

Family First Prevention Services Act

Kelsey Bless, LCSW

Permanency Administrator

Children and Family Services

ND Department of Human Services

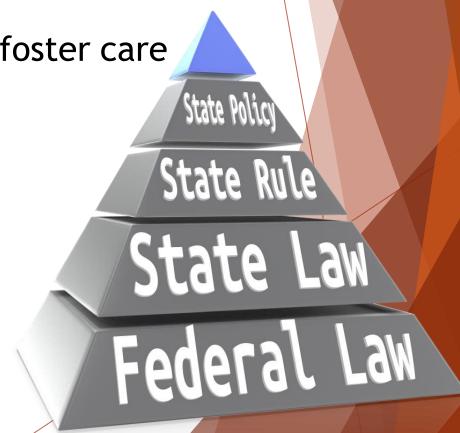
Monumental shift of federal funding from deep end services to preventative measures, while strengthening families and protecting children.



States & Tribes – Family First

Highlights of the Regulation

- 1. Title IV-E funds for specific prevention activities
- 2. Appropriate placements for children in foster care
- 3. Reauthorize existing funding



Title IV-E Funding Imbalance



\$4.4 billion

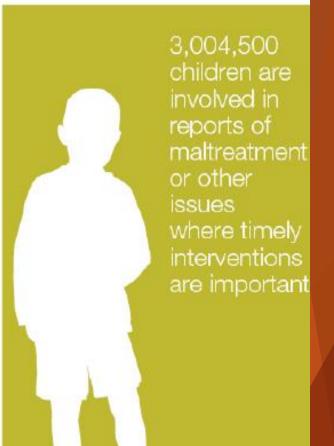
Amount of Title V-E money spent to maintain children in foster care



\$703 million

Amount of Title IV-B money available to be invested in keeping children safely out of foster care





Sources: Adoption and Foster Care Analysis and Reporting System (AFCARS) and the National Child Abuse and Neglect Data System (NCANDS), provided in part by the National Data Archive on Child Abuse and Neglect data (NDA) Updated as of March 2013.

Shifting Resources to Support What Works

De-scaling what doesn't work



Investing in what does work

INEFFECTIVE APPROACHES

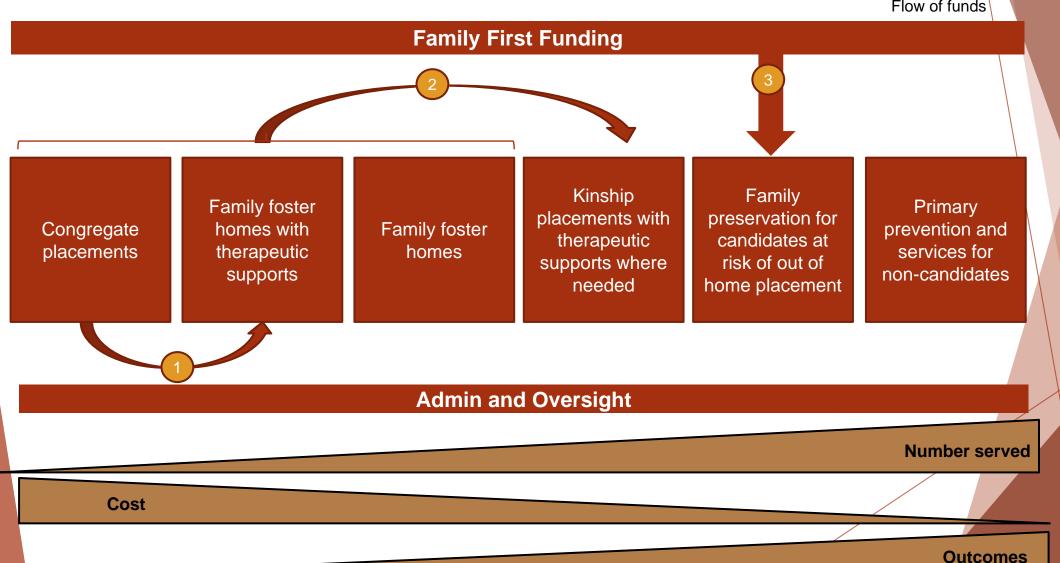
RESEARCH-BASED APPROACHES

Investing savings to bridge from ineffective to effective practices.

Source: Casey reinvestment brief: http://www.casey.org/Resources/Publications/pdf/ShiftingResources.pdf

Reinvestment in the Continuum



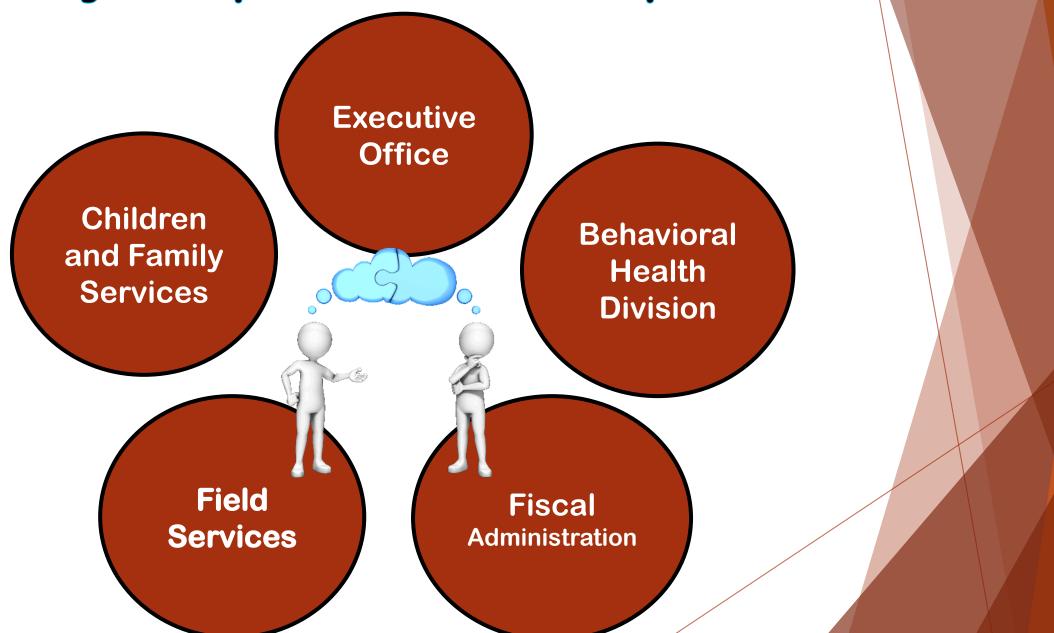


Delayed Implementation

Title IV-E agencies (2 years)



Agency Responsible for Implementation



Implementation Stages

PUBLIC LAW 115-123: FAMILY FIRST PREVENTION SERVICES ACT

North Dakota

FFPSA Implementation Stages

EXPLORATION

- Determine Project
 Manager
- Interpret federal regulation
- NotifyStakeholders
- Identify Subcommittees

PREPARATION

- Determine timelines and responsibilities
- Identify communication plan
- · Meet with Stakeholders
- Draft legislation
- Draft administrative code

IMPLEMENTATION

- Finalize/formalize policy and protocols
- Develop/disseminate tools to guide practice
- · Develop training plan

EVALUATION

- Develop a process for evaluating progress
- Data collection plan
- Assess implementation efforts
- Further improve fidelity and outcomes

M

Not ND Selected Model To Date

Where Have We Been?

- ► February 2018
 - Law passed Feb 9, 2018
 - Notified the field
 - Began reviewing regulation and discussing internally
- Summer 2018
 - Engaged NDDHS Implementation Team
 - Applied for Kinship Navigator \$
 - Attended the National Convening
- Fall 2018
 - Received Kinship Navigator Award RFP \$
 - Plan ND Stakeholder Convening
 - Kinship Navigator RFP



Currently

► November 2018

- Award the Kinship Navigator RFP
- Update Chafee IL policy
- ND Stakeholder Convening
- Prepare for legislative session
- Further discuss regulation sections
- Reflect on FFPSA as a complement to other initiatives (SB 2206)



Where Are We Going?

ND Stakeholder Convening

Nov. 2018

Monthly
Public Meetings

2019

Continued development of rules and policy

April 2019

2019

Legislative Session 2019

Potential bills that may support prevention efforts and foster care diversion

Oct. 2019

IMPLEMENTATION
\$\$ FUNDING ACCESS

NDDHS Children & Family Services

NDDHS
Executive Office,
Medical Services, Fiscal

NDDHS Behavioral Health Division

North Dakota Tribes

North Dakota Division of Juvenile Services

> Placement Providers



NDDHS Field Services (HSC)

County Social Services

North Dakota Law Enforcement

North Dakota CIP and Courts

Service Providers Other: Education, Hospitals, Providers etc.

County States
Attorneys

Federal Regulations Timelines



Back to January 2018



The Court Improvement Program (CIP)

Training for judges, attorneys and other legal personnel about FFPSA and reimbursement for children placed in settings that are not foster family homes (Sec. 50741(c)



Health care services oversight procedures and protocols

Ensure foster children are not being inappropriately diagnosed with mental illnesses, disorders or disabilities that may result in the child not being placed with a foster family home (Sec. 50743)



Collect/Report data on children **not** in foster family homes (Sec 50744)



Title IV-E Adoption Assistance income eligibility requirements for children under age 2 will be reinstated until June 30, 2024. (Sec. 50780)

Upon Enactment – February 2018



John H. Chafee Foster Care Independence Program (Sec. 50753)



State plan requirement under Title IV-B to describe activities:

To reduce the length of time to permanency for children under age 5 and

To address the developmental needs of all vulnerable children under age 5 who receive services (Sec. 50772)



Title IV-E Adoption Assistance "delink" and the savings and reinvestments (Sec. 50782)



Reauthorized a number of Title IV-B programs through FY2021 (Sec. 50752)

Title IV-B, Subpart 1,

Promoting Safe and Stable Families Program (Title IV-B, Subpart 2),

Funding reservations for supporting monthly caseworker visits, and

Court Improvement Program Grants

Chafee Independent Living



TODAY:

- ► Age 14 to 21
- ► Aging out of care provisions
- ► Education and Training Voucher (ETV) by age 21; until age 23 = \$20,000 lifetime maximum

Implementations Due to FFPSA:

- ► Age 14 to 23
- ► Education and Training Voucher (ETV) up to age 26 = \$25,000 lifetime maximum

Foster Care Alumni

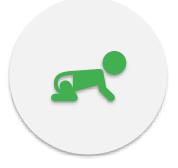
Beginning October 2018



Title IV-E reimbursement for a child who has been placed with a parent in a licensed residential family-based treatment facility for substance abuse. (Sec. 50712)



Reimbursement for 50% of the state's expenditures on kinship navigator programs (Sec. 50713)



Title IV-B track and prevent child maltreatment **fatalities**. (Sec. 50732)



States are required to have procedures for criminal records child abuse and neglect index checks on any adult working in group care settings where foster children are placed. (Sec. 50745)



Kinship Navigator

Sponsor, Senator Heidi Heitkamp
The Supporting Kinship Connections Act
(S. 2543)

"When a parent isn't able to care for a child, having another caregiver like a grandparent step in to fill that role can prevent damaging trauma and stress for the child, making them heroes to the kids they care for," Heitkamp said.

"Our bipartisan legislation to help kinship caregivers access programs to ease their transition to guardianship and help them manage the many challenges and responsibilities that come with their important role in a child's life. The federal funding we were able to secure is exciting news for kids and caregivers in North Dakota who rely on these services, and I'll continue this bipartisan push to help connect kinship caregivers with every resource available to help them protect some of the most vulnerable kids in our communities."



Kinship Navigator

Kinship Navigator programs provide information, referral, and follow-up services to grandparents and other relatives raising children to link them to the benefits and services that they or the children need.

For the first time, as of October 1, 2018, all states and some tribes can receive federal reimbursement for up to 50% of their expenditures to provide kinship navigator programs that meet evidence-based requirements of promising, supported or well-supported practices.

Children not required to meet Title IV-E income eligibility requirements.

Develop Kinship Navigator - RFP



Kinship Navigator

On November 6th, the development RFP was awarded to:

LUTHERAN SOCIAL SERVICES

Effective November 15th
LSS will begin to research
and develop the ND
Kinship Navigator
program

** Development Contract **

Appropriate
Out of Home
Placements

Prevention Services

Effective April 2019

Family Foster Home Licensing Standards (Sec. 50731)

- ► Relative Waiver
- ► Training caseworkers on the relative licensing waiver authority



Family First provides \$8 million in grants to states and tribes to support the recruitment and retention of high quality foster families.



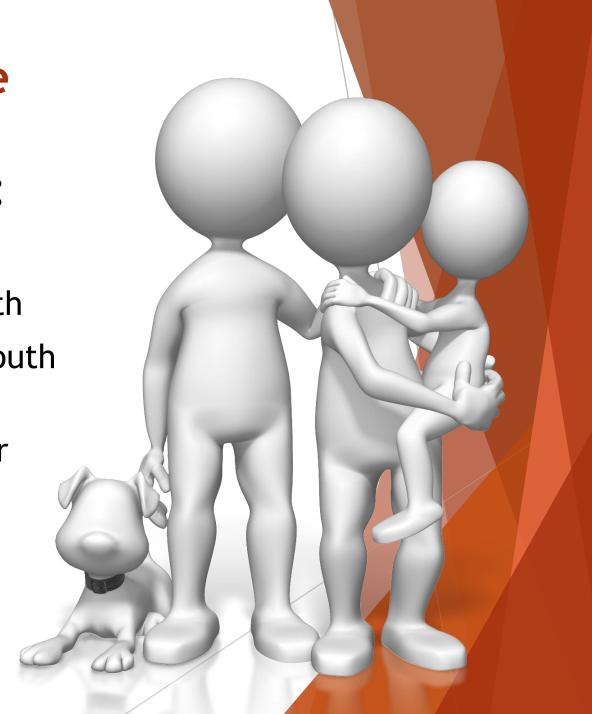
Placement options allowable under current Title IV-E will continue under Family First:

Family Foster Home

Facility for pregnant/parenting youth

Supervised independent living for youth18 years and older

Specialized placements victims of or at-risk of becoming victims of sex trafficking



ND Foster Care Placements FFY2017 FFY 2018

Total	2,488
Runaway Status	16
Non-Foster Care Placement	104
PRTF	58
Trial Home Visit	369
Relative Placement	343
Foster Care Placement	1,598

RCCF	298
PATH	301
I otal	599

19% in residential

14% Relative - not licensed 52% Foster Care Placemen (*Relatives*) 15% Trial Home

Foster Care Placement	1,680
Relative Placement	399
Non-Foster Care Placement	125
Trial Home Visit	370
PRTF	42
Runaway Status	9
Total	2,625

RCCF	266
PATH	306
Total	572

54% Foster Care Placemen (Relative

15% Relative - not licensed

14% Trial Home

16% in residential

Allowable Residential Placements



Beginning October 1, 2018, Title IV-E foster care maintenance payments can be made on behalf of a child in foster care who is placed with their parent in a licensed residential family-based treatment facility for up to 12 months.



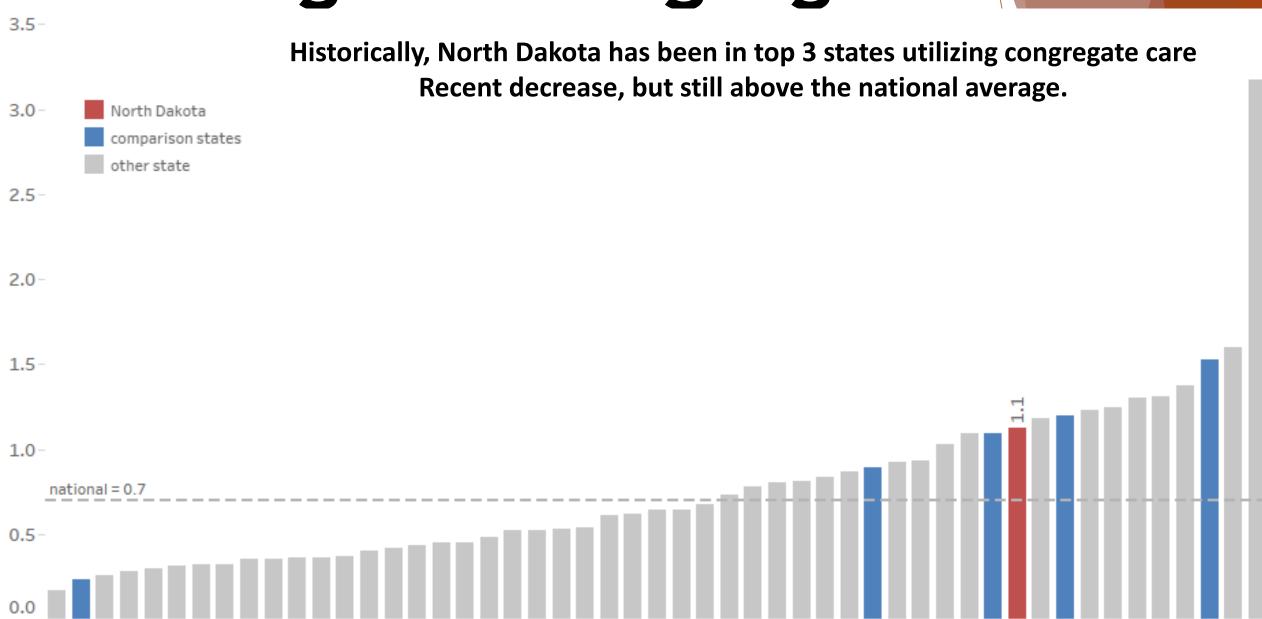
Beginning as early as **October 1, 2019**, after 2 weeks in foster care, Title IV-E federal support will be available for Title IV-E eligible youth placed in a **Qualified Residential Treatment Program (QRTP)**.

Qualified Residential Treatment Program QRTP

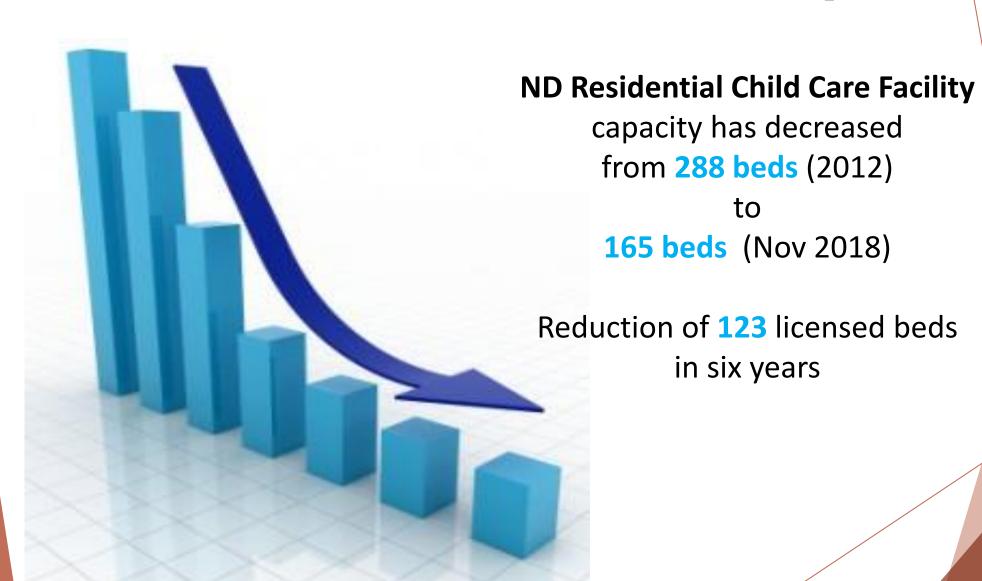
- Licensed and accredited
- Trauma informed treatment model
- Registered or licensed nursing and other clinical staff onsite
- ► Level of care assessment
- ► 60 day review hearings
- ► Full family engagement
- Aftercare supports for 6 months



ND High in Congregate Care



ND Reduction in Bed Capacity



Why Focus on Congregate Care?

1. Costly on various levels

- ✓ More expensive daily rate,
- √ Varied outcomes from family-based settings, and
- ✓ Roadblocks to the timely achievement of permanency

2. Children who experience congregate care

- ✓ Are more often male
- ✓ Are almost 3x as likely to have a DSM diagnosis
- ✓ Are more than 6x more likely than children in other settings to have "child behavior problem" as a reason for removal
- ✓ Are in residential placement on average for 8 month stays

Over the past ten years, nationwide decrease of 37% in the number of foster children living in congregate care.

https://www.acf.hhs.gov/sites/default/files/cb/cbcongregatecare_brief.pdf

Residential Congregate Care

- When utilized for youth who can most benefit (stabilization);
- The setting offers the most appropriate, evidence-based interventions; and
- Placement is used for the shortest amount of time necessary to achieve the child's key safety, therapeutic, and permanency goals.



Beginning October 2019



To use Title IV-E funds, at a Federal Financial Participation (FFP) rate of 50% for evidence-based prevention services and programs that are promising, supported, or well-supported.

At least 50% of expenditures are well-supported practices.

Prevention service, training and administrative costs are "delinked" from the AFDC income eligibility (Sec. 50711)



New restrictions on Title IV-E foster care maintenance payments for child placements.

The group care settings will be ineligible for federally-reimbursed maintenance payments (Sec. 50741)



Assuring the state will not enact or advance policies or practices that will result in a significant increase in number of youth in the <u>juvenile justice system</u> because of the new restrictions on federal reimbursement for children not placed in a foster family home. (Sec. 50741(d))

Requires prevention services and programs to be

Promising,

Supported, or

Well-Supported

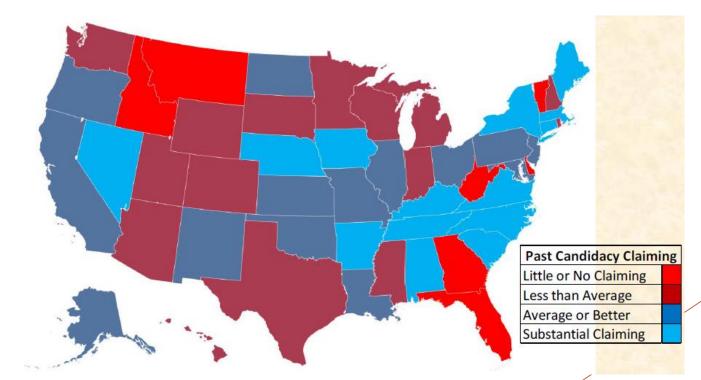
New \$\$ Prevention

- ► Non-Supplantation: New federal funds for prevention services are intended to <u>supplement</u> (enhance), not supplant (replace) state funding for prevention services.
 - Mental health and substance abuse prevention and treatment services,
 - In-home parent skill-based programs, and
 - Kinship Navigator services.
- ► Maintenance of Effort: MOE will be set at FY2014 spending for these same prevention services for candidates for foster care.

Candidate for Foster Care

Today in North Dakota: Children at imminent risk of removal from the home are candidates for foster care. Clients today may be actively involved with

- County Social Services In-Home Program
- Division of Juvenile Services Community
- NDDHS Human Service Centers Partnerships



Candidate for Foster Care

Future in North Dakota: Children at imminent risk of removal from the home but can remain safely at home or in a kinship placement with receipt of services.

- County Social Services In-Home
- ► DJS Community
- ► Human Service Center Partnerships
- ► Substance Abuse Treatment Provider Child placements
- ► TBD
- ► TBD
- ► TBD



Partnerships \$ Grants \$

Activities to address developmental needs of young children 0-5

Family reunification services allows 15 months of services for children who return home from foster care

Interstate Compact online system

Next Step Priorities

- Kinship Navigator
 - Development of the program by contract
 - Implementation
- Development of Intake and Needs Assessment
 - Qualified Individual
 - Assessment for level of care



- Review fiscal structure to accommodate new allocations
 - Work with Medical Services
 - Fiscal Administration

Next Step Priorities

- Legislative Session
 - * NDCC 50-11
 - Bills related to prevention efforts
- Development of Administrative Rule
 - RCCF will be repealed
 - QRTP Licensing rules
 - QRTP Rate Setting rules
 - SIL Licensing and payment rules
 - Family Foster Care licensing rules to be updated



Stakeholder Involvement

- **▶** 2019 Public Meetings
 - Scheduled the third Wednesday of the month
 - Jan 16
 - Feb 20
 - March 20
 - April 17
 - May 15
 - June 19
 - July 17
 - August 21
 - September 18
 - October16
 - November 20
 - December 18
 - ◆ 1:00pm 2:00pm
 - AV Rm 210 and 210 State Capitol
 - **Conference Line at 1-855-673-2629**



Stakeholder Involvement

Public Meetings

Submit Questions to DHS

Email to dhscfs@nd.gov

Request Update or Presentation

Subcommittee efforts

Share feedback on draft rules, RFP's or proposed processes





Thank You!

All of the hard work will assist in the success of much needed reform...

