

# Finding the Right Place for You

Assisting North Dakota's Older Adults and People with Disabilities

# Overview of the Money Follows the Person Program

#### **Options for Older Adults and People with Disabilities**

The Money Follows the Person Program is about helping you find the right place to live that meets your needs and wants. The right place for you may be in an apartment, a shared home, your previous home, a family member's home, a home of your own, a nursing home, or an assisted living facility.

Money Follows the Person is a federal program that provides options for older adults and/or people with disabilities. The program provides funding for one-time moving costs and arranges for the services and supports you need to move from a nursing home or an institution for people with developmental disabilities.



#### How can the Money Follows the Person Program help me?

The program can assist you in moving from a nursing home or an institution for people with developmental disabilities to community living by providing:

- Information to help you decide on the right place for you to live
- Assistance and support from a transition coordinator\* through North Dakota Centers for Independent Living if you are an older adult (age 65 or over) and/or have a physical disability
- Assistance and support from a program manager\* at a regional human service center who will act as your transition coordinator if you have a developmental disability
- Payment for some one-time moving costs such as furniture, security deposits, home modifications and more
- Services and supports for one year
- Assistance to arrange for ongoing services and supports after your Money Follows the Person Program year has ended
- Follow-up to make sure the move was successful and that your needs are met

## What housing choices will the Money Follows the Person Program offer me?

The program helps you find the right place to live. You will work with a transition coordinator to find housing that meets your needs and wants, as well as the services available in the community to meet your needs. Your choice may be a home of your own, a family member's or friend's home, an assisted living facility, an adult family foster care home or other housing in the community.

### How do I qualify to take part in the Money Follows the Person Program?

You can be a part of the Money Follows the Person Program if you have lived in a nursing home or an institution for people with developmental disabilities for at least 60 days, you qualify for Medicaid, and you want to return to living in a community setting instead of an institutional setting.

<sup>\*</sup> Transition Coordinator/Program Manager - See page four

# Services/Supports Provided by the Money Follows the Person Program

## What services and supports are provided by the Money Follows the Person Program?

If you choose to take part in the Money Follows the Person Program, you will work with a transition coordinator during your move from a nursing home or an institution for people with developmental disabilities to the community. The transition coordinator will support your needs through the entire process and make sure you have all the services and supports to live safely in the community.

#### The transition coordinator works with you to:

- 1) Identify Your Needs The transition coordinator will meet with you and any support people you choose (family, friends, caregiver, etc.) to identify the services and supports you will need to move from a nursing home or an institution for people with developmental disabilities into community living.
- **2)** Create a Plan The transition coordinator will work with you to create a written plan that looks at your needs and wants, and the services and supports you will need to live safely in the community.
- **3) Arrange for Services/Supports** The transition coordinator will assist you in arranging services including, but not limited to:
  - Medical and rehabilitative care
  - Home health
  - Bathing, dressing and using the bathroom
  - House cleaning, laundry, shopping and meal preparation
  - Meal services such as home delivered meals
  - Transportation from public or volunteer providers
- **4) Assure Needs are Met** Following your move back into community living, the transition coordinator will work closely with you for the entire first year that you are in the community to make sure all your needs are met and that you are satisfied with the move. They will also help arrange for continued services and supports to meet your needs after the Money Follows the Person Program services have ended.

#### How do I pay for the things I need to set-up my new home?

The Money Follows the Person Program pays up to \$3,000 for one-time moving costs. These items or activities may include, but are not limited to:

- Health and Safety Technology medication dispensing systems, etc.
- Security and Utility Deposits cable, phone and electricity deposits
- **Home Modifications** remodeling help to make a home more accessible, etc.
- Adaptive Equipment ramps, roll-in showers, safety grab bars, etc.
- **Home/Apartment Furnishings** linens, dishes, small appliances, furniture, food, etc.
- Assistive Technology Devices communication devices, screen magnifiers, environmental control systems, etc.
- One-Time Vehicle Modifications adaptive seating, steering devices, wheelchair lifts, etc.

## Interested in the Money Follows the Person Program? Call today!

If you would like to learn about options available to help you return to community living, contact:

Kayla Trzpuc – Money Follows the Person Program Administrator Phone: 701-328-8652

N.D. Department of Health and Human Services, Aging Services Section (701) 328-2321 | (800) 755-2604 | ND Relay TTY: (800) 366-6888

For more information about other in-home services and supports call toll-free: Aging & Disability Resource LINK 1-855-GO2LINK (1-855-462-5465)

#### **Know Your Rights**

#### You have the right to:

- Confidentiality
- Refuse to participate and know it will not affect your eligibility for Medicaid or Home and Community-Based Services
- Be informed of and provide approval to participate in evaluation activities,
   i.e. Quality of Life Surveys
- Give approval to participate in Money Follows the Person Program services
- Be aware of the risk of receiving certain services
- Be informed of the full range of services that are available
- Be aware of any restrictions on amount, length of time, and range of services
- Change your mind about whether to participate in the Money Follows the Person Program
- Receive 365 days of Money Follows the Person Program services
- Continue Medicaid 1915(c) waiver services after Money Follows the Person Program services have ended, if you continue to qualify
- Re-enroll if you are institutionalized for more than 30 days
- Express complaints and concerns
- Appeal decisions to appeals supervisor

#### **Access to Appeals and Protective Services**

If you have a complaint or concern about services received, every effort will be made to deal with the issue on an informal basis or with a referral\* to an advocacy group such as the N.D. Protection and Advocacy Project Office or the Long-Term Care Ombudsman.

If your complaint cannot be resolved, you will be referred to the N.D. Department of Human Services appeals supervisor to address the complaint through the administrative appeals process.

#### Appeals Supervisor, Legal Advisory Unit, ND Health and Human Services

600 E. Boulevard Avenue, Dept. 325, Bismarck, ND 58505-0250 | Phone: (701) 328-2311 ND Toll-Free: (800) 472-2622 | ND Relay TTY: (800) 366-6888 | E-mail: dhslau@nd.gov

<sup>\*</sup> See contact information on back of brochure

#### North Dakota Client Assistance Program

For complaints related to services provided by a Center for Independent Living

Wells Fargo Bank Building, 400 East Broadway, Suite 409

Bismarck, ND 58501-4071 | Phone: (701) 328-2950 | ND Relay TTY: (800) 366-6888

Fax: (701) 328-3934 | E-mail: panda@nd.gov

#### N.D. Protection & Advocacy Project Office

Wells Fargo Bank Building, 400 East Broadway, Suite 409
Bismarck, ND 58501-4071 | Phone: (701) 328-2950 | ND Relay TTY: (800) 366-6888

Fax: (701) 328-3934 | E-mail: panda@nd.gov

#### **Vulnerable Adult Protective Services**

To contact a vulnerable adult protective service worker in your area, please contact your regional human service center. (See contact information below)

#### **Regional Human Service Centers**

```
Bismarck - (701) 328-8888 | (888) 328-2662 | TTY: (800) 366-6888 (ND Relay)

Devils Lake - (701) 665-2200 | (888) 607-8610 | TTY: (701) 665-2211

Dickinson - (701) 227-7500 | (888) 227-7525 | TTY: (701) 227-7574

Fargo - (701) 298-4500 | (888) 342-4900 | TTY: (701) 298-4450

Grand Forks - (701) 795-3000 | (888) 256-6742 | TTY: (800) 366-6888 (ND Relay)

Jamestown - (701) 253-6300 | (800) 260-1310 | TTY: (701) 253-6414

Minot - (701) 857-8500 | (888) 470-6968 | TTY: (701) 857-8666

Williston - (701) 774-4600 | (800) 231-7724 | TTY: (701) 774-4692
```

#### Long-Term Care Ombudsman Program

Services provided by the long-term care ombudsman are available statewide. Call the State Ombudsman toll-free at 1-855-GO2LINK (1-855-462-5465) or ND Relay TTY: 1-800-366-6888.

#### Reporting Suspected Child Abuse or Neglect

A person mandated to report, or any person wanting to report suspected child abuse or neglect, should contact the county social service office in the county where the child is located.

#### Additional Information About the Money Follows the Person Program

The Money Follows the Person Program began in North Dakota on June 20, 2008 and has assistance in more than 700 transitions. The program will fund services provided to individuals participating in the program for 365 days after a move to community living. The program will also help arrange for continued services and supports to meet your needs after services have ended.



North Dakota Department of Health and Human Services

Aging Services Section

Kayla Trzpuc - Money Follows the Person Program Administrator

(701) 328-8652 | (800) 755-2604

ND Relay TTY: (800) 366-6888 | Email: Relay TTY: (800)

For more information about other in-home services and supports, call toll-free: Aging & Disability Resource LINK 1-855-GO2LINK (1-855-462-5465)





This document was developed under grant CFDA 93.779 from the U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not assume endorsement by the Federal Government. Award # 1LICMS030171/01