

North Dakota Behavioral Health Plan

BHPC Update | December 2023

Updates and Progress





Liaisons are updated monthly and copied on progress update emails with lead staff

The October 2023 Dashboard is now published on the Behavioral Health Plan website: <u>https://www.hsri.org/nd-plan</u>



Summary A



After learning from the community about their priorities for systems change, the Behavioral **Health Planning Council** selected 13 aims with associated goals. Many of these goals will take several years to achieve. To track progress, we've created objectives, action steps, benchmarks, completion dates, and indicators of success for each goal.

1. Develop and implement a comprehensive strategic plan 77% 2. Invest in prevention and early intervention 86% 3. Ensure all North Dakotans have timely access to behavioral health services 95% 4. Expand outpatient and community-based service array 90% 5. Enhance and streamline System of Care for Children with complex needs and their Families 86% 6. Continue to implement and refine the current criminal justice strategy 79% 7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77% 12. Diversify and enhance funding for behavioral health 94%	omplete or rogress and On Time
3. Ensure all North Dakotans have timely access to behavioral health services 95% 4. Expand outpatient and community-based service array 90% 5. Enhance and streamline System of Care for Children with complex needs and their Families 86% 6. Continue to implement and refine the current criminal justice strategy 79% 7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
 4. Expand outpatient and community-based service array 90% 5. Enhance and streamline System of Care for Children with complex needs and their Families 6. Continue to implement and refine the current criminal justice strategy 79% 7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 10. Partner with tribal nations to increase health equity for American Indian populations 77% 	
5. Enhance and streamline System of Care for Children with complex needs and their Families 86% 6. Continue to implement and refine the current criminal justice strategy 79% 7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
5. Families 86% 6. Continue to implement and refine the current criminal justice strategy 79% 7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
7. Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce 85% 8. Continue to expand the use of telebehavioral health interventions 75% 9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
behavioral health workforce85%8.Continue to expand the use of telebehavioral health interventions75%9.Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches90%10.Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services100%11.Partner with tribal nations to increase health equity for American Indian populations77%	
9. Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
and trauma-informed approaches 90% 10. Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
for promoting high-quality behavioral health services 100% 11. Partner with tribal nations to increase health equity for American Indian populations 77%	
12 Diversify and enhance funding for behavioral health 94%	
JT/	
13. Conduct ongoing, system-wide, data-driven monitoring of need and access 80%	

Aim 2: New Goal to establish and implement a Suicide Fatality Review Commission.

Establish a Suicide Fatality Review Commission. (met)

Convene the Suicide Fatality Review Commission to review instances of suicide and recommend policies, protocols, and other actions that work to improve community, service, and system responses to individuals at risk of suicide. (in progress)

Two new action steps for goal 4.3 focused on technical assistance and care coordination training for school-based providers.

Provide technical assistance to schools districts/Regional Educational Consortiums to enroll as 1915(i) providers.

Provide care coordination training to school staff in anticipation of 1915(i) enrollment





Person-Centered Practices Self-Assessment

For Governmental Agencies That Oversee Human Services

Mary Lou Bourne for the National Center on Advancing Person-Centered Practices and Systems

February 2022



Aim 9: Behavioral Health Division planning to engage in a person-centered practices selfassessment

Part of the state's Person-Centered Practices Initiative: <u>https://www.hsri.org/nd-pcp</u>

Person-Centered Practices Self-Assessment

Plain language version: <u>NCAPPS Person-</u> <u>Centered Self-Assessment for Systems: Plain</u> <u>Language Overview</u>

Efforts to advance health equity building from community conversations are underway

Goal 9.4 related to funding community-based organizations serving New American/foreignborn/immigrant and refugee communities is complete. The organizations will receive funding in the Fall.

New Goal 11.2 to offer trainings and other learning opportunities for tribal nations. (this was a need identified based on conversations with leaders in tribal communities)

Goal 13.2, objective 1 is complete – the Department of Public Health has reviewed its data collection with an equity lens and is developing guidance on best practice in data collection to identify and track disparities and promote health equity.



Other Highlights this Quarter

Aim 5: System of Care Community Needs Assessment complete

Aim 6: The active goals in this Aim are around CIT, screening, and trauma-informed approaches.

Aim 7: Recent meetings have been productive and thoughtful. There will be a logic model for review in the upcoming meeting.



Exploring connections between BHPC membership and related commissions, boards, and workgroups

Many BHPC members are part of initiatives that are related to behavioral health in North Dakota. How can we use the BHPC to identify these intersections and facilitate alignment?



Are these accurate? Other groups that share BHPC membership and focus areas?





Thank You.



www.hsri.org/ND-plan

Bevin Croft bcroft@hsri.org

Ebony Flint eflint@hsri.org