

# Collection of Online Resources for Building Knowledge about early Psychosis

## YouTube Content

YouTube is a wonderful resource for you and your clients/families, some great playlists and channels are listed below.

1. [The EPI-CAL YouTube Channel](#) contains a series of videos about early psychosis identification & treatment that is useful for providers - you can watch these for a refresher or send them to new staff in your program:
2. This YouTube video provides introductory information about psychosis in Spanish and can be shared with your Spanish speaking families: [https://youtu.be/m1clR7B7J\\_o](https://youtu.be/m1clR7B7J_o)

The OneMind Foundation has a great YouTube series called "Brain Waves" in which Brandon Staglin (lived experience of psychosis & mental health advocate) conducts interviews with experts in brain health and stakeholders/service users:

3. You can access the One Mind Foundation YouTube Channel here: <https://www.youtube.com/user/bstaglin> (Links to an external site.)
4. You can watch the Brain Waves YouTube playlist here: [https://youtube.com/playlist?list=PLUgJ4qB-APXmOYLmLubkBDQtXkX8OO\\_I](https://youtube.com/playlist?list=PLUgJ4qB-APXmOYLmLubkBDQtXkX8OO_I) (Links to an external site.)
5. This episode of Brain Waves features the UC Davis EDAPT Program!: <https://youtu.be/Hpjb4fpMQrg>

## Useful Websites

These websites have useful and reliable information about psychosis and can be shared with clients & families - many include clients talking openly about their lived experience which can be very powerful for our stakeholders. Many also have associated social media accounts that your clients might be interested in following:

1. The NIMH RAISE Study (the original research that developed the CSC model) hosts a fantastic website with resources for clients & families, including videos and interviews with stakeholders and handouts for families: <https://www.nimh.nih.gov/health/topics/schizophrenia/raise/raise-resources-for-patients-and-families> (Links to an external site.)

2. The One Mind Foundation website has lots of great information & resources about psychosis and other brain based disorders: <https://onemind.org> (Links to an external site.)
3. The Strong 365 Mental Health Support Community: <https://strong365.org> (Links to an external site.)
4. The Students with Psychosis organization (run by and for students with psychosis): <https://sws.ngo/team/> (Links to an external site.)
5. NAMI's web materials on Psychosis & Early Psychosis: <https://www.nami.org/About-Mental-Illness/Mental-Health-Conditions/Psychosis> (Links to an external site.)
6. UK Charity "Mind" has excellent educational content on psychosis & shares client stories: <https://www.mind.org.uk/information-support/types-of-mental-health-problems/psychosis/about-psychosis/> (Links to an external site.)
7. UK Charity "Rethink" has additional educational content on psychosis that can be useful: <https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-conditions/psychosis/>