



# MFP STAKEHOLDER MEETING

March 11<sup>th</sup> 2025



| Health & Human Services

## Our Vision

North Dakota is the healthiest state in the nation.

## Our Mission

HHS fosters positive, comprehensive outcomes by promoting economic, behavioral and physical health, ensuring a holistic approach to individual and community well-being.

# Our Strategic Priorities

Support the advancement of strong, stable, healthy families and communities.

Advance the foundations of well-being through access to high-quality services and supports closer to home.

Optimize disaster and epidemic response and recovery.

Advance excellence in agency infrastructure and operations.

Deliver best-in-class, customer-centered experiences.

Foster a culture of excellence where every team member has a voice, adds value and is empowered to make a difference.

# Our Guiding Principles

**Continuous improvement and innovation:** We embrace continuous improvement and innovation as ways to streamline the delivery of services, drive efficiencies and promote best-in-class, customer-centered experiences.

**Responsible stewardship:** Our organizational effectiveness and impact is enhanced by our strategic and efficient management of agency funding, assets and resources.

**Transparent and open communication:** We prioritize transparent and open communication to facilitate trust, organizational and stakeholder awareness, collaboration and unity.

**Engaged collaboration:** We bring a spirit of teamwork and accountability to every interaction, using our combined strengths to drive solutions and success.

**Data-centered decisions:** Our decisions are grounded in data; we use facts and metrics to inform and guide our actions and evaluate outcomes.

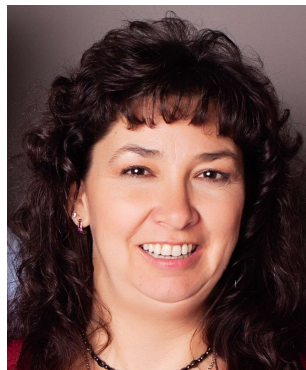


# MFP Team Members



**Kayla Trzpuc**

Money Follows the  
Person Program  
Administrator



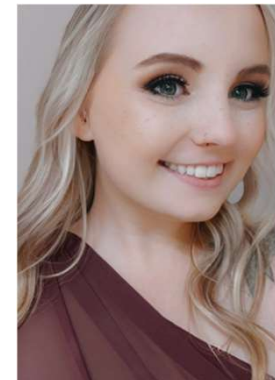
**Gale Coleman**

Money Follows the  
Person Data and  
Quality Analyst



**Karen Wolf**

Money Follows the  
Person Transition  
Services Specialist



**Makayla Domagala**

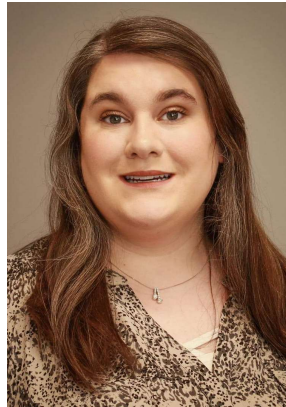
Money Follows the Person  
Referral Specialist

# TDPP Team Members



**Jake Reuter**

Transition and  
Diversion Services  
Pilot Project Program  
Administrator



**Kate Rock**

Transition and  
Diversion Services  
Referral Specialist



**Sarah Nelson**

Transition and  
Diversion Services  
Quality Specialist

# Agenda

- Life Skills and Transition Center Updates
- DD Division Updates
- What is a CIL?
- North Dakota Transition/Diversion Services Pilot Project
- Agency Adult Foster Care
- Housing partner updates
- Tribal Initiative
- Home Modification Capital Fund
- Therapeutic Options Training
- MFP Grant Program Reports (Work Plan, Operational Protocol, and Quality Measure Set)

# Opening Poll

- [Link](#)
- Name and Agency
- What are you looking to gather from this meeting?



# Opening Story

## **HUMAN IMPACT STORY:** How Mark Got His Life Back After A Life-Changing Health Scare.

Mark A. Grad ended up in the hospital due to a sudden health issue that greatly impacted his mobility. After his condition stabilized, he was transferred to a care center. The doctor at the facility told Mark he would never walk again, but after working with a caring therapist, Mark's mobility steadily improved.

With assistance from Health and Human Services, Mark moved out of the care facility and into an apartment where he could live independently with support. He got help with financial paperwork, medications, and the transitioning process.



# Life Skills and Transition Center

- Keith Vavrovsky

# DD Updates

- DD Division Staff

# What is a CIL?

- Scott Burlingame

# TDPP Updates

- Jake Reuter
- Currently sitting with legislation for review

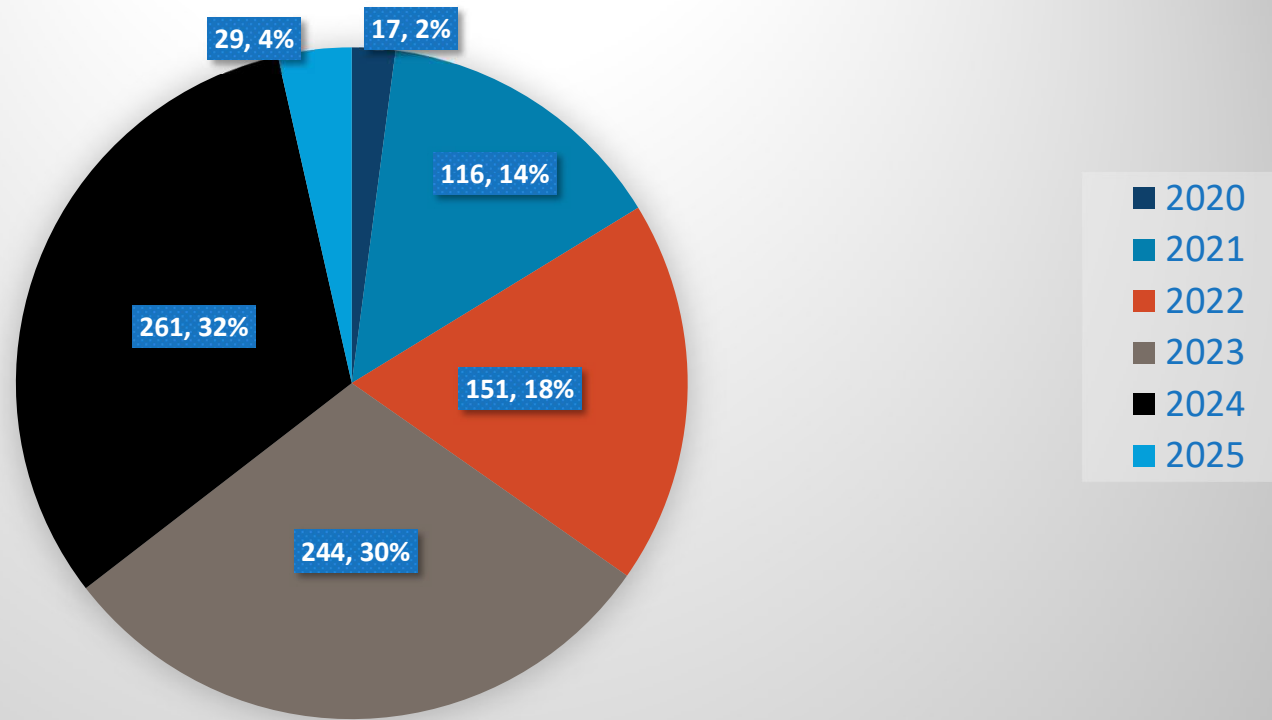


# TDPP Data

2025 Specific TDPP Referral Data Stats	
Total Referral Summary	
Running TDPP Referral count	137
Quarter One	137
Quarter Two	0
Quarter Three	0
Quarter Four	0

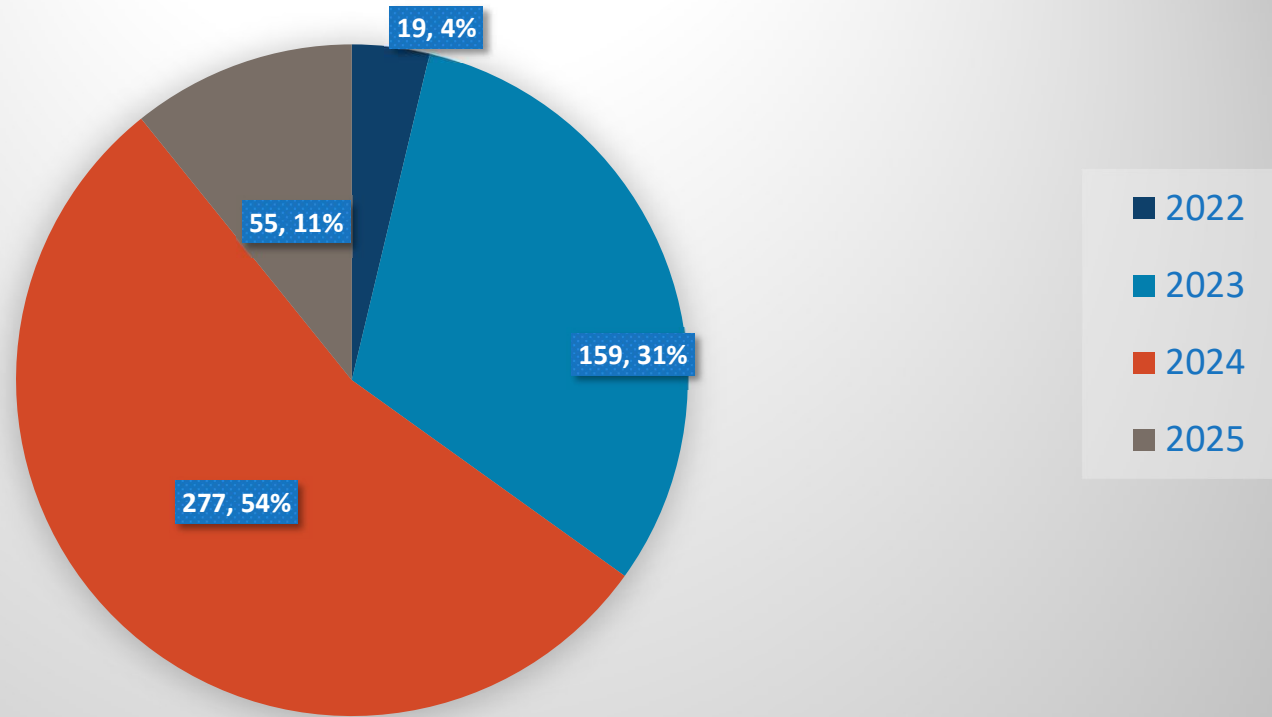
# TDPP Running Transitions

Transitions – 916



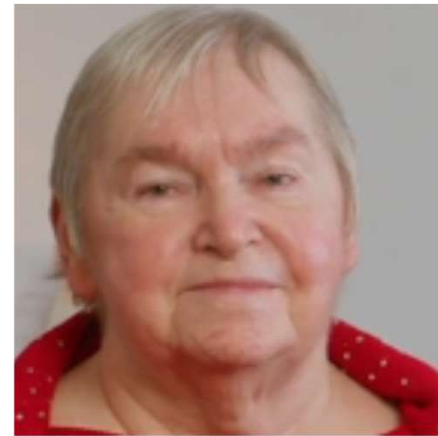
# TDPP Running Diversions

Transitions – 510



# Transition Story

Esther's Story





# Agency Foster Home for Adults

**Erica Reiner, Nurse Administrator**

*Adult and Aging Services*



Health & Human Services



# What is an Agency Foster Home for Adults?

- **Residential Habilitation and Community Supports** may be provided in the recipient's home or in an Agency Foster Home for Adults (AFHA).
- An AFHA is the **setting** where an individual who has Medicaid can receive Home and Community Based Services (HCBS): Residential Habilitation and Community Supports.
  - It is a licensed, home-like setting in a residential area where these services can be provided to up to 4 adults, and up to 24 hours per day by a Qualified Service Provider (QSP) Agency.
  - This setting is **NOT** a Group Home setting.
  - This setting is **NOT** for private pay residents, **ONLY** Medicaid.



# Residential Habilitation

- Medicaid eligible under **Medicaid Waiver**
- Meet **Skilled Nursing Facility LOC**
- **Daily need** for services up to **24 hours/day**
- Supervision cannot be the only need
- Assist with **socialization, skills training and restoration**
- Improves ability to reside in community
- Target population: Traumatic brain injury, stroke, or early-stage dementia

# Community Support Services

- Medicaid eligible under **Medicaid Waiver**
- Meet **Skilled Nursing Facility LOC**
- **Daily need** for services up to 24 hours/day
- Supervision cannot be only need
- **Custodial and maintenance care**
- Complex medical needs and high ADL needs
- Target population: physical disability, complex health needs



## Residential Habilitation & Community Support Services

- **Service tasks/activities are all inclusive:**
  - Adaptive skill development (education/training)
  - Assistance with activities of daily living/ IADLs
  - Personal Care/Homemaker
  - Medication management and administration
  - Community inclusion
  - Social and leisure skill development
  - Protective oversight and supervision
  - Care coordination- (e.g. coordination between medical providers and family, managing budget, psychosocial needs, arranging supportive services, etc.)





# Agency Foster Home Setting

- Individual chooses the setting they would like to be in (own home, apartment, or AFHA)
- Agency Foster Home setting is not considered “integrated” as it relates to the DOJ Settlement agreement
- May be considered integrated on a case-by-case basis if the individual has a high medical acuity or for other reasons



# Licensure of the Home

- **Chapter 50-11** Century Code Foster Care Homes for Children and Adults
- **Chapter 75-03-21.1** Licensing of Agency Foster Homes for Adults
- **Agency Foster Home for Adults Policy 670-05**
- Home and Community Based Services (HCBS) case manager in Human Service Zone completes the licensing study
- HCBS Settings Rule Compliance
- Professional inspections including fire inspection & heating and electrical inspection
- Physically accessible to non-ambulatory residents, visitors, & employees
- Agency QSP enrolled to provide residential habilitation and community support services



# Agency Foster Home Locations

## Website:

- <https://www.hhs.nd.gov/human-services/providers/adults-and-aging/qualified-service>

# Housing Partner updates

- Open discussion

# Tribal Initiative

- Melissa Reardon, NDSU Tribal Liaison

# Tribal Initiative

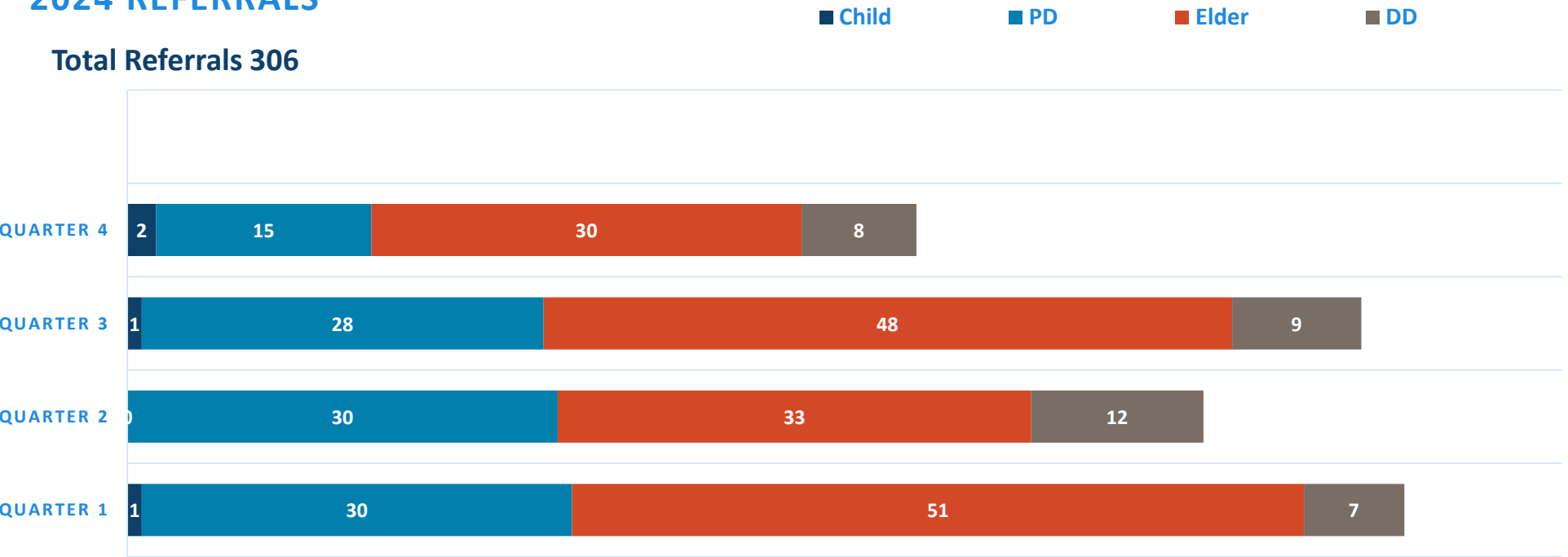
- Mandan Hidatsa & Arikara Nation
  - South Segment Pilot Project. Home Instead provided testimony supporting increased reimbursement rates for QSP services.
  - Melissa is providing TA as requested for QSP agency enrollment with CHR Director.
- Turtle Mountain Band of Chippewa Indians
  - Short one QSP, Training for Nurse Education and Targeted Case Management
- 5 state workgroup
  - 2025 Learning Collaborative: scheduled for October 22-24<sup>th</sup> in Washington State



# MFP DATA

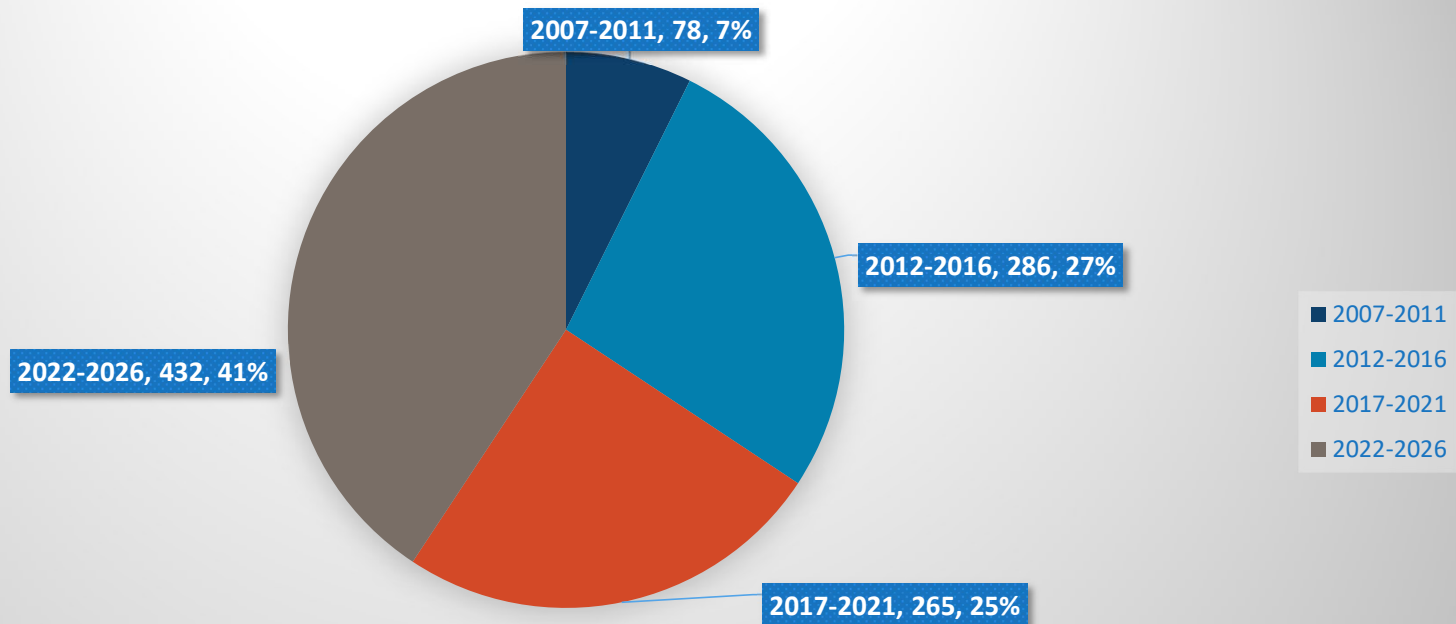
## 2024 REFERRALS

Total Referrals 306



# RUNNING TRANSITION NUMBERS

Transitions-1061



# MFP Facts

- The average days from consent to transition in 2024 for those individuals coming from a skilled nursing facility is 67 days.
- 38% of 2024 MFP transitions come from the Fargo region
- 55% of 2024 MFP transitions are males with the average age being 53
- 45% of 2024 MFP transitions are females with the average age being 59
- 45% of 2024 MFP referrals are coming from Nursing Facilities
- 19% of 2024 MFP referrals are coming from the Options Counseling

# Benchmarks

Grant Year	Older Adults	Individuals with a physical disability	Individuals with an Intellectual disability	Children	TOTAL
2021	31/20	42/25	14/15	7/5	94/65
2022	64/40	57/60	11/15	3/5	135/120
2023	59/55	50/55	25/15	5/5	139/130
2024	55/60	61/50	27/23	5/7	148/140
2025	6/55	1/55	2/20	0/5	9/135

# Home Modification Capital Fund

- Received approval from CMS
- Working on scope of work and contractual steps

# Therapeutic Options

- Contractual stages
- Fargo and Bismarck late Spring early Summer
- Increase the quality of service
- This training is utilized by the Human Service Center and the North Dakota State Hospital

# MFP Programmatic Requirements

- Work Plan has been submitted and approved
- Semi-Annual Report is connected to the Work Plan
  - Unpaid rent/eviction fees-goal was 3 and report entailed 4 individuals
  - Accessible units-goal for the report was 1 entity and reported 2 entities
  - Quality measure set-to maintain the timeline for on time reporting



# MFP Programmatic Requirements

- Submit new operational protocol
- Due at the end of the month
- Wrapping up MFP Capacity Funding Projects



## Quality Measure Set

- MFP states need to report no earlier than Sept 2026
- NCI-AD survey
  - Adult and Aging Services
  - 1915i State Plan Amendment
- NCI-IDD survey
- NCI-AD Report 2022-2023

# NCI-AD Survey

- Near completion
- Added the 1915i survey sample

# Final Poll

- <https://forms.office.com/g/766iuVUpPR>
- Rebalancing ideas
- Suggestions for the future
- Any additional comments/feedback

# Meeting dates for 2025

Mark your calendars

- Monday June 9<sup>th</sup>, 2025
  - Prairie Hills Plaza
- Wednesday September 10<sup>th</sup>, 2025
  - Northeast Human Service Center
- Tuesday December 9<sup>th</sup>, 2025
  - Southeast Human Service Center

# Questions





# Thank you

- Kayla Trzpuc
  - [kbtrzpuc@nd.gov](mailto:kbtrzpuc@nd.gov)
- MFP/TDPP team
  - [hhsmpreferrals@nd.gov](mailto:hhsmpreferrals@nd.gov)
- ADRL Intake
  - [Carechoice@nd.gov](mailto:Carechoice@nd.gov)