

reach for resilience

Helpline for ND Healthcare Workers

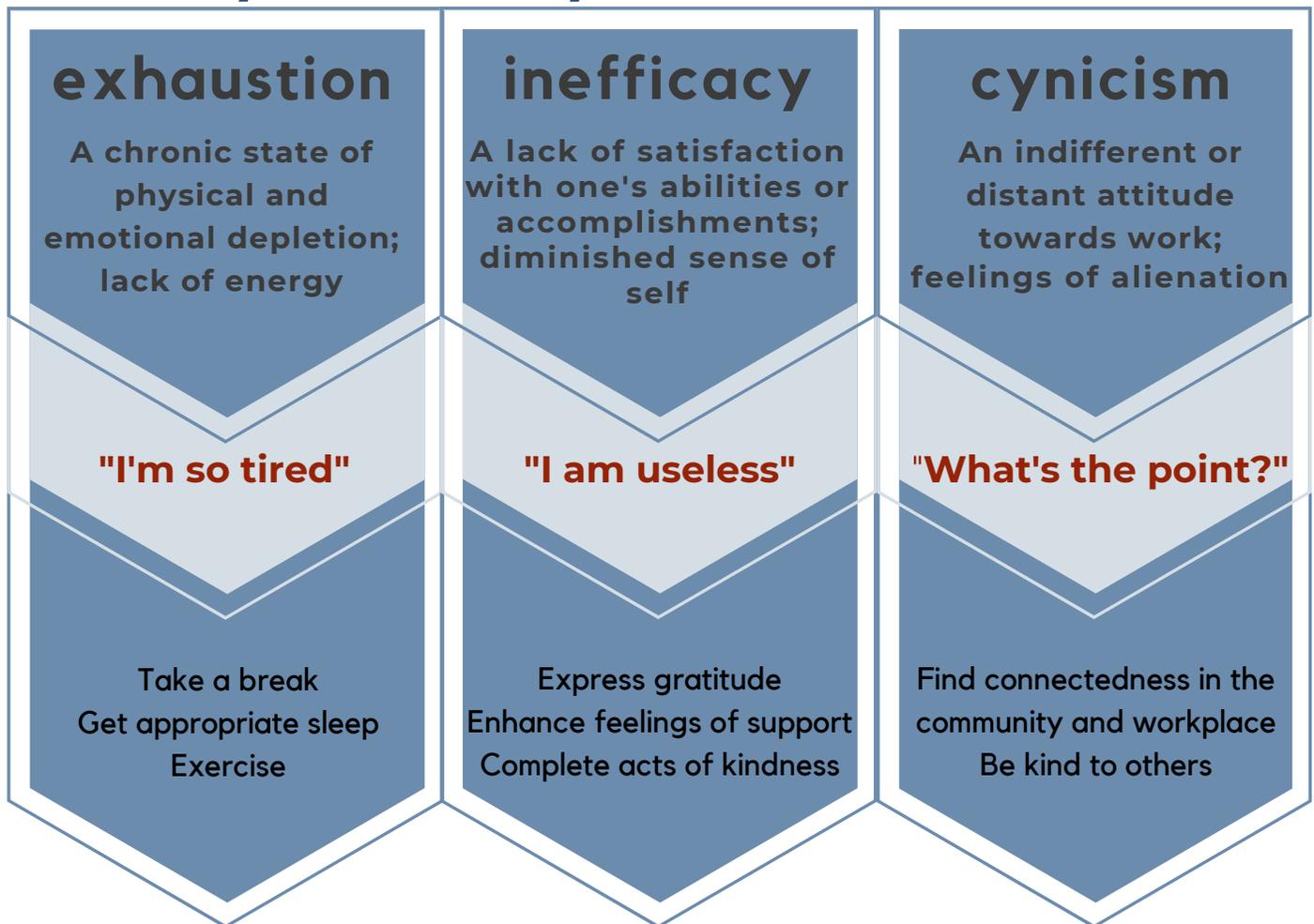
701-365-4920

In a crisis? Call the National Suicide Prevention Lifeline
1-800-273-8255



Could you be burned out?

Do you identify with one of these?



Maslach Burnout Self-Test

Scan to learn more +
find out what kind of burnout you are



Dr. Maslach speaks about burnout

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