

Project HEAL Overview

Emily Sargent, PhD, LP, Project Heal Director
Samantha Beauchman, PhD, LP, Project Trainer

ND Treatment Collaborative for Traumatized Youth (TCTY)

Sanford Research



Emily Sargent, PhD, LP Project Director

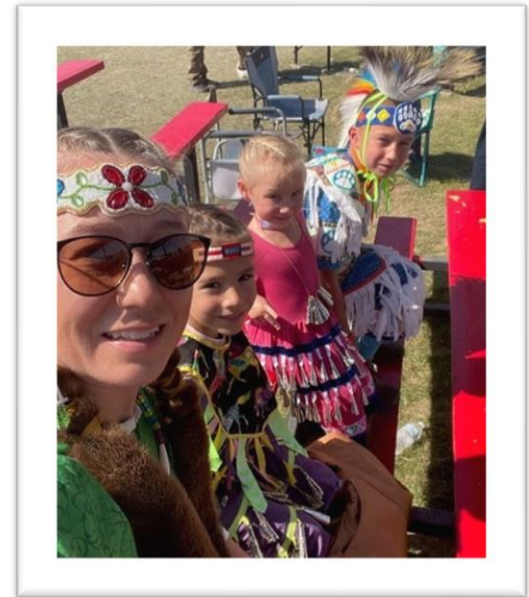
- Ishpiming Nibiikongikwe “Sky Reflects on the Water Woman”
- Licensed Clinical Psychologist at Sanford Health and Research
- Enrolled Member of White Earth Band of Minnesota Chippewa Tribe
- Cultural Diversity Director for TCTY
- Graduated in 2020 from University of North Dakota’s Indians into Psychology Doctoral Education (INPSYDE) program
- Specializes in traumatic stress treatments for Native American communities



Samantha Beauchman, PhD, LP

Project Trainer

- Licensed Clinical Psychologist at Sanford Health
 - Specializes in rural integrated behavioral healthcare and culturally sensitive psychotherapy
 - Clinic Department Chair
 - Primary supervisor for psychology pre-doctoral internship
- Enrolled member of the Turtle Mountain Band of Chippewa and raised in Belcourt, ND
- Graduate of University of North Dakota, and the INPSYDE program
- Serves as a mentor to psychology graduate students of color through the American Psychological Association's Minority Fellowship Program.
- Has three children, and an endless pursuit for nature, connection and learning.



Project Values

Our project's values are rooted in the traditional Anishinaabe values of the 7 grandfather teachings. From an Anishinaabe cultural perspective, living and working in alignment with these values will guide our team to fulfil our goals and objectives in a “good way”/ Minobimaadiziwin.

Truth

Courage

Respect

Honesty

Love

Wisdom

Humility



Project Overview

The overarching purpose of this project is to develop and expand the resources of the Treatment Collaborative for Traumatized Youth (TCTY) to address the significant gaps and improve access to evidence-based trauma services for Native American children across our highly rural state for the next 3 years. We propose to achieve this through training and delivery of culturally competent and evidence-based trauma treatments and training.

The following goals and objectives have been developed to address our significant geography-related access gap and our lack of culturally sensitive trauma-informed mental health services for Native American youth.



**TREATMENT
COLLABORATIVE**
FOR TRAUMATIZED YOUTH

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RESEARCH

Project Goals

Improve knowledge of trauma-informed care of Native American Youth for professionals in child-serving systems in our region through education of trauma with Native American youth and communities

Increase access to culturally-informed trauma-focused treatments to Native American youth in our region by training mental health clinicians in culturally – informed treatment applications

Increase access to services by allocating time of trained providers to provide telehealth and in-person treatment to Native American youth



Project's Main Objectives

1. Develop a trauma-informed care of Native American Youth training and start delivering the presentations to **child-serving professionals**
2. Collaborate with Dr. Bigfoot to offer Honoring Children, Mending the Circle learning collaborative that provides training to **clinicians** in TF-CBT with Native American youth
3. Develop a clinician training on Clinical Strategies to Incorporate Cultural Factors and Culture-related Process in Trauma Treatment with Native American youth
4. Will engage in community outreach with each tribal nation in ND throughout the project to collaborate on tribal and cultural specific traumatic stress needs with youth
5. Increase access to culturally enhanced treatment to Native American youth, both in-office and over telehealth

Project Personnel

- ❖ **Dr. Emily Sargent** will serve as the **Project Director and Cultural Diversity Director** for all elements of this proposal.
- ❖ **Dr. Samantha Beauchman** will serve as **Project Trainer** for all elements of trauma 101 psychoeducation and clinical skills trainings. She will help develop curriculum and assist in trainings for child serving professions serving Native American populations.
- ❖ **Corinne Luther** will be the **Project Manager** and will coordinate all educational and training components, and manage coordination of trainings.
- ❖ **Sherie Madewell-Buesgens and Dr. Katelyn Mickelson** will be **Clinical Therapists** will be trained in the treatments and provide services. They will also serve as consultants to project director and trainer for training content related to their areas of clinical expertise.
- ❖ **Kari Kosidowski** will serve as **Project Social Worker**. She will assist with care coordination of youth and families served in the program, and assist project manager with outreach projects and activities.

