

### <u>PROGRAM OF ALL-INCLUSIVE</u> <u>CARE FOR THE ELDERLY (PACE)</u>

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N O R T H Dakota

Human Services

Be Legendary.<sup>™</sup>

## Enrollment

- The North Dakota Department of Human Services first implemented the PACE program in 2008, opening PACE sites in Bismarck and Dickinson. Since that time PACE sites were opened in Minot in July 2015 and another opened in Fargo in November 2020.
- You can see by this chart below how the enrollment has grown over the years.



PACE GROWTH

### Current PACE Service Areas

Currently PACE is available in parts of Burleigh, Cass, Morton, Stark and Ward counties and the service area is outlined by zip code as you can see below.

**Bismarck** 58501, 58502, 58503, 58504 **Mandan** 58554 **Menoken** 58558

**Fargo** 58102, 58103, 58104, 58105 **West Fargo** 58078 **Horace** 58047

Dickinson 58601, 58602 Gladstone 58630 Richardton 58652 Taylor 58656 South Heart 58655

Minot 58701, 58702, 58703 Burlington 58722 Surrey 58785

## What is PACE?



- PACE is a federally and state funded program that provides <u>all</u> health care needs to frail and elderly individuals living in the community. The State contracts with PACE providers who coordinate patient-centered health care for each PACE participant.
- The main goal of the PACE program is to help people remain in their home and community and enhance their quality of life.
- Participation in the PACE program is voluntary and is not restricted to individuals who are either Medicare or Medicaid beneficiaries. PACE participants can disenroll at anytime.
- At the time of enrollment, PACE may be an alternative to assisted living or nursing home placement but once a person is enrolled in PACE, if they need hospital, nursing home, assisted living or basic care placement, they do **not** have to disenroll from PACE to receive those services.
- PACE is designed to be a lifelong program.

### What is PACE?



**PACE** serves individuals who are:

- At least 55 years old
- Qualify for nursing home level of care
- Live within a PACE service area
- Able to live safely in the community with PACE support <u>at time of enrollment</u>

### Services

**Services** are provided by the PACE Interdisciplinary Team (IDT). This team is made up of professionals from 11 different health care areas. IDT members assess each person's needs, and together they develop a care plan, and deliver all health care services, including short-term care and long-term care services, as needed.

Every 6 months the participant is reassessed, and a care conference is held to review progress and determine if changes are needed in the plan of care. The IDT, the participant and anyone the participant chooses, can be a part of these meetings.

The eleven required IDT disciplines are listed in the diagram to the right.

Services that must be provided by PACE include:

- primary care services,
- social services,
- restorative therapies, including physical and occupational therapies,
- personal care and supportive services,
- nutritional counseling,
- recreational therapy and meals.



### Services

- Services can be provided in the PACE day center but may also be provided in the participant's home or by a referral service, as needed. During the COVID health emergency PACE has transitioned to more services being provided at home. Participants do still come into the day center as needed for therapies, social needs and for medical appointments.
- The day center is a required component for each PACE site.
- Attending the PACE day center offers many advantages. Regularly scheduled attendance is very important. Participants can visit with a nurse about their healthcare and see their physician or mid-level provider routinely at the clinic, which is in the day center. Physical, occupational and speech therapy are also provided at the day center.
- Lunch is served daily Monday through Friday.
- The activity staff plans fun and stimulating programs for the participant's enjoyment. Birthday parties, musical programs, exercise groups, shopping excursions, group or individual activities, and holiday celebrations are among the many activities offered at the day center.



### PACE Model

- The PACE model is centered on the belief that it is better for the wellbeing of seniors with chronic care needs to be served in their own homes whenever possible.
- PACE helps aging individuals and their family caregivers by providing and coordinating a full range of healthcare and in-home services. PACE coordinates all these services plus healthcare appointments, primary and specialty medical care, prescription drugs, plus transportation to day centers and medical appointments so that participants are as healthy and as independent as possible.
- The program also includes, hearing aids, eyeglasses, and other assistance that the PACE providers may prescribe when they have been approved by the IDT.
- In-home services include personal care, such as bathing and dressing, light housecleaning, list shopping, food preparation and other chores.
- PACE promotes independence through the coordination of all health services, allowing participants to continue living safely and with dignity at home.



### PACE Model

- North Dakota Medicaid currently has a contract with only one PACE provider but is hopeful that other providers will enroll to help make PACE services available to more members across the state. The current provider, Northland PACE has an enrollment of 173 participants as of January 2022.
- A PACE provider receives one capitated monthly payment for each Medicaid eligible participant. This is the only Medicaid payment made for the PACE participant during the month.
   PACE then pays for all the participant's health care needs. This payment is right around \$5,000 per participant each month.
- PACE providers assume full financial risk for the participants' health care without limits on amount, duration or scope of services needed.
- PACE differs from other community-based services by providing coordination of all medical related services.



### Frequently Asked Questions

#### Do I have to change doctors?

PACE has its own physician and mid-level practitioners that are part of the PACE network. Participants receive all healthcare from PACE providers, and providers contracted with PACE, but are not limited to these providers for emergency services. Participants enjoy personal relationships with the PACE providers and nurses and, may notice that they have more access to healthcare providers than they did before enrolling in the program. PACE is responsible for all care. A participant may be held financially responsible for any care they receive outside of the program that was not pre-approved by the IDT.

#### What happens if I need to see a specialist?

If a participant need to see a specialist, such as a cardiologist or pulmonologist, PACE will make the arrangements with network providers and even help with transportation.

#### Do I have to cancel my prescription drug plan?

Yes. PACE will provide all your medically necessary pharmacy needs. You cannot be in more than one Medicare health or drug plan at a time. PACE is considered a Medicare Part D Plan, therefore, if you enroll in any other Medicare health or drug plan, you will be automatically disenrolled from PACE.



### Referring to PACE

If you feel you or someone you know would benefit from PACE services, reach out to the PACE location nearest you. There is no cost for the assessments that will be completed to determine if PACE is a good fit.

701-751-3050 (Bismarck) 701-456-7387 (Dickinson) 701-857-8045 (Minot) 701-412-2081 (Fargo) Toll Free 888-883-8959 Hearing Impaired 800-366-6888 <image>

Ask to speak to an Intake and Enrollment Coordinator. They will visit with you to determine your eligibility, and help you determine the best care options or you or your loved one. If PACE feels like a good fit for your situation, they will continue the process, including arranging for you to visit the day center.

# More Information

If you are looking for more information on PACE you can go to our North Dakota PACE webpage and there you will find links to helpful information. The webpage is at:

#### http://www.nd.gov/dhs/services/medicalserv/ medicaid/pace.html.

### Links you will find:

- Northland PACE Website
- PACE Fact Sheet
- PACE Overview
- DMAO/PACE Guidance, a CMS web site for providers who are inquiring about what is needed to become a PACE provider or are interested in submitting a PACE application.
- Further information on how to become a PACE provider.
- The DHS inbox where further questions about PACE can be sent is at the bottom of the page, but not shown here.

€ DHS Home ⊕ Contact DH	S # Skip Navigation Search Search
3 About DHS	Program of All-Inclusive Care for the Elderly
Services and Help	
Business Services	Program of All-Inclusive Care for the Elderly The Program of All-Inclusive Care for the Elderly The Program of All-Inclusive Care for the Elderly (MACE) offers a full range of health care and in-home services to people age 55 and older to stay healthy and independent as long as possible. The program is designed for individuals who may require nursing home care, but would prefer to receive the kind of support that keeps them safely in their homes and communities. autors The Vorth Dakota Department of Human Services currently has one PACE organization providing services. Northland PACE Service are Services makes the program available in the Biomarck, Dickinson, Fargo and Minut areas. Applications for other interest providers are available through the 2020 Initial/SAE FACE application link below.  I Inter MacE Service (133b) pdf) I MACE Service (13
3 Online Services	The program is designed for individuals who may require nursing home care, but would prefer to receive the kind of support that keeps them safely in their homes and communities.
Direct Service Locations	
3 Providers	• Northland BACF Werkita
∋ News Room	
€ Human Resources/Jobs	
B DHS Policy Manuals	
9 Publications/Research	
	The Department is planning to increase PACE access in North Dakota by contracting with more PACE providers. Face-to-face meetings were held across the state in August 2021. See below.
	Prospective PACE Organizations authorized personal shall submit a signed letter of intent to the Department no later than Jan. 28, 2022.
	The Non-Obligatory Letter of Intent Content:
	<ul> <li>This letter should clearly specify the service area, by zip codes, for which the PPO wishes consideration.</li> <li>The prospective PACE organization interested in more than one zip code shall rank each zip code in order of interest from most desirable to least desirable.</li> <li>Share how you have successfully worked with the elderly within North Dakota Medicaid in the past.</li> <li>Outline what the PPO plans to use the money from the American Rescue Plan Act HCBS enhanced FMAP for.</li> </ul>

- Outline anything other than money that the PPO might need to start a PACE organization.

#### Submission of Information

The submission must be sent to the PACE program administrator, Annette Fischer at <u>afischer@nd.gov</u>.

Following the submission of the Non-Obligatory LOI and the discussion that will follow regarding the available American Rescue Plan Act HCBS enhanced FNAP dollars, all PPOs that want to move forward will be required to complete the submission requirements outlined in the Instructions for Prospective PACE Organizations.

### National PACE Association (NPA)

The National PACE Association(NPA), <u>National PACE Association | (npaonline.org)</u>, is a great resource as they provide assistance to members at three different levels:

- 1. Inquiring about PACE
- 2. Potential providers in the process of applying to become a PACE provider
- 3. Currently active PACE providers

I have been told that NPA is going to be the best source of guidance to complete the application, set up the operations and assist in financially modeling of a new PACE program. NPA staff are eager to help as expanding PACE across the nation is a goal of the association.

If you know of any entity that is considering becoming a PACE provider, please share this information with them and direct them to the <u>dhsmci@nd.gov</u> inbox for any further questions they may have. We would be glad to assist them.



- Thank you for your time and interest in the PACE program.
- PACE Overview slides have been posted to the DHS website at <u>http://www.nd.gov/dhs/services/medicalserv/medicaid/provider-training.html</u>.
- If you think of questions later, they can be sent to <u>dhsmci@nd.gov</u>.