

Mental Health Block Grant (MHBG) and Substance Use Prevention, Treatment & Recovery Services Block Grant (SUPTRS) Updates Behavioral Health Planning Council, October 18, 2023

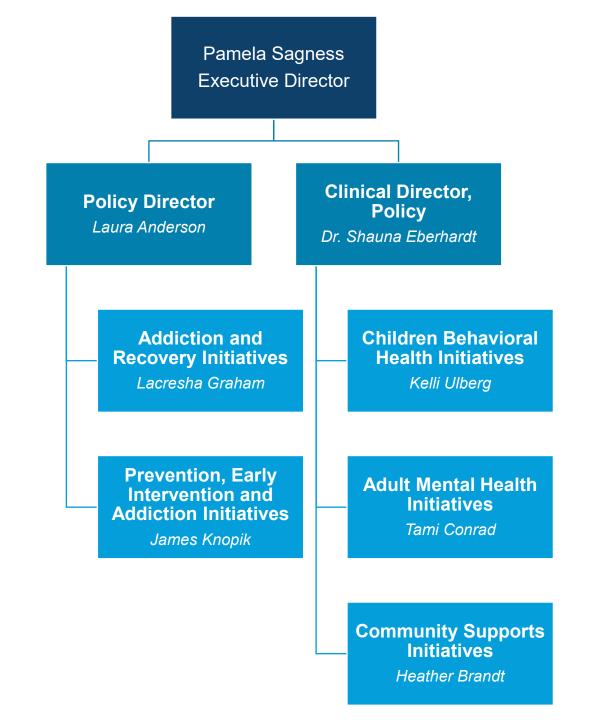
Health & Human Services

#### North Dakota Behavioral Health Division

# Policy Team



Behavioral Health HEALTH & HUMAN SERVICES



### Agenda

- Combined Block Grant Application
- Block Grant Reporting
- Review/update on Mental Health Block Grant (MHBG)
- Review/update on Substance Use Prevention, Treatment, & Recover Services Block Grant (SUPTRS BG)
- Upcoming Report due December 1, 2023



2. Block Grant Reporting

3. Review/update on MHBG

4. Review/update on SUPTRS BG

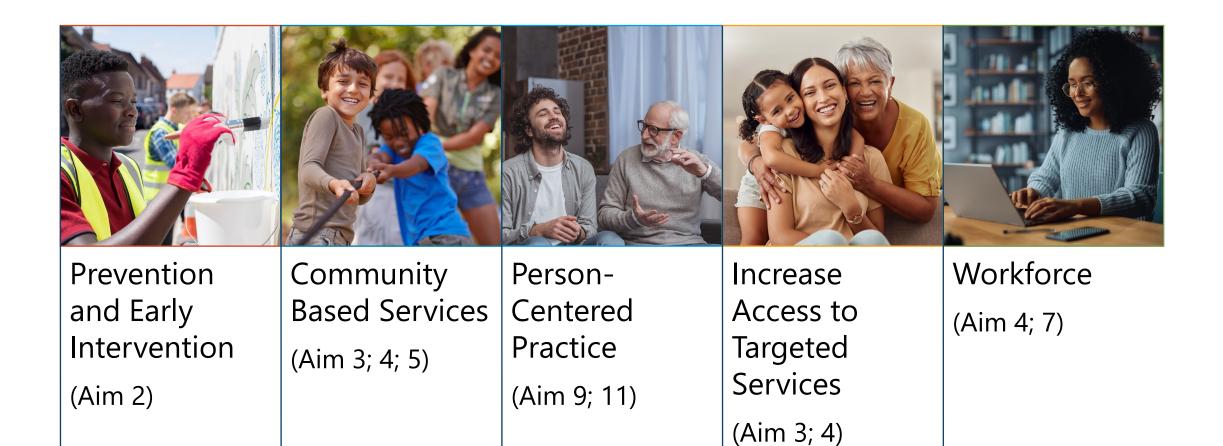


# Combined Application can be found:

https://www.hhs.nd.gov/sites/www/ files/documents/BH/File%20(5).pdf



### **Priority Areas**



2. Block Grant Reporting

3. Review/update on MHBG

4. Review/update on SUPTRS BG



#### North Dakota

UNIFORM APPLICATION FY 2023 Mental Health Block Grant Report

#### COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT

OMB - Approved 03/31/2022 - Expires 03/31/2025 (generated on 12/01/2022 11.40.15 AM)

Center for Mental Health Services Division of State and Community Systems Development

#### North Dakota

UNIFORM APPLICATION FY 2023 Substance Abuse Block Grant Report

#### SUBSTANCE ABUSE PREVENTION AND TREATMENT BLOCK GRANT

OMB - Approved 03/02/2022 - Expires 03/31/2025 (generated on 12/01/2022 3.27.34 PM)

Center for Substance Abuse Prevention Division of State Programs

Center for Substance Abuse Treatment Division of State and Community Assistance MH & SUPTRS Block Grant Report due December 1, 2023

2. Block Grant Reporting

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# **Contracts and spending through 9/30/2023**

- Clinical and Community Support Enhancements
  - Community Connect and Free Through Recovery programs
  - Consumer Family Network
  - Statewide Family Network
  - Supportive Housing
  - 1915i providers
  - Sanford peer support pilot project
  - Voluntary Treatment Program (VTP) for youth
- Education and Clinical Best Practice Trainings
  - Behavioral Health/Children and Family Services Conference
  - Motivational Interviewing Trainings
  - Ruth Meiers Adolescent Center staff training (Collaborative Problem Solving)
  - Sanford Research North- Trauma Trainings for Psychiatric Residential Treatment Facilities
  - Enhancing Trauma Care for Native American Youth to Heal (Project HEAL)



### **Crisis set-aside**

- Crisis (5%)
  - Spent (through 9/30/2023)
    - 1-day training for creation of a safety plan for suicidal ideation (70 attendees)
    - 2-day training for follow-up therapy (57 attendees)
    - Updated technology for all mobile crisis staff to access real-time assessments with touch-screen capability for signature

### First Episode Psychosis (FEP) Set-aside

- FEP (10%)
  - Southeast Human Service Center Program- currently serving 24 clients
  - West Central Human Service Center Program- currently serving 5 clients
  - Staff retention bonuses
  - Training and technical assistance, Dr. Laura Tully
  - Education and referral information (Flint video contract and pamphlets)
  - Assertive outreach and education (Monica McConkey)
  - Conference education, nationwide networking, technical assistance for staff
  - Fidelity Review of programs (UND)



## **Future Planning**

- Training, Technical Assistance (TA), Education and Integration of Behavioral Health services with aging services
- > Expansion of the youth and family care continuum
  - School-based screenings and services
  - Training and TA for youth providers on clinical best practice (PRTFs, HSC's, private providers)
- Culturally-nuanced services
  - Enhancing Trauma Care for Native American Youth to Heal (Project HEAL)
  - Services for New American/Foreign-born immigrant population

- Expansion of first responder Critical Incident Stress Management (CISM) support
  - Behavioral Health first responders, Veterans, Law Enforcement, etc.
- On-going crisis service training and enhancements
  - Youth and family focus
  - Accelerated Resolution Therapy (ART) training for public and private providers
- Expansion of peer support
  - Family peer support rollout
- Expansion of First Episode Psychosis programming across the state
- Expansion of evidence-based programs across the state



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# **SUPTRS funding updates:**

### Recovery Talk

New contract initiated from a Request for Proposals and awarded to WorldWide Interpretors DBA Peer Recovery Partners

### Peer Support Services for 1915i enrolled providers

Supporting providers utilizing Peer Support Services (activities such as training costs, payments until Medicaid billable, etc.)

Pregnant & Parenting Women's Residential Treatment Program Request for Proposal in final stages to be posted



2. Block Grant Reporting

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# Maintenance of Effort (MOE)

### Women's MOE

State must demonstrate that current SFY spending on women's services is at least equal to base year (FFY 1994) expenditures of approximately \$250,000.

Waiver Approved

### State Maintenance of Effort

State must maintain expenditures of state funds for authorized activities at a level no less than the average level for the preceding 2 State Fiscal Years (SFYs)

Waiver Not Approved

Working with Federal Project Officer on a Corrective Action Plan



### Contact Information

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