

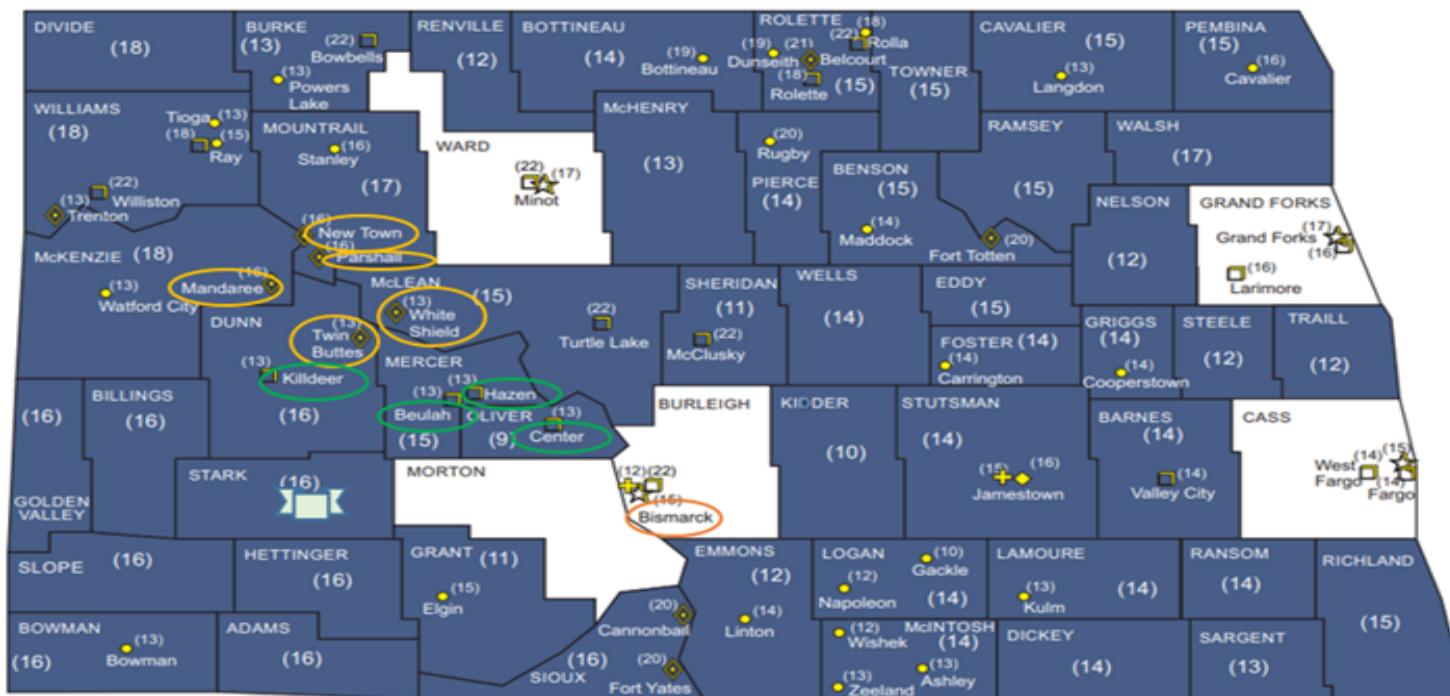
PEDIATRIC MENTAL HEALTH CARE ACCESS PROGRAM



PMHCA THIRD QUARTER UPDATES

Goal 1: Increase telehealth behavioral health services to children and adolescents in underserved areas of the state

North Dakota Mental Health Professional Shortage Areas



Possible collaborators on the PMHCA Program the Collaborative Care Treatment Model:

Yellow: Elbowoods Memorial Clinic*

Green: Coal Country Community Healthcare Centers

Orange: Bismarck – Center for Family Healthcare

PMHCA THIRD QUARTER UPDATES

Goal Two: Extend knowledge to pediatric primary care professionals across the state for the early identification, diagnosis, treatment and referral of mental health disorders



Project ECHO: Completed four sessions on: Post Traumatic Stress Disorder, Separation Anxiety Disorder, Obsessive Compulsive Disorder, Attention Deficit Hyperactivity Disorder

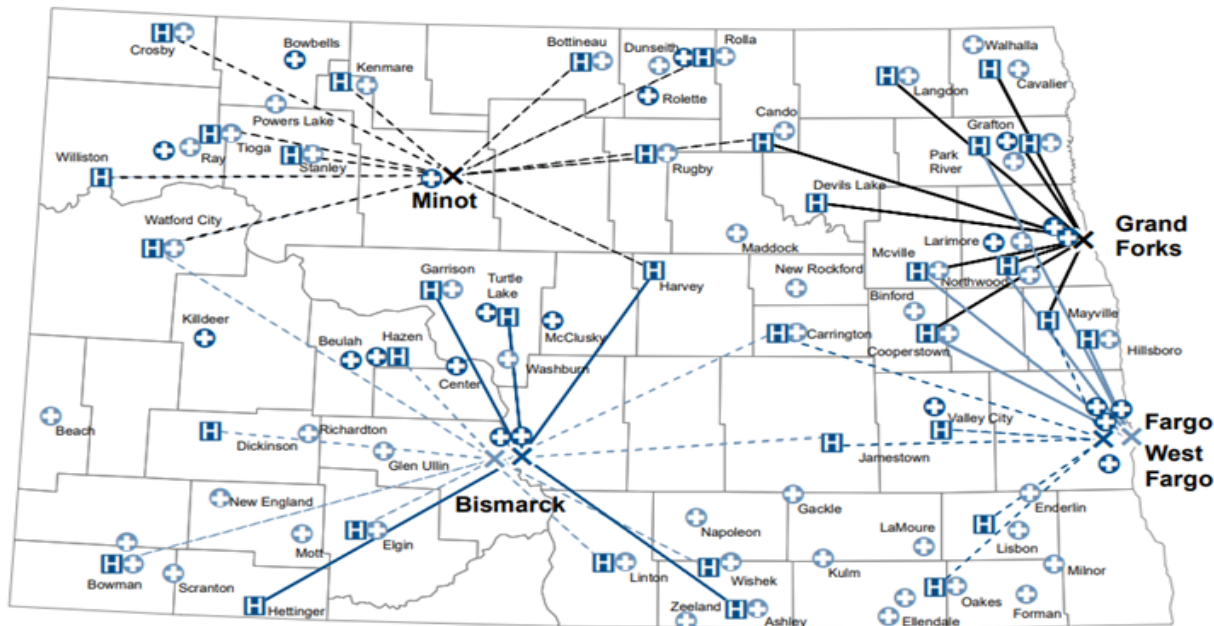
September Symposium: Treating the Whole Child: Understanding Collaborative Care as an Integrated Behavioral Healthcare Model in Primary Care Settings.

- 183 Registrants
- Emphasis on evidenced based screenings in primary care
- Mental health interventions that work in Primary Care settings.
- Collaborative Care Structure and Sustainability

PMHCA THIRD QUARTER UPDATES

Goal Three: Include direct school-based delivery of telehealth services due to the shortage of healthcare providers and the lack of an infrastructure of primary care clinics

**Critical Access Hospitals, Rural Health Clinics, and Federally Qualified Health Centers
North Dakota, 2020**



Referral Centers

- Altru Health Systems Grand Forks
- CHI St. Alexius Bismarck
- - - Sanford Health and CHI St. Alexius Bismarck
- Sanford Health Fargo
- - - Sanford Health and Essentia Health Fargo
- - - Trinity Hospital Minot

- X Referral Center
- H Critical Access Hospital
- H+ Federally Qualified Health Center
- H+ Rural Health Clinic

The Rural Health Clinic Services Act of 1977 (Public Law 95-210) was enacted to address an inadequate supply of physicians serving Medicare patients in rural areas and to increase the use of non-physician practitioners such as nurse practitioners (NPs) and physician assistants (PAs) in rural areas.

Sources: data.HRSA.gov, March 2020

Created by the North Dakota Healthcare Workforce Group on 3/2020

PMHCA Program has met with the following groups to discuss collaboration opportunities.

- Rural Cass Superintendents – July 15th
- South Valley Superintendents – July 15th
- ND Special Ed. Study Council – August 10th
- Dickinson School District – September 23rd

PMHCA FOURTH QUARTER PLANS

- Solidify agreements to begin collaborative care with Elbowoods, Coal Country Community Healthcare, Center for Family Healthcare
- Complete the animated MN Trauma screening tool
- Launch Website/webpage under creation with UND Center for Rural Health
- Begin statewide on-call Child_Adolescent Psychiatric Consultation
- Secure licensing agreement for database use
- Continue to build relationships and rural outreach

PMHCA FOURTH QUARTER PLANS AND BEYOND

- November 2-6: Virtually host HRSA representative Cara de la Cruz and Sandra L Fritsch, MD., MEd, FAACAP, Medical Director, Pediatric Mental Health Institute, Children's Hospital Colorado
 - Emphasis on sustainability
- Budget: Year three budget began on October 1st, 2020
 - Current budget will primarily pay salary time for the following services delivered:
 - Care coordination,
 - Therapy, Licensed Addiction Counseling
 - Monday – Friday child and adolescent psychiatric on-call services
 - Collaborative care services
 - Annual Symposium relevant to pediatric mental health care needs in the primary care setting
 - Ongoing Project Echo educational series