



North Dakota Department of Health (NDDoH) - Family Planning Program Standing Orders for Laboratory Testing for Chlamydia and Gonorrhea

Patient Eligibility:

The following patients are recommended by the Centers for Disease Control and Prevention (CDC) to be screened asymptomatically for chlamydia and gonorrhea:

- Sexually active women age ≤ 24 years of age are to be screened annually regardless of other risk factors.
- Anyone over age 14 who is at increased risk of infection (e.g. those who have a new sex partner, more than one sex partner, a sex partner with concurrent partners, or a sex partner who has a sexually transmitted infection (STI) are recommended to be screened every three (3) to six (6) months.
- Sexually active men who have sex with other men are recommended to be screened every three (3) to six (6) months.
- Follow up testing 3 months after treatment for anyone who previously tested positive for chlamydia or gonorrhea.
- Follow up testing 14 days after treatment for anyone who previously tested positive for **pharyngeal gonorrhea**.

All patients eligible for testing must provide consent for services. Consent is to be documented in the patient's medical record.

Patient Exclusion:

• If ANY signs or symptoms of genital /pelvic infection, must refer to healthcare provider.

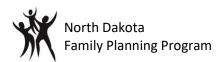
Patient Education:

Patients must be educated on the following:

- 1. How STI testing is performed (i.e. specimen collection, testing processes, expected time to result, how results are reported to the patient).
- 2. What the expectation and timeline is to return for treatment if result is positive
- 3. To abstain from all sexual activity until test results are complete.
- 4. Safe sex education on how to prevent future STI infections (i.e. condom use, abstinence, monogamous partners who know STI status)
- 5. Signs and symptoms of infection. Patients must be informed that if any signs or symptoms present of genital/pelvic infection post evaluation, they must seek care of a healthcare provider.

Nursing Action:

 Registered Nurse must assess patient for symptoms indicative of an infection or serious medical problem. All patients who present symptomatically will be referred for examination by a clinician. This may include referral to urgent care/emergency department for severe symptoms if no clinician is available on site.





- 2. Sexual history to include the 5 P's (as stated in the CDC MMWR STD Treatment Guidelines, 2015): types of sexual partners, types of sexual practices, how are they preventing pregnancy, how are they protecting themselves from STI's, and past history of STI's.)
- 3. Based on the patient's sexual practices, below are the recommended sites for specimen collection. These may include one or all sites:
 - o For insertive or receptive vaginal sex or insertive rectal sex—Urine
 - o For receptive oral sex—Self-collected Oropharynx swab
 - o For receptive rectal sex—Self-collected Rectal swab
 - o For receptive vaginal sex—Self-collected Vaginal swab

Patients who are to self-collect specimens will be educated on how to perform the specimen collection and will be provided an illustrated guide on the appropriate technique.

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- 4. Provide patient with instruction on specimen collection for one or more of the following laboratory tests:
 - Gonorrhea and Chlamydia testing by urine
 - Gonorrhea and Chlamydia testing by self-collection oropharyngeal swab
 - Gonorrhea and Chlamydia testing by self-collection rectal or vaginal swab

Signature		Date	
	Agency Medical Director		