

NORTH  
**Dakota** Be Legendary.

Health & Human Services

A close-up photograph of an older couple. The man, on the left, is Black with a white beard and glasses, smiling with his eyes closed. The woman, on the right, is white with short grey hair, smiling warmly. They are holding hands, and the woman's arm is around the man's shoulder. They are wearing blue sweaters. The background is a soft-focus outdoor scene with greenery.

# Is Community Living for You?

Assisting North Dakota's  
Older Adults and People  
with Disabilities



# **OVERVIEW OF THE MONEY FOLLOWS THE PERSON PROGRAM**

## **Options for Individuals with Disabilities**

The Money Follows the Person Program is about helping individuals successfully live in the community. Community living could be an apartment, a shared home, your previous home, a family member's home or an agency adult family foster care home.

**The Money Follows the Person Program is a federal program that provides individuals with disabilities and option to explore community living.**

The program provides funding for one-time moving costs and arranges for the services and supports you need to move from a nursing home or a qualified institutional setting.

**How can the Money Follows the Person Program help me? The program can assist you in transitioning from a nursing home or a qualified institutional setting to community living by providing:**

- Assistance and support from a transition coordinator and/or a developmental disabilities program manager.
- Payment for one-time moving costs such as furniture, security deposits, home modifications and more.
- Ongoing services and supports for up to one year to make sure the move was successful and that your needs are met.

**What housing choices will the Money Follows the Person Program offer me?**

- You will work with a transition team to find housing that meets your wants and needs, as well as the services available in the community.
- Your choice may be a home or apartment of your own, a family member's or friend's home or an agency adult family foster care home

**Do I qualify to take part in the Money Follows the Person Program?**

You can be a part of the Money Follows the Person Program if you have lived in a nursing home or a qualified institutional setting for at least 60 days and Medicaid paid for at least one day of the stay, and you want to return to living in a community setting.

*\* Transition Coordinator/Program Manager - See page four*



## SERVICES AND SUPPORTS PROVIDED BY THE MONEY FOLLOWS THE PERSON PROGRAM

### What services and supports are provided by the Money Follows the Person Program?

If you choose to take part in the Money Follows the Person Program, you will work with a transition team during your move from a nursing home or a qualified institutional setting to the community. The transition team will support your needs through the entire process and make sure you have all the services and supports to live safely in a qualified community residence.

### What is a qualified community residence?

- A home owned or leased by the individual or the individual's family member.
- An apartment with an individual lease with lockable access and egress, and has living, sleeping, bathing, and cooking areas over which the individual or the individual's family has domain and control.
- A residence in a community-based residential setting, in which no more than four unrelated individuals reside.

## Who is on the transition team?

**Transition coordinator** - will help you eliminate barriers for a successful transition and be the individual responsible for coordinating team meetings.

**Housing facilitator** - will assist in any housing barriers that would impact the transition process.

**Home and Community-Based Services case manager** - will assist to identify in-home services and supports for ongoing success in the community.

**Discharge planner** - is assigned by the facility and is a partner in assisting to identify any needs or risks during your facility stay.

**Natural supports** - friends and/or family members who you've identified as supporters for the transition process.

## The transition team works with you to:

1. **Identify your needs** - The transition team will meet with you and any support people you choose (family, friends, caregiver, etc.) to identify the services and supports you will need to move from a nursing home or a qualified institutional setting into community living.
2. **Create a plan** - The transition team will work with you to create a written plan that looks at your needs and wants, and the services and supports you will need to live safely in the community.
3. **Arrange for services/supports** - The transition team will assist you in arranging in-home and community-based services.
4. **Assure needs are met** - Following your move back into community living, the transition team will work closely with you for up to the first year that you are in the community to make sure all your needs are met and that you are satisfied with the move.





## Do I pay for the things I need to set-up my new home?

The Money Follows the Person Program pays up to \$5,000 for one-time moving costs. These items or activities may include, but are not limited to:

- Health and safety technology - medication dispensing systems, etc.
- Security and utility deposits - cable, phone, and electricity deposits.
- Rental assistance - deposits and first month's rent.
- Home modifications - remodeling help to make a home more accessible, etc.
- Adaptive equipment - ramps, roll-in showers, safety grab bars, etc.
- Home/apartment furnishings - linens, dishes, small appliances, furniture, food, etc.
- Assistive technology devices - communication devices, screen magnifiers, environmental control systems, etc.
- One-time vehicle modifications - adaptive seating, steering devices, wheelchair lifts, etc.
- Health and food security - pantry items and health supplies.

Interested in the Money Follows the Person Program? Call today!

If you would like to learn about options available to help you return to community living:

- Visit [hhs.nd.gov/mfp](https://hhs.nd.gov/mfp)
- Call the Aging and Disability Resource Link (ADRL) toll-free (855) 462-5465

North Dakota Health and Human Services,  
Adult and Aging Services  
(701) 328-2321 | (800) 755-2604 | 711 (TTY)

For more information about other in-home services and supports call toll-free: ADRL (855) 462-5465.



# KNOW YOUR RIGHTS

## You have the right to:

- Confidentiality
- Give consent to participate in the Money Follows the Person Program
- Be informed of services and supports that you may qualify for
- Decline participation and know it will not affect your eligibility for North Dakota Medicaid or in-home and community-based services
- Receive up to one year of Money Follows the Person Program services
- Continue North Dakota Medicaid 1915(c) waiver services after Money Follows the Person Program services have ended if you continue to qualify
- Re-enroll if you are re-institutionalized for more than 30 days
- Express complaints and concerns
- Terminate participation from the program at any time
- Appeal decisions to appeals supervisor

## Access to appeals and protective services

If you have a complaint or concern about services received, every effort will be made to deal with the issue on an informal basis. You may also utilize an advocacy group such as the North Dakota Protection and Advocacy Project Office or the Long-Term Care Ombudsman. If your complaint cannot be resolved, you will be referred to the North Dakota Health and Human Services appeals supervisor to address the complaint through the administrative appeals process.

## Appeals Supervisor – Legal Advisory Unit – North Dakota Health and Human Services

600 E. Boulevard Avenue, Dept. 325, Bismarck, ND 58505-0250

Phone: (701) 328-2311 ND Toll-Free: (800) 472-2622 | 711 (TTY)

E-mail: [dhslau@nd.gov](mailto:dhslau@nd.gov)

This document was developed under grant CFDA 93.779 from the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not assume endorsement by the Federal Government. Award #1LICMS030171/01