
 - Allow for the consult line to be fully operational
 - Allow clinic practices to become enrolled in the program
 - Further assess how to be of assistance in the school-based delivery of telehealth services since this grant was written and school programs changed



PMHCA UPDATES

ND PMHCA program received and responded to recommendations for improvement to the grant work plan. The response plan to the recommendations was submitted to HRSA on March 26th and was fully accepted.

- Sub-Advisory Committee recommendation – fulfilled with these members.
 - Dr. Connell,
 - Dr. Kathy Anderson,
 - Dr. Andy McLean,
 - Kurt Snyder,
 - Greg Gallagher,
 - Amanda Francis,

Collaborations: North Dakota Behavioral Health Strategic Plan –Bevin Croft

- Aim #3 Ensure all North Dakotans have timely access to behavioral health services
 - 3.1 Identify universal age-appropriate, culturally sensitive behavioral health screening instruments for children and adults in all human services
- 4.3 Expand school-based mental health and substance use disorder treatment services for children and youth
- Aim #5 Enhance and streamline system of care for children and youth
 - 5.1 Establish and ratify a shared vision of a community system of care for children and youth
 - 5.2 Expand culturally responsive, evidence-based, trauma-informed wraparound services for children and families involved in multiple systems
- Goal 8.1.4 “Expand capacity for school-based telebehavioral health services” with, Dr. Etherington, Mandi Peterson, Melissa Hillmyer - Bevin C. connected this group virtually.

Collaborations

- Sources of Strength – wellbeing program and curriculum for schools used nationally (44/50 states) and internationally.
- Grand Forks Mental Health Matters Community – school/community partnerships
- Applied for AAP MOC 4 level credits*
- Applied for AAFM Quality Improvement credits*
- Sanford Pediatric Integrated Behavioral Health – symposium planning
- Jodi Hulm - NDMA – Collaborative Care CPT code activation for North Dakota providers



PMHCA UPDATES

Challenges

- Loss of a C_A Psychiatrist from the team for the current time.
- Consult line not being utilized despite high need for behavioral health care
- Seeking other recommended marketing resources

Successes

- Growing enrollments of practices interested in the PMHCA program
- ECHO series
- Conference development
- Development of the Sub-Advisory Committee