

NEWS RELEASE | **FOR IMMEDIATE RELEASE** | February 18, 2022

Agency holds Feb. 24 webinar on senior nutrition and health maintenance services

BISMARCK, N.D. – The North Dakota Department of Human Services is hosting a webinar Feb. 24, from 12 to 12:30 p.m. CT, highlighting home-delivered and congregate meal services and health maintenance services. These services can benefit older adults and others with physical disabilities who live independently at home in their communities. People can participate by phone or online.

This webinar will provide an overview of congregate meal programs, home-delivered meals and health maintenance services offered through community agencies in partnership with the department. Presenters will describe available services, explain how they may be funded and share general eligibility requirements. Attendees will also learn how to access these and other in-home and community-based long-term support services.

This is the seventh in a series of twice-monthly webinars that the department is hosting through mid-July to raise awareness about in-home and community-based services available in North Dakota that support community living alternatives to nursing home care. Upcoming webinars in March 2022 will focus on respite care services, which can give family caregivers a short break, and community transition services that are used to help people transition from institutional settings back to community living.

Details about this and other upcoming webinars, recordings of past webinars, and related information are available on the DHS Adult and Aging Services Division's webpage at www.nd.gov/dhs/services/adultsaging/.

Individuals who need disability accommodations to participate can contact Michele Curtis at 701-328-8679, 711 (TTY) or mimcurtis@nd.gov.

The department's Adult and Aging Services Division works with partners to help older adults and adults with physical disabilities remain living in their homes and communities. It also acts to protect the health, safety, welfare and rights of long-term care residents and vulnerable adults living in the community.

To learn more and find services, contact North Dakota's Aging and Disability Resource Link toll-free at 855-462-5465, 711 (TTY), email carechoice@nd.gov, or apply for services online at <https://carechoice.nd.assistguide.net/>.

###

MEDIA CONTACTS:

Heather Steffl | 701-328-4933
hsteffl@nd.gov

LuWanna Lawrence | 701-328-1892
lklawrence@nd.gov