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## **Traill County Opioid Settlement Funds Plan**

Traill District Health Unit (TDHU) is in its first year of opioid response efforts. In addition to county opioid settlement funding, additional resources from the ND Department of Health and Human Services Behavioral Health Division (BHD) to be utilized include the State Opioid Response (SOR) grant.

Traill District Health Unit is working in cooperation with the Traill County Auditor, County Commissioners, States Attorney, and Sheriff to develop the following plan to address opioid misuse:

- 1. Increase availability of naloxone
  - a. Secure stock of naloxone from the ND Dept. of Health & Human Services (BHD).
  - b. Provide naloxone and education on its use to law enforcement, first responders, schools, civic groups, bars, faith community, and individuals.
  - c. Stock naloxone with AED's placed in Traill County.
  - d. Promote naloxone training with video instruction on THDU website.
- 2. Promote safe disposal of prescription medications.
  - a. Place drug take-back boxes in strategic locations within the county. Pharmacies, sheriff's office, fire departments, the local university, and other accessible locations will be considered.
  - b. Distribute Deterra bags at community events.
- 3. Offer proven-effective education using team approach of public health, law enforcement, and states attorney in schools and student organizations about the dangers of ingesting pills from unknown sources, the health and legal consequences of drug use, and the devastation that results for families, friends, and communities experiencing a death from an overdose.
- 4. Provide access to CredibleMind digital platform for improvement of mental health by prevention, early intervention, and evidence-based self-care. The program provides access to a comprehensive collection of apps, videos, podcasts, articles, books, and other resources, including referral for diagnosis and treatment for over 200+ topics.

This plan will be revisited on a regular basis and adjusted to best meet local conditions using existing resources.