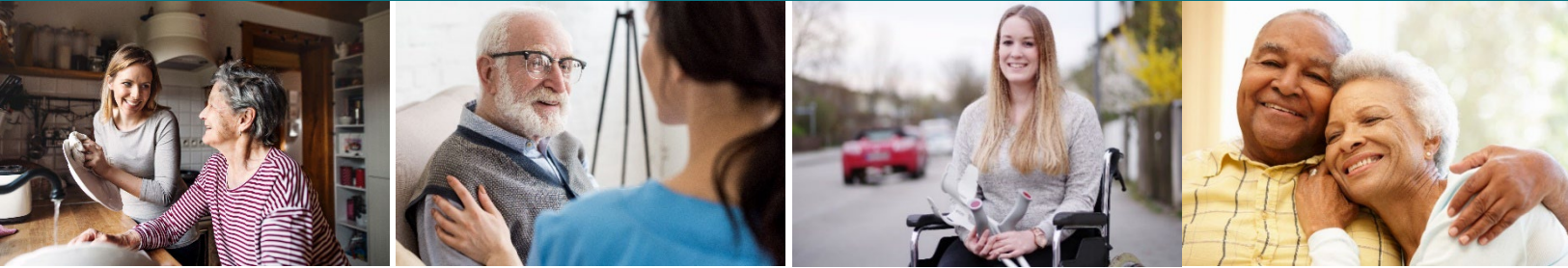


# Home and Community Based Services Spotlight



## **WEBINAR: Home-Delivered Meals, Congregate Meals and Health Maintenance Services**

*Learn about these services, which support independent living*

**FEB. 24, 2022, 12- 12:30 p.m. CT**

[Link to meeting](#) or join by phone at 701-328-0950, Conference ID 676 451 010#.

Nutrition programs such as congregate (designated meal sites) and home-delivered meals help reduce hunger, food insecurity, and malnutrition. During the pandemic, more North Dakotans have used nutrition program services.

This webinar will provide an overview of congregate meals, home-delivered meals and health maintenance services offered through the department's Home and Community-Based Services programs. Presenters will describe available services, explain how they are funded, and share general eligibility requirements. Attendees will learn how these services may be utilized to support individuals in their communities.

Older adults and adults with physical disabilities, family members, guardians, and community entities are encouraged to join us to learn more.