

**NEWS RELEASE** | **FOR IMMEDIATE RELEASE** | January 28, 2022

## **Human Services holds Feb. 3 webinar on homemaker and related services helping older adults and others live independently at home**

BISMARCK, N.D. – The North Dakota Department of Human Services is hosting a webinar Feb. 3, from 12 to 12:30 p.m. CT, highlighting homemaker, non-medical transportation and personal care services that help older adults and others with physical disabilities live independently at home. People can participate by phone or online.

This webinar will provide an overview of the services, which are offered through North Dakota's in-home and community-based services programs. Presenters will explain the services, general eligibility requirements and how services are funded. Attendees will also learn how to access these services, which support independent living.

Research consistently shows that older Americans prefer to live at home and in their communities for as long as possible. In-home and community-based services can help individuals do that.

This is the sixth in a series of twice-monthly webinars that the department is hosting through mid-July to raise awareness about services available in North Dakota that offer an alternative to nursing home care.

Details about this and other upcoming webinars, recordings of past webinars, and related information are available on the Adult and Aging Services Division's webpage at [www.nd.gov/dhs/services/adultsaging/](http://www.nd.gov/dhs/services/adultsaging/).

Individuals who need disability accommodations to participate can contact Michele Curtis at 701-328-8679, 711 (TTY) or [mimcurtis@nd.gov](mailto:mimcurtis@nd.gov).

The department's Adult and Aging Services Division works with partners to help older adults and adults with physical disabilities remain living in their homes and communities. It also acts to protect the health, safety, welfare and rights of long-term care residents and vulnerable adults living in the community.

To learn more and find services, contact North Dakota's Aging and Disability Resource Link toll-free at 855-462-5465, 711 (TTY), email [carechoice@nd.gov](mailto:carechoice@nd.gov), or apply for services online at <https://carechoice.nd.assistguide.net/>.

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